



Cancer Survivors and Caregivers Resource List

Cancer and Caregiver Support Groups and Resources

American Cancer Society

The American Cancer Society is a nationwide, community-based voluntary health organization dedicated to eliminating cancer as a major health problem. Our Global Headquarters are located in Atlanta, Georgia, and we have regional and local offices throughout the country to ensure we have a presence in every community.

For additional information and resources, contact:
Kaci Jankoski | kacie.jankoski@cancer.org | cancer.org

Us TOO International, Terah Brown Chapter

Us TOO International is here to empower men diagnosed with prostate cancer and their loved ones with the educational resources and support services to fight prostate cancer. For more information, contact Bob Bowyer at **412-887-6053** or bkbowyer@gmail.com.

Caring for the Caregiver

An educational and supportive program for caregivers. Strategies for self-care, mindfulness, stress management, relaxation, compassion fatigue, keeping active, dealing with worry and anxiety, and many more. Caring for the Caregivers is facilitated by Joni Sturgill, MSCP, ERYT, AADP, of the Wellness and Integrative Oncology Program at UPMC Hillman Cancer Center.

Until further notice, this group is held via Zoom. For access to the meeting, please email Christie Santure at santurec@upmc.edu or Joni Sturgill at jonisturgill@gmail.com.

Cancer Caring Center

The mission of the Cancer Caring Center is to help cancer survivors, their families, and concerned friends cope effectively with the emotional impact of cancer through a variety of free support services.

4117 Liberty Ave. | Pittsburgh, PA 15224

412-622-1212 | www.cancercaring.org
info@cancercaring.org

Women's General Cancer Support Group

UPMC McKeesport
Call **412-664-2604** for more information.

Men's General Cancer Support Group

UPMC McKeesport
Call **412-664-2604** for more information.

African American Self-Help Cancer Support Group

A faith-based group for men and women
Call Betty Dowdy at **412-647-1809** for more information.

G. (Josie) van Londen, MD

Director, LiveWell Survivorship Program,
UPMC Hillman Cancer Center
412-692-2382 | **412-641-6500** | vanlondenj@upmc.edu

George Moses, Survivor

Moe246@hotmail.com

CeCe Williams

Patient Navigator
412-623-3728 | williamsla8@upmc.edu

Clinical Trials

National Institute of Health (NIH)

Part of the U.S. Department of Health and Human Resources
<https://www.nih.gov/health-information/nih-clinical-research-trials-you>

UPMC Hillman Cancer Center Trials

An app that is available for both Android and iOS programs. The app can be downloaded or installed from the App Store or Google Play. Search for UPMC Hillman Clinical Trials Finder

Joann M. Boyd, MSN, RN, ACM-RN

Clinical Research Coordinator
UPMC Hillman Cancer Center
UPMC McKeesport and UPMC Mercy
UPMC.com/McKeesport | UPMC.com/Mercy

Lifestyle

Rev. Richard W. Truss

Pastor, Zion Baptist Church
1300 Locust Street | McKeesport, PA
412-664-9832 (Church) | 412-805-5209 (Cell)

Geoff Clauss, Medicare/Medicaid Plan Agent

Authorized UPMC For Life Medicare and Special Needs
412-327-2350 | Clauss.geoff@gmail.com

Kendra J. White, MS, MCHES

Senior Manager
Medicare Community Relations
Community Based SNP Sales
UPMC for *Life* | UPMC for *Life* Dual (HMO SNP)
O: 412-454-5721 | C: 412-478-4155 | whitekc@upmc.edu

Mental Health

Shirley Salmon-Davis, Clinical Social Work/Therapist, PsyD, LCSW

A practicing psychotherapist for over 20 years and an adjunct faculty at the University of Pittsburgh and Chatham University. For a free phone consultation, call 412- 693-6042.

Find a Therapist: Psychology Today

<https://www.psychologytoday.com/us/therapists>

Jessica Gurley-Randolph, LCSW

A Licensed Clinical Social Worker who provides social work and counseling services. For consultations, email SWCC.help@gmail.com.

National Suicide Helpline

Call 1-800-273-8255

Resolve Crisis Services

Support for residents of Allegheny County. For free and confidential help 24/7, call 1-888-796-8226.

Substance Abuse and Mental Health Services Administrations Disaster Distress

Helpline: 1-800-985-5990 or text TalkWithUs to 66746. (TTY 1-800-846-8517)

Vision Towards Peace Counseling Services

Counseling: Monday- Friday 9 a.m. to 7 p.m. and Saturday 10 a.m. to 3 p.m.
Phones: Monday-Friday 10 a.m. to 6 p.m.
412-241-4673 | <http://www.visiontowardspeace.com/>

Charlotte Brown

Faculty Research, Western Psychiatric Institute
412-864-0550 | brownc@upmc.edu

Demond E. Bledsoe, PhD, LPC

Senior Program Director, UPMC Western Behavioral Health Service Line
bledsoed@upmc.edu

Johnnie Geathers, MSW

jgeathers1224@yahoo.com | 484-478-4971

G & S Jones Counseling Services

<http://www.wantrecovery.com> | 412-243-6968

Orlando Minniefield

<https://www.aurorahealthservices.com> | 412-996-9100

Curtis Terry

East End Therapists, LLC
878-205-0175

Marcus Flournoy

Community Counseling Therapeutic Center
878-220-3027

Neal Holmes

412-530-4360

John D. Granger

<https://www.breakthroughtherapeuticservices.com>
856-288-2232

DeMarquis Clarke, PhD

<http://demarquisclarke.com> | 412-593-4451

Oncologists

Steven Evans, MD

Surgical Oncologist
Director, Division of Community Engagement, Division of Surgery, University of Pittsburgh School of Medicine
UPMC McKeesport
1500 Fifth Ave. | Mansfield Building, Level A
McKeesport, PA, 15132

To schedule an appointment, call 412-692-2852

Lanie K. Francis, MD

Hematologist/Medical Oncologist
Director, UPMC Hillman Cancer Center Wellness and Integrative Oncology Program

To schedule an appointment, call 412-864-6720.