



Education for New and Expecting Parents



UPMC Magee-Womens is pleased to offer in-person, virtual, and online education to support you during pregnancy and birth.

Patient Portals

Your UPMC Patient Portal account is a way to access your health information anywhere, anytime. You will be able to receive education during your pregnancy and postpartum from your doctor and care team. Visit [UPMC.com/PatientPortals](https://www.upmc.com/PatientPortals) to create your account.

Online Resources

Visit [UPMC.com/OBResources](https://www.upmc.com/OBResources) to find articles, videos, and other tools related to pregnancy and childbirth.

UPMC Education Classes and Events

UPMC offers many different educational classes and events to our patients and our community. View all available resources at [UPMC.com/Classes](https://www.upmc.com/Classes). Options are often added, so check back regularly for class availability.

UPMC Health Library

The UPMC online health library is a great resource to help you manage your health. Explore the Pregnancy and Childbirth Featured Learning Center or use the search bar and type in your specific topic at [UPMC.com/HealthLibrary](https://www.upmc.com/HealthLibrary).

Virtual Education

UPMC has partnered with YoMingo® to offer online education modules that are self-paced with information on pregnancy, childbirth, and baby care. Sign up at [UPMC.com/YoMingo](https://www.upmc.com/YoMingo).