

Addiction Recovery

If you or someone you care about is suffering from an opioid or alcohol addiction, the Center for Addiction Recovery at UPMC in Central Pa. can help.

We offer confidential and comprehensive evaluations, as well as medication assisted therapy. The length of treatment is patient specific and will be determined by you and your physician. Physician referrals and self-enrollment are accepted. We work with most insurances and provide assistance to the uninsured with obtaining coverage through our certified enrollment specialists.

Our team consists of:

- Physicians
- Certified medical assistants
- Certified enrollment specialists
- Community health associates
- Registered nurses

- Addiction recovery coordinator
- Behavioral health care manager
- Nurse practitioners

Our team will help patients during their road to recovery by providing and coordinating care, identifying health and social service barriers for early intervention, referring and connecting community-based services, and providing emotional support.

In addition to connecting patients to community-based services, we also have strong partnerships with providers in many locations. We can connect patients to these providers if they are unable to attend our clinic due to any external barriers.

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Center for Addiction Recovery

Landis Building, Second Floor
2501 North Third St.
Harrisburg, PA 17110

717-782-4781

UPMC.com/CentralPa



What is medication-assisted treatment?

Medication-assisted treatment, commonly known as MAT, is the use of FDA-approved medications to treat opioid and alcohol use disorders.

MAT is not substituting one drug for another.

These medications are used to relieve withdrawal symptoms, diminish cravings, and reduce the patient's risk of relapse. Medications such as buprenorphine or naltrexone are the best available treatment for opioid use disorder. While taking these medications, patients will be monitored closely by their physician to ensure proper dosing, relief of withdrawal symptoms and cravings, and progress in recovery.

Can you overdose while taking medication prescribed for treatment?

Yes. It is important to know what will happen if you continue to use substances while using medication-assisted treatment (MAT). Discussing all of the possibilities and side effects with your provider is an important step in beginning MAT.

How they work:

- SUBOXONE® (buprenorphine and naloxone) is an opioid that suppresses and reduces cravings for opioids and relieves withdrawal symptoms. It is available as a tablet or film that is placed under the tongue.
- VIVITROL® (naltrexone) is a medication that blocks the euphoric and sedative effects of opioids. It may reduce cravings for both opioids and alcohol. It is available in pill form and as an injectable.
- SUBLOCADE® (subcutaneous buprenorphine) is a recently approved formulation of buprenorphine that is administered monthly by injection under the skin on the abdomen.
- SUBUTEX® (buprenorphine) is available for pregnant women and patients with documented allergy or hypersensitivity to naloxone.

Mobile Unit Services

Our mobile unit offers the same treatment options available in our offices. Below are those locations and times during the week where our services may be found.

Monday: Carlisle

UPMC Carlisle (near the Main Entrance)

361 Alexander Spring Rd.
Carlisle, PA 17105
Hours: 9 a.m. to Noon

Community CARES

50 West Penn St.
Carlisle, PA 17013
Hours: 12:30 to 3 p.m.

Tuesday: Elizabethville

Northern Dauphin Human Services

295 State Drive
Elizabethville, PA 17074
Hours: 9 a.m. to 3 p.m.

Wednesday: Newport

Weis Markets

316 Walnut St.
Newport, PA 17023
Hours: 9 a.m. to 3 p.m.

Friday: York

Near Asbury United Methodist Church

The intersection of E. King St.
and Columbia Ave.
York, PA 17403
Hours: 9 a.m. to 3 p.m.

Please call **717-782-4781** to schedule an appointment at either the office or mobile unit.

Contact Us

If you or someone you care about is suffering from opioid or alcohol addiction, UPMC offers a place to go for assistance, support, and medical treatment.

Call **717-782-4781** for help.

UPMC
LIFE CHANGING MEDICINE