

# Community Health Needs Assessment

Community Health  
Strategic Plan

JUNE 30, 2025

UPMC ALTOONA

UPMC BEDFORD

UPMC SOMERSET

UPMC WESTERN MARYLAND

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BEDFORD, BLAIR, AND SOMERSET COUNTIES IN PENNSYLVANIA,  
AND ALLEGANY COUNTY IN MARYLAND



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# I. EXECUTIVE SUMMARY

UPMC's mission is to serve our community by providing outstanding patient care and to shape tomorrow's health system through clinical and technological innovation, research, and education.

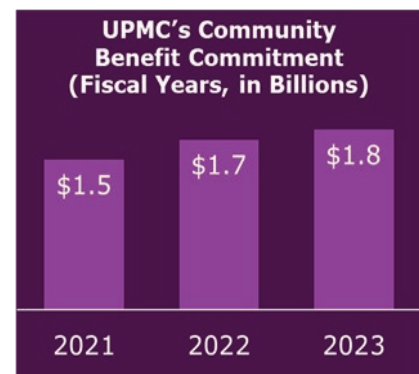
## UPMC Plays a Major Role in Its Community:

UPMC is one of the world's leading Integrated Delivery and Financing Systems ("IDFS"), combining a major Health Services Division with more than 40 hospitals and 800 clinical locations, with a more than 4-million-member Insurance Services Division. One of the largest nonprofit health systems in the United States, UPMC is headquartered in Pittsburgh, Pennsylvania, and serves patients seeking highly specialized medical care primarily from communities across Pennsylvania, as well as throughout the nation and around the world. The UPMC Insurance Services Division offers a full range of products and services and is the largest medical insurer in western Pennsylvania.

Committed to its mission of service, UPMC provides nearly \$2 billion annually in benefits to the communities it serves, and delivers more care to the region's poor and underserved than any other health system in the state.

UPMC's commitment to service is seen in the following ways:

- **Establishing a healthy culture in the communities we serve:** UPMC enhances health and wellness through more than 3,000 community-focused programs.
- **Caring for the vulnerable:** In Fiscal Year 2023, UPMC subsidized \$656 million in charity care and coverage for unreimbursed costs of care provided to Medicaid beneficiaries.
- **Providing state-of-the-art, life-saving care to the community:** In partnership with the University of Pittsburgh, UPMC makes significant investments in translational sciences, technology, research, and education designed to improve clinical quality, promote patient-centered care, and benefit the overall health of residents of our communities.
- **Contributing to a thriving future for the state:** UPMC fosters economic prosperity through direct investment and new product development, which improves the health of communities large and small. The largest nongovernmental employer in Pennsylvania, UPMC is a leader in workforce development efforts, supports nearly one in three hospital jobs in the commonwealth, and generates an annual economic impact of more than \$50 billion in the region.
  - > UPMC invested \$602 million in education and research in 2023, primarily at the University of Pittsburgh, which ranks #6 in National Institutes of Health (NIH) dollars.
  - > UPMC sponsors 98 percent of all hospital-funded research in western Pennsylvania.



## Assessing the Significant Community Health Needs for the Four-County Region:

In Fiscal Year 2025, UPMC's four licensed hospitals — located in and serving Bedford, Blair, and Somerset counties in Pennsylvania, and Allegany County in Maryland — conducted a joint Community Health Needs Assessment (CHNA) in keeping with requirements described in section 501(r) of the Internal Revenue Code. Building on the initial CHNAs conducted in Fiscal Years 2013, 2016, 2019, and 2022, the Fiscal Year 2025 joint CHNA provided an opportunity for the hospitals to re-engage with community stakeholders in a rigorous, structured process guided by public health experts.

The collaborating hospitals in this CHNA deliver an array of specialized programs and services. UPMC Altoona, a tertiary care teaching hospital, serves as UPMC's regional hub in west central Pennsylvania. UPMC Bedford, an acute care hospital, is the county's only hospital and delivers a range of quality medical services — including specialized medical and surgical treatment. UPMC Somerset, an acute care hospital, provides access to medical, surgical, and rehabilitation care. UPMC Western Maryland, an acute care hospital, offers a wide range of inpatient and outpatient services through its accredited cancer center, robotic surgery program, and neurosurgery operating suite.

For the purpose of this joint CHNA, the collaborating UPMC hospitals define their community to be Bedford, Blair, and Somerset counties in Pennsylvania, and Allegany County in Maryland.

By combining efforts and resources, this joint assessment identifies important local health issues, while supporting a coordinated, system-wide community health strategy that extends across the region. Working together, UPMC's hospitals are committed to advancing health for residents in the community.

### UPMC Licensed Hospitals in the Four-County Region

UPMC Altoona	Blair County, Pennsylvania
UPMC Bedford	Bedford County, Pennsylvania
UPMC Somerset	Somerset County, Pennsylvania
UPMC Western Maryland	Allegany County, Maryland

## Input from Community Stakeholders and Public Health Experts:

UPMC partnered with experts at the University of Pittsburgh School of Public Health (Pitt Public Health) to conduct the CHNA using a best-practice methodology. The assessment blended analysis of documented public health data and socioeconomic factors with a structured community input survey process that solicited feedback from community partners that represent patient constituencies within the community — including medically underserved, low-income, and minority populations.



## CHNA Findings: Significant Community Health Needs for the Four-County Region:

The residents of the four-county region have a wide range of health concerns. The Fiscal Year 2025 joint CHNA identified three significant health needs of importance to the communities served by UPMC Altoona, UPMC Bedford, UPMC Somerset, and UPMC Western Maryland.

Significant Health Needs		Importance to the Community
1	Chronic Disease Management	More than half of deaths in the community are attributable to chronic disease.
2	Behavioral Health	Behavioral health conditions are among the most common conditions in the nation. They have a far-reaching impact on the community. Individuals with a behavioral health condition are at greater risk for developing a wide range of physical health problems.
3	Access to Care and Navigating Resources	Access to care and navigating resources have important implications for the health of the community in a variety of ways, including preventing disease and disability, detecting and treating illnesses or conditions, managing chronic disease, reducing preventable hospitalization, and increasing quality of life.

## Amplifying UPMC's Impact Across the Four-County Region:

In 2025, the Board of Directors for each UPMC licensed hospital adopted plans to address the significant health needs identified in the Fiscal Year 2025 joint CHNA, and to measure and track associated improvements. This report documents progress toward addressing significant health needs identified from prior CHNAs, as well as delineates hospital-specific implementation plans that will address community health needs over the Fiscal Year 2025-2028 period. These plans build upon the goals established in Fiscal Year 2022, recognizing that significant health needs will generally require more than two to three years to show meaningful improvement.

While tailored to each hospital, the implementation plans:

- **Focus on a Few High-Urgency Issues and Follow-Through:** UPMC hospitals continue to address a broad range of health needs through clinical services, support programs, and community partnerships. Due to resource constraints, UPMC hospitals in the four-county region are concentrating on a focused number of health issues that will address the significant health needs in the community. However, these efforts may have a spillover effect on other priorities.
- **Emphasize Populations Most in Need and Reduce Health Disparities:** Where applicable, implementation plans include programs and outreach for population segments, such as seniors, women and infants, children and adolescents, and other vulnerable, high-risk, or medically underserved community members.
- **Support a Wide Range of Chronic Disease Prevention and Care Initiatives:** More than half of deaths in the community are attributable to chronic disease. UPMC hospitals in the four-county region are promoting and increasing access to preventive care, immunizations, education, and screenings.
- **Enhance and Expand Efforts to Address Behavioral Health Needs:** Rated high in importance by community stakeholders, behavioral health conditions have a growing impact on the community. UPMC hospitals in the four-county region are working together to address behavioral health needs.
- **Promote Access and Navigating Available Resources:** Established health care programs in the region are often untapped due, in part, to social and logistical challenges faced among populations and individuals lacking social support systems.
- **Leverage Community Partnerships:** An ongoing objective of the CHNA effort is to help align community programs and resources with community health needs. UPMC hospitals are collaborating successfully with local organizations to improve community health.

The following chart illustrates how each UPMC hospital will contribute to addressing the significant health needs in the four-county region. Additionally, detailed hospital-specific implementation plans are provided in **Section IV** of this report.

2025 Significant Health Needs in Bedford, Blair, Somerset, and Allegany Counties			
UPMC Hospitals in Bedford, Blair, Somerset, and Allegany Counties	Chronic Disease Management	Behavioral Health	Access to Care and Navigating Resources
UPMC Altoona			✓
UPMC Bedford			✓
UPMC Somerset	✓	✓	
UPMC Western Maryland	✓		✓

## II. OVERVIEW AND METHODS USED TO CONDUCT THE COMMUNITY HEALTH NEEDS ASSESSMENT

### CHNA Goals and Process Overview:

In Fiscal Year 2025, UPMC's four licensed hospitals in Bedford, Blair, Somerset, and Allegany counties collaborated to conduct a joint CHNA, in keeping with IRS 501(r) guidelines. Through the assessment process, UPMC's hospitals identified the four-county region's significant health needs, prioritized those health needs, established action plans, and identified resources to address those needs. The 2025 document builds upon prior assessments and implementation plans developed in Fiscal Years 2013, 2016, 2019, and 2022. UPMC approached the CHNA requirement as an opportunity to evaluate and assess needs through a formalized, rigorous, and structured process to ensure that health improvement efforts and resources are aligned with the most significant community health needs. Goals of the CHNA were to:

- Better understand community health care needs.
- Develop a roadmap to direct resources where services are most needed, and impact is most beneficial.
- Collaborate with community partners, where together, positive impact can be achieved.
- Improve the community's health and achieve measurable results.

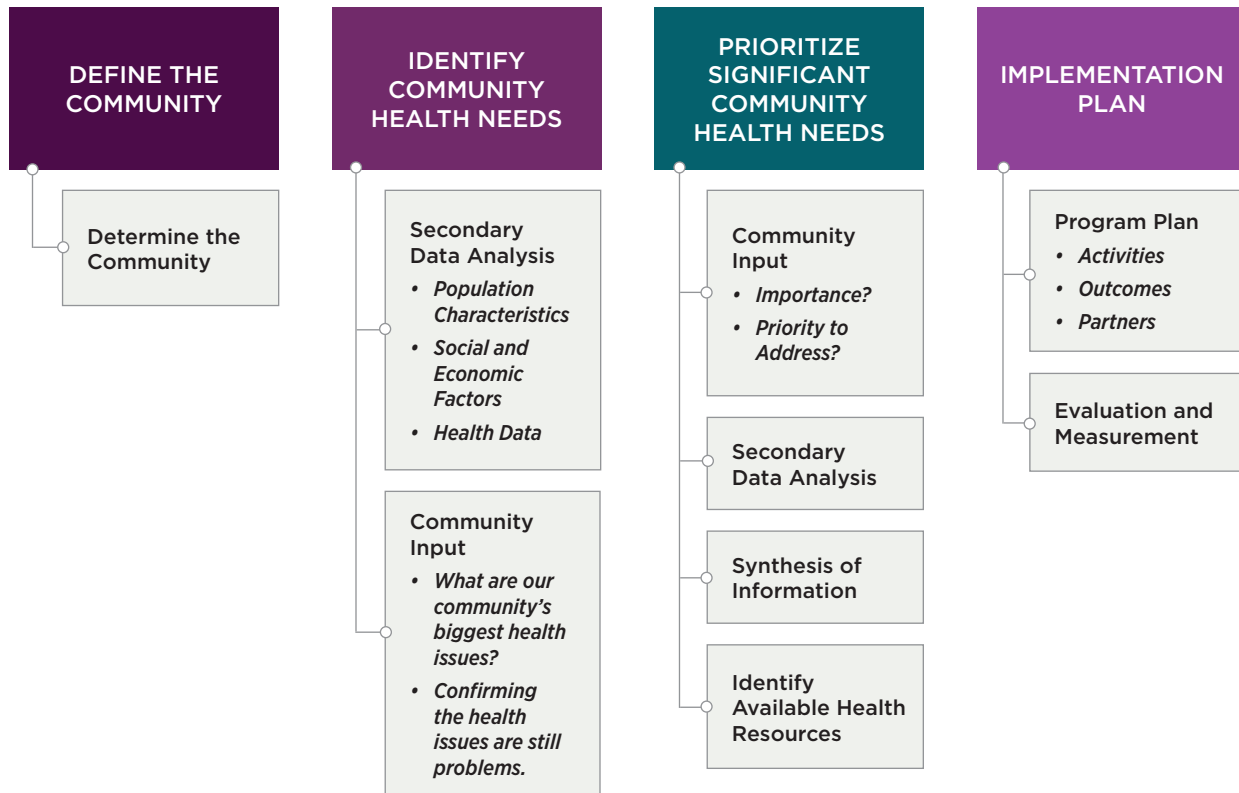
The CHNA incorporated analysis of public health data and input from individuals representing the broad interests of the community — including those with special knowledge and expertise in public health, and community stakeholders representing members of medically underserved, low-income, and minority populations. The overall health of the community is a shared responsibility among many stakeholders and entities, including government agencies, health care providers, nongovernmental organizations, and community members themselves. While the IRS CHNA requirements apply specifically to nonprofit hospital organizations, collaboration with community partners is essential for implementing and achieving effective community health improvement.

### Collaborated with Experts in Public Health:

To conduct the CHNA in a manner that reflects best practices, UPMC partnered with the University of Pittsburgh School of Public Health (Pitt Public Health). Pitt Public Health's mission is to provide leadership in health promotion, disease prevention, and the elimination of health disparities in populations. Aligning with assessments conducted in 2013, 2016, 2019, and 2022, Pitt Public Health faculty and researchers' expertise supported a structured process for obtaining community input on health care needs and perceived priorities, an in-depth review and summary of publicly available health data, and the establishment of criteria for evaluating and measuring progress.

## Framework for Conducting the CHNA:

The Community Health Improvement Process developed by the Health and Medicine Division (HMD) of the National Academy of Medicine served as a guiding framework in assessing the health needs of the UPMC hospital communities. The hospitals adapted this model to guide the development of their CHNA.



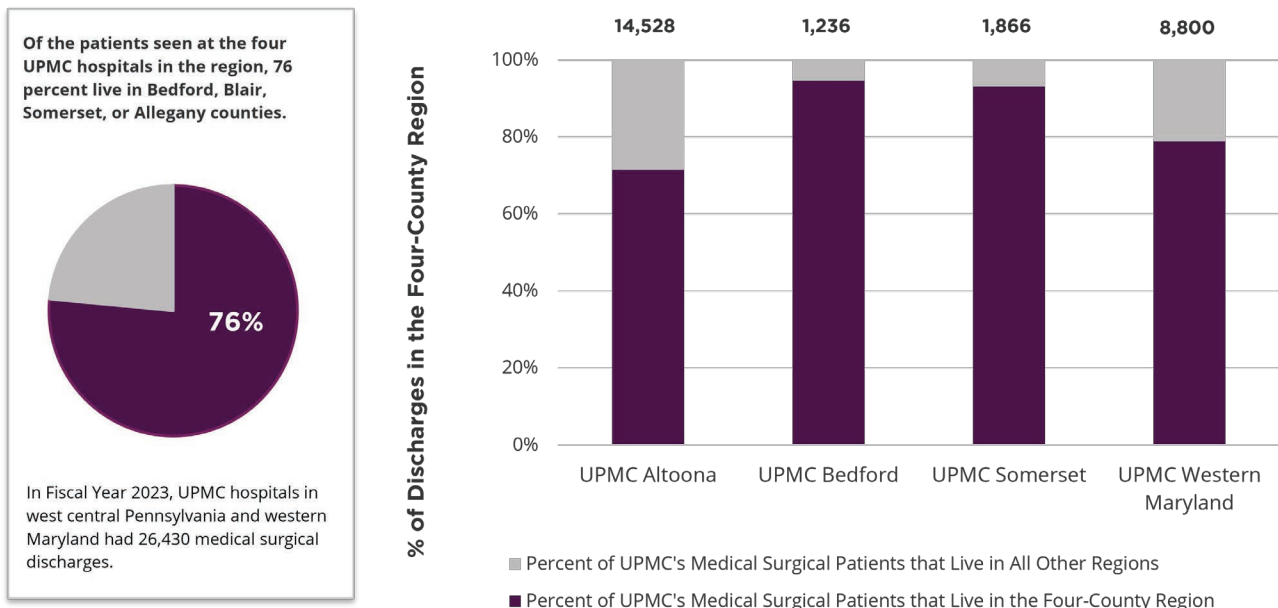
## Definition of the Community: Bedford, Blair, Somerset, and Allegany Counties:

For the purpose of this joint CHNA, all four of the collaborating UPMC hospital facilities define their community to be the four-county region. With 76 percent of patients treated at UPMC Altoona, UPMC Bedford, UPMC Somerset, and UPMC Western Maryland residing in Bedford, Blair, Somerset, or Allegany counties, these four hospitals primarily serve residents of this geographic region. By concentrating on Bedford, Blair, Somerset, and Allegany counties, UPMC can consider the needs of the great majority of its patients, and do so in a way that allows accurate measurement, using available secondary data sources.

While the four-county region represents the basic geographic definition of each of these hospitals, this CHNA also considered characteristics of the broader area, such as state data, as well as specific populations within the defined community — such as minorities, low-income individuals, and those with distinct health needs.

By combining efforts and resources, UPMC Altoona, UPMC Bedford, UPMC Somerset, and UPMC Western Maryland are focusing on important local health issues, while supporting a coordinated community health strategy across the region and system-wide.

## Most Patients Treated at UPMC Hospitals in West Central Pennsylvania and Western Maryland Live in the Four-County Region: Bedford, Blair, Somerset, and Allegany Counties.

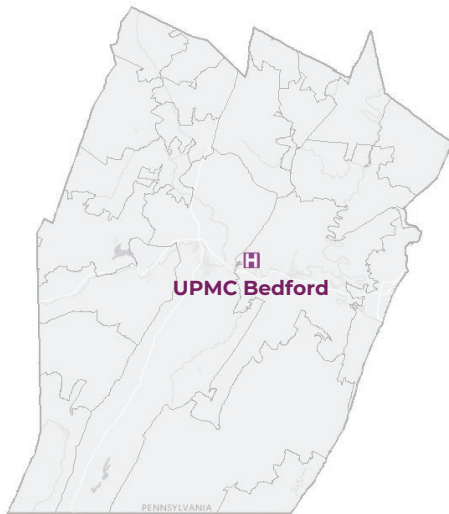


Source: Pennsylvania Health Care Cost Containment Council, Fiscal Year 2023; Maryland Health Services Cost Review Commission, Fiscal Year 2023

### ***Identifying UPMC's System-Wide Resources Available to Address the Region's Significant Health Needs***

UPMC's hospitals are supported by a comprehensive network of additional health care resources in the area, including more than 65 UPMC outpatient locations within Bedford, Blair, Somerset, and Allegany counties. A leader in high-quality, specialty care, UPMC provides local access through UPMC Western Behavioral Health, UPMC Children's Community Pediatrics, UPMC Hillman Cancer Centers, and UPMC Magee-Womens specialty services locations. UPMC also offers a wide range of outpatient facilities, including imaging centers, labs, pharmacies, primary care offices, rehabilitation services, and urgent care centers.

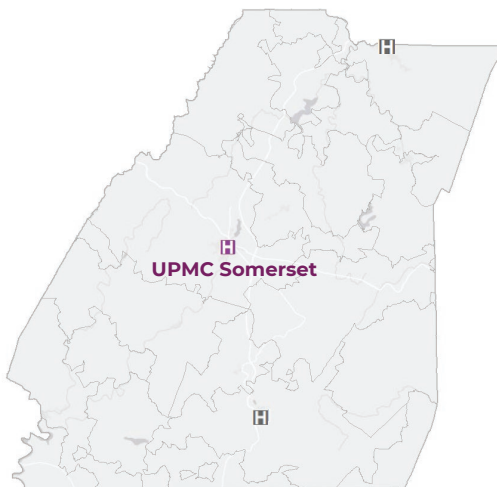
#### **Bedford County**



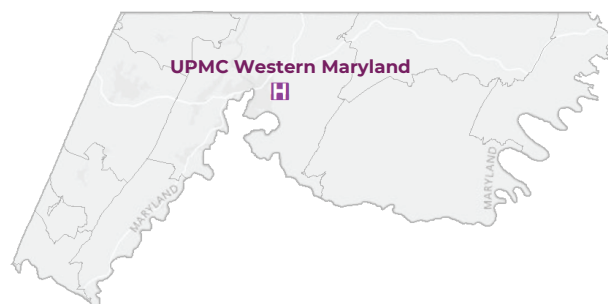
#### **Blair County**



#### **Somerset County**



#### **Allegany County, MD**



 **UPMC Hospitals**

 **Other Hospitals**

## Identifying and Prioritizing Significant Health Needs:

### Secondary Data Analysis and Sources:

UPMC conducted an in-depth analysis of publicly available data in partnership with Pitt Public Health. Secondary data, including population demographics, mortality, morbidity, health behaviors, clinical care, socioeconomic, and health status data, were used to identify, prioritize, and confirm significant community health needs. A full list of secondary data sources used is listed in **Appendix A**. Community-level data (usually county-level) were compared to the state, nation, and *Healthy People 2030* benchmarks to help identify key health issues. This information may be found in **Appendix B**.

Population characteristics, socioeconomic, and health status data were also examined. When available, data specific to low-income individuals, underserved minorities, and uninsured populations were examined. In addition, the analysis considered federal designations of Health Professional Shortage Areas (HPSAs) — defined as “designated as having a shortage of primary medical care providers,” Medically Underserved Areas (MUAs) — which may consist of a whole county or a group of contiguous counties, a group of county or civil divisions, or a group of urban census tracts, and Medically Underserved Populations (MUPs) — which are specific sub-groups of people living in a defined geographic area with a shortage of primary care health services.

### Community Input:

Community input on the perceived health needs and priorities of the region was used to complement analysis of publicly available data. To identify and prioritize health needs of the communities served, the CHNA solicited and took into account input from persons who represent the broad interests of the community, including those with special knowledge of or expertise in public health.

The Fiscal Year 2025 CHNA builds on the assessment processes applied in Fiscal Years 2013, 2016, 2019, and 2022, engaging community stakeholders to provide structured input on health needs present in each hospital’s surrounding community. In May 2024, Pitt Public Health surveyed community leaders and stakeholders specific to each hospital’s local community, as well as a system-wide panel of regional stakeholders. A survey was extended to a total of 3,657 community participants from 29 UPMC hospital communities.

### Participants included:

- Leaders or members of medically underserved, low-income, or minority populations, and populations with chronic disease.
- Representatives from public health departments or governmental agencies serving community health.
- Medical staff leaders who have a unique perspective and view of the community.
- Other stakeholders in community health, such as consumer advocates, nonprofit and community-based organizations, local school districts, government organizations, and health care providers.

See **Appendix C** for a complete list and description of community participants.



## SURVEY PARTICIPATION STATISTICS:

### WEST CENTRAL PENNSYLVANIA AND WESTERN MARYLAND



**228** Community partners  
invited to participate  
across Community Health  
Needs surveys



**83** Percent of participants  
surveyed represented medically  
underserved, low-income, or minority  
populations

UPMC's system-wide community input survey process consisted of multiple stages over the past five CHNA cycles; UPMC Altoona joined the process in the 2016 CHNA cycle; UPMC Somerset and UPMC Western Maryland joined the process in the 2022 CHNA cycle:

CHNA Year	Activity	Description
2013	Brainstorming on Health Problems	Each hospital's community advisory panel met to gather input on the question, "What are our community's biggest health care problems?" Brainstorming resulted in the development of a 50-item list of health problems.
2013	Rating and Sorting Health Problems to Identify Significant Health Needs	<p>Community members participated in the rating and sorting process to prioritize the 50 health problems. Each participant sorted the list into overarching themes, and then rated the problems using a 1 to 5 Likert scale, according to the following criteria:</p> <ul style="list-style-type: none"> <li>• How important is the problem to our community?</li> <li>• What is the likelihood of being able to make a measurable impact on the problem?</li> <li>• Does the hospital have the ability to address this problem?</li> </ul>
2013	Concept Mapping	Multi-dimensional scaling was applied to the sorting data to examine similarities between the 50 community health problems. Hierarchical clustering was used to group the sorting data into common thematic areas and to establish a final cluster map, which provided a visual representation of the data.
2016	Confirming Health Issues	Community advisory panels were surveyed about the continuing importance of the identified health issues. Advisory panel members participated in an online Qualtrics survey that solicited feedback on new health issues as well as reaffirming whether previously identified issues continue to be a problem in the community.
2019	Confirming and Expanding Health Issues	<p>In partnership with Pitt Public Health, UPMC refined the community survey to incorporate emerging areas of exploration within the public health field (e.g., health-related social needs and interpersonal safety).</p> <p>Using a Qualtrics survey, community leaders also provided consideration on population segments with greatest health needs (e.g., seniors, children and adolescents, mothers and infants, general community, or other).</p>
2022	Confirming and Expanding Health Issues to Address Emerging Health Topics	<p>In partnership with Pitt Public Health, UPMC refined the community survey to incorporate emerging areas of exploration within the public health field (e.g., short- and long-term effects of COVID-19). Community stakeholders provided input on:</p> <ul style="list-style-type: none"> <li>• The continued importance of the 2019 health issues.</li> <li>• Relative importance, ability to impact, and hospital ability to address an expanded list of health issues.</li> <li>• Determination of factors contributing to health disparities.</li> </ul>
2025	Confirming and Expanding Health Issues to Explore Access	<p>In partnership with Pitt Public Health, UPMC refined the community survey to incorporate emerging areas of exploration within the public health field (e.g., health disparities, rural health, access, and telemedicine). Community stakeholders provided input on:</p> <ul style="list-style-type: none"> <li>• The continued importance of the 2022 health issues.</li> <li>• Relative importance and prioritization of an expanded list of health issues.</li> <li>• Determination of factors contributing to health disparities.</li> <li>• Evaluation of barriers that make it difficult to get access to important resources for health care and health-related social needs.</li> <li>• Utilizing telemedicine to access care in rural or underserved areas.</li> </ul>

## Synthesis of Information and Development of Implementation Plans:

The secondary data analyses and results from the community input survey process were aggregated, evaluated, and synthesized with the assistance of public health experts from Pitt Public Health. Through this effort, UPMC hospital leadership identified a set of significant health needs that are critical, addressable, and have high levels of urgency in the community. The process then matched those needs to:

- Best-practice methods for addressing these needs.
- Existing hospital community health programs and resources.
- Programs and partners elsewhere in the community that can be supported and leveraged.
- Enhanced data collection concerning programs.
- A system of assessment and reassessment measurements to gauge progress over regular intervals.

## Outcomes and Evaluation of Hospital Implementation Plans:

UPMC engaged with researchers from Pitt Public Health to develop evaluation metrics to measure and track progress related to the implementation plans. The metrics vary by hospital, according to health outcomes, current hospital efforts, and hospital resources.

The implementation plans were developed with the expectation that future progress would be reviewed by the hospitals, as well as potentially by public health agencies. Therefore, two types of outcomes are considered:

- **Process Outcomes (directly relating to hospital/partner delivery of services):** Process outcomes indicate efforts hospitals and community partners can undertake to increase delivery of a service designed to change a health impact indicator. These mostly involve increases (or better targeting) in programming, outreach, publicity, or related efforts. Process outcomes can be measured by increases in investment (dollars or personnel), outreach (media messages, public service announcements), service units delivered (classes, screenings), people attending or completing programs, and number of sites for delivery of programs.
- **Health Impact Outcomes (applies to changes in population health for which the hospital's efforts are only indirectly responsible):** Health impact outcomes are changes in population health related to a broad array of factors, of which hospital and community partner efforts are only one contributing part. These outcomes include reductions in the prevalence of disease, risk factors, and health behaviors associated with disease. Benchmarks for progress in population indicators are available from *Healthy People 2030* and *Robert Wood Johnson County Health Rankings & Roadmaps*.

# RESULTS OF THE COMMUNITY HEALTH NEEDS ASSESSMENT AND IN-DEPTH COMMUNITY PROFILE

## Characteristics of the Community:

The counties that compose the community are located in west central Pennsylvania and western Maryland. Bedford and Somerset counties, in Pennsylvania, are considered mostly rural, while Blair County, in Pennsylvania, and Allegany County, in Maryland, are mostly urban.

Population Density				
	Allegany County	Bedford County	Blair County	Somerset County
2020 Population	68,106	47,577	122,822	74,129
Population Density	161.3	47.0	233.8	69.0

Source: U.S. Census

Rural areas, such as Bedford and Somerset counties, experience different health care challenges — national reports show that rural residents may have challenges in accessing health care services, including the services of primary care providers and specialists. Augmenting these access issues are that rural areas — in comparison to urban areas — tend to have a larger proportion of elderly residents.

**Sizable Elderly Population with High Social Needs:** A notable characteristic of the community is the large and increasing percentage of elderly residents (65 years and older). Bedford, Blair, and Somerset counties in Pennsylvania, and Allegany County in Maryland, have large elderly populations (23 percent, 22 percent, 23 percent, and 22 percent, respectively), especially when compared to Pennsylvania (19 percent), Maryland (16 percent), and the United States (17 percent). In addition, a higher percentage of elderly in the region live alone, compared to Pennsylvania, Maryland, and the United States. Reflective of the higher proportion of elderly, the percentage of Medicare recipients was higher in Bedford, Blair, Somerset, and Allegany counties, compared to Pennsylvania, Maryland, and the nation (See **Appendix B**).

## Bedford, Blair, Somerset, and Allegany Counties Have Sizable Elderly Populations

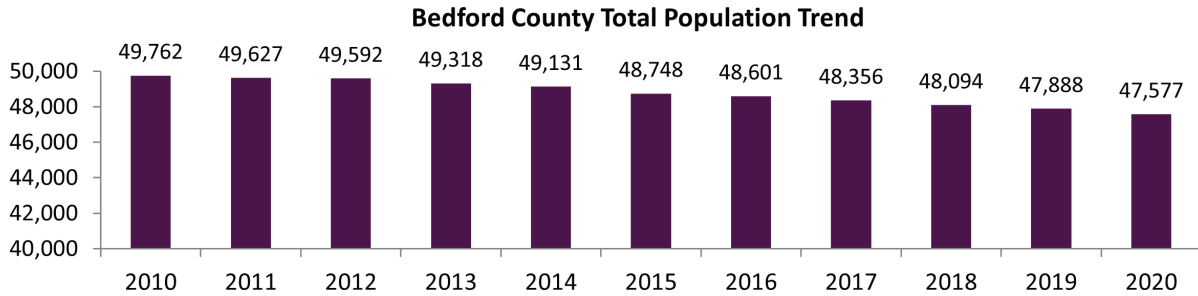
Age Distribution - 2020							
	Allegany County	Bedford County	Blair County	Somerset County	Maryland	Pennsylvania	United States
Median Age	43.8	47.6	44.3	47.0	38.8	41.0	38.8
% Children (<18)	17.7	19.5	19.8	18.1	22.0	20.4	22.1
% 18-44	33.7	27.5	30.9	29.5	35.7	34.0	35.7
% 45-64	26.7	29.5	27.0	28.9	26.3	26.5	25.4
% 65+	21.9	23.4	22.3	23.5	16.0	19.1	16.8
% 85+	2.9	2.8	3.1	3.2	1.8	2.5	1.9
% Elderly Living Alone	16.8	14.7	15.5	15.7	10.6	12.9	11.1

Source: U.S. Census

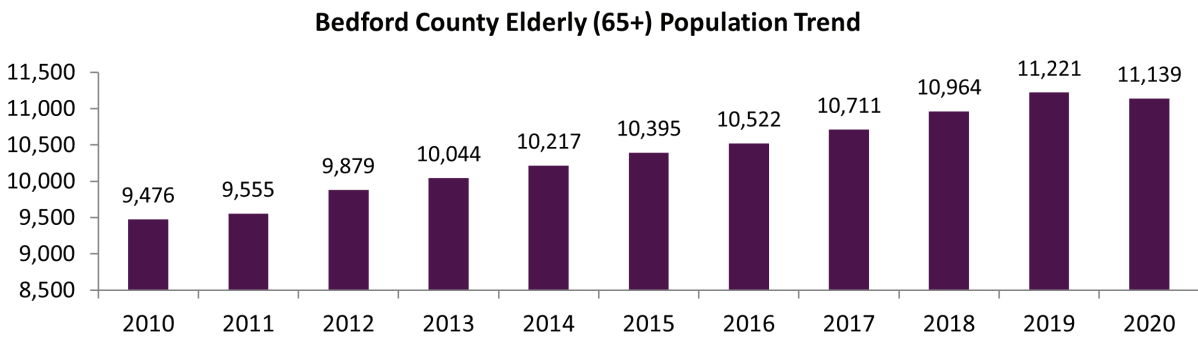
**Total Population Decreasing but Aging Population Increasing in the Region:** The total population in Bedford, Blair, Somerset, and Allegany counties has decreased since 2010, while the elderly population (age 65 and over) has increased significantly (see figures below). While the population data presented in this report is based on decennial U.S. Census figures, data through 2023 indicate that these trends continue.

### Bedford County:

**Bedford County's total population has seen a four percent decrease from 2010 to 2020.**



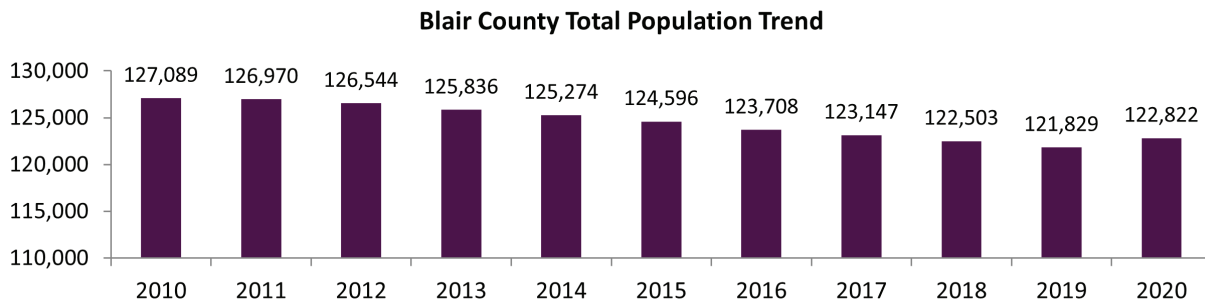
**However, the elderly population in Bedford County (65+) has seen an 18 percent increase from 2010 to 2020.**



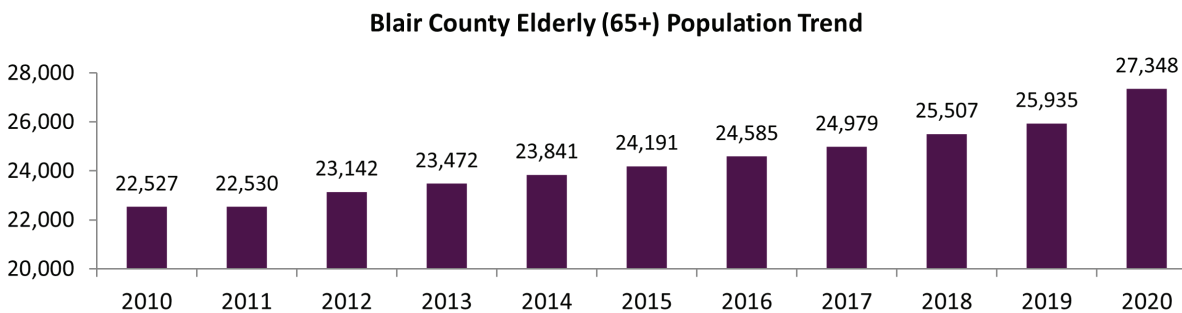
Source: U.S. Census

### Blair County:

**Blair County's total population has seen a three percent decrease from 2010 to 2020.**



**However, the elderly population in Blair County (65+) has seen a 21 percent increase from 2010 to 2020.**

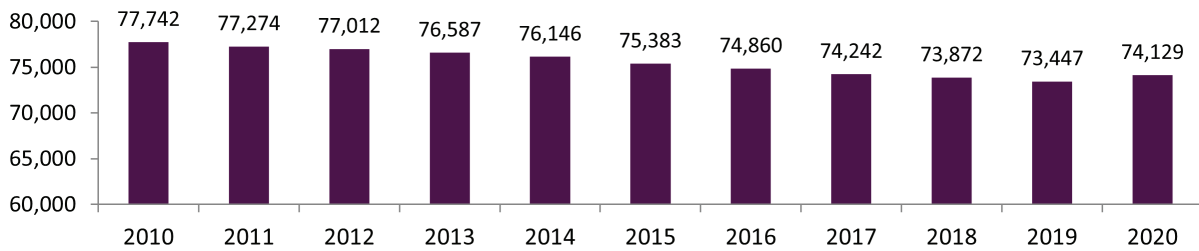


Source: U.S. Census

## Somerset County:

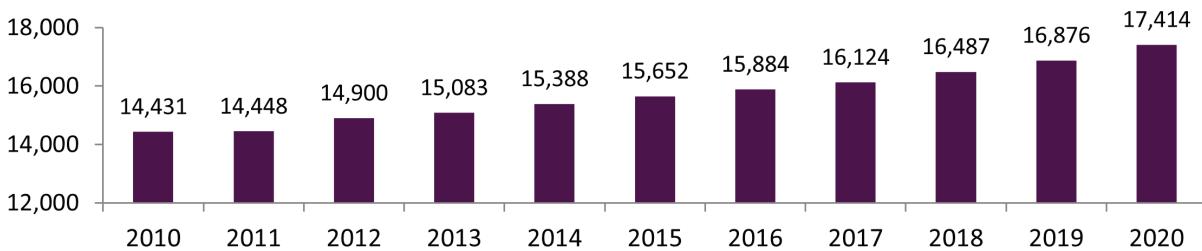
Somerset County's total population has seen a five percent decrease from 2010 to 2020.

