

# CLENPIQ Prep Instructions

---

## PICK UP WITHIN THE NEXT 7 DAYS AT YOUR PHARMACY

---

### 3 DAYS PRIOR TO PROCEDURE

No raw vegetables, salads, fruits, seeds, nuts, or corn.

---

### 1 DAY BEFORE YOUR PROCEDURE

**When you wake up in the morning, begin clear liquid diet, no solid food.**

**6 p.m.** Complete drinking bottle of Clenpiq and 32 oz. of clear liquids over an hour. Continue drinking clear liquids rest of the night.

**If your procedure is before 1 p.m., take your last dose at:**

**11 p.m.** Complete drinking bottle of Clenpiq and 32oz of clear liquids over an hour.

You are to **have nothing else by mouth after midnight**, (except for approved medication with small sip of water).

---

### DAY OF PROCEDURE

**If your procedure is after 1 p.m., take your last dose at:**

**5 a.m.** Complete drinking bottle of Clenpiq and 32 oz. of clear liquids over an hour.

You are to **have nothing else by mouth after 6 a.m.**, (except for approved medication with small sip of water).

You are **not to have** things like water, gum, candy, mints, cough drops, chewing tobacco, Jell-O, or broth **after second dose is completed**.

---

## CLEAR LIQUID OPTIONS (AVOID ANYTHING RED OR PURPLE)

- Apple juice
- Clear chicken or beef broth
- Clear fruit drinks without pulp
- Coffee/Tea (without dairy or non-dairy creamer)
- Gatorade
- Jell-O without fruit
- Popsicles
- Soft drinks
- Water
- White grape juice

---

## NO ALCOHOLIC BEVERAGES DURING PREP

The success of your colonoscopy depends on full completion of your prep.

A successful prep means your bowel movements should be clear or yellow.