

Where to Go for Care



Condition	Primary Care Provider	Emergency Department	UPMC Urgent Care
Abdominal pain – if severe, visit emergency department		✓	
Allergies	✓		✓
Asthma – if severe, visit emergency department	✓		✓
Bleeding (heavy)		✓	
Breathing difficulties		✓	
Broken bones – minor		✓	✓
Bronchitis, pneumonia	✓		✓
Burns		✓	
Chest pain		✓	
Chronic health conditions	✓		
Colds and flu	✓		✓
Cough	✓		✓
Cuts and scrapes	✓		✓
Diarrhea/stomachache – if severe, visit emergency department	✓	✓	✓
Earache	✓		✓
Heart attack		✓	
Infections (pink eye, urinary tract, other)	✓		✓
Life-threatening conditions		✓	
Shortness of breath		✓	
Sinus infection	✓		✓
Skin conditions (poison ivy, rashes, irritations)	✓		✓
Sore throat	✓		✓
Sprains and strains	✓		✓
Stroke		✓	
Trauma or severe injury		✓	
Vomiting – if severe, visit emergency department	✓	✓	✓
Other Health Services	Primary Care Provider	Emergency Department	UPMC Urgent Care
COVID tests and vaccines	✓		✓
Flu shots	✓		✓
Immunizations	✓		
Preventive care	✓		
Physicals (drivers' license, school, sports, work)	✓		✓
Screenings	✓		
Well visits	✓		

This list is not comprehensive. For a medical emergency, call 911 or go to the nearest emergency department. For immediate help with a mental health crisis, call 988 for the Suicide & Crisis Lifeline.