**Somerset County Total Population Trend**



However, the elderly population in Somerset County (65+) has seen a 21 percent increase from 2010 to 2020.

**Somerset County Elderly (65+) Population Trend**

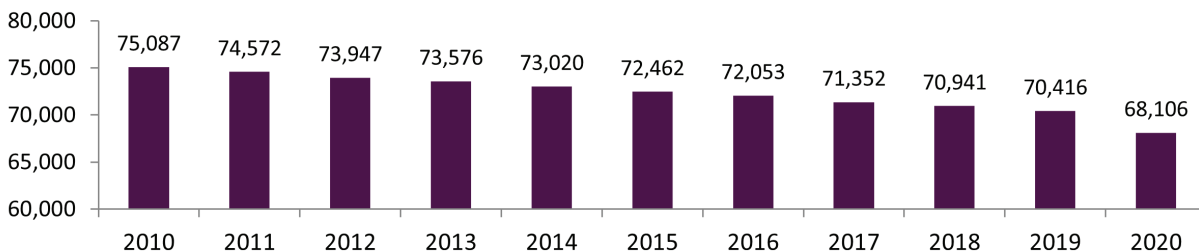


Source: U.S. Census

## Allegany County:

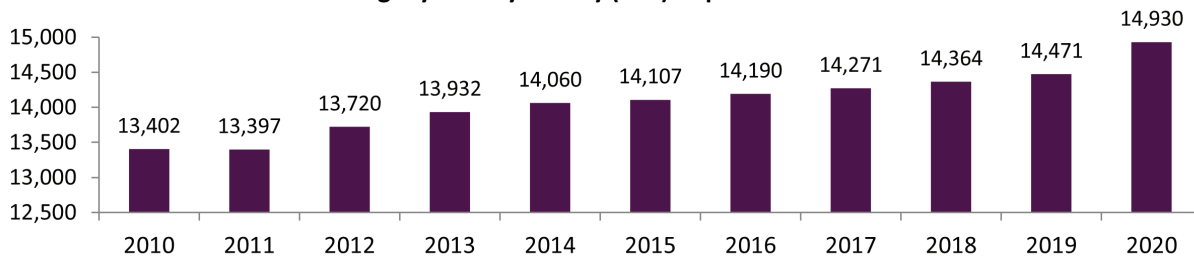
Allegany County's total population has seen a nine percent decrease from 2010 to 2020.

**Allegany County Total Population Trend**



However, the elderly population in Allegany County (65+) has seen an 11 percent increase from 2010 to 2020.

**Allegany County Elderly (65+) Population Trend**



Source: U.S. Census

**Socioeconomic Challenges in Bedford, Blair, Somerset, and Allegany Counties:** The overall population of the community faces some economic challenges when compared to state and national benchmarks.

**Bedford County tends to have:**

- A lower median household income
- More recipients of the income-based Medicaid health insurance program (See **Appendix B**)

**Blair County tends to have:**

- A lower median household income
- A higher percentage of individuals living in poverty
- More recipients of the income-based Medicaid health insurance program (See **Appendix B**)

**Somerset County tends to have:**

- A lower median household income

**Allegany County tends to have:**

- A lower median household income
- A higher percentage of individuals living in poverty
- A higher unemployment rate
- More recipients of the income-based Medicaid health insurance program (See **Appendix B**)

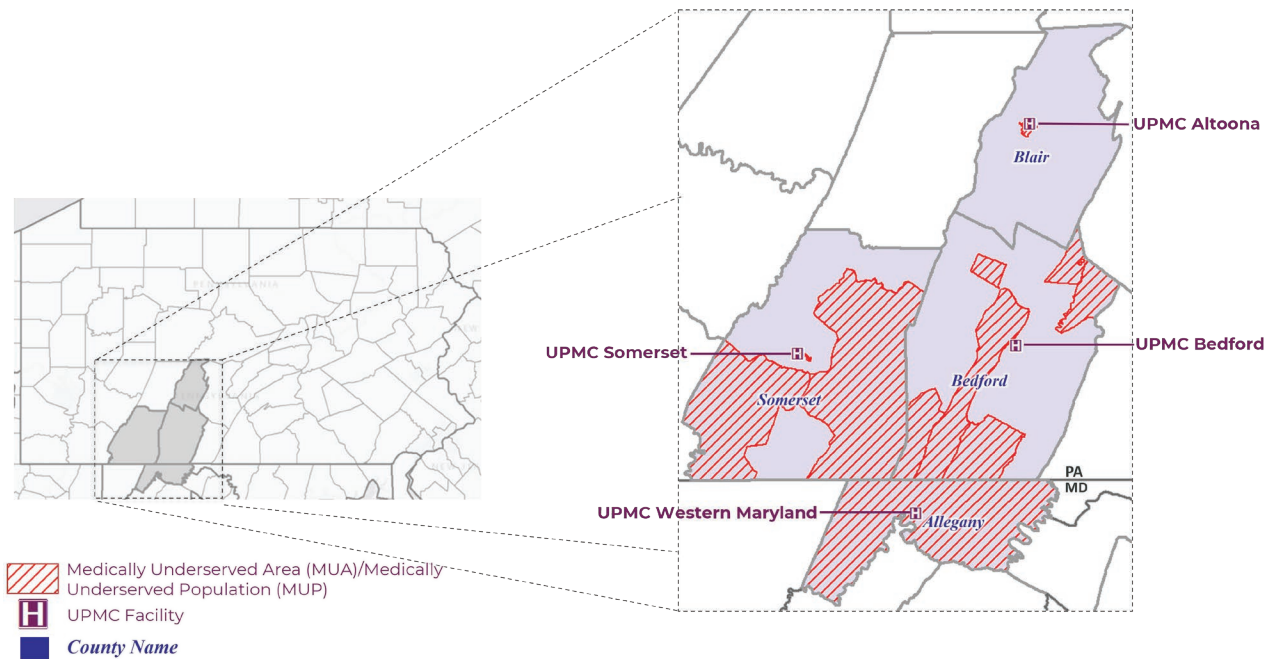
Social and Economic Population Demographics - 2020							
	Allegany County	Bedford County	Blair County	Somerset County	Maryland	Pennsylvania	United States
Median Age	43.8	47.6	44.3	47.0	38.8	41.0	38.8
Median Household Income	\$49,449	\$51,531	\$50,856	\$51,255	\$87,063	\$63,627	\$64,994
% of People in Poverty	15.6	11.2	13.8	10.7	9.0	12.0	12.8
% with No High School Diploma (among those 25+)	10.2	11.3	8.3	11.2	9.4	9.0	11.5
% Unemployed (among those 16+ in labor force)	7.5	4.5	4.7	4.8	5.2	5.4	5.4
<b>Racial Groups</b>							
% White	85.7	95.8	92.5	93.5	48.7	75.0	61.6
% African American	7.8	0.4	2.1	2.5	29.5	10.9	12.4
% Other Race	6.5	3.8	5.4	4.0	21.8	14.1	26.0

Source: U.S. Census

**Medically Underserved Areas and Populations in Bedford, Blair, Somerset, and Allegany Counties:** In Bedford, Blair, and Somerset counties in Pennsylvania, and Allegany County in Maryland, there are some neighborhoods that have characteristics of populations more likely to experience health disparities. The map that follows indicates neighborhoods and populations in the counties that are federally designated by the Health Resources & Services Administration (HRSA) as Medically Underserved Areas (MUAs) or Medically Underserved Populations (MUPs).

**The following factors are considered in the determination of MUAs and MUPs:**

- A high percentage of individuals living below the poverty level
- A high percentage of individuals over age 65
- High infant mortality
- Lower primary care provider to population ratios



**Percent Population that Lives in a HRSA-Designated Medically Underserved Area (MUA) Across the Region:**

- 37.2 percent of the Bedford County population lives in a HRSA-designated Medically Underserved Area (MUA).
- 18.2 percent of the Blair County population lives in a HRSA-designated Medically Underserved Area (MUA).
- 32.3 percent of the Somerset County population lives in a HRSA-designated Medically Underserved Area (MUA).

**The entire geographic region of Allegany County, Maryland contains HRSA-designated Medically Underserved Populations (MUPs).**

## Findings: Significant Health Needs for the Community:

Synthesizing data from the community input process and secondary data analyses for Bedford, Blair, and Somerset counties in Pennsylvania, and Allegany County in Maryland yielded three significant health needs for the community:

- Chronic Disease Management
- Behavioral Health
- Access to Care and Navigating Resources

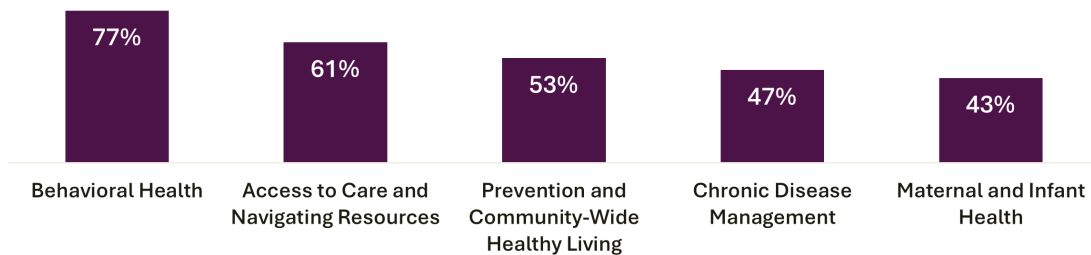
These three significant health needs were identified based on data from the community input process, earlier concept mapping efforts conducted with community participants, public health literature, and consultation with public health experts. Each need represents an area that is correlated with, and often drives, health outcomes, including mortality, quality of life, risk of hospitalization, and disease burden. In community leader surveys administered in Bedford, Blair, and Somerset counties in Pennsylvania, and Allegany County in Maryland, all three significant health needs rated highly in importance (scored above 3.8 on a scale of 1 to 5).

## Perceived Disparities Affecting Community Health:

Health disparities refer to differences in health between population groups and communities. In many instances, they are preventable differences in the burden of disease, injury, violence, or in opportunities to achieve optimal health experienced by socially disadvantaged racial, ethnic, and other population groups and communities.

The community input process assessed the extent to which disparities are perceived to exist for these significant health needs. Disparities in community health due to socioeconomic status and other non-medical factors were widely recognized by community stakeholders in the four-county region, and system-wide. A significant percentage of respondents considered disparities to be “very much” or “extremely” affecting all community health needs assessed.

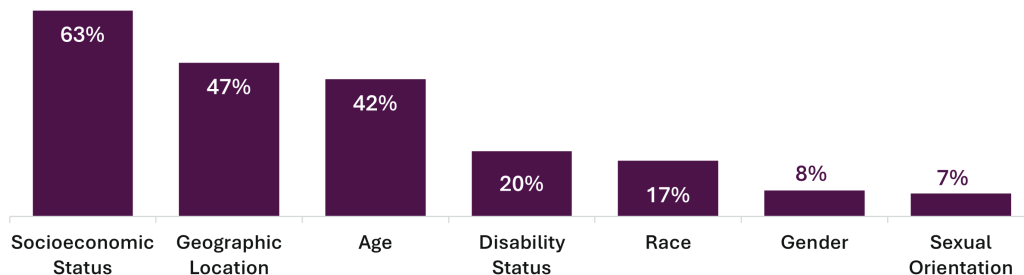
### Percent Reporting Community Health Need Is Strongly Affected by Disparities, West Central Pennsylvania and Western Maryland



*Note: Proportion reporting disparities affect community health needs “very much” or “extremely.”*

*Source: UPMC System-wide Community Input Process, 2024*

### Percent Reporting Source of Disparities in Community Health Needs, West Central Pennsylvania and Western Maryland



*Note: Proportion reporting each source contributes “very much” or “extremely” to disparities in the community health needs.*

*Source: UPMC System-wide Community Input Process, 2024*

## Chronic Disease Management — Importance to the Community:

**Chronic diseases represent the leading causes of death nationally and in the community.**

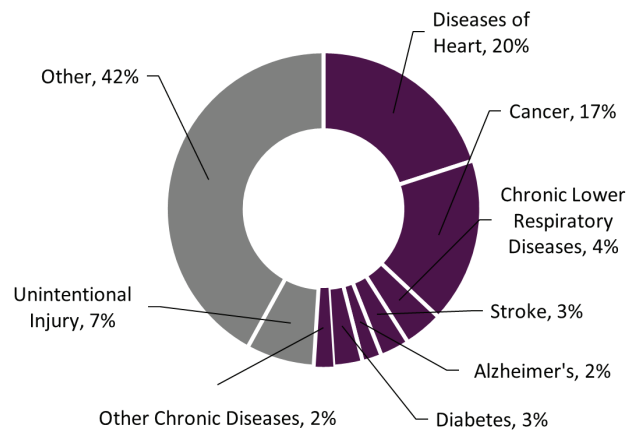
Chronic diseases are the leading cause of death nationally, in Pennsylvania and Maryland, and in the four-county region. In Bedford, Blair, Somerset, and Allegany counties, more than half of deaths are attributable to chronic disease. Chronic diseases have implications for the health and wellness and costs of care for community members.

Seniors are particularly vulnerable, as age is correlated with increased likelihood of developing chronic disease.

### Chronic Disease is a Leading Cause of Death in the Four-County Region

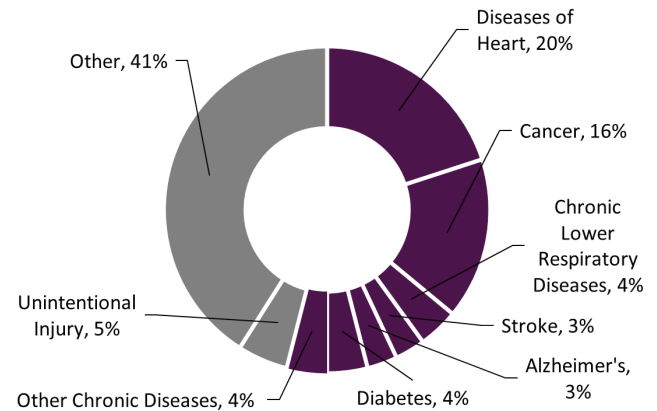
#### Bedford County

51 percent of deaths are attributable to chronic disease in the county



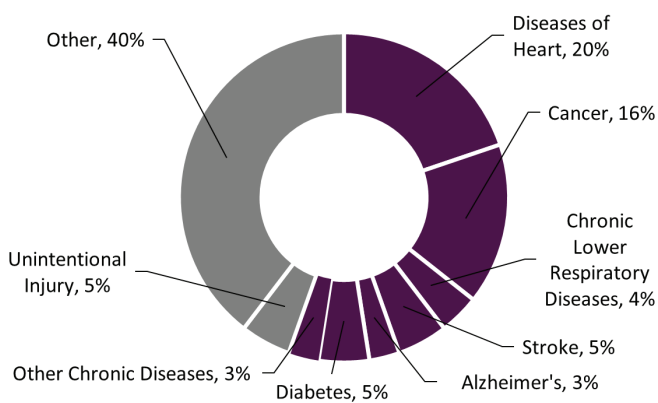
#### Blair County

54 percent of deaths are attributable to chronic disease in the county



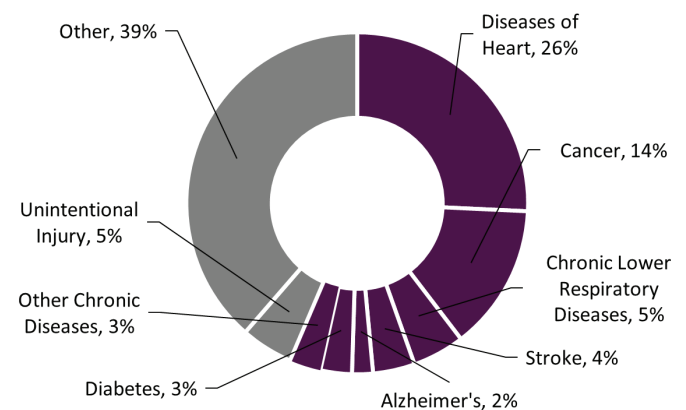
#### Somerset County

55 percent of deaths are attributable to chronic disease in the county

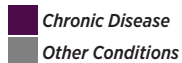


#### Allegany County

56 percent of deaths are attributable to chronic disease in the county



#### Legend:



Source: Pennsylvania Department of Health, 2021; U.S. Centers for Disease Control and Prevention, National Center for Health Statistics, 2021

### Chronic diseases have important implications for the health and wellness of the community.

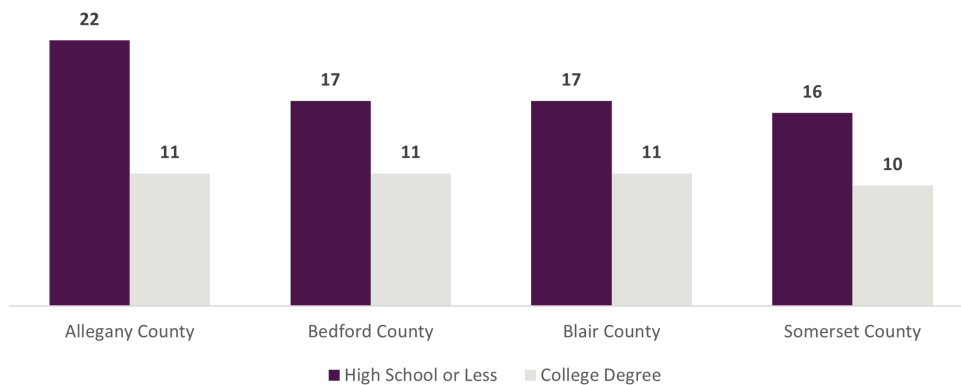
Managing chronic diseases is becoming more complex as an increasing number of individuals suffer from multiple chronic conditions or comorbidities.

Chronic Disease	Significance
Obesity	Many populations continue to see steady increases in obesity rates. Obesity is a serious health concern because it is associated with the development of other chronic diseases, including diabetes, heart disease, stroke, and cancer. More than one in five children in grades K-6 (20.6 percent) and grades 7-12 (21.5 percent) in Pennsylvania are obese. In Maryland, 21.5 percent of children 15 years of age or younger are obese, and 20.2 percent of adolescents ages 16-17 are obese.
Heart Disease	Heart disease is the leading cause of death nationally, in Pennsylvania, and in Maryland. Heart disease is responsible for one in every five national deaths.
Stroke	Stroke is the fifth leading cause of death for Americans and is responsible for nearly one out of every 20 deaths.
Respiratory Disease	Chronic lower respiratory diseases are the sixth leading cause of death nationally, in Pennsylvania, and in Maryland.
Diabetes	Diabetes is among the top 10 causes of death nationally, in Pennsylvania, and in Maryland. In Pennsylvania and Maryland, more than one in 10 adults suffer from diabetes.
Cancer	More than 1.7 million people are diagnosed with cancer each year in the United States. Cancer is the second leading cause of death nationally, in Pennsylvania, and in Maryland.

### Risks for chronic diseases vary across population segments in Bedford, Blair, Somerset, and Allegheny counties, with differences demonstrated for some medically underserved, low-income, and minority populations.

Public health data suggest that lower education and income are often associated with increased prevalence of certain chronic diseases. For example, the percentage of adults in the region who have a high school education or less were more likely to report having diabetes, compared to those with a college degree.

#### Percent of Adults Who Were Ever Told They Have Diabetes, by Education



Source: Pennsylvania Department of Health, 2020-2022; Maryland Department of Health, 2021

## Behavioral Health — Importance to the Community:

**Access to behavioral health services, including assistance to combat opioid and substance use disorders, has significant community health implications.**

Behavioral health disorders include a spectrum of conditions, such as anxiety, depression, and bipolar disorder, as well as substance use disorders, such as opioid addiction or alcohol abuse. Behavioral health conditions are among the most common health conditions in the nation.

Public health research has shown that individuals with a behavioral health condition are at greater risk of developing a wide range of physical health problems (e.g., chronic diseases).

**Behavioral Health Issues Are Widespread Across the Population Nationally and in Bedford, Blair, Somerset, and Allegany Counties**



Source: U.S. Centers for Disease Control and Prevention (CDC)

The percentage of adults who reported experiencing poor mental health in the past month was 36 percent in Bedford and Blair counties, 40 percent in Somerset County, and 43 percent in Allegany County.

**Behavioral health needs occur at higher rates for some medically underserved, low-income, and minority sub-populations in the community. For example:**

- In Bedford and Blair counties in 2020-2022, 20 percent of adults with a high school education or less reported ever being diagnosed with a depressive disorder (including depression, major depression, minor depression, or dysthymia), compared to 16 percent with a college degree.
- In Somerset County in 2019-2021, 17 percent of adults with a high school education or less reported poor mental health 14 or more days in the past month, compared to 13 percent with a college degree.
- In Allegany County in 2021, 57 percent of adults whose annual income is less than \$25,000 reported experiencing poor mental health one or more days in the past month, compared to 44 percent that earned \$50,000 or more annually.

Source: Pennsylvania Department of Health, 2019-2022; Maryland Department of Health, 2021

**Opioid and substance use disorders are an epidemic of concern in Pennsylvania, Maryland, and the United States.**

Nationally in 2022, approximately 48.7 million people 12 years or older had a substance use disorder (SUD) associated with alcohol or illicit drug use in the past year. Pennsylvania has also been affected by the opioid epidemic. In Pennsylvania, 84 percent of drug overdose deaths involved opioids in 2022 — a total of 4,354 fatalities. The Shapiro administration has joined a national opioid settlement case against companies responsible for fueling the opioid addiction crisis and has directed the sedative xylazine to be classified as a controlled substance due to its dangerous lengthening of opioid effect. In Maryland, nearly 90 percent of drug overdose deaths involved opioids in 2021 — a total of 2,507 deaths.

	Bedford County	Blair County	Somerset County	Allegany County	Pennsylvania	Maryland
Drug overdose mortality rate per 100,000 population	34	32	29	51	39	43

Source: Robert Wood Johnson County Health Rankings & Roadmaps, 2024

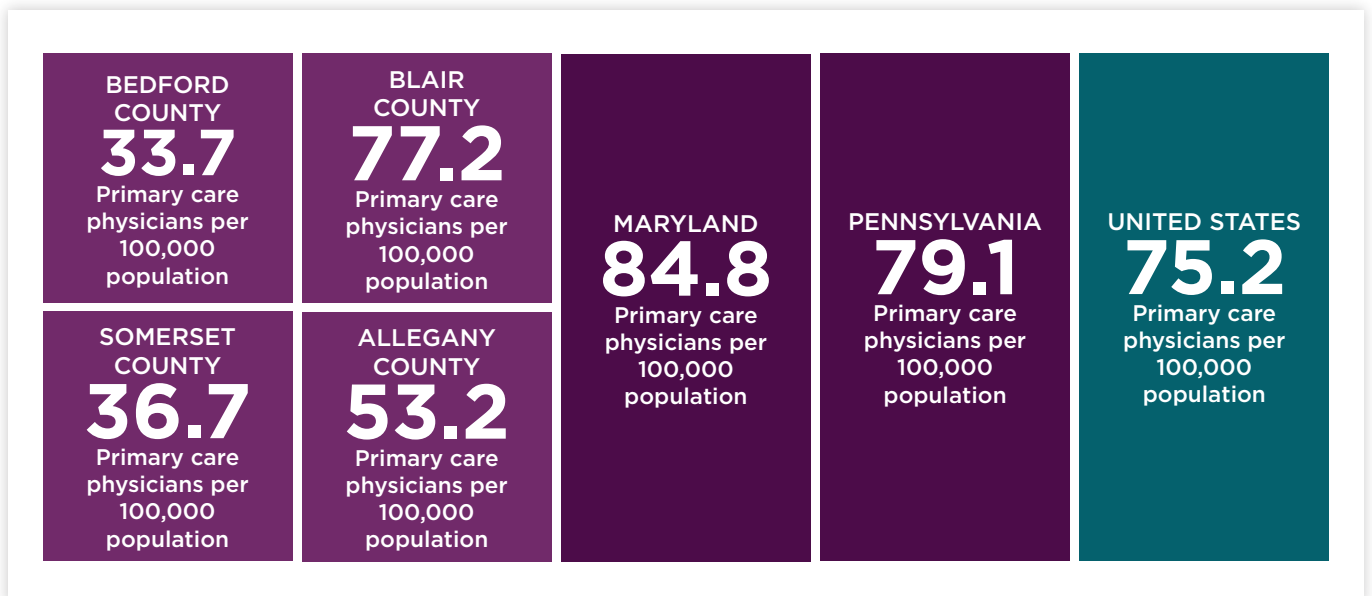
## Access to Care and Navigating Resources — Importance to the Community:

**Access to health services and navigating the health care system contribute to positive health outcomes.** Access to care and navigating resources have important implications for the health of the community in a variety of ways, including preventing disease and disability, detecting and treating illnesses or conditions, managing chronic disease, reducing preventable hospitalization, and increasing quality of life.

Primary care services can play a key role in facilitating access. Those without access to usual sources of primary care, such as a primary care physician, are less likely to receive preventive services, such as recommended screenings.

**Primary care physician supply in Bedford, Somerset, and Allegany counties is lower compared to state and national benchmarks, while Blair County primary care physician supply is comparable to state and national benchmarks. The region contains a number of Health Professional Shortage Area (HPSA) designations, defined as geographic areas, population groups, or facilities that indicate health provider shortages.**

### Primary Care Physicians Per 100,000 Population



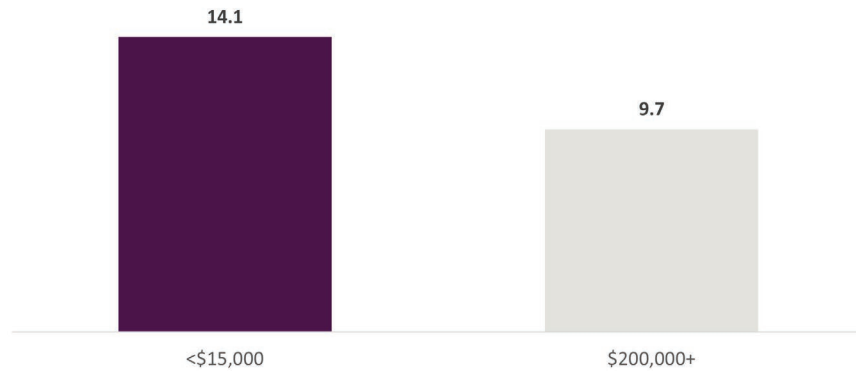
Source: Robert Wood Johnson County Health Rankings & Roadmaps, 2024

More than one in 10 adults in Allegany, Bedford, and Blair counties, and nearly one in 10 adults in Somerset County reported that they do not have a personal health care provider. Similarly, access to specialty care is an important part of disease care and management, but patients may encounter challenges accessing services.

**Available and ready access to primary care services has implications for medically underserved, low-income, and minority populations.**

In Pennsylvania in 2022, those with lower levels of income were more likely to report not having a primary care provider compared to those with higher income. A similar trend was seen in Maryland.

**Percent of Pennsylvania Adults That Report Not Having a Personal Health Care Provider, by Household Income**



Source: U.S. Centers for Disease Control and Prevention, 2022

**Percent of Maryland Adults That Report Not Having a Personal Health Care Provider, by Household Income**



Source: Maryland Department of Health, 2022

**Navigating resources can present barriers to patients in need.**

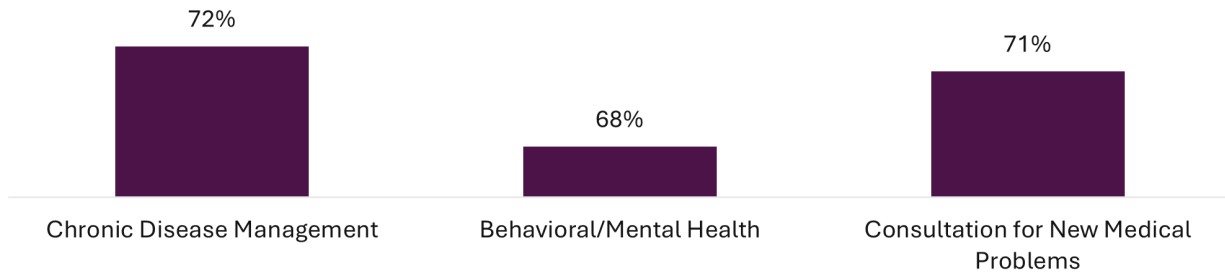
Even with an adequate supply of providers, navigating the health care system can be challenging for some patients and families.

### Perceived Ease of Arranging Telehealth Appointments:

Telehealth is defined as the use of electronic information and telecommunication technologies to support long-distance clinical health care, patient and professional health-related education, health administration, and public health. Its practice continues to evolve and can serve a role in expanding access to care, especially for those in rural and/or underserved areas.

The community input process assessed the ease of arranging telehealth appointments across three health domains — chronic disease management, behavioral/mental health, and consultation for new medical problems. A majority of respondents in west central Pennsylvania and western Maryland felt that it was “somewhat” or “moderately” easy to arrange a telehealth appointment across all three domains.

### Percent Reporting Somewhat or Moderate Ease of Arranging a Telehealth Appointment, West Central Pennsylvania and Western Maryland



Source: UPMC System-wide Community Input Process, 2024

## Prevention and Community-Wide Healthy Living — Importance to the Community:

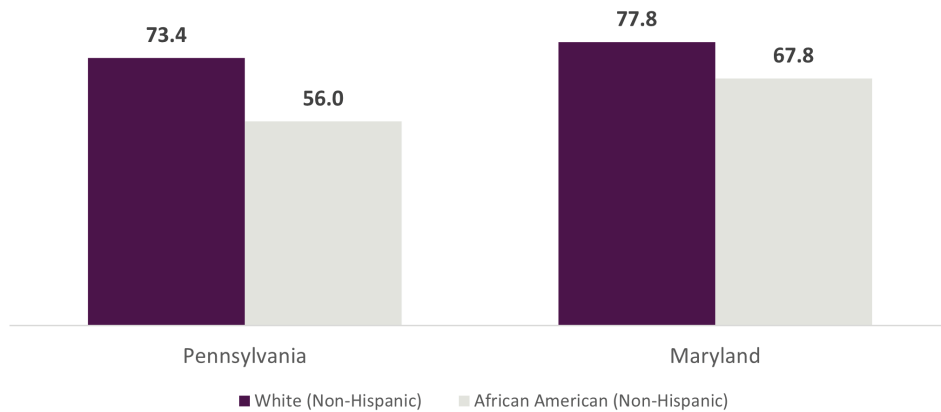
### Preventive care and wellness efforts are effective tools to improve community health.

Preventive care efforts, such as preventive screenings, can help identify diseases early, improve management of diseases, and reduce costs.

### Medically underserved, low-income, and minority populations may be less likely to access or receive preventive care.

In Pennsylvania and Maryland in 2022, more White, non-Hispanic residents ages 65+ reported receiving a flu shot in the past 12 months compared to African American, non-Hispanics.

### Percent of Adults Ages 65+ Having a Flu Shot in the Past 12 Months by Race/Ethnicity



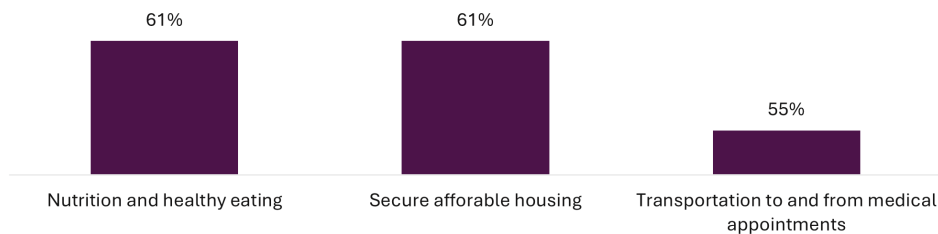
Source: U.S. Centers for Disease Control and Prevention, 2022

### Unmet health-related social needs (lack of affordable housing, food insecurity, and unemployment) are associated with negative health outcomes.

Health-related social needs (HRSN) are the economic and social conditions that impact health, including housing instability, food insecurity, and unemployment. Academic research and government agencies continue to study the impact of health-related social needs on health outcomes. Research shows a strong association between health-related social needs and the incidence and severity of disease, life expectancy, and overall well-being.

The community input process assessed the extent to which the community faces these barriers; this parallels the domains of interest proposed by The Joint Commission to assess health-related social needs. According to respondents, the top three perceived health-related social needs in west central Pennsylvania and western Maryland are nutrition and healthy eating, securing affordable housing, and transportation to and from medical appointments.

### Percent Reporting Difficulty Accessing Resources for Health-Related Social Needs, West Central Pennsylvania and Western Maryland



Note: Proportion reporting “very much” or “extreme” difficulty accessing resources for health-related social needs

Source: UPMC System-wide Community Input Process, 2024

### Prevention also includes efforts to keep the community safe.

Accidental, or unintentional injury, is the fourth leading cause of death nationally and in Pennsylvania, and the fifth leading cause of death in Maryland. Interpersonal safety (accidental/unintentional injury, violence) may disproportionately impact minority populations nationwide. While safety from violence is a concern for all, Black adolescents and young adults are at a disproportionately higher risk of physical violence and homicide than White adolescents and young adults.

## UPMC Is Working to Address Significant Health Needs:

UPMC hospitals in Bedford, Blair, Somerset, and Allegany counties are dedicated to addressing significant health needs in the community. UPMC hospitals in west central Pennsylvania and western Maryland continue to build an extensive suite of programs and services to address the three significant health needs of chronic disease management, behavioral health, and access to care and navigating resources. UPMC hospitals leverage community-based partnerships and system-wide resources to support residents in need.

### Chronic Disease Management

UPMC hospitals in the region are working to increase awareness, prevention, and management of chronic diseases in the community, with concentrated efforts on cancer, diabetes, and heart disease and stroke. Efforts include providing education, outreach, screenings, and risk assessments to promote early detection and management of chronic diseases and improving access to high-quality, comprehensive cardiology and cancer care.

### Behavioral Health

UPMC hospitals in the region continue to address behavioral health needs in the community through a range of programs and services. Efforts include providing interventions and care coordination for behavioral health patients, facilitating a warm hand-off program in the Emergency Department to help connect patients to substance use services, and offering prevention education through school partnerships.

### Access to Care and Navigating Resources

UPMC hospitals in the region are working to enhance access to primary and specialty care to help decrease the need to travel outside the community for care. Efforts include recruiting providers to the community, leveraging telemedicine services to increase access to specialty care, and improving community member awareness of appointment and provider availability.

2025 Significant Health Needs in Bedford, Blair, Somerset, and Allegany Counties			
UPMC Hospitals in Bedford, Blair, Somerset, and Allegany Counties	Chronic Disease Management	Behavioral Health	Access to Care and Navigating Resources
UPMC Altoona			✓
UPMC Bedford			✓
UPMC Somerset	✓	✓	
UPMC Western Maryland	✓		✓

# IV

## UPMC HOSPITALS: COMMUNITY HEALTH IMPROVEMENT PROGRESS AND PLANS

### 2022-2025 Progress Reports and 2025-2028 Implementation Plans by Hospital

#### Charting Progress: Reflecting on the Impact UPMC Has Had Over the Past Three Years:

Each UPMC hospital in west central Pennsylvania and western Maryland has worked to continuously improve community health since the last CHNA cycle. The following reports showcase the extensive range of innovative programs and initiatives these hospitals have put in place to promote community health and well-being.

