

FEBRUARY 2022

Dear Employer,

We hope you are staying well with the recent COVID-19 surge. We certainly understand the impact this can have as an employer and obstacles it may present. We are pleased to announce that West York UPMC Express Care, located at 520 Greenbriar Road, has reopened. Thank you for your patience and understanding while the location was temporarily closed for utility repairs.

Have a wonderful Valentine's Day!

Sincerely,
UPMC Express Care
Leadership Team

TEAM SPOTLIGHT



Tiffany Schoffstall is the client services liaison coordinator for UPMC Express Care. She has been with the organization for 11 ½ years and has served in multiple roles. Tiffany is a certified clinical medical assistant, is National Institute for Occupational Safety and Health (NIOSH) Spirometry certified and is an after-hours drug screen and alcohol collector. We are happy to announce that she recently became a certified medical review officer assistant. Congratulations, Tiffany!

"I enjoy facing new challenges daily while helping guide staff with proper policies and procedures. I like to serve the community by providing local and national companies with services for pre-employment, post-accident testing, and other screenings."



Georgette Mullen is a client services liaison for UPMC Express Care in Lancaster. She is dedicated to working with employers to provide information in a timely manner. We are happy to announce that she recently became a certified professional collector trainer through the Drug and Alcohol Testing Industry Association. Congratulations, Georgette!

"I love being part of the Occupational Health team. My goal is to provide the best service to our employers and their employees who come to us. I continually take courses so I can further my knowledge and provide the best care. This past winter I became a certified MRO assistant and, most recently, a certified professional collector trainer. Both of these certifications will help me train our staff to become proficient in drug and alcohol collections according to industry regulations and standards. It's important for each person collecting a sample to follow these strict guidelines, and education and proper training are key."

SERVICE SPOTLIGHT

Respiratory Mask Fit Testing (Qualitative)



Since the onset of the COVID-19 pandemic, "N95" and "fit testing" have become frequently used terms.

An N95 respirator:

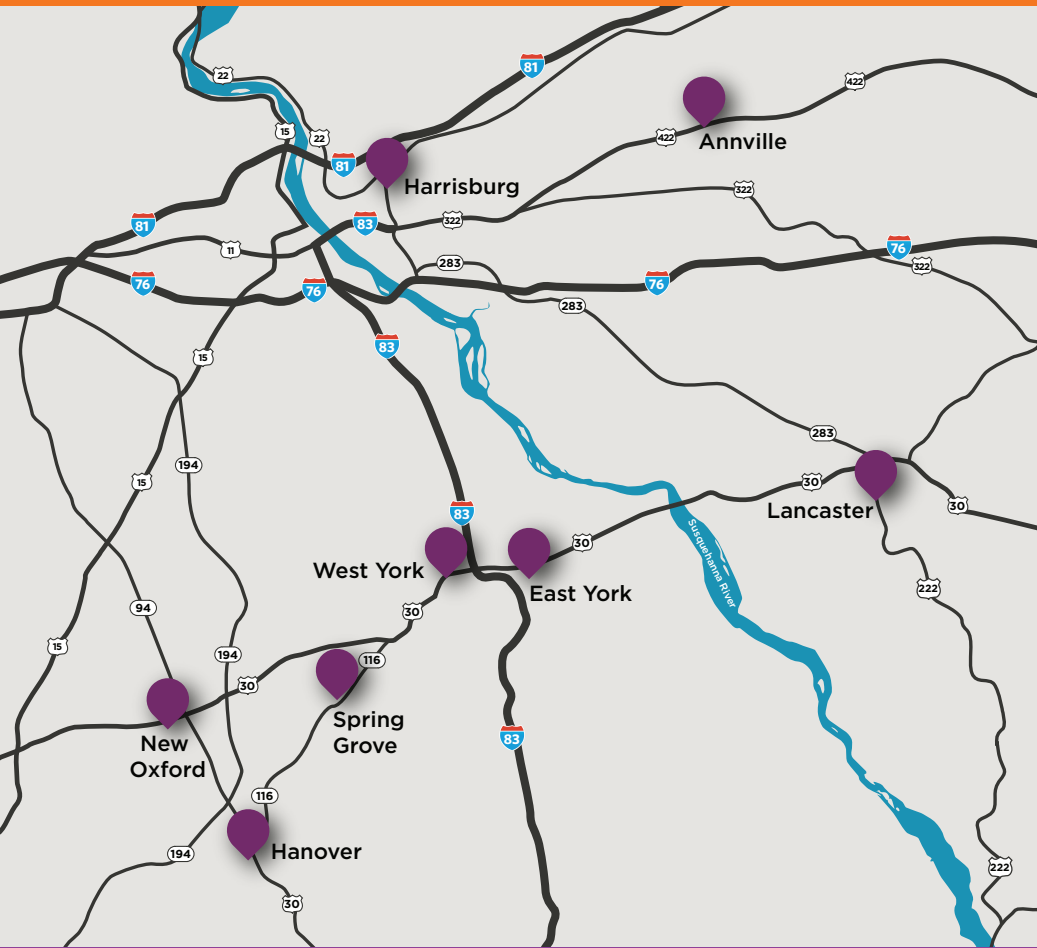
- Filters 95 percent of airborne particles; it is not resistant to oil.
- Reduces a worker's exposure to airborne contaminants, such as COVID-19, tuberculosis, silica, and asbestos.
- Comes in different sizes. It must be individually selected to fit the wearer's face and provide a tight seal.

