

Sutab Prep Instructions

PICK UP WITHIN THE NEXT 7 DAYS AT YOUR PHARMACY

3 DAYS PRIOR TO PROCEDURE

No raw vegetables, salads, fruits, seeds, nuts, or corn.

1 DAY BEFORE YOUR PROCEDURE

When you wake up. Begin clear liquid diet from this point on. No solid foods.

- 6 to 6:20 p.m.** Fill the container provided with water (16 oz. fill line).
Open one (1) bottle of tablets.
Swallow each tablet with a sip of water, waiting a few minutes between pills.
You should finish the tablets and the water within 15 to 20 minutes.
- 7:20 to 7:30 p.m.** Drink 16 oz. of water using container provided.
- 8 to 8:30 p.m.** Drink 16 oz. of water using container provided.

Continue to drink clear liquids rest of the night.

If your procedure is before 1 p.m., take your last dose at:

- 11 to 11:20 p.m.** Fill the container provided with water (16 oz. fill line).
Open one (1) bottle of tablets.
Swallow each tablet with a sip of water, waiting a few minutes between pills.
You should finish the tablets and the water within 15 to 20 minutes.
- 12:20 to 12:30 a.m.** Drink 16 oz. of water using container provided.
- 1 to 1:30 a.m.** Drink 16 oz. of water using container provided.

You are to **have nothing else by mouth after 1:30 a.m.**, (except for approved medication with small sip of water).

Sutab Prep Instructions Continued

DAY OF PROCEDURE

If your procedure is after 1 p.m., take your dose at:

- 5 a.m.** Fill the container provided with water (16 oz. fill line)
Open one (1) bottle of tablets.
Swallow each tablet with a sip of water, waiting a few minutes between pills.
You should finish the tablets and the water within 15 to 20 minutes.
- 5:20 to 5:30 a.m.** Drink 16 oz. of water using container provided.
- 6 to 6:30 a.m.** Drink 16 oz of water using container provided.

You are **to have nothing else by mouth after 6:30 a.m.**, (except for approved medication with small sip of water).

You are **not to have** things like water, gum, candy, mints, cough drops, chewing tobacco, Jell-O, or broth **after second dose is completed.**

CLEAR LIQUID OPTIONS (AVOID ANYTHING RED OR PURPLE)

- Apple juice
- Clear chicken or beef broth
- Clear fruit drinks without pulp
- Coffee/Tea (without dairy or non-dairy creamer)
- Gatorade
- Jell-O without fruit
- Popsicles
- Soft drinks
- Water
- White grape juice

NO ALCOHOLIC BEVERAGES DURING PREP

The success of your colonoscopy depends on full completion of your prep.

A successful prep means your bowel movements should be clear or yellow.