#### Moving Forward: Continuing to Promote Health and Well-Being in the Community:

To address the significant community health needs identified through the 2022 CHNA process, each UPMC hospital in west central Pennsylvania and western Maryland developed an implementation plan. The hospital plan relies on collaboration and partnership with many of the same organizations and stakeholders that participated in the assessment process. In addition, the plan considers input from:

- Community-based organizations
- Government organizations
- Non-government organizations
- UPMC hospital and Health Plan leadership
- Public health experts that include Pitt Public Health

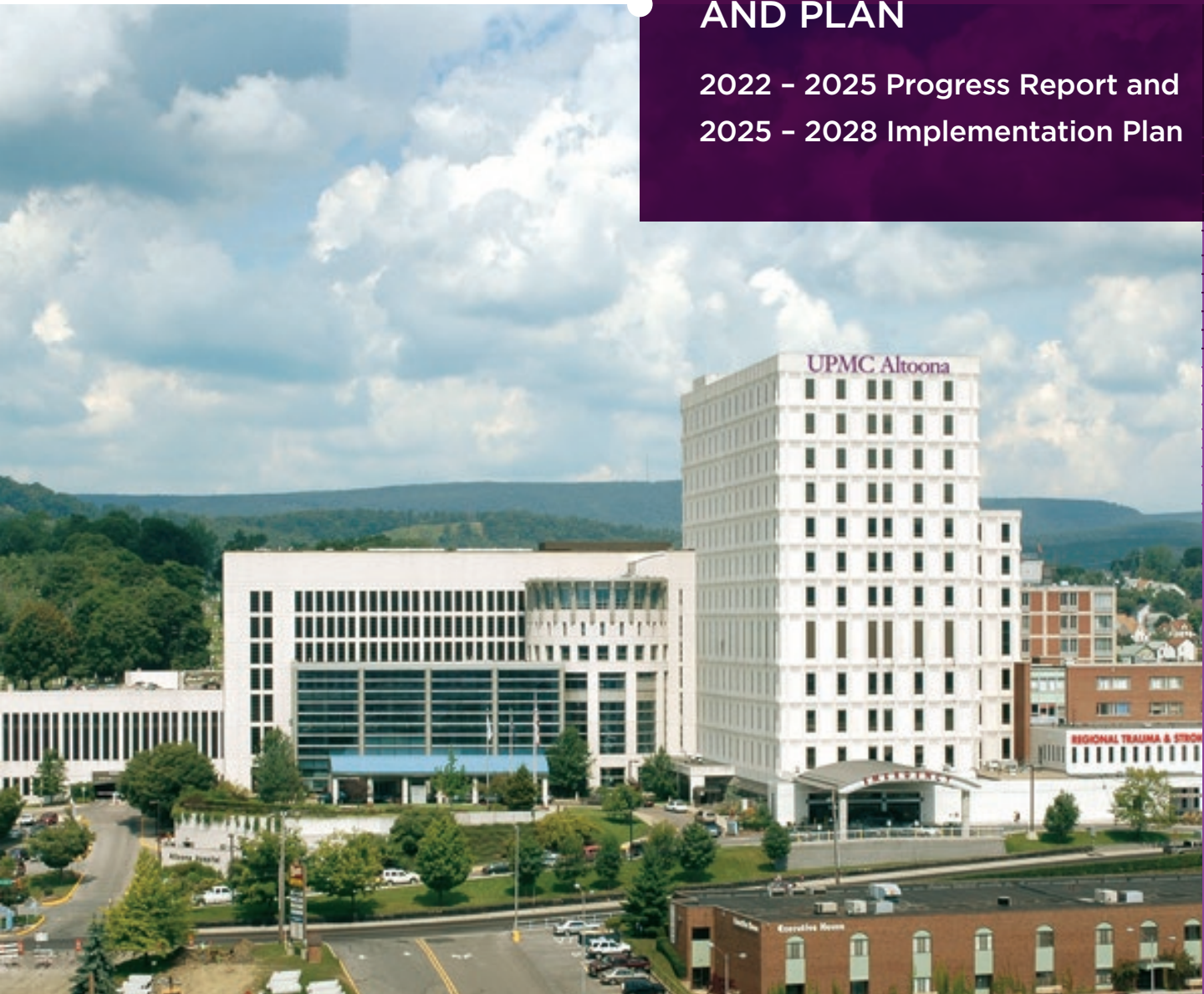
The following section contains a description of each hospital, its 2022 CHNA priorities, a progress report documenting initiatives taken to respond to those priorities over the 2022 to 2025 time period, and the hospital's CHNA priorities and implementation plan for 2025 to 2028.

UPMC Altoona .....	29
UPMC Bedford .....	42
UPMC Somerset .....	51
UPMC Western Maryland .....	63



## COMMUNITY HEALTH IMPROVEMENT PROGRESS AND PLAN

2022 - 2025 Progress Report and  
2025 - 2028 Implementation Plan




UPMC | ALTOONA

## Caring for the Community

UPMC Altoona is a nonprofit, 398-bed tertiary care teaching hospital located in Blair County, Pennsylvania. In operation since 1886, the hospital became affiliated with UPMC in 2013 and now serves as its regional hub in west central Pennsylvania. It is the largest employer in the county and delivers an array of specialized programs and services to the residents of Blair County and surrounding areas, including medical, surgical, behavioral health, obstetrics, and advanced wound care.

Known for its expertise in trauma care, stroke care, and advanced cardiothoracic, neurological, and vascular surgery, UPMC Altoona stands apart from other hospitals in the region. UPMC Altoona's designated adult Level II Trauma Center and Primary Stroke Center serve patients in a 20-county region, and comprehensive programs for cancer care, heart and vascular services, neurosurgery, and other specialized minimally-invasive and robotic surgical services, draw patients from across the area. Since affiliating with UPMC, the hospital has benefited from a \$250 million commitment to improve health care facilities and services for patients.

	VITAL STATISTICS Calendar Year 2023		JOBS AND STRENGTHENING THE LOCAL ECONOMY	
	Licensed Beds	390	Employees	2,388
	Hospital Patients	21,302	Community Benefits Contributions	\$64.0 million
	Emergency Dept. Visits	47,770	Free and Reduced Cost Care	\$26.5 million
	Total Surgeries	11,861	Total Economic Impact of Hospital Operations	\$847.6 million

## Addressing the Community's Significant Health Needs

When the Fiscal Year 2022 CHNA was conducted, UPMC Altoona affirmed the following significant health needs:

UPMC   ALTOONA	
COMMUNITY-WIDE HEALTH NEEDS: 2022-2025	
CHRONIC DISEASE MANAGEMENT	Heart Disease and Stroke
BEHAVIORAL HEALTH	Opioid Addiction and Substance Abuse Access to Behavioral Health Services
ACCESS TO CARE AND NAVIGATING RESOURCES	Primary Care Specialty Care
PREVENTION AND COMMUNITY-WIDE HEALTHY LIVING	Health-Related Social Needs

## Chronic Disease Management

### Heart Disease and Stroke

UPMC Altoona helped educate community members and health care professionals about recent advances in the prevention, early detection, and treatment of heart disease and stroke. UPMC Altoona recruited additional physicians, including cardiologists and neurologists, to provide care to chronic disease patients.

#### GOAL:

Improve the health of residents in the community through education, early detection, and treatment of chronic disease

#### STRATEGIES:

Improve the health and well-being of area residents through education and promotion of healthy lifestyle practices

Provide heart disease and stroke education to health care professionals, raising awareness of current treatments and services

Enhance patient access to specialists

#### ACTIONS:

- ✓ Provide heart disease and stroke education and screenings
- ✓ Educate health care professionals about current treatments for heart disease and stroke to help improve patient care and outcomes
- ✓ Recruit physicians to UPMC Altoona Regional Health Services, with a focus on cardiologists and neurologists

#### TARGET POPULATIONS:

- General Community

#### PROGRAMS:

- Community education programs to include healthy nutrition, diabetes education, exercise, and stroke education
- Prevention programs and screenings to include early detection and assessment of risk factors
- Health care professional education programs
- Recruitment of cardiologists and neurologists

#### PROGRESS:

### MAKING A MEASURABLE IMPACT IN THE COMMUNITY (2022-2025)



**Earned the Thrombectomy-Capable Stroke Center (TSC) Certification from The Joint Commission**  
(September 2022)



**74** Community Education and Prevention Programs Offered  
(July 2022 – December 2023)

## PROGRESS HIGHLIGHTS:

### Promoting Healthy Lifestyles through Education and Screenings

UPMC Altoona continues to collaborate with community partners, including the Healthy Blair County Coalition (HBCC) and the Rotary Club of Hollidaysburg, to implement programs throughout the region that promote healthy lifestyles. Efforts over the past three years include:

- **Let's Move Blair County:** As a member of the HBCC, UPMC Altoona helped host the annual Let's Move Blair County event at Lakemont Park on June 23, 2023, with 200 community residents participating in health education and screening activities. Let's Move Blair County promotes obesity prevention, such as eating healthier and engaging in physical activity throughout the community.
- **Blair County Active Living Brochure:** UPMC Altoona contributed to the HBCC's work to develop and distribute an updated Blair County Active Living Brochure, which helps increase awareness and use of local health and fitness venues. The brochure lists the location of community and state parks, gyms and fitness centers, and trails and water recreation opportunities in Blair County.
- **Annual Low-Cost Blood Screening Program:** The hospital continues to sponsor an annual screening program that offers blood tests at a discounted rate — in October 2023, the program served 281 individuals. This blood screening program assists in the early detection of leading health risks in the region, including anemia, coronary heart disease, glucose intolerance and diabetes, and kidney and liver disease.
- **Mammography Screenings and Support Groups:** In separately scheduled events, UPMC Altoona provided walk-in mammography screenings, in partnership with UPMC Hillman Cancer Center and UPMC Magee-Womens Hospital; cancer education and support groups, in partnership with the American Cancer Society in Blair County; and stroke support groups and education, in collaboration with the UPMC Rehabilitation Institute at UPMC Altoona.

### Providing Heart Disease and Stroke Education to Health Care Professionals

To help improve patient outcomes, UPMC Altoona provides education to health care professionals about current treatments for heart disease and stroke. Over the past three years, the hospital presented stroke research, didactic training, and case presentations on Acute Stroke Care at the fifth and sixth Annual Acute Neurovascular Symposium — educating more than 500 professionals. The hospital also provided virtual and in-person cardiology education programs for UPMC providers, in partnership with UPMC Heart and Vascular Institute.

### Enhancing Patient Access to Specialists

UPMC Altoona continues to recruit physicians to the area, focusing on cardiologists and neurologists. Over the past three years, the hospital recruited five physicians — a non-invasive cardiologist, an interventional cardiologist, an interventional neurologist, and two outpatient neurologists.

### Demonstrating Commitment to a Higher Standard of Cardiovascular Care

- **Thrombectomy-Capable Stroke Center:** In September 2022, UPMC Altoona earned the Thrombectomy-Capable Stroke Center (TSC) Certification from The Joint Commission in collaboration with the American Heart Association/American Stroke Association (AHA/ASA). The new designation reflects an upward progression in clinical capabilities and quality measures for advanced stroke care, including care offered 24 hours a day, seven days a week, with onsite access to groundbreaking mechanical thrombectomy procedures.
- **HeartCARE Center Designation:** In March 2023, the American College of Cardiology (ACC) recognized UPMC Altoona for its commitment to a comprehensive, high-quality culture and cardiovascular care. UPMC Altoona was awarded the HeartCARE Center designation, which is the highest level of excellence recognized by the ACC. UPMC Altoona is the first hospital in the UPMC system to be awarded such a designation — only three other facilities in Pennsylvania are recognized as HeartCARE Centers. The designations are reviewed and awarded annually to ensure that all facilities continue to meet the criteria of a highly-regarded and sustainable quality improvement program.

### Blair County Rises in County Health Rankings

Blair County ranked #44 out of 67 Pennsylvania counties in the 2023 county health rankings report by the Robert Wood Johnson Foundation. This is a 19-county improvement from #63 in 2010.

### COMMUNITY PARTNERS:

American Cancer Society – Blair County, American Heart Association, emergency services providers, Family Hospice – Part of UPMC, Healthy Blair County Coalition, Hollidaysburg Rotary Club, Look Good Feel Better Foundation, physician recruitment firms, service area rural hospitals, UPMC Altoona Regional Health Services, UPMC Health Plan, UPMC Heart and Vascular Institute, UPMC Hillman Cancer Center, UPMC Locum Clinicians, UPMC Magee-Womens Hospital, UPMC Office of Graduate Medical Education, UPMC Rehabilitation Institute

## Behavioral Health

### Opioid Addiction and Substance Abuse, Access to Behavioral Health Services

UPMC Altoona is addressing opioid addiction and substance abuse in the community through early identification of patients at-risk of substance use disorder and timely referrals for intervention and treatment. The hospital continued to provide Medication-Assisted Treatment (MAT), the use of medications in combination with counseling and behavioral therapies to treat opioid addiction, to expectant mothers with substance use disorder, and expanded MAT to Family Medicine offices. UPMC Altoona also focused efforts on increasing access to behavioral health services in the community and continued to provide on-site behavioral health crisis intervention services.

#### GOAL:

Increase access to intervention and treatment services for substance use disorders

Reduce patient wait times to access behavioral health services in the region

#### STRATEGIES:

Train new family medicine residents in the use of Screening Brief Intervention and Referral to Treatment (SBIRT) for substance use disorder and mental health needs, with case manager referrals to appropriate agencies

Continue to provide Medication-Assisted Treatment (MAT) to expectant mothers with substance use disorder

Help improve patient health through reduced dependence on opioids at Altoona Family Physicians family medicine practice

Provide community outreach and education

#### ACTIONS:

- ✓ Conduct SBIRT training to onboard new family medicine residents
- ✓ Identify patients at-risk for substance use disorder and patients with mental health needs and provide referrals to intervention and treatment
- ✓ Improve the health of expectant mothers and their babies through reduced dependence on opioids
- ✓ Explore opportunities to expand MAT to family medicine practices
- ✓ Provide on-site crisis intervention
- ✓ Provide community education on suicide prevention

#### TARGET POPULATIONS:

- General community
- Women

#### PROGRAMS:

- Screening, Brief Intervention, and Referral to Treatment (SBIRT) training
- Medication-Assisted Treatment (MAT)
- Physician recruitment
- Continue to provide Behavioral Health Crisis Center's Mobile Crisis Team Program
- Provide training in the effective use of the Columbia-Suicide Assessment

**PROGRESS:****MAKING A MEASURABLE IMPACT IN THE COMMUNITY (2022-2025)**

**Developed an Emergency Psychiatric Assessment Treatment and Health Unit (EMPATH Unit)**  
(July 2022 – December 2023)



**100% New Family Medicine Residents Trained in SBIRT**  
(July 2022 – December 2023)

**PROGRESS HIGHLIGHTS:****Conducting Screenings and Referring Patients to the Appropriate Level of Care**

UPMC Altoona, in collaboration with Altoona Family Physicians and UPMC Altoona's Family Medicine Residency program, continues to provide early identification of patients at risk for substance abuse through Screening, Brief Intervention, and Referral to Treatment (SBIRT) and provides referrals as needed.

Since 2018, UPMC Altoona and its partners have continued to implement SBIRT, an approach to delivery of early intervention and treatment to people with substance use disorders and those at risk of developing substance use disorders. SBIRT is a tool that can be used by health care professionals in multiple care and treatment settings, including primary care offices and pregnancy care centers, who have established relationships with patients. UPMC Altoona partnered with the Blair County Drug and Alcohol program, Altoona Family Physicians, the Healthy Blair County Coalition, and UPMC Altoona's Family Medicine Residency program to provide:

- **More than 30,000 patient screenings using SBIRT:** Since implementation of SBIRT in June 2018, a total of 30,741 patients have been screened at Altoona Family Physicians, 5,959 brief interventions were performed for patients with positive screenings, and 117 patients were referred to treatment. Beginning in 2022, providers screen all new patients 18 years and older, and screen established patients during annual wellness visits.
- **SBIRT training for new family medicine residents:** UPMC Altoona Family Physicians incorporated SBIRT training into new family medicine resident orientation. To date, 100 percent of all new family medicine residents were trained in SBIRT.

**Expanding Access to Medication-Assisted Treatment for Opioid Use Disorders**

UPMC Altoona enhanced efforts to expand MAT services to patients with substance use disorder.

- **Caring for expectant mothers with opioid use disorders:** The UPMC Pregnancy Recovery Center is another SBIRT site for pregnant patients with opiate disorders. If a patient is identified as an individual with an opioid use disorder, they are treated with MAT and are followed by a multi-disciplinary team, consisting of family physicians, drug and alcohol counselors, nurses, and the program social worker. The Pregnancy Recovery Center accepts Medicaid or Medicaid-eligible patients from within UPMC's Pregnancy Care Center and from external referral sources.
- **Expanding MAT to Family Medicine Practices:** In May 2023, UPMC Altoona Family Physicians arranged for MAT services to become available for patients, increasing access to treatment through local primary care offices.

**Providing On-Site Crisis Intervention**

UPMC Altoona's Behavioral Health Department's Crisis Center continues to provide on-site, face-to-face mental health services for individuals and families experiencing a behavioral health crisis and to provide intervention in situations to prevent them from escalating into crises. Accomplishments over the past three years include:

- **Expanding mobile crisis services with grant support:** UPMC Altoona's Mobile Crisis Team, part of UPMC Altoona's Behavioral Health Department's Crisis Center, received a Mobile Crisis expansion grant from the Office of Mental Health and Substance Abuse Services (OMHSAS). From July 2021 to June of 2023, the grant was used to expand mobile crisis services in the community. Efforts include:

- > **Expanded staffing:** Hired three additional full-time crisis clinicians and a part-time peer support staff.
- > **Educated staff:** Provided Applied Suicide Intervention Skills Training (ASIST) and Critical Incident Stress Management (CISM) trainings to staff.
- > **Increased availability of services:** Obtained another vehicle, laptop computers, and cell phones to conduct mobile crisis assessments in the community 24 hours a day.
- > **Developed a system for warm hand-offs to help ensure patient follow-up:** Developed processes for warm hand-offs to link patients to additional treatment and services, such as assessments for inpatient psychiatric hospitalization and connection with care in the community after discharge.
- **Launched the therapeutic milieu:** UPMC Altoona's Crisis Center launched the therapeutic milieu at the Crisis Center, staffed by mental health peer support staff. After being assessed by a crisis clinician, and if there are no emergency needs identified, a patient may remain at the Crisis Center and meet with peer support staff to talk, take a break from daily stress, develop coping/life skills, or get connected to long-term care and support.
- **Increased demand for services:** The Crisis Center saw a 3.5 percent increase in telephone contacts, a 20.5 percent increase in walk-in visits, and a 32.5 percent increase in mobile visits in 2023.

### Raising Awareness of Suicide Prevention

- **Initiated planning efforts to develop new behavioral health unit:** UPMC Altoona partnered with the Blair Drug and Alcohol Program, City of Altoona, Blair County, Pennsylvania Department of Drug and Alcohol Program, and the U.S. Department of Health Resources and Services to secure funding for an Emergency Psychiatric Assessment Treatment and Health Unit (EMPATH Unit) at UPMC Altoona. UPMC Altoona is in the planning phase of the development of the EMPATH unit, which is designed for acute psychiatric patients to receive assessment and treatment.
- **Suicide prevention efforts:** UPMC Altoona continued to collaborate with the Healthy Blair County Coalition (HBCC) Mental Health and Suicide Prevention work group on suicide awareness and prevention initiatives. This work includes:
  - > Sponsoring a Blair County Suicide Prevention Summit.
  - > Partnering with PS Solutions to fund the development of a free Columbia Protocol app for suicide awareness and prevention, a resource for schools and first responders.
  - > Participating in a Garrett Lee Smith (GLS) suicide prevention initiative to assess areas of need for the community. As a result of the assessment, efforts are being coordinated to develop awareness/infrastructure for suicide prevention efforts, increase awareness of screening efforts, and improve reentry procedures and protocols (post care).
  - > Partnering with Community Care Behavioral Health Organization, part of UPMC Insurance Services Division, to provide resources related to the impact of social media use on adolescent mental health.
  - > Partnering with a Zero Suicide initiative to offer a four-month community of practice, which meets bi-weekly for education and training.

#### COMMUNITY PARTNERS:

Altoona Family Physicians, Blair County, Blair County Department of Social Services, Blair County Drug and Alcohol Partnership, Blair County pharmacies, Blair County Suicide Prevention Task Force, Community Care Behavioral Health Organization, Emergency Medical Service providers and police officers, Healthy Blair County Coalition, Healthy Blair County Coalition – Mental Health Work Group, physician recruitment firms, UPMC Locum Clinicians, UPMC Office of Graduate Medical Education, UPMC of the Alleghenies – Western Behavioral Health, UPMC Western Psychiatric Hospital

## Access to Care and Navigating Resources

### Primary Care, Specialty Care

UPMC Altoona continued to focus on increasing access to primary care as an effective intervention to improve health outcomes. UPMC Altoona continued to enhance access to specialty care for residents in the region by recruiting the physicians needed to provide care.

#### GOAL:

- Improve access to primary care providers
- Improve access to medical and surgical specialists

#### STRATEGIES:

- Increase access to primary care by recruiting providers to the region
- Expand the reach of primary care through virtual visits
- Recruit medical and surgical specialists to increase access to specialist physicians
- Leverage UPMC's extensive provider network to provide specialty care to residents in the community

#### ACTIONS:

- ✓ Work with physician recruitment firms to recruit primary care physicians
- ✓ Collaborate with UPMC Altoona – Altoona Family Physicians: family medicine residency program to recruit residents
- ✓ Partner with UPMC Office of Graduate Medical Education to recruit family medicine residents following graduation
- ✓ Continue to offer and promote utilization of video visits as a convenient and secure way to get care through a real-time video conversation with a primary care provider
- ✓ Work with physician recruitment firms to recruit medical and surgical specialists
- ✓ Work with the UPMC Office of Graduate Medical Education to recruit residents and fellows following graduation
- ✓ Work collaboratively with other regional UPMC hospitals to share physician specialists
- ✓ Continue to connect patients with specialists through virtual visits

#### TARGET POPULATIONS:

- General community

#### PROGRAMS:

- Provider recruitment
- Telemedicine initiative
- Resident/fellow recruitment
- UPMC provider network collaboration

### MAKING A MEASURABLE IMPACT IN THE COMMUNITY (2022-2025)



**45** New Primary Care  
Physicians and Medical  
and Surgical Specialist Physicians  
Recruited  
(June 2022 – December 2023)



**1,500+**  
Telemedicine Visits Conducted  
(January 2023 – December 2023)

## PROGRESS HIGHLIGHTS:

### Successfully Recruiting Providers to the Region

UPMC Altoona continues to assess the community's needs for primary care and is leveraging UPMC's extensive provider network to provide specialty care to residents in the community.

- **Recruiting Primary Care Physicians:** UPMC Altoona continued to work with the UPMC Physician Recruitment department and external physician recruitment firms to recruit 12 primary care physicians to the region. The hospital also met with Altoona Family Physician residents during their first, second, and third years to apprise them of local hospitalist medicine and outpatient practice opportunities available in local primary care offices. Over the past three years, UPMC Altoona recruited five physicians from the residency program. UPMC Altoona continued to work with the UPMC Office of Graduate Medical Education to familiarize UPMC residents with opportunities at the hospital.
- **Recruiting Medical and Surgical Specialists:** UPMC Altoona continues to collaborate with UPMC Bedford, UPMC Somerset, and UPMC Western Maryland to recruit and share physician specialists in the region. Since June 2022, UPMC Altoona recruited 33 medical and surgical specialist physicians. Specialists were recruited in areas including neurology, radiation oncology, dermatology, medical oncology, trauma, emergency medicine, endocrinology, anesthesiology, urology, podiatry, and ENT. The hospital also continued to work with the UPMC Office of Graduate Medical Education to recruit medical residents and fellows upon graduation. Since 2022, UPMC Altoona recruited four residents/fellows to the region.

### Leveraging Telemedicine to Expand Access to Care and Services

UPMC Altoona continues to offer and promote the utilization of telemedicine visits as a convenient and secure way of receiving care through a real-time video conversation with a provider.

- In 2023, there was a total of 1,583 telemedicine visits, with 73 percent (1,156 visits) for primary care.
- Telemedicine visits were provided in the following specialties: neurology, cardiology, medical oncology, psychology, orthopedics, vascular surgery, trauma surgery, gastroenterology, and ENT.

#### COMMUNITY PARTNERS:

Physician recruitment firms, UPMC Altoona – Altoona Family Physicians: Family Medicine Residency Program, UPMC Locum Clinicians, UPMC Office of Graduate Medical Education

Prevention and Community-Wide Healthy Living  
Health-Related Social Needs

UPMC Altoona, in collaboration with the Healthy Blair County Coalition and its community partners, addressed health-related social needs by supporting programs that promote school attendance, combat food insecurity, and prevent bullying/cyberbullying.

<b>GOAL:</b> Raise awareness about improving school engagement	<b>STRATEGIES:</b> Support programs aimed at helping children and adolescents living at or below the poverty line
<b>ACTIONS:</b> <ul style="list-style-type: none"><li>✓ Promote consistent school attendance as a vehicle for improving physical, educational, and social well-being of at-risk adolescents and children</li><li>✓ Foster partnerships to help encourage school engagement and address truancy and chronic absence</li></ul>	<b>TARGET POPULATIONS:</b> <ul style="list-style-type: none"><li>• Children and adolescents</li><li>• Low-income populations</li></ul>

PROGRAMS:

- Programs and initiatives aimed at promoting school attendance and completion of graduation requirements

PROGRESS:

MAKING A MEASURABLE IMPACT IN THE COMMUNITY (2022-2025)



Awarded a Grant to Establish a Food Farmacy Program  
(2023)



**38** Key Stakeholders Engaged in Attendance and Truancy Symposiums  
(June 2022 – December 2023)

## PROGRESS HIGHLIGHTS:

### Promoting School Attendance

- **Businesses and Schools Investing in Cooperative Solutions (BASICS) Program:** To promote synergy between educational and workforce development goals, the Healthy Blair County Coalition partnered with the Blair County Chamber of Commerce to bolster school attendance efforts. The BASICS program is dedicated to fostering a strong partnership between schools and the business community, and communicating career choices to students, parents, and educators so they can prepare themselves today for challenges tomorrow.
- **Attendance/Tuancy Symposiums:** UPMC Altoona hosted two Attendance/Tuancy symposiums with 38 key stakeholders to review the past truancy process and discuss options for addressing chronic absenteeism.
- **Providing resources to the community:** In conjunction with Youth Connection, an initiative of the Healthy Blair County Coalition, UPMC Altoona developed an infographic, *Helping Your Child Succeed in School*, which provides information and resources for parents struggling with their child's school attendance. This resource has been made available to the public.

### Developing Programs to Address Social Needs of At-Risk Children and Adolescents

- **Combating hunger and food insecurity:** In 2023, the Healthy Blair County Coalition Poverty Work Group, in response to community need, focused their efforts on initiatives to combat hunger and food insecurity. As part of this initiative, Altoona Family Physicians and UPMC Altoona's Family Medicine Residency program received a \$25,000 grant from the Pennsylvania Academy of Family Physicians to establish a Food Farmacy Program. This program offers education on healthy eating, as well as provides food to patients and community members in need.
- **Addressing bullying and cyberbullying:** The Healthy Blair County Coalition Youth Connection Task Force launched a "Let's Move Into Kindness" campaign for children, youth, and adults in 2023. The goal is to start a conversation about kindness and involve others working toward a kinder community.
  - > Efforts included developing and distributing marketing materials, delivering presentations to community organizations (e.g., Student Assistance Program (SAP) Networking Day and We Are United), promoting the concept of kindness in Blair County by participating in health fairs and community events, and engaging community partners — such as faith-based organizations, schools, and businesses.

### Improving Quality of Care for Children, Adolescents, and Families

In 2023, the UPMC Center for High-Value Health Care, part of the UPMC Insurance Services Division/UPMC Health Plan, received a \$1.75 million trauma-informed care grant from the Violence Intervention and Prevention Program of the Pennsylvania Commission on Crime and Delinquency, to build a coordinated trauma-informed system of care in Blair County.

The grant extends through August 2025, including training professionals who work with adolescents to recognize the signs of trauma and help steer them toward help.

Trainings in trauma and trauma-informed care for clinical staff, as well as educators and law enforcement, can increase access to needed services and improve the quality of care that children and families receive. UPMC Altoona staff participates in the various education and training programs as appropriate.

### COMMUNITY PARTNERS:

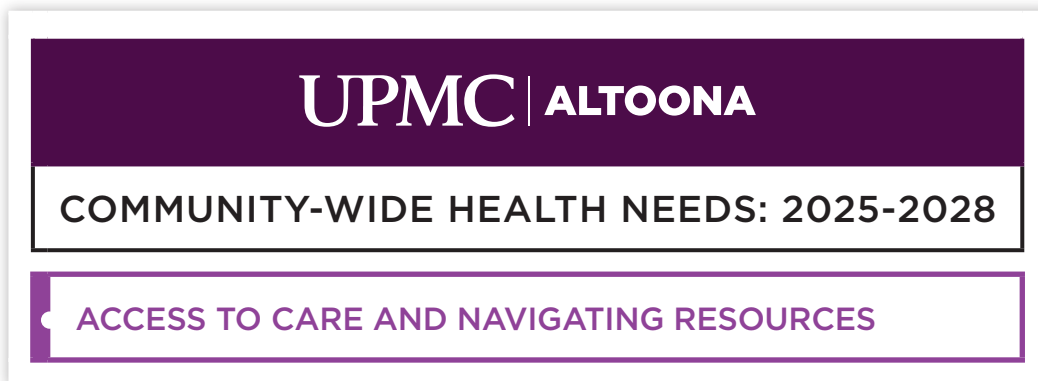
Blair County Chamber of Commerce, Blair Drug and Alcohol Program, Family Services, Inc., Healthy Blair County Coalition partners, School Attendance Task Force, UPMC Center for High-Value Health Care, Youth Connection Task Force

## UPMC Altoona Is Addressing High Priority Health Issues:

### Adoption of the Implementation Plan

On March 20, 2025, the UPMC Altoona Board of Directors adopted an implementation plan to address the significant health needs identified:

- Access to Care and Navigating Resources



### UPMC Altoona Is Leveraging UPMC and Community Resources

By providing a comprehensive suite of programs, UPMC Altoona plays an important role in addressing the community health needs that were identified in the recent Community Health Needs Assessment. The hospital will support the priority areas with internal resources, through grants, and by strengthening collaborations with numerous community partners.

#### • Access to Care and Navigating Resources

**Goal:** Improve access to primary and specialty care in Blair County

##### Planned Actions:

1. Improve local access to specialty providers to decrease the need to travel outside of the community for care
2. Improve community member awareness of appointment and provider availability
3. Enhance access to primary care services by promoting awareness of appointment availability at the UPMC Primary Care Walk-in Center at Station Medical Center

##### Target Populations:

General community

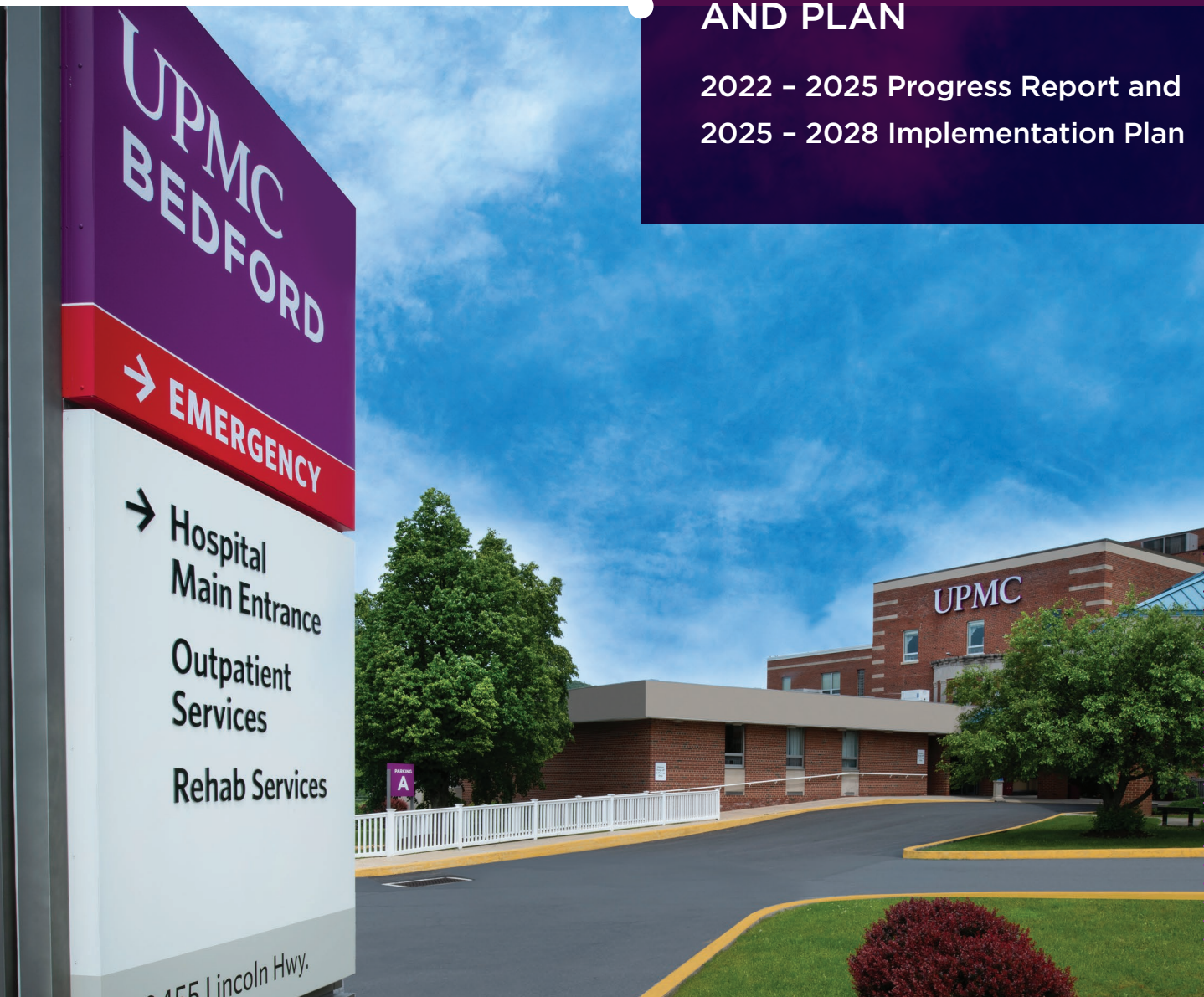
##### Planned Collaborations:

Physician recruitment firms, Syncx, University of Pittsburgh Physicians (UPP), UPMC Bedford, UPMC Graduate Medical Education, UPMC Hillman Cancer Center, UPMC Magee-Womens Hospital, UPMC Locum Clinicians, UPMC Medical and Surgical Departments, UPMC Western Maryland



## COMMUNITY HEALTH IMPROVEMENT PROGRESS AND PLAN

2022 - 2025 Progress Report and  
2025 - 2028 Implementation Plan




**UPMC | BEDFORD**

Caring for the Community

UPMC Bedford is a nonprofit, 40-bed acute-care hospital located in Bedford County, Pennsylvania. It is the county’s only hospital and delivers a full range of quality medical services — including specialized medical and surgical treatment — to the residents of Bedford County. The hospital provides area residents with access to medical, surgical, and rehabilitation care, as well as specialized services, including virtual care, CT imaging, MRI, stroke and coronary care, diabetic care, specialty surgical services (orthopaedics, ENT, dermatology, and gynecology), and cardiopulmonary rehab. UPMC Bedford is certified as an Acute Stroke Ready Hospital by the Joint Commission, in collaboration with the American Heart Association/American Stroke Association.

UPMC Bedford maintains a historically strong connection with its rural community. In addition to being the primary source of health care services in the county, the hospital offers an array of community-oriented programs and services to improve the health of local residents.

	VITAL STATISTICS Calendar Year 2023		JOBS AND STRENGTHENING THE LOCAL ECONOMY	
	Licensed Beds	40	Employees	275
	Hospital Patients	2,024	Community Benefits Contributions	\$4.4 million
	Emergency Dept. Visits	18,157	Free and Reduced Cost Care	\$3.0 million
	Total Surgeries	3,162	Total Economic Impact of Hospital Operations	\$72.3 million

Addressing the Community’s Significant Health Needs

When the Fiscal Year 2022 CHNA was conducted, UPMC Bedford affirmed the following significant health needs:

UPMC | BEDFORD

COMMUNITY-WIDE HEALTH NEEDS: 2022-2025

CHRONIC DISEASE MANAGEMENT	Heart Disease and Stroke
ACCESS TO CARE AND NAVIGATING RESOURCES	Primary Care Specialty Care
PREVENTION AND COMMUNITY-WIDE HEALTHY LIVING	Community Prevention and Wellness Initiatives

Chronic Disease Management  
Heart Disease and Stroke

UPMC Bedford continues to address chronic disease management, with a dedicated focus on heart disease and stroke, to strengthen access to local resources within the community.

<b>GOAL:</b> Increase awareness of disease prevention and management and encourage healthy behaviors	<b>STRATEGIES:</b> Enhance awareness of the risks for heart disease and stroke  Provide education on how to recognize and quickly respond to the signs and symptoms of stroke
<b>ACTIONS:</b> ✓ Raise community awareness of risks of stroke and heart disease through education programs ✓ Increase the speed for emergency response in early stroke symptoms ✓ Maintain Acute Stroke Ready Hospital certification	<b>TARGET POPULATIONS:</b> • General community • First responders

- PROGRAMS:**
- Community education programs on heart health and stroke awareness
  - Acute Stroke Ready Hospital certification by the Joint Commission

PROGRESS:

**MAKING A MEASURABLE IMPACT IN THE COMMUNITY (2022-2025)**



**500** Community members  
Educated on Heart  
Health and Stroke Awareness  
(July 2022 - December 2023)



**Certified Acute Stroke Ready Hospital**  
(July 2023)

## PROGRESS HIGHLIGHTS:

### Raising Awareness of Heart Disease and Stroke

Over the last three years, UPMC Bedford has continued to offer a range of programs to help community members learn about heart disease and stroke. UPMC Bedford participated in a variety of community events to promote greater understanding of risks of heart disease and signs of stroke. Efforts include:

- Providing heart disease and stroke information and education at the Bedford County Fair in July 2022 and the Young at Heart Games in May 2023 — reaching 500 community members.
- Offering education on early stroke identification, including how to recognize and quickly respond to the signs and symptoms of stroke. In 2024, the hospital provided outreach education to local EMS for early stroke symptom identification and notification of Emergency Department.