Before an employee uses any respirator with a tight-fitting face piece, the employee must be fit tested with the same make, model, style, and size of respirator that will be used. The employee must also have a medical evaluation to determine their ability to use a respirator.

There are two types of respiratory fit testing: qualitative and quantitative. The UPMC Occupational Health department offers employers qualitative testing.

- Qualitative testing: subjective (opinion of worker)
- Pass/fail test based on individual response to a test agent (taste test)
- Sensory response of test subject indicates seal leakage

We are pleased to offer respirator fit testing at all UPMC Express Care facilities that offer Occupational Health services.



For more information, visit
UPMC.com/CentralPaExpressCare

New Oxford
 New Oxford Medical Center
 5615 York Road
 New Oxford, PA 17350
 717-624-1337

Hanover
 UPMC Outpatient Center
 2201 Brunswick Drive
 Suite 1200
 Hanover, PA 17331
 717-637-0470

Spring Grove
 Thistle Hill Professional Center
 2030 Thistle Hill Drive
 Spring Grove, PA 17362
 717-225-9869

West York
 520 Greenbriar Road
 York, PA 17404
 717-849-5465

East York
 2860 Whiteford Road
 York, PA 17402
 717-815-2559

Lancaster
 UPMC Outpatient Center
 233 College Ave.
 Suite 101
 Lancaster, PA 17603
 717-740-5750

Annville
 UPMC Outpatient Center
 1251 E. Main St.
 Annville, PA 17003
 717-988-0531

Harrisburg[†]
 775 S. Arlington Ave.
 Harrisburg, PA 17109
 717-782-5905

[†] Harrisburg location currently does not offer occupational health.

LOCATIONS SPOTLIGHT

UPMC Express Care in West York has reopened!

All our locations are open seven days a week from 8 a.m. to 8 p.m. with modified hours on major holidays.

Available Services:

- Acute care services for minor illnesses and injuries
- **Comprehensive Occupational Health services**
- Diagnostic lab and imaging
- Rapid COVID, Influenza, and Strep Testing
- Video Visits through UPMC on Demand
- Primary Care Provider and Specialty Services
- Select Physical Therapy, offered in the same building or within a five-minute drive



If you have questions or wish to schedule a tour at one of our locations and meet our team, please contact Janice Swartz at 717-885-3996 or swartzjm@upmc.edu.

UPMC.com/CentralPaExpressCare

UPMC EXPRESS CARE