UPMC Adult Spina Bifida Clinic

The only one of its kind in the region, the UPMC Adult Spina Bifida Clinic combines a variety of specialties to provide comprehensive, up-to-date care for adult patients. Our physical medicine and rehabilitation experts partner with urologists, neurosurgeons, and other specialty providers to provide coordinated care.

The UPMC Adult Spina Bifida Clinic provides coordinated care among several departments in an effort to create a successful patient experience. Our program is a collaborative effort among physical medicine and rehabilitation, neurosurgery, and urology. Learn more about what makes our program unique and effective.



UPMC Mercy Pavilion 1622 Locust Street, 4th Floor PM&R Clinic Pittsburgh, PA 15219

412-232-8902

UPMC.com/SpinaBifida

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REHAB531374 CK/BP 5/23



UPMC Adult

Spina Bifida Clinic

UPMC MERCY

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Physical Medicine and Rehabilitation

Our Team



Brad Dicianno, MD Director



RN, BSN Physician Assistant Nurse



Sara Izzo Research Associate and Peer Counselor



ACE-CPT

Personal Trainer

Amv Kiska, BSW Social Worker



Lisa D. Stanford, PhD. ABPP Vice Chair for Neuropsychology and Rehabilitation Psychology

Our Services

- Neurological, muscular, and functional evaluations
- Evaluations for bracing and equipment needs in conjunction with an orthotist
- · Health and wellness needs in conjunction with a personal trainer and dietitian
- · Treatments for neurogenic bowel and bladder
- Advice on sexual dysfunction
- Referrals to orthopaedic surgeons, wound care, lymphedema therapy, and other specialists
- Neuropsychology
- Rehabilitation psychology

Urology

Our Team



Paul Rusilko, DO Trauma and Reconstructive Urology

Our Services

- Management of neurogenic bladder
- Management of kidney and bladder stones
- Management of urinary tract infections
- Urodynamics

Neurosurgery

Our Team





Suzan Semroc. PA-C

David L. Kaufmann. MD

Our Services

- Shunt revision
- Chiari decompression
- Spinal cord detethering

Financial Assistance

The UPMC Adult Spina Bifida Clinic is funded by the Pennsylvania Department of Health, Bureau of Family Health, and offers financial assistance for those who qualify.

Appointments

Call **412-232-8902** to make an appointment at the Adult Spina Bifida Clinic at UPMC Mercy Pavilion.

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