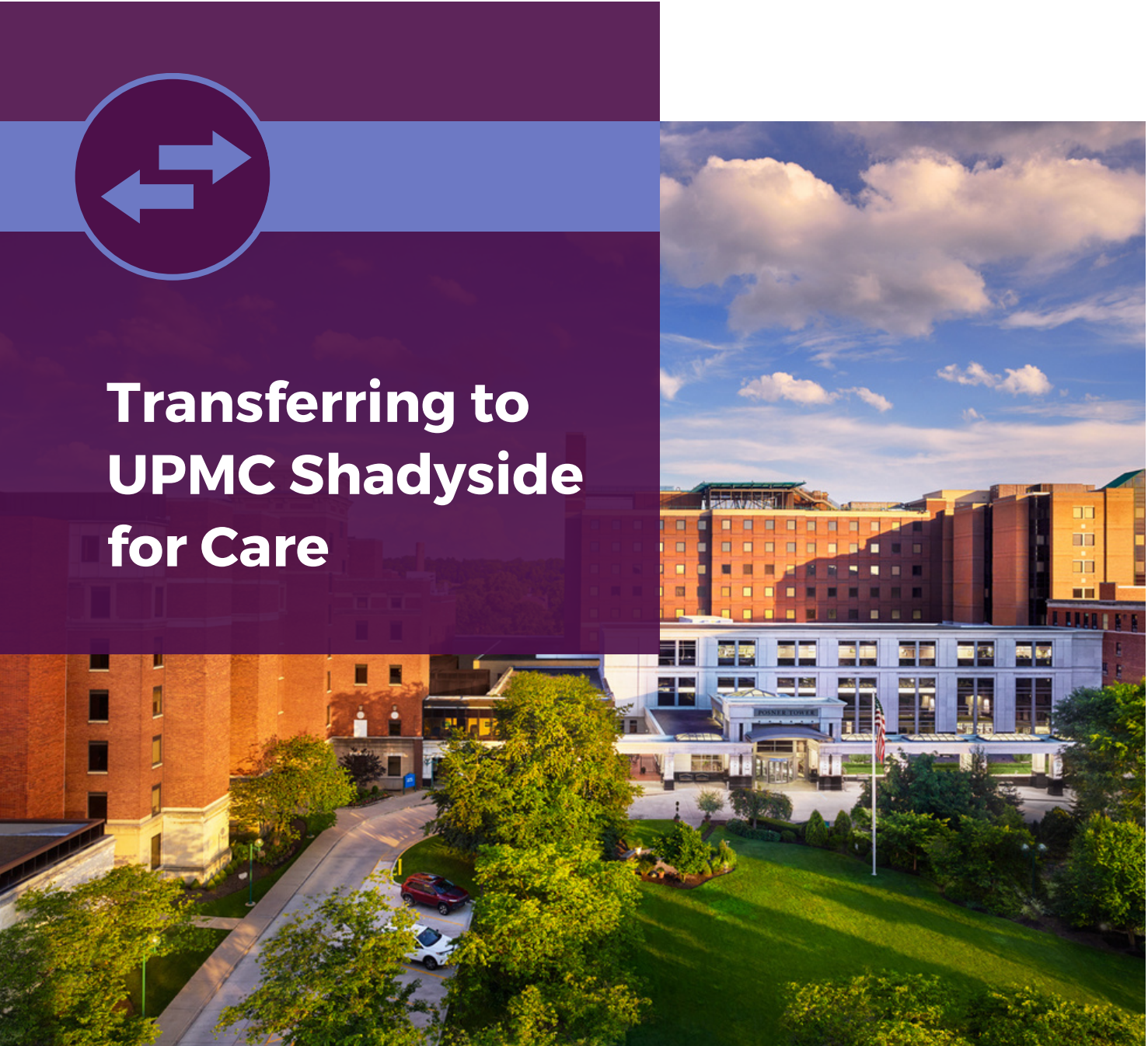