### Earning and Maintaining Stroke Readiness Certification

In July 2023, UPMC Bedford achieved Acute Stroke Ready Hospital (ASRH) Certification from The Joint Commission and the American Heart Association/American Stroke Association. This certification recognizes that UPMC Bedford is equipped to diagnose and treat stroke patients with timely, evidence-based care prior to transferring them to a primary or comprehensive stroke center for more in-depth neurological follow-up. To get ASRH classified, the hospital participates in an onsite review, based on the Joint Commission's Advanced Disease-Specific Care framework. The review checks that the hospital meets its rigorous standards, including a stroke-focused team on-call 24/7, staff working together with local emergency teams, rapid lab tests available 24/7 to help doctors diagnose a stroke, clot-busting medicine administered to patients who qualify, and phone or video visits with a neurologist within 20 minutes.

### Increasing Access to Cardiac Care

To help increase access to specialty care for heart disease, the hospital continues to expand the availability of services and recruit providers to Bedford County. Efforts over the past three years include:

- **Enhancing availability of cardiac services:** UPMC Heart and Vascular Institute, located behind UPMC Bedford, offers access to cardiology appointments five days per week. In July 2022, the office began offering vascular surgery consultations; the office also added an Echo Technician, which has doubled the number of available daily echocardiogram appointments.

## COMMUNITY PARTNERS:

Bedford County Fair, Bedford County Young at Heart Games, Inc., local EMS services, primary care practices in Bedford County, UPMC Heart and Vascular Institute

Access to Care and Navigating Resources

Primary Care, Specialty Care

UPMC Bedford continues to enhance the existing complement of primary care physicians to provide additional resources for the community to receive care in Bedford County. UPMC Bedford is augmenting and expanding opportunities for patients to receive specialty care within the community.


<p><b>GOAL:</b></p> <p>Increase availability of and access to primary care services in the community</p> <p>Increase availability of and access to specialty care services in the community</p>	<p><b>STRATEGIES:</b></p> <p>Leverage UPMC’s extensive provider network to increase access to primary care services in the community</p> <p>Expand cardiology and general surgery resources in the local area</p> <p>Enhance local wound care</p>
<p><b>ACTIONS:</b></p> <ul style="list-style-type: none"><li>✓ Support pipeline of physicians</li><li>✓ Provide alternate clinic resources to provide acute sick care visits</li><li>✓ Recruit specialists, with an emphasis on cardiology and general surgery, in partnership with UPMC hospitals in the region</li><li>✓ Expand telemedicine capabilities, for additional specialty availability</li><li>✓ Open a local wound care clinic</li><li>✓ Provide specialty wound care in the community to provide better healing and improve health outcomes</li></ul>	<p><b>TARGET POPULATIONS:</b></p> <ul style="list-style-type: none"><li>• General community</li><li>• Children and adolescents, and their caregivers</li><li>• Medically underserved, low-income, and minority populations</li></ul>

PROGRAMS:


- Physician recruitment
- Telemedicine opportunities for specialty care
- UPMC Bedford Wound Care clinic
- Walk-in clinic and expanded hours

PROGRESS:


**MAKING A MEASURABLE IMPACT IN THE COMMUNITY (2022-2025)**



**Opened a New Primary Care Office in Bedford County**  
(February 2024)



**1,624 Wound Care Visits**  
(August 2022 – December 2023)



**5 Specialty Providers Recruited**  
(July 2022 – December 2023)

## PROGRESS HIGHLIGHTS:

### Enhancing Access to Primary Care

- **Opening a New Primary Care Office in Everett:** To bring high-quality primary care to a rural area, UPMC Bedford opened a new Primary Care office in Everett, Pennsylvania. The new, larger, state-of-the-art facility adds increased convenience for patients. It is staffed by primary care physicians and a nurse practitioner and began accepting new patients on March 1, 2024.
- **Offering Same Day Appointments:** UPMC Bedford's Walk-in-Clinic (WIC) remains a valuable resource to the community as an alternative or adjunct to primary care office visits or emergency services. The WIC is open to the community more than 40 hours a week and served 2,470 individuals from July 1, 2022, through December 31, 2023.
- **Successfully Recruiting Providers:** Since July 2022, UPMC Bedford has recruited three new primary care providers to Bedford County — two Family Practice primary care providers and a nurse practitioner.



### Enhancing Access to Specialty Care

- **Advanced Wound Healing Care:** Opened in August 2022, UPMC Wound Healing Services at UPMC Bedford offers the latest wound healing technologies and a range of advanced outpatient treatments, including negative pressure wound therapy, bioengineered skin substitutes and advanced dressings, compression wraps, and amputation prevention. The Wound Care team provides education to patients and their families on proper wound care, nutrition, diabetes, hyperbaric oxygen therapy, and wound prevention. The team also coordinates specialty services, including home health, nutritional counseling, physical therapy, occupational therapy, smoking cessation, and orthotics to help speed wound healing.
  - > Between August 2022 and December 2023, UPMC Wound Healing Services at UPMC Bedford conducted 1,624 wound care visits.
- **Expanding Telemedicine Capabilities:** When a specialist is not available in Bedford County, UPMC Bedford brings specialty physicians close to home by using telemedicine, which increases access to care and helps save patients travel time to and from Pittsburgh. Over the past three years, UPMC Bedford focused efforts to expand telemedicine capabilities for rheumatology, pulmonology, and genetics.
- **Increasing Access to Specialists:** UPMC Bedford continues to leverage UPMC's extensive provider network to increase access to specialty care services in the community. From July 2022 to December 2023, UPMC Bedford recruited five specialty providers to the region, improving local access to general surgery, cardiology, and urology.

UPMC Bedford added an additional procedure day to the weekly outpatient schedule for greater availability of endoscopy procedures.

Acquired a new MRI with state-of-the-art technology to enhance access to imaging services in January 2024.

## COMMUNITY PARTNERS:

Cardiology office, General Surgery office, Primary Care Practices, UPMC Altoona, UPMC Altoona Residency Program, UPMC Bedford Telemedicine Clinic, UPMC Bedford Walk-in-Clinic, UPMC Somerset, UPMC Western Maryland

Prevention and Community-Wide Healthy Living  
Community Prevention and Wellness Initiatives

UPMC Bedford serves as a resource for the community and promotes prevention and wellness activities within Bedford County.

<b>GOAL:</b> Promote wellness and healthy living in Bedford County	<b>STRATEGIES:</b> Provide wellness and prevention resources to the residents of Bedford County
<b>ACTIONS:</b> <ul style="list-style-type: none"><li>✓ Offer vaccinations to help reduce the risk of preventable diseases</li><li>✓ Offer screenings to the community to enable early identification of treatable conditions or diseases</li><li>✓ Help connect patients to the appropriate level of care</li><li>✓ Promote healthy lifestyle choices through awareness campaigns</li></ul>	<b>TARGET POPULATIONS:</b> <ul style="list-style-type: none"><li>• Seniors</li><li>• Children and adolescents</li><li>• General community</li></ul>

- PROGRAMS:**
- Vaccination programs for Influenza and COVID-19
  - COVID-19 testing clinics
  - Low-dose lung cancer screening program
  - Breast Cancer Awareness and prevention programs

PROGRESS:

MAKING A MEASURABLE IMPACT IN THE COMMUNITY (2022-2025)



**6,339** Vaccinations Administered  
(July 2022 – December 2023)



**441** Patients Screened for Lung Cancer  
(July 2022 – December 2023)

## PROGRESS HIGHLIGHTS:

### Offering Vaccinations to the Community

UPMC Bedford continues to provide wellness and prevention resources to the residents of Bedford County. Over the past three years, UPMC Bedford offered vaccination programs, testing clinics, and screening programs for patients. Highlights include:

- **Influenza Immunization Programs:** UPMC Bedford coordinates and provides vaccination programs for local employers, local primary care offices, and UPMC Bedford's local employees through MyHealth@Work.
  - > Since July 2022, UPMC Bedford provided 6,339 vaccinations to help reduce the risk of preventable disease (e.g., influenza and COVID-19).
- **Promoting COVID-19 Vaccination Efforts:** UPMC Bedford participated in the Bedford County COVID-19 Advisory Group to promote COVID-19 vaccination efforts, including:
  - > Partnering with Hyndman Health Center, the Pennsylvania Department of Health, Bedford County Chamber of Commerce, Bedford County Commissioners, as well as local school nurses and clergy, to educate and incentivize COVID-19 vaccination in the community.
  - > Partnering with the Health Initiative for Rural Pennsylvania and the Pennsylvania Office of Rural Health to focus on COVID-19 prevention and vaccine hesitancy.
- **COVID-19 Testing:** The hospital continues to ensure COVID-19 testing is readily available for the community by offering antigen testing in primary care offices and PCR testing through UPMC Bedford's laboratory services.

### Promoting Cancer Screenings

- **Breast Cancer Awareness:** UPMC Bedford continues to host an annual Breast Cancer Awareness Day, focused on providing breast cancer awareness and education, as well as walk-in mammograms for attendees. Every October, the hospital hosts a walk-in mammography screening day that includes educational booths in the hospital lobby. A total of 52 walk-in mammography patients were screened in 2022 and 2023. In 2024, UPMC Bedford continued to recognize Breast Cancer Awareness Month by offering walk-in mammograms on October 22.
- **Lung Cancer Screenings:** UPMC Bedford continues to offer low-dose lung cancer screenings, which help identify issues in patients at an early stage before they are symptomatic, resulting in better long-term outcomes.
  - > Over the past three years, the hospital has screened 441 patients. Fifty-two patients with abnormal findings were referred for follow-up care.

### Increasing Awareness of Diabetes Prevention and Management

UPMC Bedford continues to host a free Diabetes Health Fair for the community each November during National Diabetes Month.

This annual event features foot and eye exams, blood pressure screenings, education about blood sugar monitoring, cooking demonstrations, and information on wellness and prevention, including meal planning, breathing problems, mental health, diabetes products, and shoes.

### COMMUNITY PARTNERS:

Bedford County Chamber of Commerce, Bedford County Commissioners, Bedford County COVID-19 Advisory Group, clergy, Health Initiative for Rural Pennsylvania, Hyndman Health Center, local employers, local school nurses, Pennsylvania Department of Health, Pennsylvania Office of Rural Health, UPMC Bedford Specialty Services, UPMC Community Medicine, Inc.

## UPMC Bedford Is Addressing High Priority Health Issues:

### Adoption of the Implementation Plan

On March 20, 2025, the UPMC Bedford Board of Directors adopted an implementation plan to address the significant health needs identified:

- Access to Care and Navigating Resources

UPMC | BEDFORD

COMMUNITY-WIDE HEALTH NEEDS: 2025-2028

• ACCESS TO CARE AND NAVIGATING RESOURCES

### UPMC Bedford Is Leveraging UPMC and Community Resources

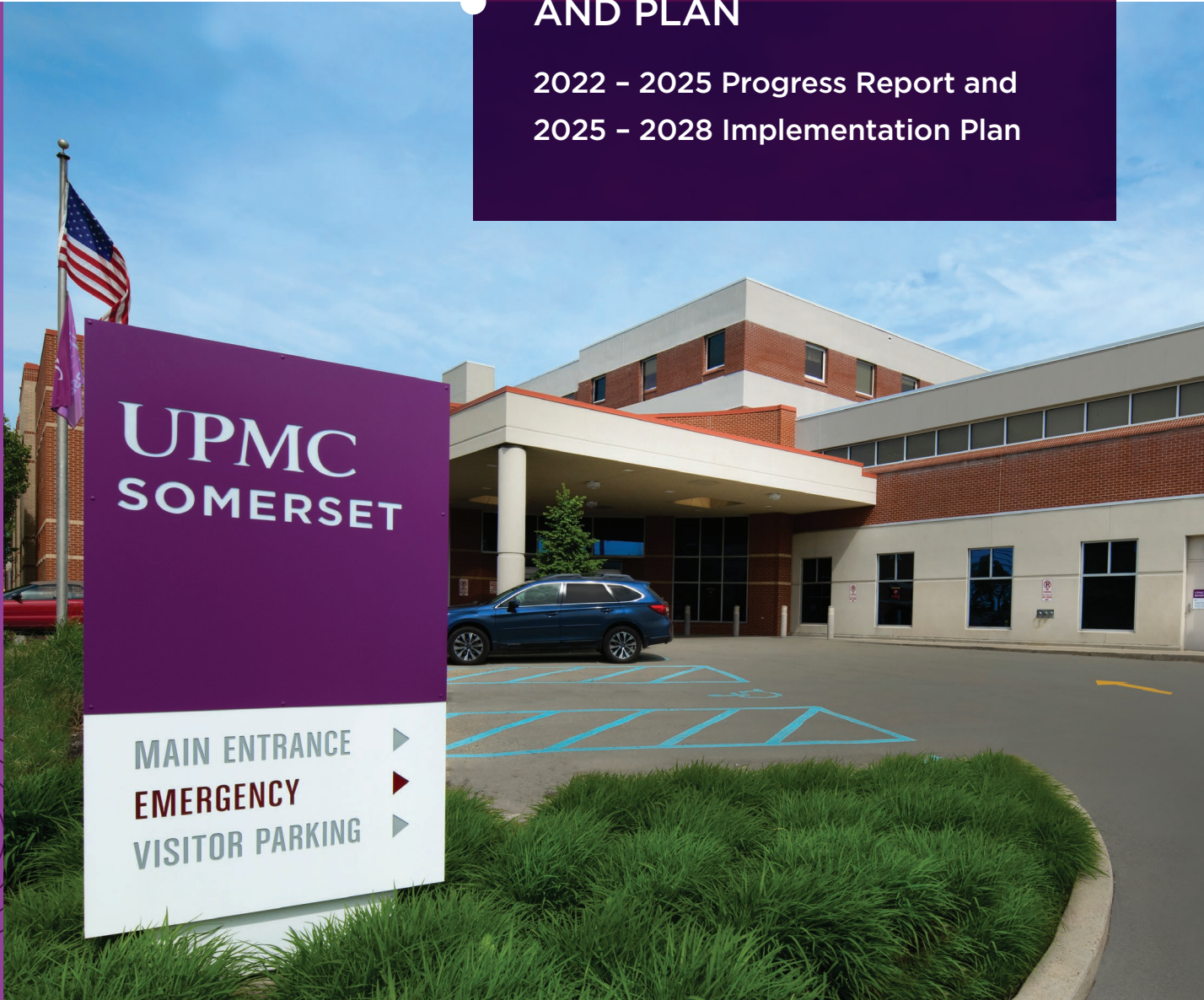
By providing a comprehensive suite of programs, UPMC Bedford plays an important role in addressing the community health needs that were identified in the recent Community Health Needs Assessment. The hospital will support the priority areas with internal resources, through grants, and by strengthening collaborations with numerous community partners.

• Access to Care and Navigating Resources
Goal: Improve access to care in Bedford County
<div>Planned Actions:</div> <div>1. Improve local access to specialty providers, including recruitment and retention efforts</div> <div>2. Improve community member awareness of appointment and provider availability</div> <div>3. Leverage telemedicine services to increase access to specialty care</div>
<div>Target Populations:</div> <div>General community</div>
<div>Planned Collaborations:</div> <div>Cardiology office, General Surgery office, primary care practices, UPMC Altoona, UPMC Western Maryland</div>



## COMMUNITY HEALTH IMPROVEMENT PROGRESS AND PLAN


2022 - 2025 Progress Report and  
2025 - 2028 Implementation Plan



**UPMC | SOMERSET**

### Caring for the Community

UPMC Somerset is a nonprofit, acute-care hospital located in Somerset, Pennsylvania. Established in 1921, the hospital provides access to medical, surgical, and rehabilitation care in Somerset County and beyond. Specialty services include cardiology, medical oncology, orthopaedics surgery, general surgery, pain management, gastroenterology, neurology, pulmonology, urology, and gynecology. UPMC Somerset is also a certified Primary Stroke Center and offers emergency medicine services 24 hours a day.

	VITAL STATISTICS Calendar Year 2023		JOBS AND STRENGTHENING THE LOCAL ECONOMY	
	Licensed Beds	111	Employees	694
	Hospital Patients	3,874	Community Benefits Contributions	\$4.7 million
	Emergency Dept. Visits	19,404	Free and Reduced Cost Care	\$3.9 million
	Total Surgeries	3,624	Total Economic Impact of Hospital Operations	\$118.2 million

### Addressing the Community's Significant Health Needs

When the Fiscal Year 2022 CHNA was conducted, UPMC Somerset affirmed the following significant health needs:

UPMC   SOMERSET	
COMMUNITY-WIDE HEALTH NEEDS: 2022-2025	
CHRONIC DISEASE MANAGEMENT	Heart Disease and Stroke Diabetes Cancer
BEHAVIORAL HEALTH	Opioid Addiction and Substance Abuse Access to Behavioral Health Services
ACCESS TO CARE AND NAVIGATING RESOURCES	Primary Care Specialty Care

## Chronic Disease Management

Heart Disease and Stroke, Diabetes, Cancer

UPMC Somerset is implementing strategies to help reduce deaths due to heart disease, including prevention, early detection, and increasing awareness of, and access to, high quality services. UPMC Somerset continues to expand efforts to address diabetes, and partnered with UPMC Hillman Cancer Center to establish oncology services at the hospital.

GOAL:		STRATEGIES:	
Increase awareness of, and access to, prevention and management of heart disease and stroke  Improve self-management of diabetes in the community through education and support  Expand the availability of cancer care in the community and focus on early detection		Increase access to care by promoting available services offered and providing early identification and treatment  Promote education and prevention throughout the community to increase awareness of risk factors associated with heart disease and stroke  Increase awareness of prevention, management, and treatment of diabetes  Bring oncology services to Somerset County to provide patients local access to breakthrough research and leading-edge therapies  Expand cancer screening program, with a focus on early detection	
ACTIONS:			
<ul style="list-style-type: none"> <li>✓ Provide access to cardiology services</li> <li>✓ Promote availability of cardiac rehabilitation</li> <li>✓ Promote primary stroke center</li> <li>✓ Provide education to the community to increase knowledge of the risk factors for heart disease and stroke and awareness of personal risk factors</li> <li>✓ Offer tele-endocrinology services for better management of diabetes</li> </ul>		<ul style="list-style-type: none"> <li>✓ Raise community awareness of diabetes</li> <li>✓ Continue to provide diabetes self-management education and support</li> <li>✓ Offer oncology care through the UPMC Hillman Cancer Center at the UPMC Somerset hospital campus</li> <li>✓ Offer cancer screenings, while removing barriers to access</li> </ul>	
TARGET POPULATIONS:			
<ul style="list-style-type: none"> <li>• General community</li> </ul>		<ul style="list-style-type: none"> <li>• Individuals diagnosed with heart disease or diabetes</li> </ul>	

### PROGRAMS:

#### Heart Disease and Stroke

- Interventional cardiology
- Diagnostic cardiology
- Cardiac electrophysiology
- Cardiac Rehabilitation
- Primary Stroke Center

- Heart disease and stroke community education
- Health screening activities

#### Diabetes

- Tele-endocrinology
- Diabetes Education Center

#### Cancer

- Oncology services (e.g., medical oncology) through the UPMC Hillman Cancer Center
- Screening programs for breast cancer, colon cancer, and lung cancer

## PROGRESS:

## MAKING A MEASURABLE IMPACT IN THE COMMUNITY (2022-2025)



**24,535**  
Patients Received  
Interventional and  
Diagnostic Cardiology  
Services  
(June 2022 - December 2023)



**517**  
Tele-Endocrinology  
Visits Conducted  
(June 2022 - December 2023)



**2,562** Patients  
Cared for  
through UPMC Hillman  
Cancer Center at UPMC  
Somerset  
(June 2022 - December 2023)

## PROGRESS HIGHLIGHTS:

## Increasing Access to Cardiology Services

- **Interventional Cardiology services:** The hospital offers an expansive interventional cardiology program, including cardiac catheterization, coronary angioplasty, stenting, vascular interventions, peripheral procedures, pacemakers, deep vein and pulmonary artery de-clotting, and thrombolysis. In November 2023, the program received its two-year reaccreditation through Corazon.
  - > The hospital had 1,196 patient encounters between July 2022 and December 2023.
- **Diagnostic Cardiology services:** UPMC Somerset offers 30-day heart event monitoring, transthoracic and transesophageal echocardiography, ECG and EEG testing, stress testing, and echocardiograms.
  - > Between July 2022 and December 2023, the hospital had 23,339 patient encounters.
- **Cardiac Rehabilitation (CR):** UPMC Somerset's cardiac rehabilitation program offers personalized treatment plans for those individuals with heart disease. These plans include evaluation and instruction on physical activity, nutrition, stress management, and other health related areas. The CR program is certified by the American Association of Cardiovascular and Pulmonary Rehabilitation (AACVPR). Accomplishments over the past three years include:
  - > 3,211 patients participated in the CR program between July 2022 and December 2023.
  - > 98 patients were monitored in 2023. Results show 76 percent of patients met their systolic goal, 99 percent of patients met their diastolic goal, and 93 percent of patients improved on a six-minute walk test, increasing their distance by 100 feet or more.

## Nationally Recognized for Providing High-Quality Cardiovascular Care

In 2017, UPMC Somerset earned the Primary Stroke Center Certification from The Joint Commission and American Heart Association/American Stroke Association. This certification recognizes that UPMC Somerset is equipped to meet the unique and specialized needs of stroke patients. In May 2023, UPMC Somerset successfully earned a two-year recertification for its Primary Stroke Center. The Primary Stroke Center at UPMC Somerset was also recognized by the American Heart Association/American Stroke Association with the Get With The Guidelines® - Stroke Gold Plus Award in 2023.

UPMC Somerset remains the only Primary Stroke Center in Somerset County. Between July 2022 and December 2023, UPMC Somerset's Primary Stroke Center cared for 175 patients. The hospital continues to promote the Primary Stroke Center at community events, including the Somerset Senior Expo and Minutes Matter.

## Supporting Patients with Diabetes

- **Offering telemedicine for endocrinology visits:** UPMC Somerset offers telemedicine visits with specialists to help patients better manage diabetes.
  - > Between July 2022 and December 2023, the hospital conducted 517 tele-endocrinology visits.
- **Diabetes Education Center:** The Diabetes Education Center at UPMC Somerset continues to promote services to help encourage people with diabetes to attend self-management classes. Over the past three years, the center updated marketing materials to provide additional education about the program to both providers and patients and expanded programming to serve homeless populations.
  - > Between July 2022 and December 2023, the Diabetes Education Center had 100 patient encounters — 50 percent of patients showed a reduction in Hemoglobin A1C, and 67 percent of patients showed a reduction in weight.
- **Raising awareness of diabetes:** UPMC Somerset continues to promote awareness of diabetes in community settings. In partnership with NextStep, the hospital expanded the dietitian's nutrition education program to include a monthly topic on diabetes. In addition, the dietitian provided diabetes education on-site at the UPMC Somerset Family Practice at Davidsville grand opening.

## Enhancing Local Access to Cancer Care

- **Bringing oncology services to Somerset County:** The UPMC Hillman Cancer Center at UPMC Somerset opened in June 2022, to provide medical oncology services to the Somerset community. The hospital recognizes that cancer is a top priority for the community, including early detection and treatment, and through this partnership, UPMC Somerset is providing the community world-class care close to home.
  - > Between July 2022 and December 2023, the hospital conducted 2,526 oncology visits.
- **Promoting breast cancer screenings:** UPMC Somerset continues to promote the importance of early detection for cancer and encourages women to schedule annual mammograms. In addition to promoting breast cancer screenings, the hospital also raises awareness about the availability of the HealthyWoman Program (HWP) and Mammogram Voucher program.
  - > Between July 2022 and December 2023, UPMC Somerset screened 4,266 patients.

### COMMUNITY PARTNERS:

Adagio Health, churches, human service agencies, Pennsylvania Department of Health – HealthyWoman Program, Pittsburgh Affiliate of Susan G. Komen, Pride of Somerset County, physician offices (both affiliated and non-affiliated), senior centers, Somerset Ambulance Association, UPMC Division of Endocrinology, UPMC Hillman Cancer Center, UPMC Hillman Cancer Center at John P. Murtha Pavilion

## Behavioral Health

### Opioid Addiction and Substance Abuse, Access to Behavioral Health Services

UPMC Somerset continues to address opioid addiction and substance abuse through expanded treatment services and prevention education. The hospital also continues to enhance access to behavioral health services in the community through treatment, care coordination, and education.

#### GOAL:

UPMC Somerset will continue to address opioid addiction and substance abuse — through expanded treatment services and prevention education — as it remains a top priority in the community

Continue to provide inpatient behavioral health services

#### STRATEGIES:

Offer high quality treatment services for people with substance use disorders

Make education available to providers

Provide prevention education for community and youth

Provide behavioral health services to patients in the inpatient setting

#### ACTIONS:

- ✓ Provide new recovery options that meet the needs of complex care patients by expanding drug and alcohol rehabilitation programs to include outpatient behavioral health
- ✓ Continue to improve comprehensive warm hand-off program
- ✓ Focus on recovery support services
- ✓ Offer provider education on recognizing substance abuse and other trainings

- ✓ Continue to offer and expand upon prevention programs that are delivered in school and community settings
- ✓ Utilize Wellness Recovery Action Plans (WRAP) with patients
- ✓ Improve coordination between the hospital's inpatient behavioral health services and drug and alcohol rehabilitation services in Somerset County
- ✓ Focus on discharge care coordination
- ✓ Continue to provide education for employees

#### TARGET POPULATIONS:

- General community
- Women

#### PROGRAMS:

- Inpatient and outpatient drug and alcohol treatment program
- Comprehensive warm hand-off program
- Recovery and family support groups
- Provider education
- Various school-based and community programs
- WRAP
- Employee/staff de-escalation training

#### PROGRESS:

#### MAKING A MEASURABLE IMPACT IN THE COMMUNITY (2022-2025)



**3,381** Patients Cared for through Drug and Alcohol Treatment Programs  
(June 2022 - December 2023)



**5,335** Providers and Community Members Educated on Substance Use Disorders  
(June 2022 - December 2023)

## PROGRESS HIGHLIGHTS:

### Opening a New Inpatient Treatment Facility to Increase Access

In June 2023, UPMC Western Behavioral Health at Twin Lakes opened an expanded inpatient substance use treatment facility in Somerset County. The \$16 million expansion project included the addition of a 19,300-square-foot building and renovation of the existing facility, resulting in a 60 percent increase in the number of beds and 15 new jobs. The project was funded through substantial support from the Redevelopment Assistance Capital Program (RACP) and the Appalachian Regional Commission (ARC), as well as generous contributions from the Richard King Mellon Foundation and the Wheeler Family Charitable Foundation.

- Between July 2022 and December 2023, 3,881 patients with substance use disorders were treated through inpatient and outpatient rehabilitation programs.



### Offering Recovery Support Services

UPMC Somerset continues to collaborate with community partners, including UPMC Western Behavioral Health at Twin Lakes, Beal Counseling & Consulting, Somerset Single County Authority, and Certified Recovery Specialist (CRS) Services, to provide recovery support services for patients and families.

- From July 2022 to December 2023, 2,515 individuals, including patients and their families, participated in support groups.

### Providing Education to Providers and the Community

UPMC Somerset continues to offer education on substance use disorders to providers and community members. Over the past three years, the hospital reached more than 5,000 individuals. Efforts include:

- **Provider education:** In partnership with the Somerset Single County Authority, the hospital provided opioid trainings to medical staff, sponsored a substance use training for EMS personnel, and offered training through the Department of Drug and Alcohol Programs (DDAP) as requested by providers.
  - > From July 2022 to December 2023, the hospital trained 51 providers on substance use.
- **Launching Minutes Matter:** UPMC Somerset launched Minutes Matter in 2023 to provide community members with access to basic emergency information and education about life-saving interventions. As part of this effort, the hospital trained students at local schools, provided emergency response information at community events, and continues to provide education or training to outside organizations upon request.
- **Prevention programs and education:** UPMC Somerset, in partnership with the Somerset Single County Authority for Drug and Alcohol (SCA), offers various evidence-based drug and alcohol prevention and intervention programs to students and families in local school districts through Twin Lakes Center, The Learning Lamp, Beal Counseling, The Family Center, Impact Counseling, and Adagio Health. The Somerset SCA also continued to offer education through speaking engagements, health fairs, community events, radio and television ads, billboards, and social media.
  - > From July 2022 to December 2023, the hospital provided prevention education to 5,284 individuals in community settings.
- **Staff education:** UPMC Somerset continues to provide de-escalation training to employees, including behavioral health staff, on an annual basis. Training topics include comprehensive crisis management, psychiatric care, group therapy, and positive approaches.
  - > From July 2022 to December 2023, 147 staff members were trained.

## Enhancing Care Coordination for Patients

- **Comprehensive Warm Hand-Off Program:** UPMC Somerset continues to offer warm hand-offs to help overdose survivors who appear in the hospital's Emergency Department receive counseling and a referral to substance use disorder (SUD) treatment. These warm hand-offs connect patients with treatment and support services, which helps to improve the prospect of recovery.
  - > From July 2022 to December 2023, 126 warm hand-offs were conducted, and 78 patients accepted treatment.
  - > Over the last three years, the hospital partnered with UPMC Western Behavioral Health at Twin Lakes and the Somerset Single County Authority to continue to improve the warm hand-off process. UPMC Somerset continues to collaborate with local providers, including Windber Hospital and Conemaugh Hospitals, to utilize the warm hand-off process for patients in the Emergency Department.
- **Wellness Recovery Action Plans:** Over the last three years, UPMC Somerset has worked to enhance discharge care coordination, focusing on utilizing the Wellness Recovery Action Plan (WRAP). Recognized by the United States Substance Abuse and Mental Health Services Administration (SAMHSA), WRAP is an evidence-based practice that is critical to the success of patients once they are discharged from a facility.
  - > Between July 2022 and December 2023, 217 WRAP plans were developed.
- **Discharge planning:** UPMC Somerset's team of discharge planners coordinate services for continued treatment, such as outpatient therapy, drug and alcohol treatment, peer support, and homeless support services, as well as coordination for appropriate placement of patients who need more support after their hospital stay.

### COMMUNITY PARTNERS:

Adagio Health, Beal Counseling & Consulting, Bedford-Somerset Developmental and Behavioral Health Services, Bedford-Somerset Developmental and Behavioral Health Services Crisis Intervention, Behavioral Health Services of Somerset and Bedford Counties, Boys and Girls Club of Somerset County, Children and Youth Services of Somerset County, Children's Aid Home, Community Action Partnership, Conemaugh Hospital, Daily American, Family Center (Tableland), Forever Media (Seven Mountains), Impact Counseling, Lamar Billboards, local nursing homes, local police and EMS, local outpatient programs, local outpatient psychiatry programs, local Pre-K and private preschools, Next Step Center, Nulton Diagnostics & Treatment Center, PA State Police, PeerStar, Single County Authority for Drug and Alcohol, Somerset Borough Police, Somerset County Chamber of Commerce, Somerset County Commissioners, Somerset County District Attorney's Office, Somerset County Drug Free Communities, Somerset County Jail, Somerset County Probation, Somerset County Public Schools, Somerset County Senior Centers, Somerset County Technology Center, Somerset Family Practice, St. Peter's Catholic School, The Family Center, The Learning Lamp, The Somerset Christian School, Twin Lakes Center Outpatient Services, United Way of the Laurel Highlands, UPMC Western Behavioral Health at Twin Lakes, UPMC Western Psychiatric Hospital, Uptown Works, Windber Hospital, WJACTV (Sinclair Broadcasting), WQED

Access to Care and Navigating Resources

Primary Care, Specialty Care

UPMC Somerset continues to expand efforts to provide individuals access to primary care providers and services. The hospital is also working to increase local access to high quality specialty services in rural areas.

<p><b>GOAL:</b></p> <p>Increase access to primary care services through additional providers and expanded locations</p> <p>Increase access to specialty care</p>	<p><b>STRATEGIES:</b></p> <p>Increase number of providers and locations to improve access</p> <p>Increase access to specialty services by adding providers, expanding current specialties, and assessing the need for additional specialties</p> <p>Improve the process for referring patients for tertiary care</p>
<p><b>ACTIONS:</b></p> <ul style="list-style-type: none"><li>✓ Recruit primary care providers to the area</li><li>✓ Expand primary care locations</li><li>✓ Recruit specialty providers</li><li>✓ Expand telemedicine program</li><li>✓ Explore opportunities to add new services</li><li>✓ Explore ways to improve patient referrals to tertiary care services, including best practices leveraged at UPMC hospitals</li><li>✓ Plan and implement enhancements to streamline and simplify the referral process</li></ul>	<p><b>TARGET POPULATIONS:</b></p> <ul style="list-style-type: none"><li>• General community</li></ul>

PROGRAMS:

- Physician recruitment
- Primary care expansion
- Telemedicine expansion

PROGRESS:

**MAKING A MEASURABLE IMPACT IN THE COMMUNITY (2022-2025)**



**9** Primary and Specialty Care Providers Recruited  
(June 2022-December 2023)



**3,600+** Patients Cared for at New Somerset Family Practice Davidsville Locations  
(June 2023 - May 2024)

## PROGRESS HIGHLIGHTS:

### Enhancing Access to Primary Care

UPMC Somerset continues to increase access to primary care services through additional providers and expanded locations. Efforts over the past three years include:

- **Successfully Recruiting Providers:** Between July 1, 2022, and December 31, 2023, UPMC Somerset attracted one primary care physician and three Advanced Practice Providers (APPs) to the region.
- **Opening New Primary Care Offices in Davidsville:** In 2023, UPMC Somerset Family Practice at Davidsville opened a new office building that doubled the space of the previous office with 10 exam rooms and a large procedure room — allowing for additional providers and room for growth. Additionally in 2024, UPMC Somerset Family Practice continued to expand by opening a new office at Laurel View Village in Davidsville. As a result, residents in northern Somerset and southern Cambria counties now have local access to primary care services.
  - > Between June 2023 and May 2024, more than 3,600 patients were cared for in 6,345 visits in the Davidsville primary care offices.

### Increasing Access to Specialty Care

UPMC Somerset is working to increase local access to high-quality specialty care and services in rural areas. Efforts include:

- **Successfully Recruiting Providers:** Between July 1, 2022, and December 31, 2023, UPMC Somerset attracted three APPs to the region, including cardiology, neurology, and general surgery. Since June 2022, the hospital also recruited a third general surgeon, who performs a significant number of colonoscopies and endoscopies.
- **Expanding Telemedicine Services:** Since July 1, 2022, UPMC Somerset added new telemedicine specialties — outpatient tele-pulmonology, tele-rheumatology, and tele-neurosurgery, as well as inpatient tele-toxicology.
- **Improving Patient Referrals to Specialized Care:** UPMC Somerset continues to explore ways to improve patient referrals to tertiary care services, which include highly specialized treatment for patients with severe or complex medical conditions, by leveraging best practices used at UPMC hospitals. In April 2023, the hospital launched new ICU standardization criteria to ensure the right patient receives the right care at the right time. Using this standardized criteria, patient transfers from UPMC Somerset to tertiary care centers have been streamlined.
- **Enhancing Access to Specialty Care:** In September 2023, UPMC Magee-Womens Specialty Services at UPMC Somerset relocated to a new space in Somerset, which allows more providers to be onsite at any given time, enabling expanded access to local women needing gynecological services. In addition, the hospital expanded orthopedic spine services to Johnstown.



### Increasing Access to Care

#### Reducing Transportation Barriers by Providing Local Access to Care

With the addition of multiple specialties, members of the community do not have to travel out of the community for health care — reducing the burden of transportation costs.

#### Addressing Health-Related Social Needs through Care Coordination

UPMC Somerset's Case Management and Social Work teams have recently aligned with the system to become Discharge Planning. This team helps ensure patients receive the care they need, and often addresses barriers related to social determinants of health.

