

RECOVERY TO WORK

UPMC Western Behavioral Health at Twin Lakes



Recovery to Work is a program to help individuals in recovery rejoin the workforce. The program will hold classes in Somerset and Cambria counties in 2023.

Recovery to Work highlights training topics to help you gain employment including:

- **Resume building.**
- **Interview skills.**
- **Boundaries.**
- **Support systems.**
- **Communication skills.**
- **Common struggles for individuals in recovery in the workforce.**

These essential topics will prepare you for the workforce.

UPMC Western Behavioral Health at Twin Lakes will be partnering with the Somerset and Cambria Chambers of Commerce and local businesses.

For more information, contact us at twinlakes@upmc.edu.



This project, H79FG000915, is funded by the SAMHSA grant program. The views and opinions contained in the publication do not necessarily reflect those of SAMHSA or the U.S. Department of Health and Human Services and should not be construed as such.

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At Twin Lakes