

## UPMC Western Maryland Outpatient Physical Therapy Services

12500 Willowbrook Rd.  
Cumberland, MD 21502  
Phone: 240-964-1800  
Fax: 240-964-1801

Referring Physician (Printed): \_\_\_\_\_ Date: \_\_\_\_\_

Patient Name: \_\_\_\_\_

Diagnosis: \_\_\_\_\_

Frequency and Duration: \_\_\_\_\_

Please check **physical therapy services** requested for evaluation and treatment.

- Adult Services @ Outpatient Therapy Clinic, Willowbrook Road, first floor

### Eval & Treatment:

- PROM, AAROM, AROM (please circle)
- Soft tissue mobilization
- Flexibility program
- Resistive strength training
- Balance and proprioceptive
- Vestibular rehab
- Gait training
- Prosthetic training
- Home program

### Modalities:

- Hot/cold packs
- Ultrasound/phonophoresis
- Iontophoresis
- Electrical stimulation
- Low-level laser
- Joint mobilization
- Soft tissue mobilization
- Mechanical traction

Special instructions/precautions: \_\_\_\_\_

\_\_\_\_\_

Physician signature: \_\_\_\_\_ Date: \_\_\_\_\_