

Nulytely Prep Instructions

PICK UP WITHIN THE NEXT 7 DAYS AT YOUR PHARMACY

3 DAYS PRIOR TO PROCEDURE

No raw vegetables, salads, fruits, seeds, nuts, or corn.

1 DAY BEFORE YOUR PROCEDURE

When you wake up in the morning, begin clear liquid diet, no solid food.

8 a.m. Fill the prep container with water and add “Crystal Lite” if desired. Place in your refrigerator.

6 p.m. Drink half the bottle of solution over an hour.

Continue to drink clear liquids rest of the night.

If your procedure is before 1 p.m., take your last dose at:

11 p.m. Complete drinking bottle of Nulytely drink over an hour.

You are to **have nothing else by mouth after midnight** (except for approved medication with small sip of water).

DAY OF PROCEDURE

If your procedure is after 1 p.m., take your last dose at:

5 a.m. Complete drinking bottle of Nulytely drink over an hour.

You are to **have nothing else by mouth after 6 a.m.**, (except for approved medication with small sip of water).

You are **not to have** things like water, gum, candy, mints, cough drops, chewing tobacco, Jell-O, or broth.

CLEAR LIQUID OPTIONS (AVOID ANYTHING RED OR PURPLE)

- Apple juice
- Clear chicken or beef broth
- Clear fruit drinks without pulp
- Coffee/Tea (without dairy or non-dairy creamer)
- Gatorade
- Jell-O without fruit
- Popsicles
- Soft drinks
- Water
- White grape juice

NO ALCOHOLIC BEVERAGES DURING PREP

The success of your colonoscopy depends on full completion of your prep.

A successful prep means your bowel movements should be clear or yellow.