

HEART PROGRAM

The Magee-Womens Heart Program, part of the UPMC Heart and Vascular Institute, provides complete cardiovascular care for women in every stage of life.

Conditions We Treat:

The various stages of life can affect women, and their cardiovascular health, differently. At the UPMC Magee-Womens Heart Program, we want to be a consistent part of a woman's journey. From pre-pregnancy to pregnancy, from postpartum to post-menopause, we care for women and their hearts. Our experts have unique treatments plans designed to keep your patients healthy. We see patients for, but not limited to:

- Risk assessments to evaluate lifestyle, medical history, and family history
- Pregnancy related cardiac conditions
- Pre-conception counseling for patients with underlying cardiac conditions
- Supervision of high risk pregnancy in patients with underlying cardiac conditions
- Peri-menopausal and post-menopausal symptoms
- Microvascular disease
- Spontaneous coronary artery dissection (SCAD)
- Postural orthostatic tachycardia syndrome (POTS)
- Cancer-related heart disease due to chemotherapy and radiation
- Nervous system disorders such as stroke or transient ischemic attacks (TIAs)
- Childhood history of heart disease
- Familial history of early onset heart disease
- Autoimmune disease related heart screenings
- Heart valve diseases
- Heart failure
- Coronary artery disease
- Arrhythmias
- High blood pressure and high cholesterol
- Peripheral vascular disease

A Team Approach

The experts at the Magee-Womens Heart Program partner with physicians in and out of the UPMC network to provide the highest quality of care for patients. In addition to our staff of cardiovascular experts, we regularly collaborate with many other specialists, including:

- Primary care and family practice providers
- Oncologists
- Endocrinologists
- Obstetricians and maternal fetal medicine providers
- Gynecologists
- Surgeons
- Neurologists
- Pulmonologists

At the UPMC Magee-Womens Heart Program, we value partnerships with referring physicians and will work with you to co-manage your patients. If we are treating a patient who needs support from another specialty, we will direct them to the care team that best fits their needs.

Locations

Our Magee-Womens Heart Program experts are currently seeing patients at the following UPMC locations:

- UPMC Magee-Womens Hospital
- UPMC Passavant – Cranberry
- UPMC Jameson
- UPMC Outpatient Center – Monroeville
- UPMC Outpatient Center – West Mifflin

To refer a patient or meet with our team, visit [UPMC.com/HVIReferral](https://www.upmc.com/HVIReferral).

Meet the Team

Our team of cardiovascular experts at the UPMC Magee-Womens Heart Program includes:



Kathryn Berlacher, MD
*Medical Director, UPMC
Magee-Womens Heart
Program*



Arvind Hoskoppal, MD



Anita Saraf, MD



Aryan Aiyer, MD



**Venmathi Indramohan,
MD**



Olga Shabalov, MD



Chelcie Costabile, DO



Amber Johnson, MD



Saul Silver, MD



**Malamo Countouris,
MD**



Agnes Kozco, MD



Alicia Topoll, MD



Lydia Davis, MD



Beth Piccione, MD



Timothy Wong, MD



**Barinder (Ricky)
Hansra, MD**

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