

# STANDARD DONOR SELECTION CRITERIA

## LIVING KIDNEY DONOR

### **The following conditions must be met for a person to be considered as a living-kidney donor at this center.**

- Must be at least 18 years old.
- Body Mass Index (BMI) less than or equal to 35.
- Normal blood pressure.
- Normal results of tests such as chest x-ray, EKG, and routine age-appropriate testing.
- Acceptable crossmatch results.
- Normal cardiac stress test if over 50 years old.
- Normal lab values.
- Normal/acceptable CT angiogram (kidney anatomy).
- Has the social, emotional, and financial support needed for the donation process.

### **The following conditions may prevent someone from being a candidate for living kidney donation at this center:**

- Younger than 18 years old.
- Blood pressure greater than 140 systolic or greater than 90 diastolic.
- Abnormal glucose levels: fasting value greater than 100 or 2-hour tolerance greater than 140.
- History of gestational diabetes, cancer, or autoimmune disorder such as lupus.
- Abnormal results from any requested testing.
- Infections or infectious diseases identified on work-up such as hepatitis, tuberculosis, etc.
- Psychological diagnosis or illness.
- Social or financial concerns identified by the living donor team that would put a donor at risk.
- Substance abuse
- BMI less than 18 or greater than 35.