

Pulmonary Consultants-UPMC

Sleep Disorders Program



Our Sleep Disorders Program is intended to help individuals and patients with obstructive sleep apnea (OSA) on a home-based, ambulatory basis.

Our Program and Services

- Staff will arrange initial home-based portable polysomnography to diagnose obstructive sleep apnea.
- Pulmonary Consultants-UPMC provides timely pre- and/or post-study outpatient clinical sleep evaluation.
- If the home-based portable study is inconclusive or should additional tests or studies be required, we will arrange for an in-laboratory diagnostic study.
- During the initial face-to-face visit, we will review how to use the portable sleep machine as well as insurance coverage for the test.
- Pulmonary Consultants-UPMC will monitor patients, in conjunction with his or her personal physician, if required.

For questions or more information, please call **412-784-5888**.

(over)

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Pulmonary Consultants-UPMC

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