### COMMUNITY PARTNERS:

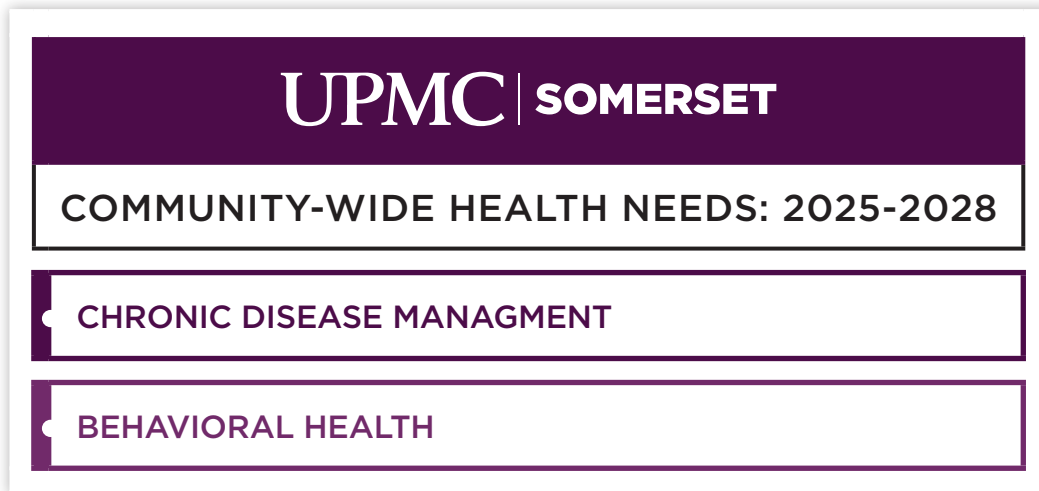
Recruitment agencies, Somerset Health Services, UPMC Altoona, UPMC Graduate Medical Education, UPMC Human Resources

## UPMC Somerset Is Addressing High Priority Health Issues:

### Adoption of the Implementation Plan

On May 6, 2025, the UPMC Somerset Board of Directors adopted an implementation plan to address the significant health needs identified:

- Chronic Disease Management
- Behavioral Health



### UPMC Somerset Is Leveraging UPMC and Community Resources

By providing a comprehensive suite of programs, UPMC Somerset plays an important role in addressing the community health needs that were identified in the recent Community Health Needs Assessment. The hospital will support the priority areas with internal resources, through grants, and by strengthening collaborations with numerous community partners.

## Chronic Disease Management

**Goal:** Increase awareness, early detection, and management of chronic disease in the community

### Planned Actions:

1. Improve access to high-quality, comprehensive cardiology and cancer care in Somerset and surrounding communities
2. Promote chronic disease awareness, prevention, and management through education, outreach, and screenings, with concentrated efforts on diabetes and lung cancer

### Target Populations:

General community, seniors, adults, individuals with diabetes, individuals with cancer

### Planned Collaborations:

Sodexo, Somerset Health Services, UPMC Hillman Cancer Center, UPMC Heart and Vascular Institute

## Behavioral Health

**Goal:** Enhance access to behavioral health services in Somerset County through treatment, care coordination, and education

### Planned Actions:

1. Facilitate a warm hand-off program in the Emergency Department to help connect patients to substance use services
2. Provide Emergency Department and inpatient interventions and care coordination for behavioral health patients
3. Offer prevention education for community and youth

### Target Populations:

Seniors, adults, children and adolescents

### Planned Collaborations:

Bedford-Somerset Developmental and Behavioral Health Services Crisis Intervention, Behavioral Health Services of Somerset and Bedford Counties, Somerset County Drug-Free Communities, Somerset County Public Schools, UPMC Western Behavioral Health



# COMMUNITY HEALTH IMPROVEMENT PROGRESS AND PLAN

2022 - 2025 Progress Report and  
2025 - 2028 Implementation Plan




**UPMC | WESTERN MARYLAND**

### Caring for the Community

UPMC Western Maryland is a nonprofit, acute-care hospital located in Cumberland, Maryland, that serves residents in Allegany County and the surrounding counties in Maryland, West Virginia, and Pennsylvania. The hospital offers a wide range of inpatient and outpatient services, including an accredited cancer center, a robotic surgery program, a cutting-edge neurosurgery operating suite, and a Level II neonatal intensive care unit. UPMC Western Maryland is also recognized for having an award-winning cardiac surgery program and offers the only open-heart surgery in the state, west of Baltimore. In addition, UPMC Western Maryland has received the following designations from the Maryland Institute for Emergency Medical Services Systems: Designated Cardiac Interventional Center, Primary Stroke Center, and Level III Adult Trauma Center.

UPMC Western Maryland has been at the forefront of value-based care and is continuously working to improve the overall health of the community through a variety of population health initiatives.

	VITAL STATISTICS Calendar Year 2023		JOBS AND STRENGTHENING THE LOCAL ECONOMY	
	Licensed Beds	227	Employees	2,026
	Hospital Patients	12,950	Community Benefits Contributions	\$79.3 million
	Emergency Dept. Visits	41,968	Free and Reduced Cost Care	\$16.3 million
	Total Surgeries	5,307	Total Economic Impact of Hospital Operations	\$687.8 million

### Addressing the Community's Significant Health Needs

When the Fiscal Year 2022 CHNA was conducted, UPMC Western Maryland affirmed the following significant health needs:

UPMC   WESTERN MARYLAND	
COMMUNITY-WIDE HEALTH NEEDS: 2022-2025	
CHRONIC DISEASE MANAGEMENT	Obesity Heart Disease and Stroke Diabetes
BEHAVIORAL HEALTH	Opioid Addiction and Substance Abuse Access to Behavioral Health Services

## Chronic Disease Management

Obesity, Heart Disease and Stroke, Diabetes

UPMC Western Maryland is taking a community-based approach to address obesity by providing a range of health improvement programs that promote healthy behaviors and support at-risk populations. The hospital continues to focus on heart disease and stroke and diabetes through prevention, education, awareness, and management.

### GOAL:

- ✓ Increase awareness of obesity prevention and management and encourage healthy behaviors
- ✓ Increase awareness of disease prevention and management and encourage healthy behaviors
- ✓ Increase awareness of diabetes prevention and management and encourage lifelong healthy behaviors

### STRATEGIES:

- ✓ Take a comprehensive approach to help reduce obesity within the community, by providing education and promoting healthy eating and physical activity
- ✓ Host a suite of services to promote heart failure and stroke awareness, prevention, and management within the community
- ✓ Increase awareness of diabetes prevention and management within the community

### ACTIONS:

- |   |   |
|---|---|
| <ul style="list-style-type: none"> <li>✓ Provide education about achieving and maintaining healthy lifestyles, including methods to prevent chronic illnesses</li> <li>✓ Engage in community outreach events to raise awareness about the links between obesity and chronic diseases</li> <li>✓ Encourage physical activity by promoting fitness classes and events</li> <li>✓ Provide chronic disease education and support in the community</li> <li>✓ Continue to offer a cardiac rehab program to help lower the risk of death, complications, and risk for readmission for patients who have had a cardiac event or procedure</li> <li>✓ Provide interventions and screenings for community members</li> </ul> | <ul style="list-style-type: none"> <li>✓ Monitor symptoms of heart failure and connect patients with a source of support for managing chronic medical conditions, such as diabetes, anticoagulation medication, heart failure, and COPD</li> <li>✓ Provide diabetes education and training</li> <li>✓ Leverage referring providers to increase awareness and promote participation in diabetes management programs</li> <li>✓ Offer preventive screenings to identify and treat potential health problems before they develop or worsen</li> <li>✓ Increase community engagement through outreach events and health fairs</li> <li>✓ Offer medical nutrition therapy to support behavioral or lifestyle changes and provide individualized meal planning</li> </ul> |
|---|---|

### TARGET POPULATIONS:

- |   |  |
|---|--|
| <ul style="list-style-type: none"> <li>• General community</li> </ul> | <ul style="list-style-type: none"> <li>• Individuals with heart disease diagnosis</li> </ul> |
|---|--|

**PROGRAMS:**

- Health coaching
- Real Well Newsletter
- Free grocery store tours
- Women's & Girls Health & Wellness Expo at the YMCA
- Centre Street Collective Trivia
- Community gardens
- My Mini Market
- Story Time in the Park
- Community fitness classes
- Heart Healthy nutrition classes
- Heart Failure class
- Medical Nutrition Therapy (MNT)
- Support groups
- Cardiac Rehab Program
- Free screenings
- Center for Clinical Resources
- National Diabetes Prevention Program (DPP)
- Diabetes Self-Management Training (DSMT)
- Diabetes support groups
- Health fairs
- Fitness and cooking classes
- Digital marketing

**PROGRESS:****MAKING A MEASURABLE IMPACT IN THE COMMUNITY (2022-2025)**

**5,803**  
Participants Engaged  
in Community  
Fitness Classes  
(June 2022 - December 2023)



**12,399** Patient  
Encounters in the Center  
for Clinical Resources  
(June 2022 - December 2023)



**1,178** Individuals  
Enrolled  
in Medical Nutrition  
Therapy  
(January 2023 - December 2023)

**PROGRESS HIGHLIGHTS:****Promoting Healthy Lifestyles**

UPMC Western Maryland is working to reduce the prevalence of obesity within the community by providing education and promoting healthy eating and physical activity. Efforts over the past three years include:

- **Offering health coaching:** UPMC Western Maryland conducts free one-on-one personalized health and wellness planning with individuals who want to make long-term behavior changes to improve overall well-being. Health and wellness coaching includes topics such as physical activity, nutrition, stress management, and recovery coaching.
  - > Between July 2022 and December 2023, the hospital received 289 health coach referrals.
- **Encouraging physical activity:** The hospital continues to collaborate with community partners to offer a range of fitness classes to help participants increase strength, flexibility, mobility, and mood. Encouraging community engagement throughout the county since July 2022, the hospital has expanded the types of classes offered to include yoga, strength and fitness, bingocize, and chair yoga.
  - > Between July 2022 and December 2023, the hospital offered 376 fitness classes, totaling 5,803 participants.
- **Promoting healthy eating:** UPMC Western Maryland offers nutrition education to patients and the community. Examples include:
  - > Hosting free grocery store tours, led by registered dietitians, which are designed to teach individuals how to shop wisely for heart-healthy foods. Between July 2022 and December 2023, the hospital held 11 free grocery store tours.
  - > Partnering with Centre Street Collective to provide healthy cooking demonstrations and tastings at the Women's and Girls Health and Wellness Expo at the YMCA. Participants received recipes for each demonstration.
  - > Providing food label education and promoting healthy food choice options for children, in partnership with the Western Maryland Food Bank and the Allegany County Public Library System, through Story Time in the Park and My Mini Market.

- > Collaborating with community partners, including Master Gardeners, the University of Maryland, and the City of Cumberland to provide education and access to fresh foods through six community gardens.

### Enhancing Access to Heart and Vascular Care

Over the past three years, UPMC Western Maryland has continued to improve patient access to high quality cardiovascular care. Efforts include:

- **Expanding the UPMC Heart and Vascular Institute:** In December 2022, UPMC Western Maryland opened the UPMC Heart and Vascular Institute (HVI) in Allegany County, which offers a full spectrum of services for cardiovascular conditions, such as coronary artery disease, congestive heart failure, and heart valve disease. In addition, the hospital offers the WATCHMAN™ procedure, a one-time, minimally-invasive procedure for people with atrial fibrillation.
- **Extending a Cardiac Rehab Program:** The hospital offers a cardiac rehab program to help lower the risk of death, complications, and risk for readmission for patients who have had a cardiac event or procedure. As a part of the program, a dietitian reviews each participant's food log and offers personalized recommendations and heart healthy handouts. Between July 2022 and December 2023, 294 patients were referred to the program and 105 enrolled.
- **Connecting patients to care:** UPMC Western Maryland continues to connect patients with support services for managing chronic conditions, such as diabetes, heart failure, and chronic obstructive pulmonary disease through the Center for Clinical Resources.
  - > Between July 2022 and December 2023, the Center for Clinical Resources saw 12,399 encounters for chronic disease management education.

### Increasing Awareness of Diabetes Prevention and Management

UPMC Western Maryland continues to increase awareness of prevention, management, and treatment of diabetes. Accomplishments over the past three years include:

- **Providing diabetes education and training:** The UPMC Western Maryland Diabetes Prevention Program (DPP) is a year-long program for people who have been diagnosed with prediabetes or who are at high risk for developing Type 2 diabetes. Participants work with a lifestyle coach to learn the skills needed to make lasting changes, such as eating healthier, losing weight, reducing stress, and increasing physical activity. The hospital also offers Diabetes Self-Management Training (DSMT) classes, such as Living Well with Diabetes.
  - > Between July 2022 and December 2023, 248 individuals enrolled in diabetes education and training programs.
- **Offering Medical Nutrition Therapy (MNT):** UPMC Western Maryland continues to offer MNT, where patients can meet with a registered dietitian nutritionist one-on-one to help meet their nutrition needs based on medical conditions and lifestyle.
  - > Between July 2022 and December 2023, 1,178 individuals engaged in MNT.

#### COMMUNITY PARTNERS:

Allegany College of Maryland, Allegany County Health Department, Allegany County Human Resources Development Commission (HRDC Senior Centers), Allegany County Public Library System, Allegany County Public Schools, Centre Street Collective, C. William Gilchrist Gallery and Museum, Cumberland YMCA, faith-based institutions, Frostburg State University, local municipalities, local primary care practices, Maryland Area Health Education Center West (AHEC West), Mountain Laurel Medical Center, Rocky Gap State Park, Wellness Ambassadors, Western Maryland Food Bank, Western Maryland Food Council

## Behavioral Health

### Opioid Addiction and Substance Abuse, Access to Behavioral Health Services

UPMC Western Maryland is addressing the community's needs relating to opioid addiction and substance use disorders through multiple channels, including linking individuals to the right levels of care, outreach initiatives, and partnerships with community-based behavioral health services organizations. The hospital also continues to address access to behavioral health services in the community by embedding a behavioral health specialist in primary care offices, offering telehealth visits, and collaborating with local organizations.

GOAL:	STRATEGIES:
<p>Increase awareness and access to substance misuse resources and interventions</p> <p>Improve access and coordination of care for behavioral health services</p>	<p>Offer high quality treatment services for people with substance use disorders</p> <p>Improve access to behavioral health services by increasing access points for individuals to be connected to the right level of care across the continuum</p>
ACTIONS:	
<ul style="list-style-type: none"> <li>✓ Improve coordination and communication between service providers with embedded behavioral health specialists at primary care locations</li> <li>✓ Continue to offer a residential crisis service facility to provide support for adults with mental health illnesses and addictions</li> <li>✓ Increase awareness throughout the community to help reduce the stigma of addiction</li> <li>✓ Partner with local community organizations to provide education and training</li> <li>✓ Develop and support programming to address substance misuse and addiction recovery</li> </ul>	<ul style="list-style-type: none"> <li>✓ Provide early intervention and treatment to people with substance use disorders and those at risk of developing these disorders</li> <li>✓ Embed behavioral health services into the primary care setting</li> <li>✓ Offer telehealth services for behavioral health care</li> <li>✓ Track and improve access to provider referrals</li> <li>✓ Provide education and training to community members on how to offer initial help to individuals with the signs and symptoms of mental illness or in a crisis, and connect them with the appropriate professional, peer, social, or self-help care</li> </ul>
TARGET POPULATIONS:	
<ul style="list-style-type: none"> <li>• Adults</li> <li>• General community</li> </ul>	<ul style="list-style-type: none"> <li>• Women</li> </ul>

### PROGRAMS:

- Behavioral health specialist embedded into primary care settings (rotating to different office locations)
- Center for Hope and Healing
- Community-wide education and stigma reduction
- Narcan delivery training
- Self-Management and Recovery Training (SMART) Recovery Program, and Recovery Coaching
- Screening, Brief Intervention, and Referral to Treatment (SBIRT) screenings
- Embedded services/primary care continuum
- PHQ2 Depression Screening with follow-up plan
- Telehealth (Behavioral Health)
- Mental Health First Aid

**PROGRESS:****MAKING A MEASURABLE IMPACT IN THE COMMUNITY (2022-2025)**

**341** Patients Cared for  
at the Center for Hope  
and Healing  
(July 2022 – December 2023)



**1,468** Participants in  
SMART Recovery  
Support Groups  
(July 2022 – December 2023)

**PROGRESS HIGHLIGHTS:****Supporting Opioid Addiction and Substance Abuse Patients**

- **Utilizing The Center for Hope and Healing:** In September 2020, UPMC Western Maryland opened its Center for Hope and Healing, an eight-bed, 24-hour residential treatment facility for patients who are suffering from chronic mental illnesses and those with opioid addiction. The Center for Hope and Healing continues to be a highly utilized resource that helps reduce hospital admissions and connects patients with community resources, rehabilitation treatment centers, mental health support services, and primary care providers.
  - > Between July 2022 and December 2023, 341 patients were admitted to the residential treatment facility.
- **Helping prevent overdose deaths:** The Local Health Improvement Coalition (LHIC), a collaboration between community partners/stakeholders and chaired by representatives from the Allegany County Health Department and UPMC Western Maryland, has identified relevant work being accomplished by AHEC West who provide Naloxone vending machines in several locations throughout Allegany County and conduct Naloxone training and youth programming within the school system.

**Improving Access to Behavioral Health Services**

- **Embedding behavioral health specialists into primary care settings:** Over the past three years, UPMC Western Maryland embedded an additional licensed clinical social worker (LCSW) in primary care offices to enhance collaboration between case management and outpatient mental health services. The LCSW, in collaboration with licensed mental health clinicians, works to identify patients needing behavioral health services to improve access to treatment options.
  - > Between July 2022 and December 2023, 7,691 patients were screened for depression during primary care visits.
- **Offering telehealth services:** UPMC Western Maryland continues to offer telehealth services for behavioral health care, including therapy and medication management.
  - > Between July 2022 and December 2023, the hospital conducted 1,297 tele-medication appointments and 1,842 tele-therapy appointments; 402 patients were referred to providers for additional care and support.

### Offering Community Education

UPMC Western Maryland continues to raise awareness of mental health needs by engaging with the community. Accomplishments include:

- **Providing Mental Health First Aid training:** The hospital continues to offer an eight-hour Mental Health First Aid course, which teaches a five-step action plan to offer initial help to individuals with signs and symptoms of mental illness or in a crisis, and to connect them with the appropriate professional, peer, social, or self-help care.
  - > Between July 2022 and December 2023, 64 individuals participated in Mental Health First Aid training.
- **Expanding Self-Management and Recovery Training (SMART) Recovery Program:** UPMC Western Maryland continues to offer SMART Recovery, an anonymous online addiction recovery support group for both men and women. SMART Recovery offers support to people with addiction, including alcoholism, drug abuse, drug addiction, substance and alcohol abuse, gambling addiction, and food addiction. To meet the needs of the community, the hospital expanded this program in 2023 and now offers three sessions per week. A health coach/peer recovery specialist works with participants who are experiencing a crisis immediately after the group session, and schedules one-on-one coaching as needed.
  - > Between July 2022 and December 2023, 1,468 individuals participated in the SMART Recovery Program.

### Connecting Patients with Resources

UPMC Western Maryland screens all patients for health-related social needs, including food insecurity, housing instability, transportation needs, utility difficulties, and interpersonal safety. The hospital connects patients with appropriate resources or provides referrals to the appropriate level of care.

### COMMUNITY PARTNERS:

Allegany College of Maryland, Allegany County Drug and Alcohol Abuse Council and Overdose Prevention Task Force, Allegany County Health Department, Allegany County Human Resources Development Commission (HRDC), Allegany County Sheriff's Department, Archway Station, Cumberland City Police Department, Department of Social Services, Frostburg State University, Frostburg State University Police, Maryland Area Health Education Center West (AHEC West) - Healing Allegany, Maryland State Police, Potomac Behavioral Health, Prescribe Change

## UPMC Western Maryland Is Addressing High Priority Health Issues:

### Adoption of the Implementation Plan

On March 20, 2025, the UPMC Western Maryland Board of Directors adopted an implementation plan to address the significant health needs identified:

- Chronic Disease Management
- Access to Care and Navigating Resources



### UPMC Western Maryland Is Leveraging UPMC and Community Resources

By providing a comprehensive suite of programs, UPMC Western Maryland plays an important role in addressing the community health needs that were identified in the recent Community Health Needs Assessment. The hospital will support the priority areas with internal resources, through grants, and by strengthening collaborations with numerous community partners.

## Chronic Disease Management

**Goal:** Increase awareness, prevention, and management of chronic disease in the community

**Planned Actions:**

1. Promote chronic disease awareness and prevention through education, outreach, screenings, and risk assessments, with concentrated efforts on heart disease and stroke, and diabetes
2. Provide chronic disease education and management, targeting heart disease and stroke, and diabetes

**Target Populations:**

General community, individuals with increased risk of heart disease and stroke, individuals with increased risk of diabetes

**Planned Collaborations:**

Allegany County Health Department, Allegany County Library System, Brookedale Farms, community providers, Cumberland YMCA, Human Resources Development Commission (HRDC), LaVale Lion's Club, local markets, Maryland Area Health Education Center (AHEC) West, Western Maryland Food Bank

## Access to Care and Navigating Resources

**Goal:** Improve access to primary and specialty care services to help achieve positive health outcomes in the community

**Planned Actions:**

1. Improve local access to primary, behavioral health, and specialty care providers, which decreases the need to travel outside of the community for care

**Target Populations:**

General community

**Planned Collaborations:**

Community providers, local realtors

# V . APPENDICES A-E



## APPENDIX A: Secondary Data Sources and Analysis

### Overview:

To identify the health needs of a community, UPMC conducted an analysis of publicly available data. Secondary data — including population demographics, mortality, morbidity, health behavior, and clinical care data — were used to identify and prioritize significant community health needs. Data which informed this CHNA were compiled from a variety of state and national data sources and are reflected in the table below.

Population characteristics, socioeconomic, and health status data were also examined. Community-level data (county-level) were compared to the state, nation, and *Healthy People 2030* benchmarks to help identify key health issues. When available, data specific to low-income individuals, underserved minorities, and uninsured populations were examined. In addition, analysis considered federal designations of Health Professional Shortage Areas (HPSAs) — defined as “designated as having a shortage of primary medical care providers” and Medically Underserved Areas (MUAs) — which may consist of a whole county or a group of contiguous counties, a group of county or civil divisions, or a group of urban census tracts.

### Publicly Available Data and Sources Used for Community Health Needs Assessment

Data Category	Data Items	Description	Source
Demographic Data	Population Change	Comparison of total population and age-specific populations in 2010 and 2020 by county, state, and nation.	U.S. Census
	Age and Gender	Median age, gender, and the percent of elderly living alone by county, state, and nation in 2020.	
	Population Density	2020 total population divided by area in square miles (2020) by county, state, and nation.	
	Median Income/Home Values	By county, state, and nation in 2020.	
	Race/Ethnicity	Percent for each item by county, state, and nation in 2020.	
	Insurance: Uninsured, Medicare, Medicaid		
	Female Headed Households		
	Individuals with a Disability		
	Poverty		
	Unemployed		
No High School Diploma			

Data Category	Data Items	Description	Source
Morbidity Data	Adult Diabetes	2019-2022 data collected and compared by county, state, and nation.	PA Department of Health
	Mental Health		PA Department of Health - Behavioral Risk Factors Surveillance System
	Birth Outcomes		Maryland Department of Health
Health Behaviors Data	Obesity (Childhood and Adult)		Maryland Department of Health – Behavioral Risk Factors Surveillance System
	Alcohol Use		U.S. Centers for Disease Control and Prevention
	Tobacco Use		U.S. Centers for Disease Control and Prevention - Behavioral Risk Factors Surveillance System
	Sexually Transmitted Disease		U.S. Centers for Disease Control and Prevention - National Center for Health Statistics U.S. Department of Health and Human Services
Clinical Care Data	Immunization	2017-2022, 2024 data collected and compared by county, state, and nation.	PA Department of Health- Behavioral Risk Factors Surveillance System
	Cancer Screening (Breast/Colorectal)		Maryland Department of Health – Behavioral Risk Factors Surveillance System
	Primary Care Physician Data		U.S. Centers for Disease Control and Prevention U.S. Centers for Disease Control and Prevention - Behavioral Risk Factors Surveillance System Robert Wood Johnson County Health Rankings & Roadmaps
Mortality Data	Mortality Rates	2021 data collected and compared by county, state, and nation.	PA Department of Health U.S. Centers for Disease Control and Prevention - National Center for Health Statistics
Benchmark Data	Morbidity Rates, Health Behaviors, and Clinical Care Data	National benchmark goal measures on various topics for the purpose of comparison with current measures for county, state, and nation.	Healthy People 2030

In addition, local and state public health department input and data were obtained and utilized in this community health needs assessment. UPMC relied on publicly available Pennsylvania and Maryland Department of Health reports and additional local health department information accessed via email communication.

### Information Gaps Impacting Ability to Assess Needs Described:

The best available data were used to obtain the most meaningful comparison and analysis possible. Public data sources, however, are limited by some information gaps, and small sample sizes can represent statistically unreliable estimates.

The community definition hinged at the county level, in part, because the quality and availability of data at this level was generally most comprehensive and allowed for meaningful comparisons with state and national data. Whenever possible, population health data were examined for sub-populations, including low-income, minority, and uninsured populations.

## APPENDIX B: Detailed Community Health Needs Profile

### Population Demographics:

Characteristics	Allegany County	Bedford County	Blair County	Somerset County	Maryland	Pennsylvania	United States
Area (square miles)	422.2	1,012.2	525.3	1,075.0	9,711.2	44,742.3	3,533,038.3
Density (persons per square mile)	161.3	47.0	233.8	69.0	636.1	290.6	93.8
Total Population, 2020	68,106	47,577	122,822	74,129	6,177,224	13,002,700	331,449,281
Total Population, 2010	75,087	49,762	127,089	77,742	5,773,626	12,702,379	308,746,065
Population Change ('10-'20)	(6,981)	(2,185)	(4,267)	(3,613)	403,598	300,321	22,703,216
Population % Change ('10-'20)	-9.3	-4.4	-3.4	-4.6	7.0	2.4	7.4

#### Age

Median Age	43.8	47.6	44.3	47.0	38.8	41.0	38.8
% <18	17.7	19.5	19.8	18.1	22.0	20.4	22.1
% 18-44	33.7	27.5	30.9	29.5	35.7	34.0	35.7
% 45-64	26.7	29.5	27.0	28.9	26.3	26.5	25.4
% 65+	21.9	23.4	22.3	23.5	16.0	19.1	16.8
% 85+	2.9	2.8	3.1	3.2	1.8	2.5	1.9

#### Gender

% Male	52.2	49.6	49.1	52.1	48.2	48.9	49.1
% Female	47.8	50.4	50.9	47.9	51.8	51.1	50.9

#### Race/Ethnicity

% White*	85.7	95.8	92.5	93.5	48.7	75.0	61.6
% African-American*	7.8	0.4	2.1	2.5	29.5	10.9	12.4
% American Indian and Alaska Native*	0.2	0.2	0.1	0.1	0.5	0.2	1.1
% Asian*	1.1	0.3	0.7	0.3	6.8	3.9	6.0
% Native Hawaiian/Other Pacific Islander*	0.0	0.0	0.0	0.0	0.1	0.0	0.2
% Hispanic or Latino**	1.7	1.1	1.4	1.4	11.8	8.1	18.7
% Disability	18.8	16.3	16.8	16.8	11.1	14.0	12.7

\*Reported as single race; \*\*Reported as any race

Source: U.S. Census, 2010, 2020

### Social and Economic Factors:

Characteristics	Allegany County	Bedford County	Blair County	Somerset County	Maryland	Pennsylvania	United States
Income, Median Household	\$49,449	\$51,531	\$50,856	\$51,255	\$87,063	\$63,627	\$64,994
Home Value, Median	\$126,500	\$141,700	\$128,200	\$113,300	\$325,400	\$187,500	\$229,800
% No High School Diploma*	10.2	11.3	8.3	11.2	9.4	9.0	11.5
% Unemployed**	7.5	4.5	4.7	4.8	5.2	5.4	5.4
% of People in Poverty	15.6	11.2	13.8	10.7	9.0	12.0	12.8
% Elderly Living Alone	16.8	14.7	15.5	15.7	10.6	12.9	11.1
% Female-headed households with own children <18	4.5	2.7	4.3	3.0	5.8	4.8	5.2
<b>Health Insurance</b>							
% Uninsured	4.5	6.9	5.1	5.9	5.9	5.6	8.7
% Medicaid	22.2	17.2	19.4	15.2	15.2	15.8	17.0
% Medicare	15.8	17.8	15.1	17.0	11.0	13.9	11.8

\*Based on those ≥25 years of age; \*\*Based on those ≥16 years and in the labor force

Source: U.S. Census, 2020

## Leading Causes of Mortality for the United States Compared to Maryland, Pennsylvania, and the Following Counties: Allegany, Bedford, Blair, and Somerset

Causes of Death	Allegany County	Bedford County	Blair County	Somerset County	Maryland	Pennsylvania	United States
	Percent of Total Deaths	Percent of Total Deaths	Percent of Total Deaths	Percent of Total Deaths	Percent of Total Deaths	Percent of Total Deaths	Percent of Total Deaths
All Causes	100.0	100.0	100.0	100.0	100.0	100.0	100.0
Diseases of Heart	25.8	20.3	20.1	19.5	20.9	20.9	20.1
Malignant Neoplasms (Cancer)	14.0	16.9	16.3	15.8	18.1	17.8	17.5
COVID-19	13.3	19.3	16.1	17.6	9.0	11.7	12.0
Accidents (Unintentional Injuries)	4.6	7.0	5.3	5.1	5.3	6.6	6.5
Cerebrovascular Diseases	3.9	2.7	2.8	4.8	5.9	4.4	4.7
Chronic Lower Respiratory Diseases	4.8	3.8	3.9	4.3	3.1	3.6	4.1
Alzheimer's Disease	2.0	2.4	3.0	2.7	1.9	2.6	3.4
Diabetes Mellitus	3.3	3.2	3.6	4.7	3.0	2.7	3.0
Chronic Liver Disease and Cirrhosis	1.7	0.4	1.4	1.2	1.2	1.2	1.6
Nephritis, Nephrotic Syndrome and Nephrosis	1.3	1.1	2.1	2.1	1.2	1.9	1.6
Intentional Self-Harm (Suicide)	ND*	1.3	1.4	1.1	1.1	1.2	1.4
Essential Hypertension and Hypertensive Renal Disease	ND*	0.4	0.9	0.3	1.3	0.9	1.2
Influenza and Pneumonia	2.7	2.1	1.5	1.2	1.1	1.2	1.2
Septicemia	1.5	1.7	1.6	1.2	1.6	1.6	1.2
Parkinson's Disease	0.9	0.8	1.6	1.8	1.1	1.1	1.1

Sources: Pennsylvania Department of Health, 2021; U.S. Centers for Disease Control and Prevention, National Center for Health Statistics, 2021

\*Data for Intentional Self-Harm (Suicide) and Essential Hypertension and Hypertensive Renal Disease is suppressed for Allegany County due to confidentiality restraints

**Comparison of Additional Health Indicators for Allegany, Bedford, Blair, and Somerset Counties to Maryland, Pennsylvania, United States, and Healthy People 2030:**

Characteristics	Allegany County	Bedford County	Blair County	Somerset County	Maryland	Pennsylvania	United States	Healthy People 2030
<b>Morbidity</b>								
Diabetes (%)	15.4	14.0	14.0	13.0	12.0	11.0	11.5	NA
Mental Health (Mental health not good $\geq$ 1 day in past month) (%)	42.8	36.0	36.0	40.0	43.1	42.0	43.0	NA
Low Birthweight (% of live births)	8.3	5.2	6.6	8.9	8.9	8.3	8.6	NA
<b>Health Behaviors</b>								
Obesity (Adult) (%)	46.6	33.0	33.0	45.0	33.2	33.0	33.6	36.0
Childhood Obesity (Grades K-6) (%)	NA	23.3	23.1	22.6	NA	20.6	20.2	NA
Childhood Obesity (Grades 7-12) (%)	NA	26.2	23.2	24.2	NA	21.5	16.2	NA
Excessive Alcohol Use (%)	12.1	14.0	14.0	16.0	13.5	17.0	17.0	25.4
Current Tobacco Use (%)	21.3	15.0	15.0	20.0	9.6	15.0	14.0	6.1
STDs (Gonorrhea per 100K)*	52.0	26.7	57.8	106.9	139.1	153.7	152.1	NA
<b>Clinical Care</b>								
Immunization: Ever had a Pneumonia Vaccination (65+) (%)	71.8	73.0	73.0	76.0	74.2	74.0	71.6	NA
<b>Cancer Screening</b>								
Mammography (%)	72.0	72.9	65.2	68.8	75.6	70.0	70.2	80.3
Colorectal Screening (%)**	66.6	62.5	62.1	75.0	68.2	71.0	71.8	68.3
Primary Care Physician: Population (PCP Phys/100K Pop)	53.2	33.7	77.2	36.7	84.8	79.1	75.2	NA
Receive Prenatal Care in First Trimester (%)	75.7	77.6	80.0	67.9	71.8	73.3	77.0	NA

*Sources:*

*Allegheny County Data: Maryland Department of Health, 2021, 2022; U.S. Centers for Disease Control and Prevention, 2017-2019; Robert Wood Johnson County Health Rankings & Roadmaps, 2024*

*Bedford, Blair, and Somerset Counties: Pennsylvania Department of Health, 2020-2022 (Low Birthweight and Prenatal Care Data, 2019-2021; Immunization Data for Bedford and Blair Counties, 2018-2020 and for Somerset County, 2019-2021); U.S. Centers for Disease Control and Prevention, 2017-2019; Robert Wood Johnson County Health Rankings & Roadmaps, 2024*

*Maryland Data: Maryland Department of Health, 2021, 2022; U.S. Centers for Disease Control and Prevention, 2018, 2022; Robert Wood Johnson County Health Rankings & Roadmaps, 2024*

*Pennsylvania Data: Pennsylvania Department of Health, 2020, 2021, 2022 (Childhood Obesity Data, 2021-2022); U.S. Centers for Disease Control and Prevention, 2022; Robert Wood Johnson County Health Rankings & Roadmaps, 2024*

*U.S. Data: U.S. Centers for Disease Control and Prevention, 2021, 2022; U.S. Department of Health and Human Services, 2021-2022; Robert Wood Johnson County Health Rankings & Roadmaps, 2024*

*\*Gonorrhea data: Allegheny County rate is for individuals of all ages and genders; Bedford and Blair Counties and Pennsylvania rates are for women ages 15+; Somerset County rate is for women ages 15-34 (data for women ages 35+ was unavailable due to small sample size); Maryland and National rates are for women of all ages*

*\*\*Colorectal Screening Data: Percentage reported for U.S. represents those ages 50-75 who had received a colorectal cancer screening based on the most recent guidelines*

## APPENDIX C: Input from Persons Representing the Broad Interests of the Community

### Community Representation and Rationale for Approach

UPMC hospitals solicited and took into account input received from individuals representing the broad interests of the community to identify and prioritize significant health needs. Each hospital's community stakeholder group consisted of hospital board members, physicians, hospital leadership, and community members. Community members were leaders of organizations that represented different patient constituencies and medically underserved, low-income, and minority populations and were invited to participate to ensure that a wide range of community interests were engaged in identifying community health needs. Organizations serving the medically underserved were well represented. In addition to community stakeholder groups, the CHNA also included a system-wide stakeholder group consisting of health departments, mental health service providers, philanthropies, and other agencies providing health services not linked to particular hospitals.

Community survey responses were analyzed at the local hospital level, the regional level, and at the system-wide level in collaboration with the University of Pittsburgh's School of Public Health. Further analyses disaggregated ratings to confirm that ratings were stable across different stakeholders.

The community stakeholder groups ensured that a wide variety of constituencies had an opportunity to weigh in on hospital community health priorities. Use of a survey explicitly assessing the continuing relevance of prior health priorities offers a number of advantages:

- It explicitly assesses stability/change of community health needs, while allowing participants an opportunity to consider new health priorities.
- It uses the same measures to assess importance and how the hospital should prioritize addressing the issue, which will allow tracking over time.
- It elicits perceptions of a broad and inclusive list of hospital and community leaders who in turn represent a broad group of constituents.
- It allows assessment of consensus across different kinds of stakeholders.

