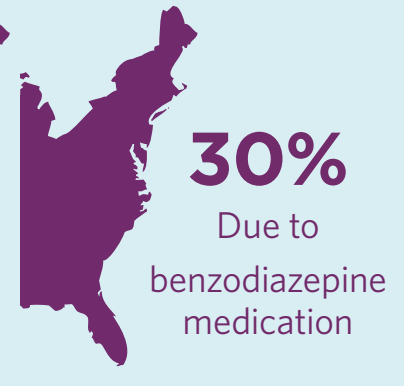
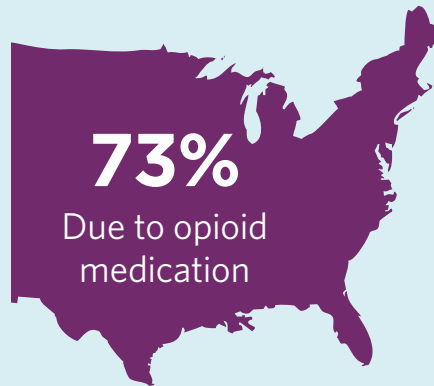


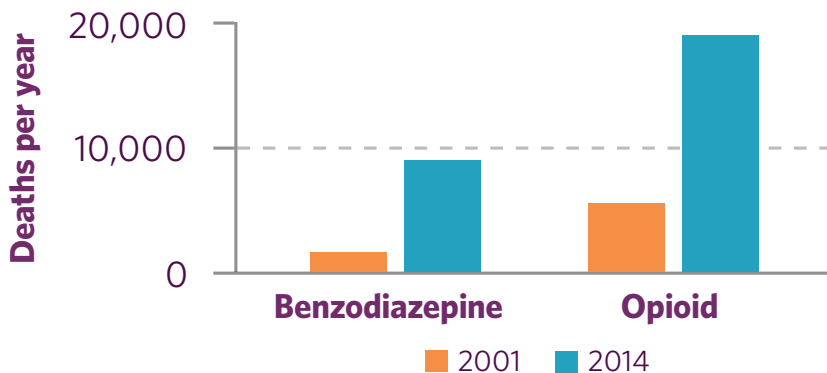
Making the Decision: Benzodiazepines & Opioids

In the United States in 2014:



NATIONAL IMPACT

Prescription Overdose Deaths



From 2001 to 2014:

Opioid-related deaths increased **3.4 times**

Benzodiazepine-related deaths increased **5 times**

RIISING TRENDS

Pennsylvania's
death rate from drug overdoses is the
14th highest
in the nation.

In south-central Pennsylvania,
1 in 2
drug overdose deaths are from benzodiazepine or opioid use.

LOCAL IMPACT

cdc.gov/drugoverdose
drugabuse.gov
healthyamericans.org
pacoroners.org

UPMC Pinnacle

UPMCPinnacle.com

LEARN MORE

Benzodiazepines & Opioids



Benzodiazepines and opioids are **controlled substances**



In order to give you medicine, your pharmacy requires your health care provider to write a **prescription**



Hospital policy requires your health care provider to write you a new prescription every **30 days**



If your health care provider breaks the law, they can lose their license or get **jail time**

THE LAW

THE RISKS



Individuals addicted to opioids are **40 times more likely to become addicted to heroin**



If you take both benzodiazepines and opioids, you are **61% more likely to fatally overdose**

THE SIDE EFFECTS



Minor

Feeling dizzy
Feeling sleepy
Nausea

Headaches
Feeling grouchy
Trouble concentrating



Major

Tolerance
Addiction
Brain damage
Coma

Dementia
Seizure
Overdose
Death

LEARN MORE

deadiversion.usdoj.gov
fda.gov

Form 1413-09 MC 7/25/18

UPMC Pinnacle

UPMCPinnacle.com