

UPMC Trauma Rounds Winter 2021

Prehospital Continuing Education Test for Pennsylvania

Instructions

Complete this form and answer all questions related to the Winter 2021 issue of Trauma Rounds, which can be accessed from the [UPMC Trauma Rounds website](#). You can earn one hour of credit for FR and EMT-B, EMT-P, and PHRN until this quiz expires **May 31, 2021**.

To submit your completed test by email, send to reigerla@upmc.edu.

To submit your completed test by fax, send to: **412-647-1111**
ATTN: TRAUMA ROUNDS, UPMC Prehospital Care

Date test taken: _____

Name: _____

Address: _____

City: _____ State: _____ ZIP: _____

Birth date: _____

Level of Pennsylvania state certification (select one):

First responder

EMT-B

EMT-P

PHRN

Pennsylvania state certification number: _____

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1. Burn scars cause:

- a. Chronic Pain
- b. Contractures
- c. Persistent hyperemia
- d. All of the above

2. Hypertrophic scars form 12 to 14 months after initial injury.

- True
- False

3. Complications of laser- and light-based therapies include blistering, pigment changes, and new scar formation.

- True
- False

4. Ablative lasers generate thermal energy that is deposited into the dermis. Fractional lasers vaporize tissue and decrease need for scar revision.

- True
- False

5. Known complications of a traumatic brain injury include early posttraumatic seizures. Risk factors include (check all that apply):

- a. Increased Glasgow Coma Scale
- b. Intracerebral hematoma
- c. Cortical contusion
- d. Penetrating injuries

6. Isolated subarachnoid hemorrhage has not been listed as a risk factor for EPTS.

- True
- False

7. Hypertrophic scars develop in areas of high skin tension such as the shoulders, arms, and chest wall.

- True
- False