UPMC hospitals in west central Pennsylvania and western Maryland invited representatives from the following organizations to participate in the community health needs survey conducted in May 2024:

#### UPMC Altoona

- |  |   |
|--|---|
| <ul style="list-style-type: none"> <li>• Altoona Area Public Library, Altoona, PA</li> <li>• Altoona-Blair County Development Corporation, Altoona, PA</li> <li>• Benzel's Bretzel Bakery, Inc., Altoona, PA</li> <li>• Blair County Commissioners, Hollidaysburg, PA</li> <li>• Blair County Department of Social Services, Hollidaysburg, PA</li> <li>• Blair County Juvenile Probation Office, Hollidaysburg, PA</li> <li>• Blair County Planning Commission, Hollidaysburg, PA</li> <li>• Blair Drug and Alcohol Partnerships, Altoona, PA</li> <li>• Blair Health Choices, Hollidaysburg, PA</li> <li>• Blair Senior Services, Altoona, PA</li> <li>• Center for Community Action, Everett, PA</li> <li>• Center for Independent Living, Altoona, PA</li> <li>• City of Altoona, Altoona, PA</li> <li>• Conemaugh Nason Medical Center, Roaring Spring, PA</li> </ul> | <ul style="list-style-type: none"> <li>• Drenning Leasing Company, Altoona, PA</li> <li>• Family Services Incorporated, Altoona, PA</li> <li>• Grabill Law Offices, Duncansville, PA</li> <li>• Healthy Blair County Coalition, Duncansville, PA</li> <li>• Hollidaysburg Area School District, Hollidaysburg, PA</li> <li>• Home Nursing Agency WIC Program, Altoona, PA</li> <li>• James E. Van Zandt Veterans' Administration (VA) Medical Center, Altoona, PA</li> <li>• Lee Industries, Philipsburg, PA</li> <li>• Operation Our Town, Altoona, PA</li> <li>• Penn State Altoona, Altoona, PA</li> <li>• Pennsylvania Highlands Community College, Johnstown, PA</li> <li>• PS Solutions, Altoona, PA</li> <li>• Reilly, Creppage &amp; Company, Inc., Altoona, PA</li> <li>• Reliance Bank, Altoona, PA</li> <li>• Sheetz, Inc., Altoona, PA</li> </ul> |
|--|---|

- Stuckey Ford, Hollidaysburg, PA
- U.S. Hotel Tavern, Hollidaysburg, PA

### **UPMC Bedford**

- Allegany College of Maryland, Everett, PA
- Area Agency on Aging, Pittsburgh, PA
- Bedford Area School District, Bedford, PA
- Bedford County Chamber of Commerce, Bedford, PA
- Bedford County Children & Youth Services, Bedford, PA
- Bedford County Development Association, Bedford, PA
- Bedford County Pennsylvania, Bedford, PA
- Bedford County Technical Center, Everett, PA
- Bedford Somerset Development & Behavioral Health Services, Bedford, PA
- Community LIFE, Bedford, PA
- Creative Pultrusions, Inc., Alum Bank, PA
- Hometown Bank of Pennsylvania, Bedford, PA
- Homewood at Spring House Estates, Everett, PA
- Hyndman Health Center, Bedford, PA
- McFarland Furniture Co. & Mattress Center, Everett, PA
- Pennwood Family Medicine, Everett, PA
- Pennwood Ophthalmic Associates, Everett, PA
- Personal Solutions, Inc., Bedford, PA
- REI Inc., Pittsburgh, PA
- Tussey Mountain School District, Saxton, PA
- United Way of Bedford County, Bedford, PA
- Your Safe Haven, Bedford, PA

### **UPMC Somerset**

- Area Agency on Aging of Somerset County, Somerset, PA
- Bedford-Somerset Developmental and Behavioral Health Services, Somerset, PA
- Behavioral Health Services of Somerset and Bedford Counties, Inc., Somerset, PA
- Borough of Somerset, Somerset, PA
- Boys and Girls Club of Western Pennsylvania, Somerset, PA
- Community Foundation for the Alleghenies, Johnstown, PA
- Community LIFE, Somerset, PA
- Croyle-Nielsen Therapeutic Associates, Inc., Somerset, PA
- CVS Warehouse Distribution Center, Somerset, PA
- Fairfield Inn & Suites by Marriott, Somerset, PA

- Go Laurel Highlands, Ligonier, PA
- Heritage Coal & Natural Resources, LLC, Meyersdale, PA
- Hollern-Koontz Insurance Agency, Windber, PA
- JARI, Johnstown, PANext Step Center, Inc., Somerset, PA
- Penn State Extension, Somerset County, Somerset, PA
- Pennsylvania Highlands Community College, Johnstown, PA
- Pennsylvania Link to Aging and Disability Resources, Johnstown, PA
- Pennsylvania State Police – Somerset, Somerset, PA
- Pitt Program Evaluation and Research Unit (PERU), Pittsburgh, PA
- Riggs Industries, Stoystown, PA
- RMB Realty, Somerset, PA
- Rockwood Area School District, Rockwood, PA
- Salvation Army, Somerset, PA
- SCI Somerset, Somerset, PA
- Sodexo Campus Services, Somerset, PA
- Somerset Area School District, Somerset, PA
- Somerset Borough Police Department, Somerset, PA
- Somerset County Chamber of Commerce, Somerset, PA
- Somerset County Children and Youth Services, Somerset, PA
- Somerset County Commissioner, Somerset, PA
- Somerset County Emergency Management, Somerset, PA
- Somerset County Farm Bureau, Somerset, PA
- Somerset County Farmer's Market, Somerset, PA
- Somerset County Library, Somerset, PA
- Somerset County Mobile Food Bank, Somerset, PA
- Somerset Inc., Somerset, PA
- Somerset Single County Authority for Drug and Alcohol, Somerset, PA
- Somerset Trust Company, Somerset, PA
- St. Paul's United Church of Christ, Somerset, PA
- Tableland Services, Inc., Community Action Partnership for Somerset County, Somerset, PA
- Tapestry of Health Somerset WIC Program, Somerset, PA
- The Children's Aid Home Programs of Somerset County, Inc., Somerset, PA
- The EADS Group, Somerset, PA
- The Tribune-Democrat, Johnstown, PA
- United Way of the Laurel Highlands, Johnstown, PA

- UPMC Western Behavioral Health at Twin Lakes, Somerset, PA

### UPMC Western Maryland

- Aetna, Cumberland, MD
- Aircon Engineering, Inc., Cumberland, MD
- Allegany Arts Council, Inc., Cumberland, MD
- Allegany College of Maryland, Cumberland, MD
- Allegany County Board of County Commissioners, Cumberland, MD
- Allegany County Department of Social Services, Cumberland, MD
- Allegany County Health Department, Cumberland, MD
- Allegany County Human Resources Development Commission, Cumberland, MD
- Allegany County Library System, Cumberland, MD
- Allegany County Sheriff's Office, Cumberland, MD
- Allegany County Transit, Cumberland, MD
- Archway Station, Inc., Cumberland, MD
- Associated Charities of Cumberland, Inc., Cumberland, MD
- CareFirst BlueCross BlueShield, Baltimore, MD
- CBIZ Inc., Cumberland, MD
- Central Assembly of God, Cumberland, MD
- Christ Lutheran Church, LaVale, MD
- City of Cumberland Parks and Recreation Department, Cumberland, MD
- Community Trust Foundation, Cumberland, MD
- Cornerstone Baptist Church, Cumberland, MD
- County United Way, Cumberland, MD
- CRGA Design, Baltimore, MD
- Cumberland Housing Authority, Cumberland, MD
- Danville Community Baptist Church, Rawlings, MD
- Dr. Mary Anne Jenkins, DDS, MS LLC, Cumberland, MD
- Excel Propulsion & Armaments Consulting, New Creek, WV
- Family Crisis Resource Center, Inc., Cumberland, MD
- First English Baptist Church, Frostburg, MD
- Friends Aware, Inc., Cumberland, MD
- Friendship Haven Church, Cumberland, MD
- Frostburg State University, Frostburg, MD
- Geppert, McMullen, Paye & Getty, Cumberland, MD
- God's Ark of Safety Church, Frostburg, MD
- Jane's Place, Inc., Allegany County Child Advocacy Center, Cumberland, MD
- Lifetime Dental Care of Frostburg, Frostburg, MD
- Local Management Board of Allegany County, Cumberland, MD
- Maryland Area Health Education Center West (AHEC West), Cumberland, MD
- Maryland House of Delegates, District 1B, Annapolis, MD
- Melvin United Methodist Church, Cumberland, MD
- Mountain Laurel Medical Center, Oakland, MD
- NAACP Allegany County Branch, Unit 7007, Cumberland, MD
- New Venture Christian Church, Cumberland, MD
- Office of the Mayor, City of Cumberland, Cumberland, MD
- Office of the Mayor, City of Frostburg, Frostburg, MD
- Office of the Mayor, City of Lonaconing, Lonaconing, MD
- Office of the Mayor, Town of Barton, Barton, MD
- Office of the Mayor, Town of Luke, Luke, MD
- Our Lady of the Mountains Parish, Cumberland, MD
- Rocky Gap State Park, Flintstone, MD
- The Belt Group of Companies, Cumberland, MD
- The Board of Education of Allegany County, Cumberland, MD
- The PharmaCare Network, Cumberland, MD
- The Salvation Army, Cumberland, MD
- Tri-State Community Health Center, Cumberland, MD
- University of Maryland Extension, Allegany County, Cumberland, MD
- W.D.S. Realty Limited Partnership, Cumberland, MD
- Western Maryland Food Bank, Cumberland, MD
- Western Maryland Health System Auxiliary, Cumberland, MD
- Western Maryland Health System Foundation, Cumberland, MD
- YMCA of Cumberland, Cumberland, MD

Additionally, a UPMC system-wide group comprised of individuals and organizations representing the broad interests of the region's communities — including representatives from medically underserved, low-income, and minority populations — was invited to participate in the survey. Invitees included representatives from the following organizations:

- 100 Black Men of Western PA, Inc., Pittsburgh, PA
- 10,000 Friends of Pennsylvania, Harrisburg, PA
- 1889 Foundation, Johnstown, PA
- 18fore3.21, Grantville, PA
- 3.21 For Life, Hummelstown, PA
- 5A Elite Youth Empowerment, Pittsburgh, PA
- A Glimmer of Hope Foundation, Wexford, PA
- A Second Chance, Inc., Philadelphia, PA
- A Woman's Concern, Lancaster, PA
- A. Philip Randolph Institute (APRI), Pittsburgh Chapter, Pittsburgh, PA
- A.T.U. Local 85, Pittsburgh, PA
- A+ Schools, Pittsburgh, PA
- AACA Museum Inc., Hershey, PA
- Aaron's Acres, Lancaster, PA
- Abbottsford-Falls Family Practice & Counseling, Philadelphia, PA
- ABC Life Center Incorporated, Franklin, PA
- Abundant Living Ministries, Lititz, PA
- Accessible YOUNiverse, Pittsburgh, PA
- Acción Colombia, Philadelphia, PA
- Accountability For Life, York, PA
- Acculturation for Justice, Access, and Peace Outreach (AJAPO), Pittsburgh, PA
- ACH Clear Pathways, Pittsburgh, PA
- Achieva, Pittsburgh, PA
- Achievement Center of LECOM Health, Erie, PA
- Achieving Greatness, Inc., Pittsburgh, PA
- ACLAMO Family Centers, Norristown, PA
- Act in Faith of Greater West Chester, West Chester, PA
- ACTION Housing Inc., Pittsburgh, PA
- Adams County Arts Council, Gettysburg, PA
- Adams County Housing Authority, Gettysburg, PA
- Adams Rescue Mission, Gettysburg, PA
- Adamstown Area Library, Adamstown, PA
- Africa 6000 International, Erie, PA
- African American Chamber of Commerce of Western Pennsylvania, Pittsburgh, PA
- Afro American Music Institute & Bethany Baptist Church, Pittsburgh, PA
- Aging Institute, University of Pittsburgh, Pittsburgh, PA
- AHEDD, Camp Hill, PA
- Ahmadiyya Muslim Community, Pittsburgh, PA
- AIA Pittsburgh Chapter, Pittsburgh, PA
- AIA, Alera Group, Mechanicsburg, PA
- AKA Foundation of Central Pennsylvania, Inc., Harrisburg, PA
- Al-Bustan Seeds of Culture, Philadelphia, PA
- Alder Health Services, Harrisburg, PA
- Aleph Institute – N.E. Regional Headquarters, Pittsburgh, PA
- Aleph: Alliance for Jewish Renewal, Philadelphia, PA
- Alex W. Smith Foundation, Harrisburg, PA
- Alex's Lemonade Stand Foundation for Childhood Cancer, Wynnewood, PA
- All for All, powered by The Global Switchboard, Pittsburgh, PA
- Allegheny Christian Ministries, Inc., Laurel View Village, Davidsville, PA
- Allegheny Conference on Community Development, Pittsburgh, PA
- Allegheny County Department of Human Services, Pittsburgh, PA
- Allegheny County Juvenile Court, Pittsburgh, PA
- Allegheny County Medical Society, Pittsburgh, PA
- Allegheny Intermediate Unit (AIU/Transitional Coordinating Council of Allegheny County), Homestead, PA
- Allegheny Lutheran Social Ministries, Hollidaysburg, PA
- Allegheny RiverTrail Park, Pittsburgh, PA
- Allegheny/Fayette Central Labor Council, Pittsburgh, PA
- Allen Place Community Services, Inc., Pittsburgh, PA
- Allentown Area Ecumenical Food Bank, Allentown, PA
- Allentown Housing Authority, Allentown, PA
- Allentown Rescue Mission, Allentown, PA

- Alliance for Building Communities, Inc., Allentown, PA
- Allies for Health + Wellbeing, Pittsburgh, PA
- Alpha Kappa Alpha Sorority, Inc., Chicago, IL
- Altoona Community Theatre, Altoona, PA
- Altoona Housing Authority, Altoona, PA
- Alzheimer's Association, Greater Pennsylvania Chapter, Harrisburg, PA
- Alzheimer's Disease Research Center, Pittsburgh, PA
- Amachi Pittsburgh, Pittsburgh, PA
- Amani Christian Community Development Corporation, Pittsburgh, PA
- AMD3 Foundation, Pittsburgh, PA
- American Foundation for Suicide Prevention, Bridgeville, PA
- American Heart Association – Central PA, Harrisburg, PA
- American Heart Association – Philadelphia, Philadelphia, PA
- American Literacy Corporation - Leyendo En Vivo 365, Harrisburg, PA
- American Middle East Institute, Pittsburgh, PA
- American Red Cross, Pittsburgh, PA
- American Rescue Workers, Williamsport, PA
- Americans for the Competitive Enterprise System, Inc. (ACES), Erie, PA
- Amyloidosis Foundation, Clarkston, MI
- Anchorpoint Counseling Ministry, Pittsburgh, PA
- Andrew Carnegie Free Library & Music Hall, Carnegie, PA
- Animal Friends, Pittsburgh, PA
- Anna's Place, Aston, PA
- Ann's Heart, Phoenixville, PA
- Annville Free Library, Annville, PA
- Antioch Baptist Church, Fairfax Station, VA
- Appell Center for the Performing Arts, York, PA
- Apraxia Kids, Pittsburgh, PA
- Aquinas Academy of Pittsburgh, Gibsonia, PA
- Arbutus Park Retirement Community, Johnstown, PA
- Arch Street Center, Lancaster, PA
- Armitage Golf Club, Mechanicsburg, PA
- Armstrong Center for Medicine & Health (ACMH Hospital), Kittanning, PA
- Armstrong County Community Action Partnership, Kittanning, PA
- Armstrong-Indiana-Clarion Drug and Alcohol Commission, Inc., Shelocta, PA
- Army Heritage Center Foundation, Carlisle, PA
- Art Association of Harrisburg, Harrisburg, PA
- Arthritis Foundation, Pittsburgh, PA
- ArtsAltoona, Altoona, PA
- Asbury Woods, Erie, PA
- Ascender, Pittsburgh, PA
- Asian Indian Americans of Central Pennsylvania (AIACPA), Mechanicsburg, PA
- Aspinwall Chamber of Commerce, Aspinwall, PA
- Assemble, Pittsburgh, PA
- Associated Artists of Pittsburgh, Pittsburgh, PA
- ATHENA Erie, Erie, PA
- Auberle, McKeesport, PA
- August Wilson House, Bethel Park, PA
- Aurora Social Rehabilitation Services - Harrisburg, Harrisburg, PA
- Aurora Social Rehabilitation Services - Mechanicsburg, Mechanicsburg, PA
- Autism Society Greater Philadelphia, King of Prussia, PA
- Autism Society Northwestern Pennsylvania, Erie, PA
- Autism Urban Connections, Inc., Pittsburgh, PA
- Awbury Park & Recreation Center, Philadelphia, PA
- Ayuda Community Center Art House, Philadelphia, PA
- Baker Playground, Philadelphia, PA
- Baptist Senior Family, Pittsburgh, PA
- Barber National Institute, Erie, PA
- Barnstone Art for Kids, Phoenixville, PA
- Barry Playground, Philadelphia, PA
- Be Proud Foundation, Media, PA
- Beaver County Chamber of Commerce, Beaver, PA
- Beaver Falls Community Development Corporation, Beaver, PA
- Bebash-T Transition to Hope, Philadelphia, PA
- Bedford County Chamber of Commerce, Bedford, PA
- Belfield Recreation Center, Philadelphia, PA

- Ben & Tim Day Inc., Hershey, PA
- Bender Leadership Academy, Moon Twp., PA
- Benedictine Sisters of Pittsburgh, Bakerstown, PA
- BenePhilly, Philadelphia, PA
- Bengali Association of Pittsburgh, Pittsburgh, PA
- Berks Community Health Center, Reading, PA
- Berks County Action Program, Reading, PA
- Bethanna, Southampton, PA
- Bethany Christian Services – Philadelphia, Jenkintown, PA
- Bethel A.M.E. Church, Pittsburgh, PA
- Bethel Worship Center, Philadelphia, PA
- Bethesda Foundation For Children, Meadville, PA
- Bethesda Lutheran Services, Meadville, PA
- Bethesda Mission, Harrisburg, PA
- Bethlehem Area Public Library, Bethlehem, PA
- Bethlehem Housing Authority, Bethlehem, PA
- Beverly's Birthdays, North Huntingdon, PA
- Bhutanese Community Association of Pittsburgh, Pittsburgh, PA
- Bids for Kids, Erie, PA
- Bidwell Training Center, Pittsburgh, PA
- Big Brothers Big Sisters Independence, Philadelphia, PA
- Big Brothers Big Sisters of Blair County, Altoona, PA
- Big Brothers Big Sisters of Bucks County, Jamison, PA
- Big Brothers Big Sisters of Greater Pittsburgh, Pittsburgh, PA
- Big Brothers Big Sisters of Northeastern Pennsylvania, Forty Fort, PA
- Big Brothers Big Sisters of the Capital Region, Harrisburg, PA
- Big Brothers Big Sisters of the Laurel Region, Greensburg, PA
- Big Brothers Big Sisters of the Lehigh Valley, Allentown, PA
- Big Brothers Big Sisters of the Twin Tiers, Towanda, PA
- Big Brothers Big Sisters of York & Adams Counties, York, PA
- BikePGH, Pittsburgh, PA
- Birmingham Free Clinic, Pittsburgh, PA
- Bishop McDevitt High School, Harrisburg, PA
- Black Girl Health, LLC, Harrisburg, PA
- Black Political Empowerment Project (B-PEP), Pittsburgh, PA
- Black Urban Gardeners and Farmers of Pittsburgh Co-op, Pittsburgh, PA
- Black Women's Health Alliance (Philadelphia), Philadelphia, PA
- Blair County Arts Foundation, Altoona, PA
- Blair County Chamber of Commerce, Altoona, PA
- Blair County Conservation District, Hollidaysburg, PA
- Blair County Department of Emergency Services, Altoona, PA
- Blair County NAACP, Altoona, PA
- Blair HealthChoices, Hollidaysburg, PA
- Blair Regional YMCA, Hollidaysburg, PA
- Blair Senior Services Inc., Altoona, PA
- Blair Type I Diabetes Foundation, Altoona, PA
- Bloomfield Little Italy Days, Pittsburgh, PA
- Bloomsburg Food Cupboard, Bloomsburg, PA
- Borough of Jefferson Hills Recreation Board, Jefferson Hills, PA
- Borough of Spring Grove, Spring Grove, PA
- Boy Scouts of America, Hawk Mountain Council, Reading, PA
- Boy Scouts of America, Juniata Valley Council, Reedsville, PA
- Boy Scouts of America, Laurel Highlands Council, Pittsburgh, PA
- Boy Scouts of America, Minsi Trails Council, Allentown, PA
- Boy Scouts of America, Pennsylvania Dutch Council, Lancaster, PA
- Boyertown Area Multi-Service, Inc., Boyertown, PA
- Boyle Recreation Center, Philadelphia, PA
- Boys & Girls Club of Allentown, Allentown, PA
- Boys & Girls Club of Bethlehem, Bethlehem, PA
- Boys & Girls Club of Chambersburg and Shippensburg, Shippensburg, PA
- Boys & Girls Club of Lancaster, Lancaster, PA
- Boys & Girls Club of Northeastern Pennsylvania, Scranton, PA
- Boys & Girls Clubs of Philadelphia, Philadelphia, PA

- Boys Hope Girls Hope of Pittsburgh, Inc., Pittsburgh, PA
- Bradbury-Sullivan LGBT Community Center, Allentown, PA
- Brandywine Community Library, Topton, PA
- Brandywine Valley Active Aging, Coatesville, PA
- Breakthrough Greater Philadelphia, Philadelphia, PA
- Breathe Pennsylvania, Cranberry Twp., PA
- Brenda Alton Ministries, Harrisburg, PA
- Brethren Housing Association, Harrisburg, PA
- Brethren Village, Lititz, PA
- Brevillier Village, Erie, PA
- Bridge Builders Community Foundations, Oil City, PA
- Bridge of Hope, Malvern, PA
- Bridge of Hope Harrisburg Area, Harrisburg, PA
- Bridgeway Capital, Pittsburgh, PA
- Bright Side Opportunities Center, Lancaster, PA
- Brightside Academy: 40th & Lancaster, Philadelphia, PA
- Brightside Academy: Meadow Street, Philadelphia, PA
- Brittany's Hope, Philadelphia, PA
- Brooks-TLC Hospital System, Inc., Dunkirk, NY
- Brother's Brother Foundation, Pittsburgh, PA
- Brown Mamas, LLC, Pittsburgh, PA
- Brownsville Free Public Library, Brownsville, PA
- Bryn Mawr Church of God, White Oak, PA
- Bubbler Foundation, Boiling Springs, PA
- Bucks County Emergency Homeless Shelter, Doylestown, PA
- Bucks County Housing Group (BCHG) Community Food Pantry at Penndel, Langhorne, PA
- Bucks County Opportunity Council: Warminster Client Services, Warminster, PA
- Buffalo Elementary School, Sarver, PA
- Buhl Park, Hermitage, PA
- Buhl Park Corporate, Hermitage, PA
- Buildabridge, Philadelphia, PA
- Businesswomen Influencing Gettysburg, Gettysburg, PA
- Butler Community College, Butler, PA
- Bynums Marketing & Communications, Pittsburgh, PA
- Calvary Christian Church, Philadelphia, PA
- Cambria County Library System, Johnstown, PA
- Cambria Regional Chamber of Commerce, Johnstown, PA
- Cameron and Elk Counties Behavioral and Developmental Programs, Ridgway, PA
- Camp Erin, Philadelphia, PA
- Cancer Bridges, Pittsburgh, PA
- Capital Area Greenbelt Association, Harrisburg, PA
- Capital Area Therapeutic Riding Association, Harrisburg, PA
- Carbon-Monroe-Pike Mental Health and Developmental Services, Stroudsburg, PA
- Career Fair Connection, King of Prussia, PA
- Carlisle Area Chamber of Commerce, Carlisle, PA
- Carlisle Borough, Carlisle, PA
- Carlisle Family YMCA, Carlisle, PA
- Carlisle High School, Carlisle, PA
- Carlow University, Pittsburgh, PA
- Carnegie Library of Pittsburgh – Main Branch Oakland, Pittsburgh, PA
- Carnegie Library of Pittsburgh – Squirrel Hill, Pittsburgh, PA
- Carnegie Mellon University, Pittsburgh, PA
- Carnegie of Homestead, Pittsburgh, PA
- Carousel House, Philadelphia, PA
- Casa del Carmen Pre-School Academy, Philadelphia, PA
- Casa Guanajuato, Kennett Square, PA
- CASA of Lancaster and Lebanon Counties, Lancaster, PA
- Casa San Jose, Pittsburgh, PA
- CASA Youth Advocates serving Delaware and Chester Counties, Media, PA
- Casey Cares Foundation, Columbia, MD
- Cathedral Preparatory School, Erie, PA
- Catholic Charities of the Diocese of Erie, Inc., Erie, PA
- Catholic Charities of the Diocese of Harrisburg, Harrisburg, PA
- Catholic Charities of the Diocese of Pittsburgh, Inc., Pittsburgh, PA
- Catholic Diocese of Pittsburgh, Pittsburgh, PA
- Catholic Harvest Food Pantry, York, PA
- Cay Galgon Life House, Bethlehem, PA
- CCAC Educational Foundation, Pittsburgh, PA

- Cecil B. Moore Recreation Center, Philadelphia, PA
- Center for Advocacy for the Rights & Interests of Elders (CARIE), Philadelphia, PA
- Center for Civic Arts, Pittsburgh, PA
- Center for Hearing & Deaf Services, Pittsburgh, PA
- Center For Independent Living of Central Pennsylvania, Harrisburg, PA
- Center for Schools and Communities, Camp Hill, PA
- Center for Victims, Pittsburgh, PA
- Center in the Park, Philadelphia, PA
- Center of Life, Pittsburgh, PA
- Center that Cares, Pittsburgh, PA
- Central Blair Recreation Commission, Altoona, PA
- Central Bucks Chamber of Commerce, Doylestown, PA
- Central Catholic High School, Pittsburgh, PA
- Central Dauphin Baseball Association, Paxtonia, PA
- Central Dauphin Rams Cheerleading Boosters Association, Harrisburg, PA
- Central Dauphin School District, Choir Parents Association, Harrisburg, PA
- Central PA Autism Community, Altoona, PA
- Central PA Coalition United to Fight Cancer, Harrisburg, PA
- Central PA Kings Men's Basketball Team, Middletown, PA
- Central Penn Business Group on Health, Lancaster, PA
- Central Penn Business Journal, Harrisburg, PA
- Central Penn College Education Foundation, Summerdale, PA
- Central Pennsylvania Food Bank, Harrisburg, PA
- Central Pennsylvania Swing Dance Club, Carlisle, PA
- Central Susquehanna Sight Services, Inc., Sunbury, PA
- Central York School District, York, PA
- Centre Region Down Syndrome Society, State College, PA
- Centro Cultural Latinos Unidos, Inc., Pottstown, PA
- Centro Hispano, Reading, PA
- Centro Nueva Creación, Philadelphia, PA
- Chabad of Pittsburgh, Pittsburgh, PA
- Chalkboard Financial, Palmyra, PA
- Chambersburg Chamber of Commerce, Chambersburg, PA
- Chambersburg Noontime Lions Club, Chambersburg, PA
- Chan Soon-Shiong Medical Center at Windber, Windber, PA
- Change Agency, Pittsburgh, PA
- Character...Be About It, Erie, PA
- Charleroi Area Public Library, Charleroi, PA
- Charleroi School District Education Foundation, Charleroi, PA
- Charter Arts Foundation, Bethlehem, PA
- Chatham University Center for Women's Entrepreneurship, Pittsburgh, PA
- Cheryl Rice Leadership, Inc., Philadelphia, PA
- Chester City, Chester, PA
- Chester City Health Board, Chester, PA
- Chester Community Coalition, Chester, PA
- Chester Community Improvement Project, Chester, PA
- Chester County Art Association, West Chester, PA
- Chester County Community Foundation, West Chester, PA
- Chester County Department of Drug & Alcohol Services, West Chester, PA
- Chester County Food Bank, Exton, PA
- Chester County Futures, Coatesville, PA
- Chester County Interlink, West Chester, PA
- Chester County Opportunities Industrialization Center, Coatesville, PA
- Chester Eastside, Inc., Chester, PA
- Chester Innovations Community Services, Inc., Chester, PA
- Chestnut Hill Development Group, Philadelphia, PA
- Cheyenne Regional Foundation, Cheyenne, WY
- Children's Aid Society, Clearfield, PA
- Children's Advocacy Centers of Pennsylvania, Harrisburg, PA
- Children's Hospital of Philadelphia: Homeless Health Initiative, Philadelphia, PA
- Children's Museum of Pittsburgh, Pittsburgh, PA
- Children's Service Center, Wilkes-Barre, PA
- Chinese Association for Science and Technology-Pittsburgh Chapter (CAST-P), Wexford, PA
- Christian Churches United of the Tri-County Area, Harrisburg, PA
- Christian Legal Clinic of Philadelphia - Hunting Park, Philadelphia, PA

- Christopher's Kitchen, Sewickley, PA
- Christ's Evangelical Lutheran Church, Murrysville, PA
- Chuckie F. Mahoney Memorial Foundation, Burgettstown, PA
- Church of the Covenant Preschool, Washington, PA
- Churchill-Wilkins Rotary Club, Turtle Creek, PA
- City of Asylum, Pittsburgh, PA
- City of Greensburg Parks and Recreation, Greensburg, PA
- City of Harrisburg, Harrisburg, PA
- City of Harrisburg Parks and Recreation, Harrisburg, PA
- City of Philadelphia Health Center 1, Philadelphia, PA
- City of Pittsburgh, Pittsburgh, PA
- City of Pittsburgh, Pittsburgh Partnership, Pittsburgh, PA
- City of Washington Citywide Development Corporation, Washington, PA
- City of York, Human Relations Commission, York, PA
- City Theatre Company, Pittsburgh, PA
- Clare House Lancaster, Lancaster, PA
- Clarion Area Chamber of Business & Industry, Clarion, PA
- Clarion County Coalition for Suicide Prevention, Clarion, PA
- Clarion County Human Services, Clarion, PA
- Clarion County YMCA, Clarion, PA
- Clarion Forest VNA, Clarion, PA
- Clark Memorial Baptist Church, Homestead, PA
- Classrooms Without Borders, Pittsburgh, PA
- Claysburg Education Foundation, Claysburg, PA
- Clear Thoughts Foundation, Wexford, PA
- Clemente Museum, Pittsburgh, PA
- Cleve J. Fredricksen Library Association, Camp Hill, PA
- Clothed N Strength, Inc., Philadelphia, PA
- Club Serenity Inc., Charleroi, PA
- CMSU Behavioral Health & Developmental Services, Danville, PA
- Coast to Coast Productions, Fayetteville, PA
- Coby Permanency Unit, Lancaster, PA
- COBYS Family Services, Leola, PA
- Cocoa Packs, Inc., Hershey, PA
- Code & Supply Scholarship Fund Inc., Pittsburgh, PA
- Colorectal Cancer Alliance, Washington, DC
- Colours Organization, Philadelphia, PA
- Columbia Borough Police Department, Columbia, PA
- Columbia Law School, New York, NY
- Commonwealth Charter Academy (CCA), Homestead, PA
- Commonwealth Charter Academy Cyber Charter School, Homestead, PA
- Communities In Schools of Eastern Pennsylvania, Allentown, PA
- Community Action Lehigh Valley, Bethlehem, PA
- Community Action Partnership of Lancaster County, Lancaster, PA
- Community Arts Center of Cambria County, Johnstown, PA
- Community Baptist Church, Bristol, PA
- Community Blood Bank of NWPA & WNY, Erie, PA
- Community Care Behavioral Health Organization, Pittsburgh, PA
- Community CARES, Carlisle, PA
- Community College of Allegheny County, Pittsburgh, PA
- Community Connections for Children, York, PA
- Community Design Collaborative, Philadelphia, PA
- Community Empowerment Association, Pittsburgh, PA
- Community First Fund, Lancaster, PA
- Community Forge, Wilkesburg, PA
- Community Foundation for Alleghenies, Johnstown, PA
- Community Foundation of Fayette County, Uniontown, PA
- Community Health Center-Butler, Butler, PA
- Community Health Council of Lebanon County, Lebanon, PA
- Community Human Services, Pittsburgh, PA
- Community Kitchen Pittsburgh, Pittsburgh, PA
- Community Legal Services of Philadelphia: Landlord Tenant Center, Philadelphia, PA
- Community Liver Alliance, Pittsburgh, PA
- Community Living and Support Services, Pittsburgh, PA
- Community Options, Inc., Allentown, PA
- Community Progress Council, York, PA
- Community REACH, Inc., Windsor, PA
- Community Services for Children, Allentown, PA

- Community Shelter Services, Erie, PA
- Compeer of Lebanon County, Lebanon, PA
- Concilio Organization, Philadelphia, PA
- Concordia Lutheran Ministries, Cabot, PA
- Concordia Lutheran Services at Bethlen, Cabot, PA
- Confluence Tourism Association, Confluence, PA
- Congregation Beth Shalom, Pittsburgh, PA
- Congregation Poale Zedeck, Pittsburgh, PA
- Congregation Rodeph Shalom: Breaking Bread on Broad, Philadelphia, PA
- Congreso de Latinos Unidos Inc., Philadelphia, PA
- Connecting Champions, Pittsburgh, PA
- Conquering CHD - Pennsylvania, Harrisburg, PA
- CONTACT Helpline, Harrisburg, PA
- Contemporary Craft, Pittsburgh, PA
- CORA Services, Inc., Philadelphia, PA
- Coraopolis Community Development Corporation, Coraopolis, PA
- Cornwells United Methodist Church, Bensalem, PA
- CORO Center for Civic Leadership, Pittsburgh, PA
- Court Appointed Special Advocates (CASA) of Allegheny County, Pittsburgh, PA
- Court Appointed Special Advocates (CASA) of Venango County, Oil City, PA
- Creative Community Grow, Harrisburg, PA
- Creative York, York, PA
- Cribs for Kids, Pittsburgh, PA
- Crime Victim Center of Erie County, Erie, PA
- Crispus Attucks Community Center, Lancaster, PA
- Crohn's & Colitis Foundation, Pittsburgh, PA
- CrossNet Ministries, New Holland, PA
- CrossState Foundation, Harrisburg, PA
- Cub Scout Pack 611, Pine Grove, PA
- Cultivating Resilient Youth, Pittsburgh, PA
- Cumberland Valley Breast Care Alliance (CVBCA), Mercersburg, PA
- Cumberland Valley Business Alliance, Chambersburg, PA
- Cumberland Valley Community Connections, Shippensburg, PA
- Cumberland Valley High School, Mechanicsburg, PA
- Cumberland Valley High School - Health Occupations Students of America (HOSA), Mechanicsburg, PA
- Cystic Fibrosis Foundation Western PA Chapter, Pittsburgh, PA
- Dallastown Area School District, Dallastown, PA
- Daughters of Zion 101, Pittsburgh, PA
- Dauphin Athletic Association, Dauphin, PA
- Dauphin County Court Appointed Special Advocates (CASA), Harrisburg, PA
- Dauphin County Community Fund, Harrisburg, PA
- Dauphin County Economic Development Corporation, Harrisburg, PA
- Dauphin County Medical Society, Mechanicsburg, PA
- Dauphin County Systems of Care, Harrisburg, PA
- DBA Academy of Arts & Development (DBA WeServU of PA), Harrisburg, PA
- Delaware County Family Service Center, Chester, PA
- Delaware County Literacy Council, Chester, PA
- Delaware Valley Community Health, Inc., Norristown Regional Health Center - Dental Office, Norristown, PA
- Delaware Valley Legacy Fund, Philadelphia, PA
- Delone Catholic High School, McSherrystown, PA
- Demuth Foundation, Lancaster, PA
- DePaul School for Hearing and Speech, Pittsburgh, PA
- Derry Township Industrial & Commercial Development Authority, Hershey, PA
- Developmental & Disability Services of Lebanon Valley, Lebanon, PA
- Dillsburg Area Soccer Club, Dillsburg, PA
- DiSilvestro Playground, Philadelphia, PA
- Dollar Energy Fund, Pittsburgh, PA
- Domestic Violence Center of Chester County, West Chester, PA
- Domestic Violence Center of Chester County - Phoenixville Office, Phoenixville, PA
- Domestic Violence Intervention of Lebanon County, Inc., Lebanon, PA
- Domestic Violence Services of Cumberland & Perry Counties, Carlisle, PA
- Dover Women of Today, Dover, PA

- Down Syndrome Association of Pittsburgh, Pittsburgh, PA
- Downtown Carlisle Association, Carlisle, PA
- Downtown Chambersburg Inc./Downtown Business Council/Council for the Arts, Chambersburg, PA
- Downtown Daily Bread, Harrisburg, PA
- Downtown Mechanicsburg Partnership, Mechanicsburg, PA
- Doylestown Health Foundation, Doylestown, PA
- Dr. Bernett L. Johnson Sayre Health Center, Philadelphia, PA
- Dreams Go On, Duncansville, PA
- Dreams of Hope, Pittsburgh, PA
- Dress for Success Pittsburgh, Pittsburgh, PA
- Drexel University College of Medicine, Reading, PA
- Duncansville Borough, Duncansville, PA
- Duquesne Center for Student Wellbeing, Pittsburgh, PA
- Eagle F.C., Mechanicsburg, PA
- Early Connections, Inc., Erie, PA
- East Berlin Area Community Center, East Berlin, PA
- East Liberty Development, Inc. (ELDI), Pittsburgh, PA
- East Liberty Family Health Care Center, Pittsburgh, PA
- Eastern Amputee Golf Association, Bethlehem, PA
- Eastern Minority Supplier Development Council, Philadelphia, PA
- Eastern Society for Pediatric Research, The Woodlands, TX
- Easterseals Western and Central PA, Pittsburgh, PA
- Easton Area Neighborhood Center, Easton, PA
- Easy Does It, Inc., Leesport, PA
- Ebenezer Baptist Church, Pittsburgh, PA
- Ebenezer Church of the Brethren, Elizabethtown, PA
- Ebensburg Main Street Partnership, Ebensburg, PA
- Eddystone Borough, Eddystone, PA
- Edinboro Volunteer Fire Department, Edinboro, PA
- EDSI Reemployment Transition Center, Pittsburgh, PA
- Educating Teens about HIV/AIDS, Inc., Pittsburgh, PA
- Eichelberger Performing Arts Center, Hanover, PA
- Elana's Blessings, Washington, PA
- Elizabethtown Area Chamber of Commerce, Elizabethtown, PA
- Embracing Our Veterans, Erie, PA
- Emergency Relief Association of Lower Bucks County Food Pantry, Levittown, PA
- EmergyCare, Erie, PA
- Emma's Footprints, Erie, PA
- Emmaus Community of Pittsburgh, Pittsburgh, PA
- Emmaus Ministries Erie, Erie, PA
- Employment Skills Center, Carlisle, PA
- EMS West, Pittsburgh, PA
- Encore! Home School Productions, Mount Gretna, PA
- Energy Innovation Center Institute, Pittsburgh, PA
- Engineers Without Borders-Pittsburgh Professional Chapter, Pittsburgh, PA
- Enon Tabernacle Baptist Church, Philadelphia, PA
- Ephrata Community Health Foundation, Ephrata, PA
- Epilepsy Association of Western and Central PA, Pittsburgh, PA
- Episcopal Community Services: Out of School Time, Philadelphia, PA
- Erie Art Museum, Erie, PA
- Erie Arts & Culture, Erie, PA
- Erie Blue Coats, Erie, PA
- Erie City Mission, Erie, PA
- Erie County Historical Society, Erie, PA
- Erie County Medical Society, West Seneca, NY
- Erie DAWN, Erie, PA
- Erie Day School, Erie, PA
- Erie Downtown Partnership, Erie, PA
- Erie Otters, Erie, PA
- Erie Playhouse, Erie, PA
- Erie Regional Chamber and Growth Partnership, Erie, PA
- Erie Seawolves, Erie, PA
- Erie Sports Commission, Erie, PA
- Erie United Methodist Alliance, Erie, PA
- Erie Zoo, Erie, PA
- Erie-Western PA Port Authority, Erie, PA
- Estamos Unidos de Pennsylvania (EUP), Harrisburg, PA
- Events by Eye Candy, Mechanicsburg, PA
- Every Child Inc., Pittsburgh, PA
- Exeter Community Library, Reading, PA