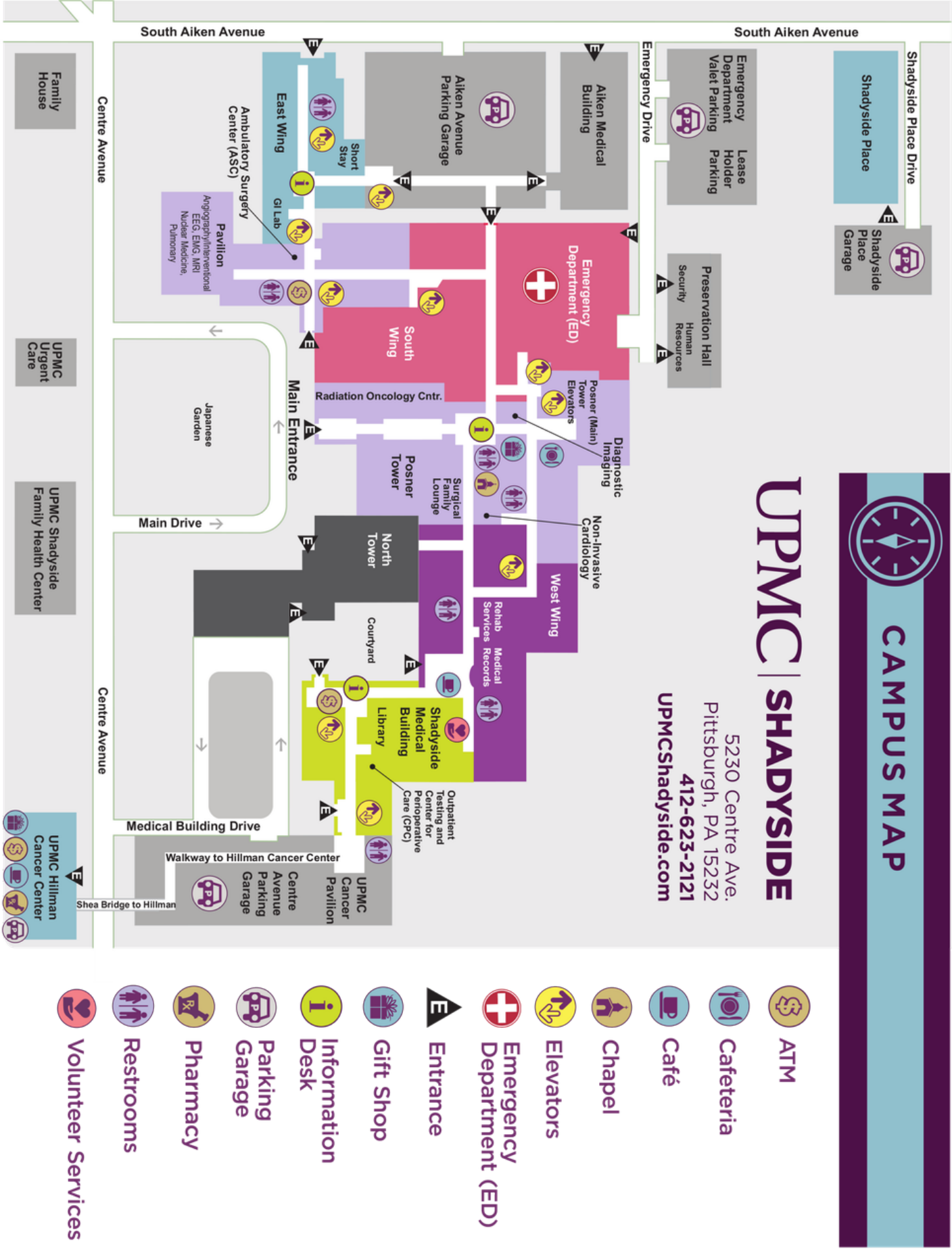




