



# UPMC Heart and Vascular Institute Cardiogenic Shock Program

Part of the UPMC Heart and Vascular Institute, the Cardiogenic Shock Program provides 24/7 support for patients in cardiogenic shock. Our dedicated team of experts triage patients quickly and efficiently and we will work with you to develop a treatment plan that best suits the needs of your patient.

## REACT to Cardiogenic Shock

### R Recognize

EF  $\leq$  35% or acute MI with systolic  $<$  90 and signs of end organ dysfunction, typically with worsening renal and hepatic function and lactate  $>$  2.0.

### E Establish

Establish access (preferably not femoral) for SV02 and CVP. PA catheter preferred for ongoing hemodynamic monitoring.

### A Activate

Call the Cardiogenic Shock team by calling Medcall **412-647-7000** and using option #1.

### C Convene

Our multidisciplinary team convenes to discuss the patient plan of care and to provide communication to referring providers.

### T Transfer

A decision is made to transfer the patient or provide ongoing consultation.

## Goals of the UPMC Cardiogenic Shock Program

- Rapid identification of cardiogenic shock
- Implementation and standardization of hemodynamic monitoring and treatment
- Minimizing vasopressors and inotropes
- Early utilization of mechanical support
- Assess for cardiac recovery or initiate early evaluation for advanced therapy candidacy

---

## Contact Our Team

- If you have questions about the UPMC Cardiogenic Shock Program, call **412-647-6104**.
- For patient consults or transfer requests, call Medcall at **412-647-7000** and dial 1.