

Community Lactation Resources

UPMC Magee-Womens Hospital



Hospital or Birth Center-Based Lactation Consultants and Counselors

The following is a list of facilities providing lactation support services in the region:

- UPMC Magee-Womens Hospital: Provides telephone, virtual, and in-person lactation support. Call **412-641-1121**. Virtual lactation consultations can also be scheduled through the UPMC Magee-Womens Virtual Care Center online.
 - [Lactation Center - UPMC Magee-Womens Virtual Care Center - Pittsburgh, PA - Obstetrics and Gynecology - Book Appointment](#)
- St. Clair Health: Provides telephone support and lactation consultations. Call **412-942-5875**.
 - [Lactation Center - St. Clair Health \(stclair.org\)](#)
- The Midwife Center for Birth and Women's Health: Provide lactation consultations. Call **412-321-6880**.
 - [Lactation Support at The Midwife Center](#)
- UPMC Children's Hospital of Pittsburgh: Provide in-person support for families who's infant or child is or has received care at the hospital. Call **412-692-7285**.
 - [Lactation Support Services | Children's Hospital Pittsburgh \(chp.edu\)](#)
- VA Medical Centers: Provide lactation counseling, education, and support groups for veterans. To find out support in your area, call the Women Veterans Call Center **855-829-6636**.
 - [Maternity Care - Women Veterans Health Care \(va.gov\)](#)

Pediatric and Postpartum Lactation Support

The following is a list of community-based pediatric and postpartum lactation support services:

- Some Children's Community Pediatrics (CCP) offices have lactation support services for their patients: [Lactation Consulting | Children's Community Pediatrics \(childrenspeds.com\)](#)
- CCP Armstrong, Kittanning – **724-548-2283**.
- CCP Bass Wolfson, Cranberry – **724-776-4433**.
- CCP Bass Wolfson, Squirrel Hill – **412-422-3590**.
- CCP Blairsville – **724-459-6560**.
- CCP Brentwood – **412-882-7747**.
- CCP GIL, Murrysville Office – **724-327-5210**.
- CCP GIL, Pittsburgh Office – **412-363-2200**.
- CCP Greenville – **724-589-0290**.
- CCP HealthQuest, Hampton – **724-449-9300**.
- CCP Jefferson Hills Office – **412-384-9030**.
- CCP Monroeville – **412-373-1717**.
- CCP Mon Valley Office – **724-483-2040**.
- CCP Mount Pleasant Huntington Place – **724-547-5103**.
- CCP Mountain View – **724-832-0850**.
- CCP Oakland - **412-692-6000**.
- CCP Rochester – **724-774-7110**.
- CCP Sewickley – **412-741-8700**.
- CCP Shadyside Office – **412-681-1050**.
- CCP Wexford Office – **724-933-9110**.
- CCP White Oak – **412-673-2200**.
- Breastfeeding Center of Pittsburgh: Provide in-person lactation consultations at three office locations (Cranberry/Seven Fields, Pleasant Hills, Squirrel Hill/Greenfield). Call **412-246-4726**.
 - [Breastfeeding Center of Pittsburgh – Your goal is our goal.](#)
- Healthy Start Center for Urban Breastfeeding: Provides telephone and virtual lactation support. Call **412-545-2022** or email latch@hsipgh.org.

- [Center For Urban Breastfeeding – Healthy Start \(healthystartpittsburgh.org\)](http://healthystartpittsburgh.org)
- Heritage Valley Pediatrics, Chippewa, Calcutta, and Hopewell offices. Provides telephone/text support and lactation consultations for their patients. Call **724-773-6842** or call/text Liz at **330-853-2145**.
 - [Lactation Information & Support - Heritage Valley Health System](#)
- Private practice lactation consultants in the region provide telephone, virtual and in-person lactation support.

WIC (Women Infants Children) Breastfeeding Support/Breast Pumps

The following are lactation resources for WIC participants, some offices have pumps available to rent:

- WIC Breastfeeding help hotline: Call **1-855-427-5666**.
- To find a WIC office or clinic near you: [Welcome to Pennsylvania WIC \(pa.gov\)](#)
- Pennsylvania WIC: Call **1-800-942-9467**.
- Adagio Health WIC (Armstrong, Beaver, Butler, Indiana, and Lawrence Counties): Call **1-866-942-2778**.

County Lactation Support Resources

Allegheny County Department of Health:

- Breastfeeding Helpline: Telephone support Monday – Friday, 8:30 a.m. to 4 p.m. Call **412-687-2243**.
- For information on Maternal Child Health Programs (Home Visiting), call **412-247-7950**.
 - [Family and Child Health | Health Department | Allegheny County](#)

Lactation Support Groups

These groups offer both peer and professional lactation support with in-person/virtual support groups:

- La Leche League of Western Pennsylvania Groups (<http://llofwpa.org/>):
 - Bethel Park – Contact Erika at **814-403-8903**.
 - Penn Hills – Contact Janet at **412-414-3848**.
 - Greater Pgh – Contact Chrissy at **412-716-6542**.
 - Pittsburgh East – Contact Ellen at **412-334-2664**, or Erin at **309-531-4055**.
 - Pittsburgh North – Contact Kristin at **412-882-7747**.
 - Moon Township – Contact Laura at **412-716-3978** or Tiffany at **412-209-5209**.
 - Sewickley – Contact Antoinette at **724-630-6348**.
- Pittsburgh Black Breastfeeding Circle: Connect with the group on Facebook.
- Storkbites Moms Support Group: To learn more about or join the group, send an email to storkbitespa@gmail.com. The group’s schedule is posted on Facebook.

Area Breast Pump Vendors

Most individuals can get a double electric breast pump through their insurance; contact your insurance company to find out. The following companies carry a variety of insurance covered breast pumps:

- Mommy Gear: **888-624-4327** or [Shop for Nursing Bras, Fashions, Breastpumps, Baby Gear \(mommygear.com\)](http://mommygear.com).
- Stork Pump by AdaptHealth: **844-993-3740** or [BreastPumps - AdaptHealth](#).
- The Breastfeeding Shop: **1-866-255-6779** or <https://thebreastfeedingshop.com/>
- Areoflow Breastpumps: **1-844-867-9890** or <https://aeroflowbreastpumps.com>
- Byram Healthcare: **877-773-1972** or <https://breastpumps.byramhealthcare.com/>
- Breastfeeding Pumps, Supplies & More | Milk N Mamas Baby: **844-645-6666** or [Breastfeeding Pumps, Supplies & More | Milk N Mamas Baby](#).

Multi-User/ “Hospital Grade” Pump Rentals

- UPMC Magee-Womens Hospital Lactation Center: **412-641-1121**.
- UPMC Children’s Hospital Pittsburgh: **412-692-7285**.
- UPMC Hamot: **814-877-6722**.
- UPMC Altoona: **814-889-2557**.