

Blood Screening Voucher Program

Prepurchased vouchers can be redeemed at local UPMC lab locations from May 1 through May 31.



Is your health a priority?

What lifestyle changes can you make to reduce or even eliminate your risks of:

- Elevated cholesterol
- Cirrhosis
- Stroke
- Heart attack
- Cancer

Achieve and maintain your good health. Our blood screening program is designed to include tests that assist in the early detection of the leading health risks in our region, including coronary heart disease, glucose intolerance and diabetes, kidney and liver disease, and anemia.

Blood screening tests

The blood analysis program includes the following:

- **36-test* blood screening — \$65**
- **Optional Add-Ons:**
 - > Prostate cancer test (PSA) — \$20
 - > Hemoglobin A1C — \$20
 - > C-Reactive Protein test — \$20
 - > Vitamin D test— \$20

All test results will be reviewed by a hospital physician and forwarded to you. You are encouraged to take a copy of the results with you to your next doctor's appointment and review the results with your physician. Your physician has knowledge of your medical history and other factors that may affect test results.

Pennsylvania regulations

In accordance with Pennsylvania law, please be prepared at the time of registration to provide the name of a physician or to choose a doctor to receive and interpret your test results.

Voucher Purchase and Pickup Process

Blood draws will not be completed at the annual event.

Instead, you will purchase a voucher at the Convention Center on one of the below dates for the discounted rate, and that voucher can be used from May 1 through May 31 to have your blood drawn at a local UPMC lab location. **No vouchers will be sold after April 30.**

Visit UPMCAltoona.com/Lab for locations and hours, or refer to the list provided with your voucher at pickup.

Questions? Call **814-889-4222**.

Vouchers will be sold:

***Saturday, April 22, 9 a.m. to 3 p.m.**

Blair County Convention Center, Exhibit Hall Lobby (Lower Level)

Saturday, April 29, 9 a.m. to 3 p.m.

Blair County Convention Center, Banquet Hall Lobby (Main Level)

Free blood pressure screenings will be provided on both dates by the Altoona/Mercy School of Nursing Alumni Association.

**Additional free screenings and health information will be offered on April 22 from 9 a.m. to noon as part of the UPMC Altoona Healthy Living Fair.*



We appreciate your support of the Altoona AMBUCS Blood Screening Program. All proceeds support local programs and services.

***36-Test Blood Screening** (12-hour fast required)

Coronary disease: cholesterol, HDL cholesterol, cholesterol/HDL ratio, triglycerides, LDL cholesterol. **Diabetes:** glucose. **Liver disease:** albumin, globulin, albumin/globulin ratio, GGT, SGOT, SGPT, total bilirubin, total protein, alkaline phosphatase. **Kidney disease:** blood urea nitrogen (BUN), creatinine, BUN/creatinine ratio. **Anemia:** red blood indices (MCV, MCH, MCHC, RDW), hemoglobin, hematocrit, red blood cell count, white blood cell count, serum iron. **Other tests:** calcium, chloride, phosphate, potassium sodium, thyroid stimulating hormone (TSH), uric acid.