

# DO I STILL NEED MY COGENTIN OR ARTANE?

## What is it used for?

Cogentin (generic name *benztropine*) and Artane (generic name *trihexyphenidyl*) are anticholinergic (anti-koli-nerjic) medicines used to treat tremor/shaking, stiffness and other movement-related side effects of antipsychotics (like haloperidol, risperidone, fluphenazine, and others).



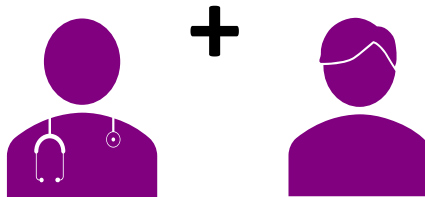
## Why use less or stop?

Anticholinergic medicines can have bothersome side effects like:

Dry mouth, blurred vision, constipation, urinary retention, and memory impairment

Other medicines can cause these side effects too and the side effects can add up.

Lowering the dose or stopping Cogentin or Artane can eliminate or decrease these side effects and improve your quality of life.



## How to safely lower or stop Cogentin or Artane

*In many people, these medicines may no longer be needed.*

**Only you and your doctor together can decide** if a change can be made.

Usually the dose is lowered for a while, before the medicine is stopped.

Remember to call or tell your doctor if you start to notice that side effects like tremor or stiffness occur as the doses are lowered.