

UPMC INNOVATIVE HOMECARE SOLUTIONS

Connected Care for COPD

We understand that living with COPD can be difficult. Now there is a way for you to electronically track your health information from home so that your doctor and care team can monitor your health, provide educational resources, and help keep you out of the hospital.

WHAT IS CONNECTED CARE FOR COPD?

UPMC's Connected Care program allows your health care team to keep track of your health between doctor and hospital visits. When participating in this program, you will use a smartphone, tablet or email to enter your health information daily, which will then be sent to your health care team. By staying connected with you using this technology, we will be able to help you better take care of your health at home.

Data charges may apply if you are not connected to Wi-Fi.

WHAT HAPPENS IF I CHOOSE TO PARTICIPATE IN THE PROGRAM?

If you choose to participate in the program, you'll be using your own device to complete your check-ins – which can include your own smartphone, tablet or home computer. You will be asked questions about your COPD, and your answers will be sent directly to the nursing staff monitoring your progress. If your health is at risk your doctor will be notified, and you will receive a call from a nurse. They will be able to tell you what is being done to take care of your health issue.

WHAT DO I DO IF I HAVE A MEDICAL EMERGENCY?

This program is not an emergency response service. If you need general medical assistance, please contact your Connected Care team nurse or your doctor's office. If you're having a true medical emergency, please call 911.

WHAT ARE THE BENEFITS OF CONNECTED CARE?

This program allows you to:

- Take an active role in your own health
- Become more educated and motivated to stay healthy
- Stay at home instead of making multiple trips to your doctor's office or to the hospital

HOW DO I ANSWER THE CHECK-IN?

The check-in process is easy, just follow these steps using your own device:

1. Click the link that was sent to you in the text message or email on your own device.
2. Follow the prompts on the screen and enter your birth date.
3. Read and accept the user agreement to receive your check-in questions.

HOW DO I STOP THE TEXT MESSAGES?

- Click the link that was sent to you in the text message.
- Text "STOP" at any time.
- If you wish to restart the program, text "START" at any time.

FOR MORE INFORMATION

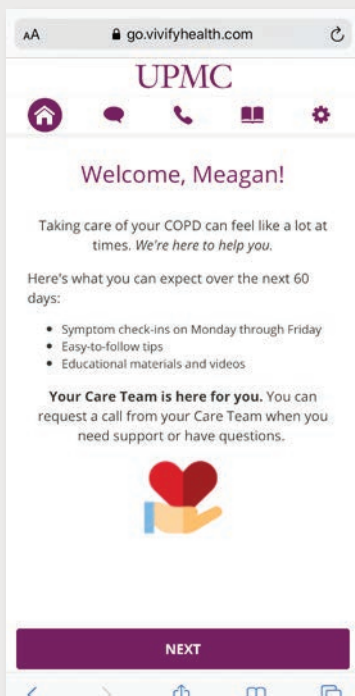
For questions about the UPMC Connected Care Program, call **1-888-860-2273, option 5**, to speak with a Connected Care team nurse.

The team's monitoring hours are 8 a.m. to 7 p.m., Monday through Sunday. If your call request comes in after hours, someone will contact you the next business day.

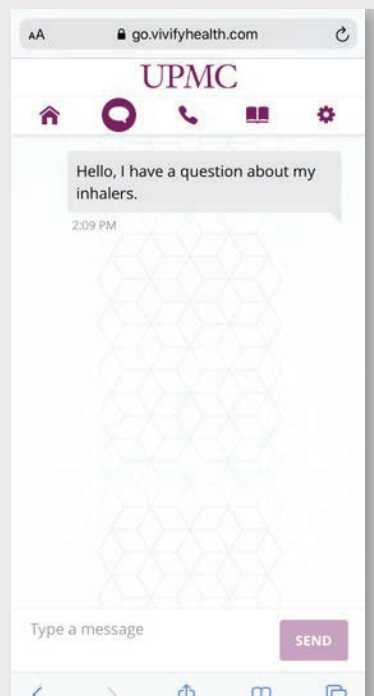
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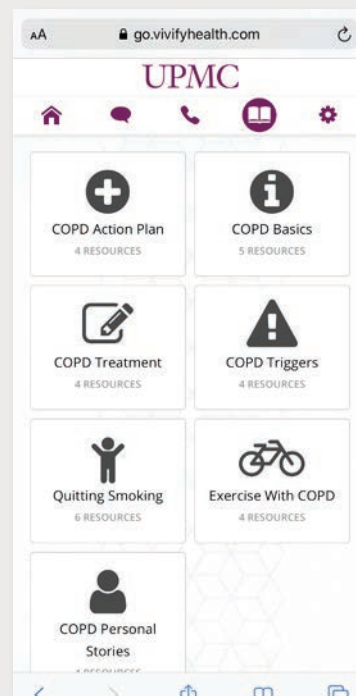
Patients with
COPD



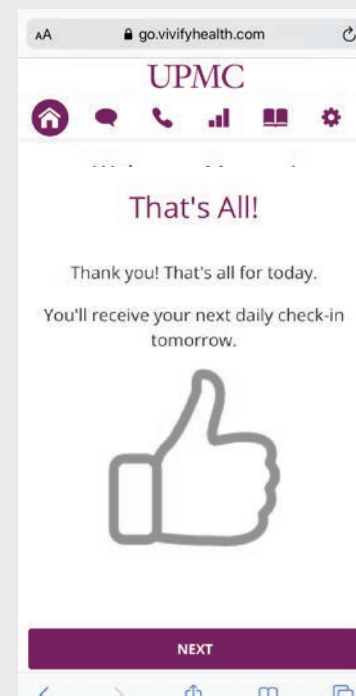
INFORMATION ABOUT
PROGRAM



EASILY MESSAGE WITH
YOUR CARE TEAM



LIBRARY OF
INFORMATION
ABOUT COPD



REMINDERS ABOUT
CHECK-IN TIMES