

# UPMC Western Maryland CIRU 2023 Annual Outcomes



UPMC Western Maryland's Comprehensive Inpatient Rehabilitation Unit (CIRU) is dedicated to providing comprehensive rehabilitative services for individuals with physical, functional thinking, swallowing or communication impairments. Through a team approach, our focus is providing sound rehabilitative therapy to effect positive change in functional ability, independence and self-reliance across environments, while protecting and promoting the rights of the persons served. Our commitment is to help improve one's best level of physical, educational and psychosocial skills necessary to return to prior level of functioning.

The CIRU is accredited by the Commission on the Accreditation of Rehabilitation Facilities (CARF\*) and is part of the UPMC Rehabilitation Institute. This program is also CARF-accredited as a Stroke Specialty Program (Adult).

*\*CARF (Commission on Accreditation of Rehabilitation Facilities) is a private, not-for-profit organization that accredits rehabilitation programs. Its sole concern is to establish and promote standards for services to people with disabilities. Adherence to these standards is measured through an on-site review of the organization or program every three years.*

**Number of Patients: 300**

**Average Age: 75.5**

#### **Patient Diagnosis Trends:**

- 22.7% Stroke (68 cases)
- 17.7% Miscellaneous/General Deconditioning (53 cases)
- 14.3% Fracture of Lower Extremity (43cases)
- 9% Cardiac (27 cases)
- 7.7% Other Orthopedic (23 cases)
- 6% Other Neurological Conditions (18 cases)
- 5.3% Non-traumatic spinal cord (16 cases)
- 5.3% Pulmonary (16 cases)
- 3% Traumatic Brain Injury (9 cases)
- 2.3% Replacement of Lower Extremity (7 cases)

**Other diagnosis includes:** Nontraumatic Brain Injuries, Traumatic Spinal Cord Injuries, Amputation, and Multiple Traumas

**Customer Satisfaction:** Press Ganey  
2023: 87.36%

*\*In our most recent Patient Satisfaction Report from Press Ganey, our patients ranked our unit in the 85.33% percentile for overall rating! The top percentile box attributes were in the areas of overall rating of- Nurses overall, Courtesy and Respect of Physical Therapy and Occupational Therapy and feeling of safety and security..*

**Average Length of Stay:** Western Maryland - 10.6 days, compared to the Regions 12.9 days

*\*Our goal is to optimize functional and medical outcomes efficiently to allow you to return to the community at your previous functional baseline.*

**Discharge to Community:** Western Maryland - 84%, Regions Adjusted 85.8%

*\*57.3% of our patients that returned home had Home Care transitional care services.*

# UPMC Western Maryland CIRU 2023 Annual Outcomes (cont.)

## Functional Improvement Outcomes:

Meet/Exceed % of Functional Efficiency Outcome, 2023: 86.5% compared with the region at 72.6%

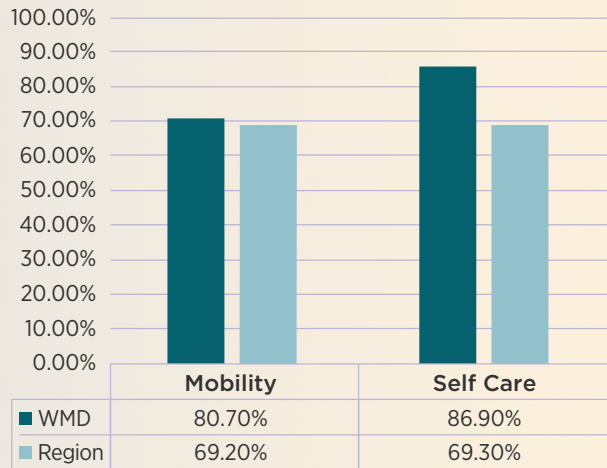
## Unplanned Transfer back to Acute Care:

2023: 7% compared with the region at 7.6%

*\*Compares actual and expected change in self-care and mobility to actual and expected length of stay to determine a meet/exceed efficiency %*

*\*Our inpatient rehabilitation unit is located on the sixth floor of the hospital, you will have access to all services provided by the hospital, including emergency services, if the need should arise.*

## All Patients, Meet/Exceed%



# Stroke Specific, Specialty Program 2023 Annual Outcomes

**Number of Patients: 68**

**Average Age: 73.3**

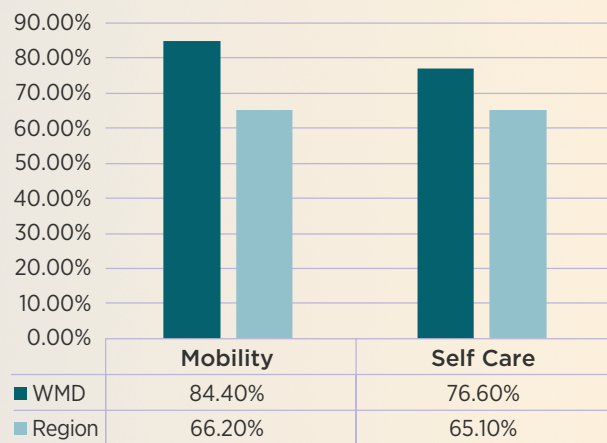
*\*Average days in acute care prior to rehab transfer 5.2, compared to the regions 11 days.*

**Average Length of Stay:** Western Maryland 12 days, compared to the Regions 15 days

**Discharge to Community:** Western Maryland - 79.4%, Regions Adjusted 80.9%

*\*44.1% of our stroke patients that returned home had Home Care transitional care services.*

## Stroke Specific, Meet/Exceed%



For more information about our Comprehensive Inpatient Rehabilitation Unit, please contact us at **240-964-6400**, or email **WMD-RehabReferrals@upmc.edu**.