

Addiction Medicine Services

Providing outpatient treatment
to those with substance use disorders

Addiction Medicine Services at UPMC Western Behavioral Health at Safe Harbor provides outpatient and intensive outpatient treatment to adolescents and adults who have substance use disorders. Services include medication assisted treatment, peer support, individual and group counseling, and case management.

In our Addiction Medicine Services Program, you will work with your therapist to develop an individualized plan to:

- Address recovery goals
- Assess appropriate levels of care
- Screen for withdrawal
- Identify usage triggers
- Learn new coping skills
- Develop a relapse prevention plan
- Identify healthy lifestyle goals

Our treatment uses components of cognitive behavioral therapy, behavioral management, trauma therapy, and the 12-step program. Supportive family members are an important part of treatment and recovery. For this reason, the contributions and involvement of your loved ones are strongly encouraged.

Recovery is a unique and personal process. Matching treatment services to your needs is key to returning to a healthy lifestyle. You may also have other mental health concerns, a history of trauma, or need help with basic needs. We understand that addressing all of these concerns in a coordinated manner is essential to recovery.

Safe Harbor Outpatient Clinic

1330 W. 26th St.
Erie, PA 16508

For more information about our outpatient services, please call **814-459-9300**, or visit us at UPMCHamot.com/SafeHarbor.

Safe Harbor Crisis Center/Outpatient West

2560 W. 12th St.
Erie, PA 16505

In the event of a crisis, call Crisis Services 24/7/365 at **814-456-2014** or **1-800-300-9558**.

We currently offer Addiction Medicine Services at our main location in Erie at 1330 West 26th St., various satellite sites, and in the community through our mobile services. Walk-in assessments are available. For more information on our services, please call **814-451-2245**.

You can get treatment, regardless of your ability to pay. Substance use disorder services are often covered through insurance plans and by PA county authorities. Please discuss any concerns you have when you seek services.