

The 2026 Freddie Fu Sports Medicine Scholarship Program

Program Description

The scholarship program was developed to increase student interest in a career in sports medicine. One scholarship for the amount of two thousand dollars (\$2,000), minus taxes, will be awarded to a selected individual in return for a six-week summer internship (approximately 20-22 hours per week for six weeks in a row; starting date to be mutually agreed upon) at the UPMC Freddie Fu Sports Medicine Center and the UPMC Lemieux Sports Complex.

The internship is a paid hourly position, and the recipient must satisfy all UPMC pre-employment requirements (health assessment, background check, etc.) Transportation to the clinics during the summer internship is a requirement. The recipient will have the opportunity to observe patient evaluation, treatment, and rehabilitation by physical therapists and athletic trainers, observe clients in the Sports Performance Department, and observe surgery with UPMC orthopaedic surgeons. The recipient will also have responsibilities comparable to those of a physical therapy aide, including greeting patients, preparing treatment areas, and preparing hot and cold packs.

Applicant Qualifications

To qualify for the scholarship, the applicant must be a western Pennsylvania resident entering his/her senior year of high school (applicant must be a senior in September 2026). In addition, the applicant must also exhibit a substantial interest in a career in sports medicine. The scholarship will be awarded based on the following:

- Commitment to a career in sports medicine
- Academic excellence
- Leadership qualities
- Community involvement

Application Procedures

Individuals interested in applying must complete the following:

Complete the application electronically then print and sign the application.

Obtain two letters of recommendation specifying academic strengths, leadership skills, and community service.

Request the following School Counselor Form be completed and signed by the School Counselor or appropriate school representative.

Mail in completed application, letters of recommendation, and School Counselor Form to the following address:

Rob McCabe, MS, LAT, ATC
Manager, Athletic Training & Development UPMC
Rooney Sports Complex
Freddie Fu Sports Medicine Center
3200 South Water St.
Pittsburgh, PA 15203

Must be postmarked by Saturday, April 11, 2026

Scholarship Program Implementation

- Program description and applications will be distributed to School Counselors at local high schools in February 2026 .
- Applications must be postmarked by April 11, 2026.
- All applications will be reviewed by a Scholarship Committee. The top three to five candidates will be interviewed by the Committee.
- All applicants will be notified of the final decision by Friday, May 22, 2026.
- The scholarship recipient will serve their internship at the UPMC Freddie Fu Sports Medicine Center and the UPMC Lemieux Sports Complex for six weeks (20-22 hours per week, six weeks in a row) in the summer of 2026 (starting date will be mutually determined). The internship is a paid hourly position. They will be oriented as to the opportunities and responsibilities associated with the scholarship program.

Feel free to contact me with any questions at mccabere@upmc.edu or **412-432-3771**.

Thank you for your interest in the Freddie Fu Sports Medicine Scholarship Program.

Sincerely,

Rob McCabe

Rob McCabe, MS, LAT, ATC
Freddie Fu Sports Medicine Scholarship Program

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School Counselor Form

Applicant's name: _____

Applicant's High School: _____

To be completed by School Counselor or appropriate school representative

Will the applicant be a senior in high school in September 2026? Yes No

Class Size: _____

Quality Point Average: _____

Class Rank: _____

School Counselor Printed Name

Phone Number

Application Deadline: April 11, 2026

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Please type all information in the gray boxes.

Print the application after all information is complete then sign the application.

Name: _____

Address: _____ City: _____ Zip Code: _____

Phone: _____ Email Address: _____

High School: _____

Will you be a senior in high school in September 2026? Yes No
(If no, do not complete application)

Please describe your interest in Sports Medicine:

Please list all community service and leadership activities that you have been involved in:

Why do you feel you are an appropriate candidate for this scholarship?

Is there any additional information that the scholarship committee may find beneficial?

Applicant's signature (Original signature required)

Date