

Pinnacle Health System  
Occupational Therapy Department  
Level I OT/OTA Students  
Skills Checklist – Adult Acute Care and Acute Rehab

Instructions: Supervisors should review the following skills with each level I student as time permits. Please allow the students to do hands-on with patients as you deem safe and appropriate.

- Wheelchair management (removal of legs and armrests, positioning chair for transfers, adjustment of leg rests and arm rests, brakes)
- Stand-pivot transfers (one and two person assist)
- Transfers with and without DME (cane, quad cane, RW, SW, hemi-walker, hand-held assistance)
- Range of motion (AROM, PROM, AAROM, SROM)
- Adaptive equipment management and use (reacher, sock aid, long-handled shoe horn, long-handled sponge, elastic laces, feeding equipment)
- Positioning in bed (boosting, turning, propping, side rail use – restraints, call bells, phones)
- Body mechanics (lifting and moving)
- Meal setup (1-handed, visual impairment, neglect)
- Cognition/perception/sensation (observation of behavior/cognition/sensory processing/perceptual processing, MMSE, CLOX)
- Chart review
- Interviewing patient

Student Signature: \_\_\_\_\_

Supervisor Signature: \_\_\_\_\_

Date completed \_\_\_\_\_