



**UPDATE IN** 

# PEDIATRIC ORTHOPAEDIC SURGERY



UPMC Children's Hospital of Pittsburgh has been recognized as one of the top pediatric hospitals in the country on the 2023-24 *U.S. News & World Report* Honor Roll of Best Children's Hospitals, ranking 8th. Nationally, UPMC Children's is ranked for excellence in all 10 specialty areas.

Learn More About UPMC Children's Rankings



## Amanda McCoy, MD, MPH, Receives New Grant to Study Health Equity in Pediatric Orthopaedic Surgery

**Amanda McCoy, MD, MPH,** assistant professor of Orthopaedic Surgery, was awarded a new grant from the UPMC Children's Scientific Program to study health equity in pediatric orthopaedic surgery.

More About Dr. McCoy



NIH R41 Grant Awarded for Evaluation of Novel Remote Monitoring Device and Telehealth Platform for Shoulder Surgery Rehabilitation

A team of multidisciplinary investigators from the Departments of Bioengineering, Orthopaedic Surgery, and Physical Therapy at the University of Pittsburgh, and musculoskeletal solutions technology company ēlizur, based in Pittsburgh, are developing the CuffLink telehealth system that will allow postoperative patients to perform remotely monitored rehabilitation exercises safely at home, resulting in cost savings, more efficient use of clinician time, and improved patient adherence and recovery.

Learn More



# CME Course: Diagnosis of the Unstable Adolescent Hip

In this multifaceted CME course, pediatric orthopaedic surgeon **Michael P. McClincy, MD**, and colleagues the UPMC Department of Orthopaedic Surgery explain radiographic features of patients with mild hip dysplasia; analyze unstable hip and identify important exam findings; discuss in vivo hip kinematics; and discuss the role of ultrasound as a diagnostic tool.

Earn CME Credit

#### In Case You Missed It

### Physician Self-Care: Wellness Tips to Avoid Burnout

Jennifer Berliner, MD, is an expert in physician wellness who helps run UPMC's Physician THRIVE program. Physician THRIVE is comprised of a team of doctors focused on improving professional fulfillment and promoting physician wellness on a systemic level through resources and initiatives.

#### **Read More About the Program**

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Affiliated with the University of Pittsburgh School of Medicine, UPMC Children's Hospital of Pittsburgh is ranked among the nation's best children's hospitals by *U.S. News & World Report.* 



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