

# Serving Our Communities' Health Needs

## Community Health Needs Assessment: 2019-2022

UPMC is investing in communities and dedicating resources where they are needed most



### BEHAVIORAL HEALTH ACCESS

Integrating behavioral and physical health care in **primary, pediatric, and specialty settings**



### VACCINATIONS

Providing COVID-19, pneumonia, and influenza vaccinations throughout our communities  
**700,000+ Reached**



### ADDRESSING THE OPIOID CRISIS

Extending the reach of Medication-Assisted Treatment (MAT) to rural communities  
**Trained providers to care for patients with substance use disorder**



### TELEMEDICINE

Rapidly expanding telemedicine services to meet patient needs during the pandemic  
**Increased access to specialties**



### ENHANCING CARE COORDINATION

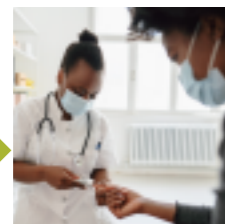
Providing care and support services for seniors and homebound populations  
**Navigating care resources**

## PREVENTION AND COMMUNITY-WIDE HEALTHY LIVING

## CHRONIC DISEASE MANAGEMENT

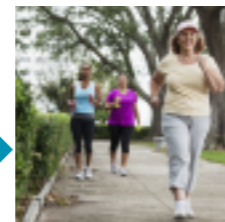
## ACCESS TO CARE AND NAVIGATING RESOURCES

## BEHAVIORAL HEALTH



### DIABETES MANAGEMENT

Linking diabetics to educators  
**Embedded diabetes educators in primary care offices**



### PHYSICAL ACTIVITY

Encouraging active lifestyles for all — kids to seniors  
**Promoted walking and biking trails**



### FOOD SECURITY

Addressing food insecurity by **increasing access to healthy, nutritious foods for families in need**



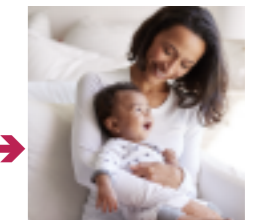
### CHILDHOOD OBESITY

Helping integrate smarter lunchroom strategies in schools  
**Engaged 70+ public schools in the Healthy Schools Program**



### ADVANCING HEALTH EQUITY

Reaching out to underserved populations  
**100+ Community Outreach Events**



### MATERNAL AND INFANT HEALTH

Launched Melanated Mommas to help bridge the gap between Black pregnant mothers and their experience in the health care system  
**Offering care and support to pregnant and postpartum women**