- ExpERIENCE Childrens Museum, Erie, PA
- Exton Region Chamber of Commerce, Exton, PA
- Extra Mile Education Foundation, Pittsburgh, PA
- Eyez On U Pop Up Events, Norristown, PA
- Face To Face, Philadelphia, PA
- Factory Ministries, Paradise, PA
- Faith United Methodist Church, Sharpsburg, PA
- Families Matter Food Pantry, Monaca, PA
- Family & Community Service of Delaware County, Administrative Office, Springfield, PA
- Family & Friends Initiative Inc., Turtle Creek, PA
- Family First Health: Columbia Medical, Columbia, PA
- Family Guidance, Inc., Cranberry Township, PA
- Family House, Pittsburgh, PA
- Family Medicine Education Consortium, Inc., Dayton, OH
- Family Promise of Berks County, Reading, PA
- Family Promise of Harrisburg Capital Region, Camp Hill, PA
- Family Promise of Lehigh Valley, Allentown, PA
- Family Promise of the Main Line (formerly Interfaith Hospitality Network of the Main Line), Norristown, PA
- Family Resources, Pittsburgh, PA
- Family Service Association of Bucks County - Quakertown Office, Quakertown, PA
- Family Service of Chester County, Chester, PA
- Family Services of NW PA, Erie, PA
- Family Services of Warren County, Warren, PA
- Familylinks, Pittsburgh, PA
- Farm & Natural Lands Trust of York County, York, PA
- FashionAFRICANA, Pittsburgh, PA
- Fayette County Community Action Agency, Inc., Uniontown, PA
- Fayette County Cultural Trust, Connellsville, PA
- Feel Your Boobies Foundation, Harrisburg, PA
- Film Pittsburgh, Pittsburgh, PA
- First Baptist Church of Pittsburgh, Pittsburgh, PA
- First Church of the Brethren - Quakertown, Quakertown, PA
- First Community Foundation Partnership of Pennsylvania (FCFP), Williamsport, PA
- First Step Recovery Homes, McKeesport, PA
- First Tee - Pittsburgh, Pittsburgh, PA
- First United Church of Christ, Carlisle, PA
- Fishing Creek Salem United Methodist Church, Goldsboro, PA
- FLOW-For the Love of Women, Harrisburg, PA
- FOCUS North America, Pittsburgh, PA
- Focus on Renewal, McKees Rocks, PA
- Food First Pantry, Philadelphia, PA
- Forward Cities, Durham, NC
- Foundation for Free Enterprise Education, Erie, PA
- Foundation of HOPE, Pittsburgh, PA
- Frankford Chargers Sports and Mentoring Association, Philadelphia, PA
- Frankford Community Development Corporation, Philadelphia, PA
- Franklin Area Chamber of Commerce, Franklin, PA
- Franklin County Area Development Corporation, Chambersburg, PA
- Franklin County Housing Authority, Chambersburg, PA
- Franklin County Library System, Chambersburg, PA
- Franklin/Grove City YMCA, Franklin, PA
- Friends of Codorus State Park (FOCSP), Hanover, PA
- Friends of Midtown, Harrisburg, PA
- Friends of Recreation at East Pennsboro Parks, Enola, PA
- Friends of the Poor, Scranton, PA
- Frontline Dads, Inc., Philadelphia, PA
- Frost Brown Todd Attorneys, Pittsburgh, PA
- Fulton County Food Basket, McConnellsburg, PA
- Fulton County Medical Center, McConnellsburg, PA
- Fulton Theatre Company, Lancaster, PA
- Garfield Jubilee Association, Pittsburgh, PA
- Garvey Manor Nursing Home, Hollidaysburg, PA
- Gateway Medical Society, Pittsburgh, PA
- Gateway Rehabilitation Center, Aliquippa, PA
- Gaudenzia, Inc., Norristown, PA
- Gettysburg Pride, Gettysburg, PA
- GFCW Hollidaysburg Area Women's Club, Hollidaysburg, PA
- GIFT-Giving It Forward, Together, Pittsburgh, PA

- Girl Scouts Western Pennsylvania, Pittsburgh, PA
- Girls on the Run Lancaster, Landisville, PA
- Girls on the Run UPMC Magee-Womens Hospital, Pittsburgh, PA
- Give Local York, York, PA
- Glade Run Lutheran Services, Zelienople, PA
- Gliding Stars of Erie Inc., Erie, PA
- Global Links, Pittsburgh, PA
- Global Minds Initiative, Pittsburgh, PA
- GlobalPittsburgh, Pittsburgh, PA
- God Love Ya Foundation, Mechanicsburg, PA
- Good Samaritan Services, Ephrata, PA
- Good Shepherd Lutheran Church, Liverpool, PA
- Good Shepherd Rehabilitation, Allentown, PA
- Good Works, Inc., Coatesville, PA
- Goodwill of Southwestern Pennsylvania, Pittsburgh, PA
- Grace Baptist Church of Germantown, Philadelphia, PA
- Grace Community Foundation, Allentown, PA
- Grace United Methodist Church, Lemoyne, PA
- Grantmakers of Western Pennsylvania, Pittsburgh, PA
- Gratz Fair, Gratz, PA
- Greater BucksMont Chamber of Commerce, Warminster, PA
- Greater Erie Alliance for Equality, Erie, PA
- Greater Philadelphia Health Action, Philadelphia, PA
- Greater Philadelphia YMCA, Conshohocken, PA
- Greater Pittsburgh Arts Council, Pittsburgh, PA
- Greater Pittsburgh Community Food Bank, Duquesne, PA
- Greater Pittsburgh Convention and Visitors Bureau (Visit Pittsburgh), Pittsburgh, PA
- Greater Pittsburgh Literacy Council - Literacy Pittsburgh, Pittsburgh, PA
- Greater Pittsburgh Police Emerald Society, Braddock, PA
- Greater Reading Chamber Alliance, Reading, PA
- Greater Reading Mental Health Alliance, Wyomissing, PA
- Greater Washington County Food Bank, Canonsburg, PA
- Greater Wilkinsburg Community Advancement Association, Wilkinsburg, PA
- Greater Wyoming Valley Area YMCA, Wilkes-Barre, PA
- Green Building Alliance, Pittsburgh, PA
- Greencastle-Antrim Chamber of Commerce, Greencastle, PA
- GreenDrop, Malvern, PA
- Greenlight Operation, Lemoyne, PA
- Greenville Heritage Days, Greenville, PA
- Greenwood High School Theatre, Millerstown, PA
- Grounded Strategies, Pittsburgh, PA
- Guardian Angels Parish, Natrona Heights, PA
- Gwen's Girls, Pittsburgh, PA
- H.F. Lenz Company, Pittsburgh, PA
- Habitat for Humanity of Berks County, Reading, PA
- Habitat for Humanity of Greater Pittsburgh, Pittsburgh, PA
- Habitat for Humanity of the Greater Harrisburg Area, Harrisburg, PA
- Habitat for Humanity of the Lehigh Valley, Allentown, PA
- Habitat for Humanity - Caln ReStore, Coatesville, PA
- Habitat for Humanity - Philadelphia ReStore, Philadelphia, PA
- Habitat for Humanity - Phoenixville ReStore, Phoenixville, PA
- HACC, Central Pennsylvania's Community College, Harrisburg, PA
- Hair Peace Charities, Pittsburgh, PA
- Hamburg Public Library, Hamburg, PA
- Hamilton Health Center, Harrisburg, PA
- Hampden Township, Mechanicsburg, PA
- Hampden Township Veterans Recognition Committee, Enola, PA
- Hanover Area Chamber of Commerce, Hanover, PA
- Hanover Area Diversity Alliance, Hanover, PA
- Hanover Area Jaycees, Hanover, PA
- Hanover Area YMCA, Hanover, PA
- Hanover Lions Club, Hanover, PA
- Hanover Soccer Club, Hanover, PA
- Harmonious Volunteer Center, Philadelphia, PA
- Harrisburg Academy, Wormleysburg, PA
- Harrisburg Area YMCA, Harrisburg, PA
- Harrisburg Havoc, Harrisburg, PA
- Harrisburg Housing Authority, Harrisburg, PA

- Harrisburg Magazine, Harrisburg, PA
- Harrisburg Regional Chamber & CREDC, Harrisburg, PA
- Harrisburg Rotary Club, Harrisburg, PA
- Harrisburg Symphony Orchestra, Harrisburg, PA
- Harrisburg Telugu Association, Camp Hill, PA
- Harrisburg Young Professionals, Harrisburg, PA
- Havin, Inc., Kittanning, PA
- Hazelwood Initiative, Inc., Pittsburgh, PA
- Head for the Cure Foundation, Kansas City, MO
- Health Federation of Philadelphia, Philadelphia, PA
- Healthcare Financial Management Association, Downers Grove, IL
- Healthy Adams Bicycle/Pedestrian, Inc., Gettysburg, PA
- Healthy Kids Running Series - Lancaster, Lancaster, PA
- Healthy Kids Running Series - Lititz, Lititz, PA
- Healthy Steps Diaper Bank, Mechanicsburg, PA
- HEARTH, Glenshaw, PA
- Hedwig House, Inc., Lansdale, PA
- Heinz Endowments, Pittsburgh, PA
- Hello Neighbor, Pittsburgh, PA
- Helping Harvest, Reading, PA
- Heritage Community Initiatives, Braddock, PA
- Heritage Public Library, McDonald, PA
- Heritage Valley Health System, Inc., Sewickley, PA
- Hershey Food Bank and Community Outreach, Hershey, PA
- Hershey Hawks Baseball Club, Hershey, PA
- Hershey High School, Hershey, PA
- Hershey History Center, Hershey, PA
- Higher Achievement Program Inc., Washington, DC
- Highlands Health Clinic, Johnstown, PA
- Hill Community Development Corporation, Pittsburgh, PA
- Hillel Jewish University Center of Pittsburgh, Pittsburgh, PA
- Hilltop Alliance, Pittsburgh, PA
- Hispanic American Organization, Inc., Allentown, PA
- Hispanic Center Lehigh Valley, Bethlehem, PA
- Historic Harrisburg Association, Harrisburg, PA
- Historical Society of Dauphin County, Harrisburg, PA
- HM3 Partners Independence Fund, Gibsonia, PA
- Hoffman Homes Inc., Littlestown, PA
- Hollidaysburg Area Arts Council (HAAC), Hollidaysburg, PA
- Holy Family Institute, Pittsburgh, PA
- Holy Innocents Parish, Philadelphia, PA
- Holy Name of Jesus School, Harrisburg, PA
- Home of the Sparrow, Exton, PA
- Homeland Hospice, Harrisburg, PA
- Homeless Children's Education Fund, Pittsburgh, PA
- Homewood Children's Village, Pittsburgh, PA
- Homewood Retirement Centers, Martinsburg, PA
- Homewood-Brushton YMCA, Pittsburgh, PA
- Hope Cares Food Pantry, Langhorne, PA
- HOPE Drop In, Altoona, PA
- Hope Grows, Moon Township, PA
- Hope Rescue Mission, Reading, PA
- Hope Station, Carlisle, PA
- Hôpital Albert Schweitzer, Haiti, Deschapelles, Haiti
- Horn Farm Center for Agricultural Education, York, PA
- Hospice & Community Care, Lancaster, PA
- Hospice and Palliative Nurses Association, Carnegie, PA
- House of Mercy, Eastside Grassroots Coalition, Erie, PA
- Housing Alliance of Pennsylvania, Philadelphia, PA
- Housing and Neighborhood Development Service (HANDS), Erie, PA
- Housing Authority of Erie, Erie, PA
- Huddle Up for Kids Foundation, Mars, PA
- Hugh Lane Wellness Foundation, Pittsburgh, PA
- Human Services Inc., Thorndale, PA
- Humane Animal Rescue, Pittsburgh, PA
- Hummelstown Food Pantry, Hummelstown, PA
- Hunterstown Speedway, Gettysburg, PA
- Huntingdon Community Center, Huntingdon, PA
- Huntingdon County Head Start, Huntingdon, PA
- Huntingdon County Housing Authority, Mount Union, PA
- Huntingdon County PRIDE, Inc., Huntingdon, PA
- Hydrocephalus Association, Bethesda, MD
- I Am So Hill Organization, Pittsburgh, PA
- Iglesia De Dios Renacer, Plymouth Meeting, PA

- Il - VI Foundation, Bridgeville, PA
- Imani Christian Academy, Pittsburgh, PA
- In Full Swing, Doylestown, PA
- In the Light Ministries, Lancaster, PA
- Inclusant, Pittsburgh, PA
- Independent Council on Aging, Erie, PA
- Indian Organization of Lancaster County, Lancaster, PA
- Indiana County Community Action Program, Indiana, PA
- Indiana Healthcare Foundation, Indiana, PA
- Infinite Lifestyle Solutions, Pittsburgh, PA
- Ingomar Franklin Park Little League, Ingomar, PA
- Inner-City Neighborhood Art House, Erie, PA
- Institute for Research Education and Training in Addiction (IRETA), Pittsburgh, PA
- International Association of Emergency Managers (IAEM), Falls Church, VA
- Iota Phi Foundation, Inc., Pittsburgh, PA
- Iroquois School District Foundation, Erie, PA
- Islamic Center of Pittsburgh, Pittsburgh, PA
- Ivies on the Lake Foundation, Erie, PA
- JADA House International, Pittsburgh, PA
- Jaffa Shriners, Altoona, PA
- Jake Wheatley, Jr. Health and Wellness Weekend, Harrisburg, PA
- Jam in the Park, Shippensburg, PA
- Jamestown Community College, Jamestown, NY
- Jamestown Renaissance Corporation, Jamestown, NY
- Jana Marie Foundation, State College, PA
- Jesus Focus Ministry Food Pantry, Southampton, PA
- JEVS Human Services, Philadelphia, PA
- Jewish Association on Aging, Pittsburgh, PA
- Jewish Community Center of Greater Pittsburgh, Pittsburgh, PA
- Jewish Family and Community Services, Pittsburgh, PA
- Jewish Family Service of Greater Harrisburg, Harrisburg, PA
- Jewish Family Service of the Lehigh Valley, Allentown, PA
- Jewish Federation of Greater Philadelphia, Philadelphia, PA
- Jewish Federation of Greater Pittsburgh, Pittsburgh, PA
- Jewish National Fund, New York, NY
- Jewish Relief Agency, Bala Cynwyd, PA
- Jodi L. Smith Readers to Leaders Scholarship, York, PA
- Johnstown Area Heritage Association, Johnstown, PA
- Johnstown Walk of Hope, Johnstown, PA
- Joseph T. Simpson Public Library, Mechanicsburg, PA
- Josh Gibson Foundation, Pittsburgh, PA
- Judy Sare Nursery School, Bensalem, PA
- Juniata College, Huntingdon, PA
- Juniata County School District, Mifflintown, PA
- Junior Achievement of South Central PA, York, PA
- Junior Achievement of Western Pennsylvania, Bridgeville, PA
- Junior League of Lancaster, Lancaster, PA
- Junior Mustangs Athletic Association, Loysville, PA
- Juvenile Justice Center of Philadelphia, Philadelphia, PA
- Juvenile Probation Unit, Philadelphia, PA
- K & P Expressive Events, Philadelphia, PA
- Kamp for Kids, Feasterville, PA
- Kapp Advertising, Lebanon, PA
- Kappa Chapter, Inc. of Chi Eta Phi Sorority Inc., Pittsburgh, PA
- Kappa Scholarship Endowment Fund of Western PA (KSEF), Pittsburgh, PA
- Kelly Strayhorn Theater, Pittsburgh, PA
- Kennett Area Community Service: The Resource Center, Kennett Square, PA
- Kensington Library, Philadelphia, PA
- Keystone Blind Association, Hermitage, PA
- Keystone Care, Wyndmoor, PA
- Keystone Human Services, Harrisburg, PA
- Keystone Kidspace, York, PA
- Keystone Opportunity Center, Souderton, PA
- Kids Chance of Pennsylvania, Fort Washington, PA
- Kids Escaping Drugs, West Seneca, NY
- Kids Voice, Pittsburgh, PA
- Kingdom Life Christian Center, Philadelphia, PA
- Kiwanis Club of Altoona, Hollidaysburg, PA
- Kiwanis Club of Lebanon, Lebanon, PA
- Kline Health Center, Harrisburg, PA

- Kollel Jewish Learning Center, Pittsburgh, PA
- Kutztown Community Library, Kutztown, PA
- La Casa Latina, Philadelphia, PA
- Ladies of Charity, Catholic Diocese of Pittsburgh, Pittsburgh, PA
- Lake Erie Arboretum at Frontier Park, Erie, PA
- Lake Erie College of Osteopathic Medicine (LECOM), Erie, PA
- Lakemont Lions Club, Altoona, PA
- Lakeshore Community Services, Erie, PA
- Lancaster Bicycle Club, Lancaster, PA
- Lancaster Chamber of Commerce, Lancaster, PA
- Lancaster County Food Hub, Lancaster, PA
- Lancaster Lebanon Habitat for Humanity, Lancaster, PA
- Lancaster LGBTQ+ Coalition, Lancaster, PA
- Lancaster Mennonite School, Lancaster, PA
- Lancaster Pride Association, Lancaster, PA
- Lancaster Recreation Commission, Lancaster, PA
- Lancaster Science Factory, Lancaster, PA
- Lancaster Senior Games, Lancaster, PA
- Lancaster Symphony Orchestra, Lancaster, PA
- Landforce, Pittsburgh, PA
- Landisburg EMS, Landisburg, PA
- Larimer Consensus Group (LCG), Pittsburgh, PA
- Latin American Cultural Center - Lancaster LACC, Lancaster, PA
- Latino Community Center, Pittsburgh, PA
- Latino Connection, Harrisburg, PA
- Latinos Unidos of York, York, PA
- Latrobe Art Center, Latrobe, PA
- Laurel House, Inc., Uniontown, PA
- Laurel Life, Chambersburg, PA
- Laurel's Loft Thrift Shop, Lansdale, PA
- Lawrence County Regional Chamber of Commerce, New Castle, PA
- Lawrenceville Corporation, Pittsburgh, PA
- LCH Health and Community Services Kennett Square, Kennett Square, PA
- LCLAA Pittsburgh, Pittsburgh, PA
- Leadership Cumberland, Carlisle, PA
- Leadership Pittsburgh, Inc., Pittsburgh, PA
- Leadership York, York, PA
- LeadingAge PA, Mechanicsburg, PA
- LEAF Project PA, Landisburg, PA
- Lebanon Community Library, Lebanon, PA
- Lebanon County Commission for Women, Lebanon, PA
- Lebanon County Community Action Partnership, Lebanon, PA
- Lebanon County Head Start, Lancaster, PA
- Lebanon Family Health Services (LFHS), Lebanon, PA
- Lebanon Valley Chamber of Commerce, Lebanon, PA
- Lebanon Valley College, Annville, PA
- Leg Up Farm, Mount Wolf, PA
- Legal Aid of Southeastern Pennsylvania: Chester City Office, Chester, PA
- Legal Aid of Southeastern Pennsylvania: Doylestown Almshouse Office, Doylestown, PA
- Legal Aid of Southeastern Pennsylvania: Doylestown Domestic Violence Office, Doylestown, PA
- Legal Aid of Southeastern Pennsylvania - Lansdale Outreach, Lansdale, PA
- Legal Aid of Southeastern Pennsylvania - Norristown Office, Norristown, PA
- Legal Aid of Southeastern Pennsylvania - Pottstown Office, Pottstown, PA
- Lehigh Capital HealthChoices Advisory Committee Meeting, Harrisburg, PA
- Lehigh Valley American Association of Physicians of Indian Origin, Bethlehem, PA
- Lehigh Valley Center for Independent Living, Allentown, PA
- Lehigh Valley Children's Centers, Inc. (LVCC), Allentown, PA
- Lehigh Valley Families Together, Allentown, PA
- Lemoyne Community Center, Washington, PA
- Lenape Valley Foundation: Bristol Office, Bristol, PA
- Lending Hearts, Pittsburgh, PA
- Let Freedom Sing, Pittsburgh, PA
- LGBT Center of Greater Reading, Reading, PA
- LGBT Elder Initiative (Philadelphia), Philadelphia, PA
- Liberty Resources, Philadelphia, PA

- Life Choices Clinic, Camp Hill, PA
- LifePath Christian Ministries, York, PA
- Life's Work of Western PA, Pittsburgh, PA
- Lifespan, Inc., Homestead, PA
- Light of Life Rescue Mission, Pittsburgh, PA
- Lincoln Middle School PTO, Lancaster, PA
- Lions Diabetes Board, DuBois, PA
- Literacy Pittsburgh, Pittsburgh, PA
- Lititz Chooses Love, Lititz, PA
- Little Sisters of the Poor, Pittsburgh, PA
- Living Water Community Church, Harrisburg, PA
- Lower Bucks Chamber of Commerce, Fairless Hills, PA
- Lower Paxton Community Foundation, Harrisburg, PA
- Luminari, Inc., Pittsburgh, PA
- Lupus Foundation of Pennsylvania, Pittsburgh, PA
- Lurgan Township Lions Club Recreation Center, Orrstown, PA
- Luthercare, Lititz, PA
- Luzerne County Child Advocacy Center, Wilkes Barre, PA
- Macedonia Family and Community Enrichment Center, Inc. (FACE), Pittsburgh, PA
- Magee-Womens Research Institute and Foundation, Pittsburgh, PA
- Main Street Gettysburg, Inc., Gettysburg, PA
- Mainstay Life Services, Pittsburgh, PA
- Make a Wish Foundation, Pittsburgh, PA
- Make-A-Wish: Erie, Erie, PA
- Make-A-Wish: Philadelphia, Delaware & Susquehanna Valley, Mechanicsburg, PA
- Making A Difference of Lebanon, PA, Lebanon, PA
- Manchester Bidwell Corporation, Pittsburgh, PA
- Manchester Youth Development Center (MYDC), Pittsburgh, PA
- MANNA, Philadelphia, PA
- Manna on Main Street, Lansdale, PA
- Manpower Temporary Employment Agency - Sinking Spring, Reading, PA
- Manufacturer and Business Association, Erie, PA
- Maria House Project, Erie, PA
- Mario Lemieux Foundation, Pittsburgh, PA
- Market Square Concerts, Harrisburg, PA
- Market Square Presbyterian Church, Harrisburg, PA
- Martha's Cupboard Food Bank, Fairless Hills, PA
- Mary's Cupboard, Penndel, PA
- Mary's Shelter, Reading, PA
- Marysville/Rye Senior Center, Marysville, PA
- Mason-Dixon Community Services, Inc., Delta, PA
- Maternity Care Coalition, Philadelphia, PA
- Mazzoni Center, Philadelphia, PA
- MCAPS, LLC, Pittsburgh, PA
- McGinley School of Irish Dance, Lemoyne, PA
- McGuire Memorial, New Brighton, PA
- McKees Point Development Group, McKeesport, PA
- McKees Rocks Community Development Corporation (McKees Rocks), McKees Rocks, PA
- Meals on Wheels Erie, Erie, PA
- Mechanicsburg Chamber of Commerce, Mechanicsburg, PA
- Mechanicsburg North Rotary, Mechanicsburg, PA
- Medard's House DBA The Link 4 Youth, New Cumberland, PA
- Mel Blount Youth Home of Pennsylvania, Claysville, PA
- Melton Center, West Chester, PA
- Men Who Care of Germantown, Inc., Philadelphia, PA
- Mental Health America of Northwestern Pennsylvania, Erie, PA
- Mercer County Food Bank, Sharon, PA
- Mercy Center For Women, Erie, PA
- Mercy Community/Crisis Pregnancy Center, Reading, PA
- Mercy Hilltop Center, Erie, PA
- Mercy Neighborhood Ministries, Inc., Philadelphia, PA
- Mercyhurst Preparatory School, Erie, PA
- METAvivor, Annapolis, MD
- Michael Making Lives Better, Erie, PA
- Middletown Home, Middletown, PA
- Midtown Property Management, Harrisburg, PA
- Midtown Scholar Bookstore, Harrisburg, PA
- Mifflin Community Library, Shillington, PA

- Mighty Writers: El Futuro, Philadelphia, PA
- Mighty Writers: North, Philadelphia, PA
- Milagro House, Lancaster, PA
- Milestone Centers, Inc., Pittsburgh, PA
- Millvale Community Library, Millvale, PA
- Minding the Gap, Pittsburgh, PA
- Miss Pennsylvania Scholarship Foundation, York, PA
- Mission of Mercy Pittsburgh, Pittsburgh, PA
- Mitzvah Food Program: Old York Road, Elkins Park, PA
- Mizpah Seventh Day Adventist Church, Philadelphia, PA
- Mommy's Lil' Black Book, Levittown, PA
- MOMobile: Philadelphia County, Philadelphia, PA
- Mom's House, Phoenixville, PA
- Mom's House of Lancaster, Lancaster, PA
- Mon Valley Academy for the Arts, Charleroi, PA
- Montgomery County Housing Authority, Norristown, PA
- Montour Trail Council, Pittsburgh, PA
- Moores Memorial Library, Christiana, PA
- Morning Star Pregnancy Services, Harrisburg, PA
- Mosser Village Family Center, Allentown, PA
- Mother of Sorrows Church, Murrysville, PA
- Mother Teresa Academy, Erie, PA
- Mount Aloysius College, Cresson, PA
- Mount Joy Helping Services: Food Bank, Mount Joy, PA
- Mount Nittany Health Foundation, State College, PA
- Mount Washington Community Development Corporation, Pittsburgh, PA
- M-PowerHouse of Greater Pittsburgh, Pittsburgh, PA
- Mr. PA Football, Harrisburg, PA
- Mt. Vernon Manor Community Development Center, Philadelphia, PA
- Mt. Ararat Community Activity Center, Pittsburgh, PA
- Mt. Lebanon Artists' Market, Pittsburgh, PA
- Mt. Lebanon Partnership, Mt. Lebanon, PA
- Muhlenberg Community Library, Laureldale, PA
- Muscular Dystrophy Association, Chicago, IL
- Muslim Association of Lehigh Valley, Whitehall, PA
- NAACP Greater Harrisburg Area, Harrisburg, PA
- NAACP Washington County Branch, Washington, PA
- Nabhi Christian Ministries, Inc., Pittsburgh, PA
- NACD Three Rivers Chapter, Bridgeville, PA
- Narberth Community Food Bank, Narberth, PA
- National Alliance on Mental Illness (NAMI) - Blair County PA, Altoona, PA
- National Alliance on Mental Illness (NAMI) - Cumberland and Perry Counties, Camp Hill, PA
- National Alliance on Mental Illness (NAMI) - Luzerne-Wyoming Counties PA, Kingston, PA
- National Alliance on Mental Illness (NAMI) - Northeast Region PA, Scranton, PA
- National Alliance on Mental Illness (NAMI) of PA, Erie County Affiliate, Erie, PA
- National Alliance on Mental Illness (NAMI) - York-Adams Counties PA, York, PA
- National Association of Orthopaedic Nurses, Chicago, IL
- National Civil War Museum, Harrisburg, PA
- National Coalition of 100 Black Women - Harrisburg Chapter, Harrisburg, PA
- National Council for Jewish Women, Pittsburgh, PA
- National Diversity Council, Dallas, TX
- National Down Syndrome Congress, Roswell, GA
- National Eating Disorders Association, White Plains, NY
- National Multiple Sclerosis Society, Pennsylvania Keystone Chapter, Pittsburgh, PA
- National Neurotrauma Society, Houston, TX
- National Organization of Social Workers, Washington, DC
- National Ovarian Cancer Coalition (NOCC), Pittsburgh, PA
- Nationalities Service Center, Philadelphia, PA
- Nazareth Area Food Bank, Nazareth, PA
- Negro Educational Emergency Drive (NEED), Pittsburgh, PA
- Neighborhood Allies, Pittsburgh, PA
- Neighborhood Housing Services of Greater Berks, Inc., Reading, PA
- Neighborhood Learning Alliance, Pittsburgh, PA
- NeighborWorks, Pittsburgh, PA
- NEPA Community Health Care, Montrose, PA
- New Bethany Ministries, Bethlehem, PA

- New Birth of Freedom Boy Scouts of America, Mechanicsburg, PA
- New Creation Free Methodist Church, New Castle, PA
- New Hope Ministries, Dillsburg, PA
- New Journey Community Outreach, Inc., Reading, PA
- New Oxford Area Chamber of Commerce, New Oxford, PA
- New Sun Rising, Millvale, PA
- New Voices for Reproductive Justice, Pittsburgh, PA
- New World Association, Philadelphia, PA
- Newport Community Pickleball, Newport, PA
- Newport School District, Newport, PA
- Newville Fountain Festival, Newville, PA
- Nicetown Community Development Corporation, Philadelphia, PA
- Nightingale Awards of Pennsylvania, Fort Washington, PA
- North Allegheny Foundation, Pittsburgh, PA
- North Allegheny School District, Pittsburgh, PA
- North East Community Foundation, North East, PA
- North East Middle School, North East, PA
- North Star of Chester County, West Chester, PA
- Northeast Baptist Church, Philadelphia, PA
- Northeast Community Center for Behavioral Health, Philadelphia, PA
- Northeast Neighborhood Association, York, PA
- Northeastern School District, Manchester, PA
- Northern Bedford County High School, Loysburg, PA
- Northern Dauphin Human Services Center, Elizabethville, PA
- Northern High School, Dillsburg, PA
- Northern Lancaster County Chamber of Commerce, Ephrata, PA
- Northern Lancaster County Regional Police Department, Stevens, PA
- Northern Pennsylvania Regional College, Warren, PA
- Northside Common Ministries, Pittsburgh, PA
- Not One More — York Chapter, York, PA
- Nursing Foundation of Pennsylvania (NFP), Harrisburg, PA
- NWPA Pride Alliance, Erie, PA
- Oakmont Chamber of Commerce, Oakmont, PA
- Office of the Allegheny County Executive, Pittsburgh, PA
- Office of Children and Families, Philadelphia, PA
- Office of Community Services, Washington, DC
- Office of Vocational Rehabilitation, Harrisburg, PA
- Office of Vocational Rehabilitation, Pittsburgh, PA
- Oil City Catholic Church, Oil City, PA
- Old First United Church of Christ, Philadelphia, PA
- Olivet Boys & Girls Club, Reading, PA
- Olivia's House, York, PA
- OMA Center for Mind, Body & Spirit, Inc., Pittsburgh, PA
- OMHSAS Bureau of Children's Behavioral Health, Harrisburg, PA
- One Day to Remember, Pittsburgh, PA
- On-Line Publishers, Inc., Lancaster, PA
- Onward to Opportunity, Pittsburgh, PA
- Onyx Woman Network (OWN), Pittsburgh, PA
- Open Door Baptist Church, Philadelphia, PA
- Open Field, Pittsburgh, PA
- Open Stage, Harrisburg, PA
- Operation Better Block, Inc., Pittsburgh, PA
- Operation Enduring Warrior (OEI), Midlothian, VA
- Operation Pathways: Pennsylvania, Levittown, PA
- Operation Restore Hope, Mechanicsburg, PA
- Operation Troop Appreciation, West Mifflin, PA
- Operation Walk Pittsburgh, Pittsburgh, PA
- Opportunity Finance Network: Philadelphia Office, Philadelphia, PA
- Opportunity House, Reading, PA
- Opportunity Zone Association of America, Washington, DC
- Organization of Chinese Americans, Pittsburgh, PA
- Orthodox Christian Charities of Greater Harrisburg, Inc., Harrisburg, PA
- Our Future Hilltop, Pittsburgh, PA
- Our Hearts to Your Soles, Ignomar, PA
- Our Lady of the Blessed Sacrament Parish Food Pantry, Harrisburg, PA
- Our Lady of the Cross School, Lebanon, PA
- Outreach Teen & Family Services, Inc., Pittsburgh, PA

- Over the Rainbow Children's Advocacy Center, Chambersburg, PA
- Oxford Borough, Oxford, PA
- PA Association of Community Health Centers (PACHC), Wormleysburg, PA
- PA Association of County Drug & Alcohol Administrators, Harrisburg, PA
- PA Breast Cancer Coalition, Lebanon, PA
- PA Bureau of Blind and Vision Rehabilitation Services, Pittsburgh, PA
- PA CareerLink, Pittsburgh, PA
- PA CareerLink - Berks County, Reading, PA
- PA CareerLink - Bucks County, Trevese, PA
- PA CareerLink - Chester County, Exton, PA
- PA Chapter of the American Academy of Pediatrics, King of Prussia, PA
- PA Connecting Communities, Carnegie, PA
- PA Families for Education Choice, Pittsburgh, PA
- PA Geriatrics Society - Western Division, Pittsburgh, PA
- PA Latino Convention, Lancaster, PA
- PA Lyme Resource Network, Lewisberry, PA
- PA Media Group, Mechanicsburg, PA
- Palmyra Field Hockey Booster Club, Palmyra, PA
- Palmyra Ice Hockey Club, Palmyra, PA
- Palmyra Public Library, Annville, PA
- Pancreatic Cancer Action Network, Inc. (PanCAN), Manhattan Beach, CA
- Pappus House, Thomasville, PA
- Parent Education and Advocacy Leadership Center (PEAL), Pittsburgh, PA
- Parkinson Foundation Western Pennsylvania, Cranberry Township, PA
- Parkinson Partners of NWPA, Erie, PA
- Pars for Postpartum Depression, Pittsburgh, PA
- Partner4Work, Pittsburgh, PA
- Passport Academy Charter School, Pittsburgh, PA
- Patients R Waiting, Lancaster, PA
- Pediatric Palliative Care Coalition, Pittsburgh, PA
- Penn Harris Hotel, Camp Hill, PA
- Penn State Harrisburg Ice Hockey, Middletown, PA
- Penn State York, York, PA
- PennAEYC, Harrisburg, PA
- Penndel Mental Health Center, Cares Cupboard, Fairless Hills, PA
- Penns Youth Initiative, York Springs, PA
- Pennsylvania Assisted Living Association (PALA), Camp Hill, PA
- Pennsylvania Assistive Technology Foundation, King of Prussia, PA
- Pennsylvania Ballet Academy, Camp Hill, PA
- Pennsylvania Bar Association, Commission on Women in the Profession, Harrisburg, PA
- Pennsylvania Coalition Against Domestic Violence (PCADV), Harrisburg, PA
- Pennsylvania College Access Program (PA-CAP), Pittsburgh, PA
- Pennsylvania District Kiwanis International, Enola, PA
- Pennsylvania Game Commission, Harrisburg, PA
- Pennsylvania Health Access Network (PHAN), Philadelphia, PA
- Pennsylvania Health Care Association (PHCA), Harrisburg, PA
- Pennsylvania Homecare Association, Lemoyne, PA
- Pennsylvania Housing Finance Agency (PHFA), Harrisburg, PA
- Pennsylvania Mental Health Consumer Association (PMHCA), Harrisburg, PA
- Pennsylvania Peer Support Coalition (PaPSC), Lancaster, PA
- Pennsylvania Psychological Association, Harrisburg, PA
- Pennsylvania STEAM Academy, Harrisburg, PA
- Pennsylvania Women Work, Pittsburgh, PA
- Pennsylvanians for Modern Courts, Philadelphia, PA
- Pennsylvania Western University, California, PA
- Performing Arts Foundation of Hanover, Littlestown, PA
- Perry County Chamber of Commerce, New Bloomfield, PA
- Perry County Council of the Arts, Newport, PA
- Perry County Literacy Council, Newport, PA
- Persad Center, Pittsburgh, PA
- Perseus House, Inc., Erie, PA

