

## TWO (2) DAY PREP

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### 2 DAYS PRIOR TO YOUR PROCEDURE

**8 a.m.** BEGIN CLEAR LIQUID DIET FROM THIS POINT ON. NO SOLID FOODS.

**4 p.m.** Drink 30 ml of Milk of Magnesia, followed by 16 oz. of clear liquids. Continue to drink clear liquids all day.

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### 1 DAY BEFORE YOUR PROCEDURE

Follow prep instructions.

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### NO ALCOHOLIC BEVERAGES DURING PREP

The success of your colonoscopy depends on full completion of your prep.

A successful prep means your bowel movements should be clear or yellow.