

UPMC Palliative And Supportive Institute 3600 Forbes Avenue Iroquois Building, Suite 308 Pittsburgh, PA 15213

1-855-565-7146

UPMC.com/PSI

psicare@upmc.edu

How to Contribute

Charitable gifts are an important source of funding for the UPMC Palliative and Supportive Institute (UPMC PSI). Your contribution will help us continue to assist patients and families during times of great sadness and anxiety. The Gift/Pledge form on the reverse side is an easy way to make a one-time or recurring gift. We also welcome corporate matching contributions, as well as planned or deferred gifts.

To learn more about the ways in which you can support the programs of the Palliative and Supportive Institute, call Anne Immekus at **412-647-2434** or send an email to **ianne@pmhsf.org**.

Please make your check payable to the UPMC PSI. Mail your check with your completed pledge form to:

UPMC PALLIATIVE AND SUPPORTIVE INSTITUTE

3600 Forbes Avenue Iroquois Building, Suite 308 Pittsburgh, PA 15213

If you do not want to receive future requests for charitable gifts for research, education, training, or other advances in health care at UPMC, write to us at the above address. We will make all reasonable efforts to ensure that you do not receive any such communication from us in the future.

UPMC PALLIATIVE AND SUPPORTIVE INSTITUTE

Living Better with Serious Illness

Palliative and Supportive Care Outpatient Clinics





What is Palliative Care?

"Palliate" means to ease, and the focus of palliative care is to ease the suffering that results from illness and to improve the quality of life for you and for your family. Palliative care provides expert treatment for your uncomfortable symptoms and can be provided at the same time as curative treatments. Palliative care also helps you live with serious physical illness, even when the underlying disease cannot be cured.



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Promoting quality of life by treating symptoms

If you are living with a serious illness, palliative and supportive care can help you live more comfortably. At the UPMC Palliative and Supportive Institute, our palliative program provides specialists who work with you and your medical team to help with many aspects of your illness. We can assist you with managing pain and physical symptoms and with anxiety, depression, and how to cope with a serious illness.

Our team of physicians, nurse practitioners, nurses, and psychologists are highly trained and experienced. Our job is to collaborate with your primary doctor and treating specialists and provide an extra layer of support to ensure you are getting the best care possible and have the best possible quality of life.

Navigating serious illness

You and your family may be facing some hard choices. You may want help in considering the options presented to you. We can work with you in making difficult decisions about treatment issues based on your goals and needs.



How to Request Palliative and Supportive Care

To request a consultation, speak with your treating physician, or contact the appropriate clinic.

Benedum **Geriatric Center**

3459 Fifth Ave., 4th floor Pittsburgh, PA 15213 412-692-4200

Geropalliative Care Clinic UPMC Kidney Clinic at UPMC St. Margaret 100 Delafield Rd., Suite 105 Pittsburgh, PA 15215 412-784-5050

Hillman Cancer Center 5115 Centre Ave., Pittsburgh, PA 15232

Pharmacotherapy Clinic 412-692-4724

412-692-4724

Magee-Womens Hospital of UPMC

Supportive and Palliative Care Clinic in the Division of Gynecological Oncology 300 Halket St., Suite 1750 Pittsburgh, PA 15213 412-641-5411

Supportive and Palliative Care Clinic in the Women's Cancer Center 300 Halket St., Suite 4628 Pittsburgh, PA 15213 412-641-4530

UPMC East Pain and Supportive Care Clinic 400 Oxford Dr., Suite 100 Monroeville, PA 15146 412-380-5775

at University Center 120 Lytton Ave., Suite 300 Pittsburgh, PA 15213 412-802-3043

UPMC Palliative and Supportive Institute Cardiopulmonary Program **UPMC** Presbyterian Advanced Heart Failure Center 200 Lothrop St., Suite 5B Pittsburgh, PA 15213 412-647-6000

Comprehensive Lung Center Falk Medical Building 3601 Fifth Ave., 4th floor Pittsburgh, PA 15213 412-648-6161

UPMC Passavant Pain and Supportive Care Clinic UPMC Hillman Cancer Center at UPMC Passavant 9100 Babcock Blvd. Pittsburgh, PA 15237 412-748-5790

UPMC Palliative And Supportive Institute

Gift/Pledge Form I/We are happy to support the UPMC Palliative and
Supportive Institute.
I/We prefer to make a pledge, payable over up to 5 years.
Amount \$ Number of years Please send annual reminders in this month:
Signature
I/We have enclosed a check, payable to UPMC PSI.
I/We would like to use a credit card (please see below).
My employer will match this gift; my form is enclosed.
I/We are making our gift in
memory of(name) in honor of(name)
Occasion (name)
Please notify
Please charge the following:
VisaMasterCardAMEXDiscover
Account Number
Expiration Date
Name as it appears on card
Please send information about bequest language, life income gifts, or other planned gifts.
For more information on ways to support

the Palliative and Supportive Institute, call Anne Immekus at 412-647-2434 or email ianne@pmhsf.org.

Contributions are tax-deductive within the limits set by law. The official registration and financial information may be obtained from the Pennsylvania Department of State by calling (toll-free within Pennsylvania) 1-800-732-0999. Registration does not imply endorsement.

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