

1. How are OMM clinics run?

First year osteopathic residents will be assigned to participate in 10 OMM Clinic sessions over the course of their first academic year. Second and third year osteopathic residents be assigned to participate in 6 OMM Clinic sessions during the their PGY2 and PGY3. You will be expected to take a history, perform an osteopathic structural exam, and develop and implement an osteopathic treatment plan for each encounter. You will be closely supervised and supported by an osteopathic faculty member who will teach and assist you. The ratio of resident to preceptor will never be greater than 2:1.

2. What are OMM workshops?

First year osteopathic residents are required to participate in a series of OMM Workshops during the first six months of PGY-1. These workshops are incorporated into an OMM Clinic half day. The first patient encounter of that half day clinic will be blocked for the facilitation of these sessions to review common osteopathic techniques and approaches to the axial skeleton via didactic sessions/clinical application/hands-on practice with faculty/billing.

3. What are OMM integrated appointments?

Second and third year osteopathic residents will have designated appointment slots integrated into their typical family medicine office schedule — typically two to four osteopathic integrated encounters per week on designated non-inpatient rotations. This more closely simulates how you will integrate osteopathic medicine treatments into your practice upon graduation. For example, you might start your office day off with seeing a patient with an ankle sprain, then a diabetic patient, followed by an OMM patient for carpal tunnel. In comparison to an OMM Clinic, where you see nothing but OMM patients for your half day of office.

4. How do you integrate OMM into your inpatient curriculum?

It is expected that the residents perform OMM on four patients in the hospital per academic year. These treatments can be performed as part of a rotation or on continuity patients that they are following in the hospital. First year residents must perform these encounters with the supervision of either an osteopathic faculty member or a senior resident.

First year resident in the second half of their academic year will work with a PM & R physician that is fellowship trained in musculoskeletal medicine. They will spend two Friday afternoons with her on her inpatient OMM consult service. Second and third year residents will have the opportunity to work with her as well and are scheduled based on interest and availability.

5. Are there any osteopathic lectures?

An osteopathic lecture will take place monthly during noonday conference from 12:30 to 1:30 p.m. First and third year osteopathic resident are asked to give one lecture per academic year. The content of these lectures is focused on taking the basic OMM skills and knowledge that you possess and focusing on a clinical diagnosis and how OMM can specifically be utilized to affect that disease process. For example, what structural findings would you expect to see in a patient with COPD and which techniques can be utilized to help their functional status. Osteopathic faculty are present for these lectures and techniques are practiced in the lecture hall as we have several portable tabled stationed there for our use. We also structure a board review prep where we have residents run through a practice clinical scenarios in preparation for their test.