This guide provides directions, parking, and important information for the support person when a patient is transferring to UPMC Shadyside. It is especially helpful for transfers during the evening or nighttime hours.

The patient is assigned to bed or location:

UPMC | SHADYSIDE



Driving Directions

From the North

- Take I-79 S to I-279 S to Exit 2B (Route 28 N).
- Take Route 28 N for 2 miles.
- Take the left lane onto the 40th Street Bridge, cross the bridge, and stay on 40th Street to Liberty Avenue.
- Turn left onto Liberty Avenue and drive 1.2 miles to Centre Avenue.
- Drive across Centre Avenue and straight onto S. Aiken Avenue to the Aiken Avenue Garage, which will be on the right.

From the South

- Take Route 19 N or Route 51 N through the Liberty Tunnels, and cross the bridge to the right lane.
- Follow signs to I-579, take the Bigelow Boulevard (Route 380 East) Exit, and continue onto N. Craig Street to Centre Avenue.
- Turn left onto Centre Avenue and drive through 4 traffic lights (passing Morewood Avenue).
- Continue on Centre Avenue past the hospital to S. Aiken Avenue, and turn right. The S. Aiken Avenue garage will be on the right.

From the East

- From the PA Turnpike, take Exit 57 (Pittsburgh/Monroeville) to I-376 W to Exit 77 (Edgewood/Swissvale).
- Off the exit ramp, turn right onto S. Braddock Avenue. Drive about 2 miles and turn left onto Penn Avenue.
- Follow Penn Avenue for 1 mile to Fifth Avenue, and turn left.
- Continue on Fifth Avenue for 1.3 miles to S. Aiken Avenue and turn right.
- Follow S. Aiken through 2 traffic lights to the Aiken Avenue Garage (second parking garage on the left).

From the West

- Take I-376 East. Get into the right lane before entering the Fort Pitt Tunnels.
- Take the exit ramp for I-376 East (Monroeville) when exiting the tunnel.
- Follow I-376 to Exit 72A (Forbes Avenue/Oakland).
- Drive on Forbes Avenue for 1.3 miles through Oakland, and turn left on S. Craig Street (just past the Carnegie Museum).
- Turn right onto Fifth Avenue, drive 1.3 miles, and turn left on S. Aiken Avenue.
- Follow S. Aiken through 2 traffic lights to the Aiken Avenue Garage (second parking garage on the left).

Parking

When arriving at the hospital during evening and night hours, park in this garage:

Aiken Avenue Parking Garage
520 S. Aiken Ave.
Pittsburgh, PA 15232

- Take the garage elevators to the 1st floor hospital entrance level.
- Proceed to the East Wing Information Desk or, if it is after 9 p.m., to the Emergency Department (ED) Main Entrance.
- The Information Desk attendant or ED security guard can provide information on the patient's location.

For questions about parking, please call **412-623-6257**. If calling after hours or on a weekend, call **412-623-2990**.

View our discounted parking rates at **UPMC.com/Shadyside**.

Visiting Information

The number of support persons allowed at one time may be limited and can vary by specialty area.

Please look for the posted signs, ask a staff member, or visit **UPMC.com/ShadysideVisitors** for the current visiting hours and guidelines.

Dining

Cafeteria

The cafeteria is located on the 1st floor of the Posner Tower. It is open Monday through Friday 6:15 a.m. to 3 p.m.

West End Café

The West End Café is located in the West Wing lobby. It is open Monday through Friday 6 a.m. to 7 p.m.

Vending Machines

Vending machines are located on the 1st floor outside of the cafeteria.

Wi-Fi

We offer free wireless Internet access for all patients and support persons. To connect, follow these 3 easy steps:

1. Go to “Wi-Fi” or “Network Connections” on your laptop or mobile device.
2. Choose “**upmc-guest**” to connect.
3. Once the Captive Wi-Fi screen appears, scroll down and press “**Log In**” to verify that you have read and accepted the Guest Internet Access Terms and Conditions.

Disabilities Resource Center

The UPMC Disabilities Resource Center (DRC) makes sure that health care is accessible to people with disabilities, including those who are deaf, hard of hearing, blind, low vision, or with mobility, speech, intellectual, cognitive, or behavioral disabilities. We offer accessibility, communication, and hearing assistance resources. Please let a staff member know of your needs.

Language Interpretation

We provide free language interpretation services 24 hours a day, 7 days a week. Please ask a staff member.

Safety and Security

We want to keep all patients, support persons, and staff safe. Security is available 24 hours a day, 7 days a week. To contact Security, call **412-623-2990**.

Spiritual Care

We know that faith can be a great source of comfort and healing, particularly in urgent situations. We offer spiritual support to persons of all faiths who desire our services 24 hours a day, 7 days a week. Please call **412-623-2121**.

Accommodations

Family House

Family House is a nonprofit licensed organization that provides a special "home away from home" for patients and support persons who must travel to Pittsburgh for treatment of serious or life-threatening illnesses. For housing information, visit familyhouse.org or call **412-647-7777**.

Hotel Reservations

A variety of hotels are available near UPMC Shadyside. When making a room reservation, ask if the hotel:

- Offers a discount to UPMC patients and support persons.
- Provides shuttle service to UPMC Shadyside.



Scan the QR code to visit **UPMC.com** for more information about UPMC Shadyside.