- Philadelphia Association of Community Development Corporations (PACDC), Philadelphia, PA
- Philadelphia City Department of Public Health, Philadelphia, PA
- Philadelphia Education Fund, Philadelphia, PA
- Philadelphia Family Pride, Philadelphia, PA
- Philadelphia Ghana Seventh-Day Adventist Church, Philadelphia, PA
- Philadelphia Housing Development Corporation (PHDC), Philadelphia, PA
- Philadelphia Works, Inc., Philadelphia, PA
- Philadelphia Youth Network, Philadelphia, PA
- Philanthropy Network Greater Philadelphia, Philadelphia, PA
- PhilaPOSH, Philadelphia, PA
- Philly House, Philadelphia, PA
- Phoenixville Community Health Foundation, Phoenixville, PA
- Pinebrook Family Answers, Allentown, PA
- Pine-Richland Youth Center, Gibsonia, PA
- Pink Pamper, Bethel Park, PA
- Pink Power, York, PA
- Pittsburgh Airport Area Chamber of Commerce, Moon Township, PA
- Pittsburgh Alumnae Chapter of Delta Sigma Theta Sorority, Inc., Pittsburgh, PA
- Pittsburgh Black Pride Inc., Pittsburgh, PA
- Pittsburgh Board of Public Education, Pittsburgh, PA
- Pittsburgh Chapter, German American Chamber of Commerce, Inc., Pittsburgh, PA
- Pittsburgh Chinese Cultural Center, Pittsburgh, PA
- Pittsburgh Community Reinvestment Group, Pittsburgh, PA
- Pittsburgh Community Services, Inc., Pittsburgh, PA
- Pittsburgh Cultural Trust, Pittsburgh, PA
- Pittsburgh Downtown Partnership, Pittsburgh, PA
- Pittsburgh Gateways Corporation, Pittsburgh, PA
- Pittsburgh Hires Veterans, Pittsburgh, PA
- Pittsburgh Hispanic Development Corporation (PHDC), Pittsburgh, PA
- Pittsburgh Institute of Mortuary Science, Pittsburgh, PA
- Pittsburgh Irish Festival, Pittsburgh, PA
- Pittsburgh Job Corps, Pittsburgh, PA
- Pittsburgh Mercy, Pittsburgh, PA
- Pittsburgh Metropolitan Area Hispanic Chamber of Commerce, Pittsburgh, PA
- Pittsburgh Platoon - The Mission Continues, Pittsburgh, PA
- Pittsburgh Regional Transit, Pittsburgh, PA
- Pittsburgh Technical College, Oakdale, PA
- Pittsburgh Urban Christian School, Pittsburgh, PA
- Pittsburgh Urban Magnet Project (PUMP), Pittsburgh, PA
- Pittsburgh Urban Media, Pittsburgh, PA
- Planned Parenthood of Western Pennsylvania, Pittsburgh, PA
- POISE Foundation, Pittsburgh, PA
- Pop's House Inc., Harrisburg, PA
- Pre-Medical Organization for Minority Students (POMS), Pittsburgh, PA
- Presque Isle Partnership, Erie, PA
- Pressley Ridge, Pittsburgh, PA
- Prevent Suicide PA, Philadelphia, PA
- Pride Hanover, Hanover, PA
- Prima Theatre, Lancaster, PA
- Primary Care Collaborative, Washington, DC
- Primary Care Health Services, Inc., Pittsburgh, PA
- Programs to Aid Citizens Enterprise (PACE), Pittsburgh, PA
- Project 440, Philadelphia, PA
- Project Management Institute Pittsburgh (PMI), Ligonier, PA
- Project Share Carlisle, Carlisle, PA
- Propel Schools, Pittsburgh, PA
- Prostate Conditions Education Council (PCEC), Centennial, CO
- Providence Presbyterian Church, Quakertown, PA
- PublicSource, Pittsburgh, PA
- Puerto Rican Cultural Association of Bucks County, Bristol, PA
- PulsePoint Foundation, Pleasanton, CA
- Professional Women's Network (PWN), Pittsburgh, PA
- Quakertown Food Pantry, Quakertown, PA
- Radiant Hope, Camp Hill, PA

- Rainbow Kitchen Community Services, Homestead, PA
- Rainbow Rose Center, York, PA
- Randi's House of Angels, Camp Hill, PA
- Reading Area Community College, Reading, PA
- Reading is Fundamental Pittsburgh, Pittsburgh, PA
- Reading Recreation Commission, Reading, PA
- REAL Life Community Services, Denver, PA
- Rebuilding Together Pittsburgh, Pittsburgh, PA
- Red Rose International Film Festival, Lancaster, PA
- Redevelopment Authority of Greene County, Waynesburg, PA
- Redevelopment Authority of the City of Harrisburg, Harrisburg, PA
- Reel Q, Pittsburgh, PA
- Refuge for Women, Pittsburgh, Pittsburgh, PA
- Regina Academy at St. John the Baptist, Ottsville, PA
- Regional College of Northern Pennsylvania, Warren, PA
- Reins of Rhythm - Riding & Horsemanship, Shippensburg, PA
- resolve Crisis Services, Pittsburgh, PA
- Resurrection Philly, Philadelphia, PA
- Retreat & Refresh Stroke Camp, Peoria, IL
- Revival Chili, Pittsburgh, PA
- Rising Stars Football Academy Foundation, York, PA
- Robert Morris University, Moon Township, PA
- Rodman Street Missionary Baptist Church, Pittsburgh, PA
- Ronald McDonald House Charities of Central Pennsylvania, Hershey, PA
- Ronald McDonald House of Scranton, Scranton, PA
- Rotary Club of Colonial Park, Harrisburg, PA
- Rotary Club of Harrisburg, Harrisburg, PA
- Rotary Club of Mechanicsburg, Mechanicsburg, PA
- Rotary Club of Pittsburgh, Pittsburgh, PA
- Rotary Club of West Chester, West Chester, PA
- Rotary Club of York, York, PA
- Rotary Club of York-East, York, PA
- Safe Berks, Reading, PA
- Safe Harbor Easton, Easton, PA
- Safe Harbor of Chester County, West Chester, PA
- Safe Harbour, Carlisle, PA
- SafeNet, Inc., Erie, PA
- Saint Francis & Saint Vincent Homes, Bensalem, PA
- Saint Paul's Evangelical Lutheran Church of Applebachsville, Quakertown, PA
- Salem Square Community Association, York, PA
- Samaritan Counseling Center of Western PA, Inc., Beaver, PA
- Sarah A. Reed Children's Center, Erie, PA
- Sarah Heinz House, Pittsburgh, PA
- Schreiber Center for Pediatric Development, Lancaster, PA
- Second Harvest Food Bank of Northwest Pennsylvania, Erie, PA
- Semper Gratus, Pittsburgh, PA
- ServingLeaders - Willow Grove Office, Willow Grove, PA
- Sexual Assault Resource & Counseling Center of Lebanon and Schuylkill Counties (SARCC), Lebanon, PA
- Share Food Program, Philadelphia, PA
- Sharing and Caring, Pittsburgh, PA
- Shaul Elementary Parent Teacher Organization, Enola, PA
- Shenango Valley Urban League, Inc., Farrell, PA
- Sherwood Oaks Fund, Cranberry Township, PA
- Shippensburg Area Chamber of Commerce, Shippensburg, PA
- Shippensburg Community Fair, Shippensburg, PA
- Shippensburg Turkey Trot, Shippensburg, PA
- Shriners Hospital for Children - Erie, Erie, PA
- Side Project Inc., Pittsburgh, PA
- Silver Spring Township, Mechanicsburg, PA
- SisTers PGH, Swissvale, PA
- Sisters Place, Inc., Pittsburgh, PA
- Sixth Mount Zion Missionary Baptist Church, Pittsburgh, PA
- Skip Program, Millersburg, PA
- Small Seeds Development, Inc., Pittsburgh, PA
- Smart Futures and Keys2Work, LLC, Pittsburgh, PA
- Society of Diplomates of Harrisburg, Harrisburg, PA
- Society of St. Vincent de Paul Council of Pittsburgh, Pittsburgh, PA

- Society of St. Vincent de Paul of Altoona-Johnstown PA, Altoona, PA
- Softer Side Seminars, Pittsburgh, PA
- Sojourner House, Pittsburgh, PA
- Somerton Interfaith Food Bank, Philadelphia, PA
- Somerton Youth Organization, Philadelphia, PA
- South Central Community Action Programs (SCCAP), Gettysburg, PA
- South Park Education Foundation, South Park, PA
- South Side Community Council, Pittsburgh, PA
- Southwestern PA Area Agency on Aging, Inc., Charleroi, PA
- Special Olympics Pennsylvania, Norristown, PA
- Special Olympics Pennsylvania, Capital Area Region, Norristown, PA
- Special Olympics Pennsylvania, Three Rivers Region, Norristown, PA
- Spectrum Health Services, Reed Street Health Center, Philadelphia, PA
- SpiriTrust Lutheran, York, PA
- Spotlight PA, Harrisburg, PA
- Spring Grove Area Chamber of Commerce, Spring Grove, PA
- Spring Grove Lacrosse Club, Spring Grove, PA
- Spring Grove Regional Parks and Recreation Center, Spring Grove, PA
- Spring-Ford Project Outreach - Royersford Pantry, Royersford, PA
- Spring-Ford Project Outreach - Spring City Pantry, Spring City, PA
- Squirrel Hill Health Center (SHHC), Pittsburgh, PA
- Squirrel Hill Urban Coalition, Pittsburgh, PA
- St. Francis University, Loretto, PA
- St. James Church Thrift Shop, Downingtown, PA
- St. John the Baptist Ukrainian Catholic Church, Pittsburgh, PA
- St. John's Hospice, Philadelphia, PA
- St. Joseph School, Natrona Heights, PA
- St. Margaret Mary School, Harrisburg, PA
- St. Martin Center, Inc., Erie, PA
- St. Mary's Franciscan Shelter, Phoenixville, PA
- St. Mary's Episcopal Church, Philadelphia, PA
- St. Matthew Lutheran Church, Millerstown, PA
- St. Patrick Church, Erie, PA
- St. Paul Baptist Church, Pittsburgh, PA
- STANDING FIRM, Pittsburgh, PA
- Steel Smiling, Pittsburgh, PA
- Steel Valley Rotary, Munhall, PA
- Stephen and Sandra Sheller 11th Street Family Health Services of Drexel University, Philadelphia, PA
- Still Remembered, Bethel Park, PA
- Stop the Violence Pittsburgh, Pittsburgh, PA
- Strong Women, Strong Girls, Pittsburgh, PA
- Student National Medical Association - University of Pittsburgh, Pittsburgh, PA
- Suicide Prevention Alliance of Chautauqua County, Mayville, NY
- Summerfair, Carlisle, PA
- SuperMonkey Recording Studio, Le Creme Music Festival, Pittsburgh, PA
- Susquehanna Art Museum, Harrisburg, PA
- Susquehanna County Interfaith, Montrose, PA
- Susquehanna Malayalee Association, Harrisburg, PA
- Susquehanna Township High School, Harrisburg, PA
- Susquehanna Valley CASA, Sunbury, PA
- Sustainable Pittsburgh, Pittsburgh, PA
- Sweet Grace Ministries, Chambersburg, PA
- Swing for the Troops, Lebanon, PA
- Talk Minority Action Group, Monroeville, PA
- Tall Cedars of Lebanon, Harrisburg, PA
- Team PHenomenal Hope, Wheaton, IL
- Tears For Tarina, Steelton, PA
- Temple Emmanuel of South Hills, Pittsburgh, PA
- Temple Physicians at Hunting Park, Philadelphia, PA
- Temple University Hospital, Philadelphia, PA
- The Advanced Leadership Institute, Pittsburgh, PA
- The ALS Association Western Pennsylvania Chapter, Pittsburgh, PA
- The Arc Lancaster Lebanon, Lititz, PA
- The Arc of Cumberland & Perry Counties, Carlisle, PA

- The Arc of Dauphin County, Harrisburg, PA
- The Arc of York & Adams Counties, York, PA
- The August Wilson African American Cultural Center, Pittsburgh, PA
- The Belmont Theatre, York, PA
- The Bettinger Company, Inc., Philadelphia, PA
- The Bradley Center, Pittsburgh, PA
- The Chamber of Gettysburg & Adams County, Gettysburg, PA
- The Chapel Church, Middletown, PA
- The Children's Home & Lemieux Family Center, Pittsburgh, PA
- The Citizen Science Lab, Pittsburgh, PA
- The Civic Club of Harrisburg, Harrisburg, PA
- The Clinical and Translational Science Institute at the University of Pittsburgh, Pittsburgh, PA
- The Community Coalition, Phoenixville, PA
- The Consortium for Public Education, McKeesport, PA
- The Education Partnership, Pittsburgh, PA
- The Enterprise Center, Resource Hub, Philadelphia, PA
- The Evoluer House, Philadelphia, PA
- The Food Trust, Philadelphia, PA
- The Foundation for Enhancing Communities (TFEC), Harrisburg, PA
- The Frick Pittsburgh, Pittsburgh, PA
- The Friendship Circle of Pittsburgh, Pittsburgh, PA
- The Giorgio Foundation, Duncansville, PA
- The Hershey Partnership, Hershey, PA
- The Highway and Hedges Outreach Ministry Show, Peters Township, PA
- The Ireland Funds America Pittsburgh Chapter, Pittsburgh, PA
- The Ireland Institute of Pittsburgh, Sharpsburg, PA
- The Jerome Bettis Bus Stops Here Foundation, McKees Rocks, PA
- The Joe Beretta Foundation, Mt. Juliet, TN
- The Joshua Group, Harrisburg, PA
- The Julian Dorsey Foundation, Harrisburg, PA
- The Leukemia & Lymphoma Society, Eastern Great Lakes Office, Monroeville, PA
- The Links Foundation, Inc. FBO Harrisburg (PA) Chapter, Harrisburg, PA
- The Lion Foundation, Camp Hill, PA
- The Mann Center for the Performing Arts, Philadelphia, PA
- The Mayfair Community Development Corporation, Philadelphia, PA
- The Mendelssohn Choir of Pittsburgh, Pittsburgh, PA
- The Mentoring Partnership of Southwestern PA, Pittsburgh, PA
- The Midwife Center for Birth and Women's Health, Pittsburgh, PA
- The Mission Continues, St. Louis, MO
- The Ned Smith Center for Nature and Art, Millersburg, PA
- The Nehemiah Project, Altoona, PA
- The New Pittsburgh Courier, Pittsburgh, PA
- The Opportunity Fund, Pittsburgh, PA
- The Parish of St. Barbara, Philadelphia, PA
- The Partnership for Career Development - Capital Region, Enola, PA
- The Pennsylvania Health Law Project, Pittsburgh, PA
- The Peyton Walker Foundation, Camp Hill, PA
- The Pittsburgh Chapter of The Links, Inc., Pittsburgh, PA
- The Pittsburgh Association of the Deaf, Pittsburgh, PA
- The Pittsburgh Project, Pittsburgh, PA
- The Pittsburgh Promise, Pittsburgh, PA
- The Pride Festival of Central PA, Harrisburg, PA
- The Pullo Center, York, PA
- The ReAwakening Agency, Philadelphia, PA
- The Roman Catholic Diocese of Altoona-Johnstown, Altoona, PA
- The Salvation Army Beaver County, Beaver Falls, PA
- The Salvation Army Beaver Falls Corps, Beaver Falls, PA
- The Salvation Army Booth Manor, Philadelphia, PA
- The Salvation Army Chambersburg Corps, Chambersburg, PA
- The Salvation Army Chester Corps, Chester, PA
- The Salvation Army Eliza Shirley Campus, Philadelphia, PA
- The Salvation Army Family Store & Donation Center: Rising Sun Ave, Philadelphia, PA
- The Salvation Army Hamburg Service Center, Hamburg, PA

- The Salvation Army Harrisburg Capital City Region, Harrisburg, PA
- The Salvation Army Lehigh Valley, PA - Easton Corps, Easton, PA
- The Salvation Army Levittown Food Pantry, Levittown, PA
- The Salvation Army Philadelphia Central Corps, Philadelphia, PA
- The Salvation Army Philadelphia Citadel Corps, Philadelphia, PA
- The Salvation Army Philadelphia KROC Center, Philadelphia, PA
- The Salvation Army Philadelphia Roxborough Corps, Philadelphia, PA
- The Salvation Army Philadelphia Tabernacle Corps, Philadelphia, PA
- The Salvation Army Philadelphia Temple Corps, Philadelphia, PA
- The Salvation Army of Pottstown, Pottstown, PA
- The Salvation Army Red Shield Family Residence, Philadelphia, PA
- The Salvation Army Reading Citadel, Reading, PA
- The Salvation Army Reed House, Philadelphia, PA
- The Salvation Army West Philadelphia Corps, Philadelphia, PA
- The Salvation Army Western Pennsylvania Division, Carnegie, PA
- The Salvation Army York Corps, York, PA
- The Sight Center of Northwest PA, Erie, PA
- The Sonny Pugar Memorial, Pittsburgh, PA
- The Total Change Program, Erie, PA
- The UPMC Altoona Foundation, Altoona, PA
- The Village Library of Morgantown, Morgantown, PA
- The Wildcat Foundation, Mechanicsburg, PA
- The Woodlands, Wexford, PA
- The Woodlands Foundation, Wexford, PA
- Three Rivers Business Alliance, Pittsburgh, PA
- Three Rivers Youth, Pittsburgh, PA
- Threshold Rehabilitation Services, Inc., Reading, PA
- THRIVE International Programs, Williamsport, PA
- Tickets for Kids Charities, Pittsburgh, PA
- Tiger Pause Youth Ministry, Beaver Falls, PA
- Tookany/Tacony-Franford Watershed Partnership, Philadelphia, PA
- Touchstone Foundation, Lancaster, PA
- Towamencin Township, Lansdale, PA
- Trade Institute of Pittsburgh, Pittsburgh, PA
- Transforming the Health of African American Women, Inc. (THAW), Pittsburgh, PA
- Transitions of PA, Lewisburg, PA
- Transportation Management Association of Chester County (TMACC), Malvern, PA
- TransYOUning, Pittsburgh, PA
- Tree 4 Hope, Harrisburg, PA
- Trehab: A Community Action Agency, Montrose, PA
- Trellis For Tomorrow, Phoenixville, PA
- Très Bonne Année, Harrisburg, PA
- Tri County Community Action, Harrisburg, PA
- Trinity Center for Urban Life, Philadelphia, PA
- Transitional Paths to Independent Living (TRPIL), Washington, PA
- Turning Point of Lehigh Valley, Allentown, PA
- Turning Point Women's Counseling and Advocacy Center, York, PA
- Twilight Wish Foundation, Doylestown, PA
- U.S. Department of Veterans Affairs, Pittsburgh, PA
- UC Green, Philadelphia, PA
- Union of African Communities in Southwestern PA, Pittsburgh, PA
- Union Wesley A.M.E. Zion Church, Washington, DC
- Unique Dreams, Philadelphia, PA
- United Cerebral Palsy of Central PA, Camp Hill, PA
- United Church of Christ Homes, Camp Hill, PA
- United Ukrainian American Relief Committee, Inc., Philadelphia, PA
- United Way of Berks County, Reading, PA
- United Way of Boyertown Area, Boyertown, PA
- United Way of Butler County, Butler, PA
- United Way of Chester County, Exton, PA
- United Way of Erie County, Erie, PA

- United Way of Indiana County, Indiana, PA
- United Way of Lebanon County, Lebanon, PA
- United Way of Pennsylvania, Lemoyne, PA
- United Way of Southern Chester County, Kennett Square, PA
- United Way of the Capital Region, Enola, PA
- United Way of Washington County, Washington, PA
- United Way of York County, York, PA
- University of Pittsburgh Department of Medicine, Pittsburgh, PA
- University of Pittsburgh Hillman Cancer Center, Pittsburgh, PA
- University of Pittsburgh, Innovation Institute, Pittsburgh, PA
- University of Pittsburgh, Institute for Clinical Research Education, Pittsburgh, PA
- University of Pittsburgh, Institute for Entrepreneurial Excellence, Pittsburgh, PA
- University of Pittsburgh, Joseph M. Katz Graduate School of Business, Pittsburgh, PA
- University of Pittsburgh, Office of Health Sciences Diversity, Equity and Inclusion, Pittsburgh, PA
- University of Pittsburgh School of Pharmacy, Pittsburgh, PA
- UPMC Children & Teen Center in Central Pa., Harrisburg, PA
- UPMC Children's Hospital Foundation, Pittsburgh, PA
- UPMC Hillman Cancer Center Academy, Pittsburgh, PA
- UPMC Senior Services, Pittsburgh, PA
- Upper Bucks Chamber of Commerce, Quakertown, PA
- Upper Room Missionary Baptist Church, Philadelphia, PA
- Urban Impact, Pittsburgh, PA
- Urban League of Greater Pittsburgh, Pittsburgh, PA
- Urban League of Philadelphia, Philadelphia, PA
- Ursuline Support Services, Pittsburgh, PA
- URU The Right to Be, Inc., New Haven, CT
- U.S. Department of Labor, Pittsburgh, PA
- Valley Youth House, Bethlehem, PA
- Valley Youth House - Chester County Office, West Chester, PA
- Variety - The Children's Charity of the Delaware Valley, Worcester, PA
- Venango County Association for the Blind, Seneca, PA
- Venango Training & Development Center, Seneca, PA
- Venture Lititz, Lititz, PA
- Verland, Sewickley, PA
- Veterans Leadership Program of Western PA, Inc., Pittsburgh, PA
- Veterans of Foreign Wars - Department of Pennsylvania, Harrisburg, PA
- Veterans Outreach of Pennsylvania, Harrisburg, PA
- Veterans Place of Washington Boulevard, Pittsburgh, PA
- Vibrant Pittsburgh, Pittsburgh, PA
- Vietnam Veterans Memorial Fund, The Wall that Heals, Arlington, VA
- Vincentian Charitable Foundation, Pittsburgh, PA
- Vincentian Collaborative System, Pittsburgh, PA
- Vineyard Church - Chester Springs, Chester Springs, PA
- Vision Resources of Central Pennsylvania, Harrisburg, PA
- Vision Toward Peace Counseling Services, Wilkinsburg, PA
- VisionCorps, Lancaster, PA
- Vista Autism Services, Hershey, PA
- Vitamin C Healing, Pittsburgh, PA
- Voce, Camp Hill, PA
- Warren United Methodist Church, Pittsburgh, PA
- Warriors Rock, Pittsburgh, PA
- Waynesboro Community & Human Services, Waynesboro, PA
- Wee Care Early Learning Center, Langhorne, PA
- WellSpan, Chambersburg, PA
- WEPA Empowerment Center, Inc., Myerstown, PA
- Wesley Family Services, Bridgeville, PA
- Wesley Union A.M.E. Zion Church, Harrisburg, PA
- West Chester University, Department of Languages and Cultures, West Chester, PA
- West Chester University - Resource Pantry, West Chester, PA
- West Manchester Township, York, PA
- West Park Cultural Center, Philadelphia, PA
- West Shore Chamber of Commerce, Camp Hill, PA
- West Shore Symphony Orchestra, Mechanicsburg, PA

- West York Girls High School/Middle School Basketball Booster Club, York, PA
- Western PA Bleeding Disorders Foundation, Beaver, PA
- Western Pennsylvania Conservancy, Pittsburgh, PA
- Westminster Thrift Shop, West Chester, PA
- Westminster Presbyterian Church, West Chester, PA
- Westminster Presbyterian Church, Pittsburgh, PA
- Westmoreland Community Action, Greensburg, PA
- Westmoreland County Food Bank, Inc., Delmont, PA
- Westmoreland Human Services, Greensburg, PA
- Westmoreland-Fayette Workforce Investment Board, Youngwood, PA
- Wharton Wesley United Methodist Church, Philadelphia, PA
- When She Thrives, Coraopolis, PA
- Whitaker Center for Science and the Arts, Harrisburg, PA
- White Rose Pickleball Association, York, PA
- Whosoever Gospel Mission - Germantown Thrift Shop, Philadelphia, PA
- Why Not Prosper, Inc., Philadelphia, PA
- Wiconisco Fire Company, Wiconisco, PA
- Wildheart Ministries, Harrisburg, PA
- Wissinoming Civic Association, Philadelphia, PA
- WITF, Harrisburg, PA
- Women of Providence in Collaboration, Villa Maria, PA
- Women's Center & Shelter of Greater Pittsburgh, Pittsburgh, PA
- Women's Center of Beaver County, Beaver, PA
- Women's Resource Center, Inc., Wayne, PA
- Workforce Development Global Alliance, Monroeville, PA
- Working Progress, York, PA
- Wounded Warrior Project, Pittsburgh, PA
- Ya Momz House, Inc., Pittsburgh, PA
- Yates Fund for Cancer Hope, Sewickley, PA
- Y-HEP Adolescent and Young Adult Health Center, Philadelphia, PA
- YMCA Camp Kon-O-Kwee Spencer, Fombell, PA
- YMCA of Bucks County - Doylestown Branch, Doylestown, PA
- YMCA of Bucks County - Morrisville Child Care Center, Morrisville, PA
- YMCA of Bucks County - New Britain Child Care Center, New Britain, PA
- YMCA of Bucks County - New Hope - Solebury Clubhouse for Kids, New Hope, PA
- YMCA of Bucks County - Newtown Branch, Newtown, PA
- YMCA of Bucks County - Newtown Child Care Center, Newtown, PA
- YMCA of Bucks County - Quakertown Branch, Quakertown, PA
- YMCA of Greater Erie, Erie, PA
- YMCA of Greater Pittsburgh, Pittsburgh, PA
- YMCA of Reading and Berks County, Reading, PA
- YMCA of the Twin Tiers, Bradford, PA
- York Adams Interscholastic Athletic Association, Glen Rock, PA
- York Art Association, York, PA
- York City Police Department, York, PA
- York Country Day School, York, PA
- York County Alliance for Learning, York, PA
- York County Economic Alliance, York, PA
- York County Food Bank, York, PA
- York County History Center, York, PA
- York County Human Services, York, PA
- York County Parks Charitable Trust Foundation, York, PA
- York County Prison, York, PA
- York County Quick Response Team, Mount Wolf, PA
- York Opioid Collaborative, York, PA
- York Symphony Orchestra, York, PA
- York Youth Symphony Orchestra, York, PA
- You're Beautifully Made, Inc., Philadelphia, PA
- Young Professionals of Color, Harrisburg, PA
- Youth Advocate Programs, Inc., Harrisburg, PA
- Youth Mentoring Partnership, Exton, PA
- YouthPlaces, Inc., Pittsburgh, PA
- YWCA Carlisle, Carlisle, PA
- YWCA Gettysburg & Adams County, Gettysburg, PA
- YWCA Greater Harrisburg, Harrisburg, PA

- YWCA Greater Pittsburgh, Pittsburgh, PA
- YWCA Hanover, Hanover, PA
- YWCA Lancaster, Lancaster, PA
- YWCA Northcentral PA, Williamsport, PA
- YWCA of Bucks County: Bucks Meadow Family Center, Bensalem, PA
- YWCA of Bucks County: Country Commons Family Center, Bensalem, PA
- YWCA of Bucks County: Creekside Family Center, Bensalem, PA
- YWCA of Bucks County: Foxwood Manor Apartments Community Center, Levittown, PA
- YWCA York, York, PA
- Zeta Phi Beta Sorority, Inc. — Nu Sigma Zeta Chapter, Harrisburg, PA

## APPENDIX D: Concept Mapping Methodology

### Overview:

UPMC's 2025 CHNA builds on the assessment process originally applied in 2013. In 2013, UPMC hospitals began conducting formal community health needs assessments and with consultation and support from Pitt Public Health, utilized a research method known as concept mapping to develop a better understanding of perceived health problems for their communities. Concept mapping is well suited for a Community Health Needs Assessment because the research method involves stakeholders in the process and allows for prioritization of health problems based on community input.

Concept mapping is a participatory research method that yields a conceptual framework for how a group of stakeholders views a particular topic or issue. The method explores the relationships of ideas and concepts and allows for the development of group consensus. It allows for the collection of a wide range of stakeholder-generated ideas and applies quantitative analytical tools (i.e., multidimensional scaling and hierarchical cluster analysis). Concept mapping output includes a concept map, which is a diagram that illustrates the relationships between ideas. The research method is used to facilitate the creation of a shared vision and understanding within a group. The research method synthesizes individual data and includes a rating process that is used to prioritize key issues.

In 2013, UPMC hospitals completed concept mapping, and through the process, identified hospital-specific community health priorities based on stakeholder input. In the concept mapping effort, community advisory panels at each UPMC hospital participated in focus groups to brainstorm and then sort a set of 50 community health problems. Concept mapping software used this sorting data to create a display that illustrated the relationships between health topics and allowed for aggregation of topics into thematic areas. The 50 topics were grouped into three main thematic areas: prevention and healthy living, chronic disease, and navigating the health care system.

### Application of Concept Mapping – Two-Stage Process:

UPMC hospitals established community advisory panels. Participants contributed through face-to-face meetings and online input.

The concept mapping research method consisted of two stages:

- Brainstorming — gathering stakeholder input
- Sorting and Rating — organizing and prioritizing the stakeholder input

### Brainstorming–Identifying Health Needs:

In the brainstorming meeting, each hospital's community advisory panel met in person to solicit members' input on the focal question, "What are our community's biggest health problems?"

Panel members first brainstormed independently, and then shared their lists with the Pitt Public Health research team. Their responses were then compiled to generate a full list of community health problems for the hospital. The Pitt Public Health research team shared the full list with the group and facilitated a group discussion of the responses to ensure the list was comprehensive and reflected the scope of health problems faced in the community.

All of the hospital-specific brainstorming lists were integrated together to develop a final master list of community health problems to be used in the subsequent concept mapping sorting and rating. A consolidated final master list of the 50 community health problems was distilled from the robust community input. The following table presents each of the 50 community health problems and provides a numerical value in parentheses so that the item can be linked with the concept map in the following figure.

Final Master List of 50 Community Health Problems				
Nutrition and healthy eating (1)	Diabetes (11)	Medication management and compliance (21)	High blood pressure/ Hypertension (31)	Smoking and tobacco use (41)
Immunizations/ Vaccinations (2)	Health literacy – ability to understand health information and make decisions (12)	Exercise (22)	Breast cancer (32)	Adolescent health and social needs (42)
Lung cancer (3)	Urgent care for non-emergencies (13)	Navigating existing health care and community resources (23)	Pediatrics and child health (33)	Depression (43)
Maternal and infant health (4)	End of life care (14)	Preventive screenings (cancer, diabetes, etc.) (24)	Sexual health including pregnancy and STD prevention (34)	Support for families/ caregivers (44)
Alcohol abuse (5)	Asthma (15)	Heart disease (25)	Dementia and Alzheimer's (35)	Health insurance: understanding benefits and coverage options (45)
Adult obesity (6)	Prenatal care (16)	Primary Care (26)	Chronic Obstructive Pulmonary Disease (COPD) (36)	Preventive health/ wellness (46)
Drug abuse (7)	Dental care (17)	Childhood obesity (27)	Stroke (37)	Injuries including crashes and sports related, etc. (47)
Access to specialist physicians (8)	Financial access: understanding options (18)	Intentional injuries including violence and abuse (28)	Post-discharge coordination and follow-up (38)	Childhood developmental delays, including Autism (48)
Behavioral health/ Mental health (9)	High cholesterol (19)	Cancer (29)	Arthritis (39)	Eye and vision care (49)
Geographic access to care (10)	Care coordination and continuity (20)	Social support for aging and elderly (30)	Senior health and caring for aging population (40)	Environmental health (50)

### Sorting and Rating – Prioritizing Health Needs:

The hospitals' community advisory panels completed the sorting and rating activities via the Internet. Each participant was asked to sort the master list of 50 community health problems into thematic areas, and to then rate the problems using a 1 to 5 Likert scale, according to the following criteria:

#### Importance:

How important is the problem to our community?  
(1 = not important; 5 = most important)

#### Measurable Impact:

What is the likelihood of being able to make a measurable impact on the problem?  
(1 = not likely to make an impact; 5 = highly likely to make an impact)

#### Hospital Ability to Address:

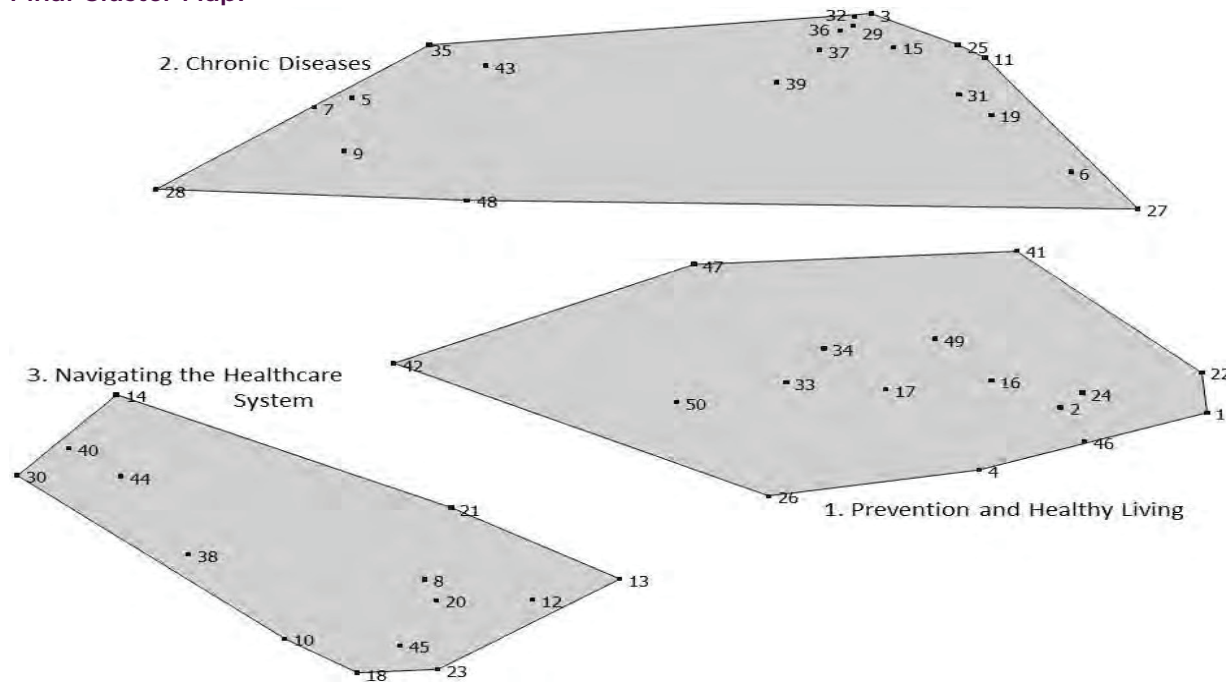
Does the hospital have the ability to address this problem?  
(1 = no ability; 5 = great ability)

Multi-dimensional scaling was applied to the sorting data to examine similarities between the 50 community health problems. Hierarchical clustering was used to group the sorting data into common thematic areas and to establish a final cluster map which provided a visual representation of the data. The final cluster map of the 50 community health problems reflects three thematic areas (See Figure below):

- Prevention and Healthy Living (16 items)
- Chronic Diseases (20 items)
- Navigating the Healthcare System (14 items)

Each of the 50 community health problems are represented in the figure below as a point. The numbers next to each point correspond to the item number. For example, item #31 is High Blood Pressure/Hypertension. The proximity of the points to each other illustrates the group thoughts about the degree of similarity between the items. For example, item #31 (High Blood Pressure/Hypertension) and item #19 (High Cholesterol) were felt to be very similar. Those two community health problems appear on the right side of the Chronic Diseases cluster.

### Final Cluster Map:



For each of the rating criteria, the rating levels were broken into three equal distributions (tertiles) representing high, moderate, and low priority. The cut points for each rating criteria are as follows:

#### Importance:

Low (1–3.67); Moderate (3.68–4.06); High (4.07–5.0)

#### Measurable Impact:

Low (1–3.33); Moderate (3.34–3.83); High (3.84–5.0)

#### Hospital Ability to Address:

Low (1–3.20); Moderate (3.21–3.85); High (3.86–5.0)

Within each cluster, the rating data for each individual community health problem was examined across all three rating criteria. For example, in the Prevention and Healthy Living cluster, the 16 individual community health problems were identified as being low, moderate, or high for the importance, measurable impact, and hospital ability to address rating criteria.

The rating categories results were then combined with results from secondary data analyses and used to identify high priority community health problems for each UPMC hospital. UPMC hospital leadership next consulted with experts from Pitt Public Health and members of the community advisory panel to review the list of high priority community health problems and identify the set of needs that are critical, addressable, and have high levels of urgency in the community.

The resulting list constituted the top tier of health problems for the community.

## APPENDIX E: Healthy Blair County Coalition: Community Health Needs Assessment and Implementation Plan

UPMC Altoona continues to collaborate with the Healthy Blair County Coalition (HBCC), which is a partnership of individuals and organizations that work together to promote the social, economic, emotional, and physical well-being of area residents. HBCC, which includes the three hospitals serving the Blair County Region — UPMC Altoona, Conemaugh Nason Medical Center, and Penn Highlands Tyrone — shares resources, engages local partners, and implements strategies and programs to make a positive impact on the lives of community members. HBCC conducted its sixth joint community health needs assessment, and subsequently, issued a joint implementation plan.

**To access the Healthy Blair County Coalition: Community Health Needs Assessment and Implementation Plan, visit:**

<https://healthyblaircountycoalition.org/blair-county-data/>