# The Early Intensive Behavioral Intervention (EIBI) Program

The EIBI program serves young children of all functioning levels and provides an intense level of behavior support that allows them to achieve their individual potentials.

EIBI program staff are committed to providing the highest quality behavioral treatment available to young children diagnosed with Autism Spectrum Disorder (ASD). We offer individualized interventions that best meet each child's unique needs.

# UPMC LIFE CHANGING MEDICINE

## **Information and Referrals**

For information or to make a referral, please contact the intake supervisor at our office located on Pittsburgh's South Side at **412-235-5315**.

#### **EIBI Program**

Franklin Building, Fourth Floor 1011 Bingham St. Pittsburgh, PA 15203

Phone: 412-235-5315 Fax: 412-235-5387

# Early Intensive Behavioral Intervention Program

Community-Based Services for Young Children With Autism Spectrum Disorder



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# Western Psychiatric Institute and Clinic of UPMC

# **Treatment Approach**

Principles of Applied Behavior Analysis (ABA) are used in assessing a young child's behavioral delays and excesses. In addition, appropriate behavioral repertoires are taught using EIBI technologies, including:

- Analysis of Verbal Behavior
- Applied Verbal Behavior Methods
- Discrete Trial Teaching
- Natural Environment Teaching

EIBI is intensive and requires a significant commitment from the family to remain involved in the child's ongoing treatment and implementation of goals.

# **Evaluation and Assessment**

Diagnostic evaluations used to determine medically necessary services are completed by EIBI program staff prior to a child's admission. Evaluations and assessments conducted by an EIBI psychiatrist or psychologist and treatment team occur throughout treatment and help determine the need for continued service.

# Eligibility

Young children up to 5 years of age (5th birthday must occur after Sept 1st) who have been diagnosed with an Autism Spectrum Disorder and who qualify for Medical Assistance are eligible. Referrals are individually evaluated for acceptance into the program. Several factors are considered including, but not limited to, the following which may preclude eligibility for the program:

- Because Early Intensive Behavioral Intervention requires a strong home/community component in order to be successful, if a child is currently enrolled in a full-time educational placement (full day preschool or kindergarten) at the time of referral, and does not require EIBI support in the school and home settings, the child will not be eligible for EIBI services.
- Determination of eligibility if the child is only available to receive services in the school setting (with no option for home component), provided child meets all other requirements, will be determined on a case by case basis.

 Children attending full-time childcare programs are eligible, but parents must be available for regular, weekly contact with treatment staff. Childcare center must approve EIBI staff accompanying child in the setting to address treatment goals.

### **Parent Involvement**

Parents are an integral part of their child's team and are expected to participate in all parts of the program. It is strongly recommended that parents attend and participate in one therapy session each week, at the minimum. To encourage generalization of skills, parents should extend the interventions to the child's everyday environment.

# **EIBI Staff and Service**

EIBI professionals provide services as determined by the clinical needs of the client and family. Our staff includes a psychiatrist, psychologist, clinical supervisor, and master's and bachelor's level clinical personnel. Clinicians receive special training in ABA, EIBI, and specific evidence-based curriculums and techniques that focus on young children with ASD.

EIBI services are typically provided in the home environment by a treatment team that may include a BSC and two to four TSS staff. TSS professionals receive intensive didactic and field training with the BSC and senior level clinicians. A clinical supervisor oversees each child's treatment team.

### **Behavioral Specialist Consultant (BSC)**

A BSC is a master's level clinician who works closely with the treatment team to analyze current behaviors and develop an individualized treatment plan for the client, at home and in a community setting.

#### **Therapeutic Staff Support (TSS)**

Bachelor's level staff who provide direct EIBI services

#### Mobile Therapist (MT)

A master's level licensed social worker (LSW) who provides individual and family therapy in the home, school, or community. He or she manages obstacles that may be blocking the provision of effective EIBI for the family.

#### **Clinical Supervisor**

A professional with extensive experience in using EIBI and ABA techniques. He or she may provide clinical supervision to the wraparound team.

#### Psychologist

A licensed psychologist will complete a "Preferred Provider Evaluation" of the client for initial and/or continued recommendations for treatment.

### Psychiatrist

A professional who is available as needed, for consultation to the program.

#### **EIBI Workshop Consultation Services**

The EIBI program includes Workshop Consultation Services that provide training and ABA consultation for families and agencies in the tri-state area.

For more information or to refer a child, call **412-235-5315**.

