

UPMC Somerset Rehabilitation and Wellness Center

Whether you are an experienced athlete, or just beginning your fitness journey, our experienced team members at the UPMC Somerset Rehabilitation and Wellness Center are ready to help you meet your physical fitness goals.



Our wellness services:

- Personalized exercise programs according to your goals, fitness level, medical conditioning, and ability
- Group exercise classes
- Sports specific strength and conditioning for athletes age 13 and up

About the facility:

- 15,000 square feet
- Wide selection of cardiovascular and resistance training equipment
- Cardio theater
- Group fitness room

Hours of operation:

Monday through Thursday, 6 a.m. to 9 p.m.
Friday, 6 a.m. to 8 p.m.
Saturday, 7 a.m. to 4 p.m.
Sunday, 8 a.m. to 3 p.m.

For more information, call 814-445-3330 or visit UPMCSomerset.com.

Wheeler Family Medical Center
126 East Church St.
Somerset, PA 15501