

Welcome to the 2025 Wendell Lehman Cardiovascular Conference

- Ashley Zinda, DO, non-invasive cardiologist, UPMC Heart and Vascular Institute, Southern Region
- John Powell Jr., MD, bariatric and general surgeon, UPMC Central PA Weight Management Program
- Brett Roberts, MD, electrophysiologist and cardiologist, UPMC Heart and Vascular Institute, Southern Region

Continuing Education Information





Accreditation and Credit Designation

In support of improving patient care, the University of Pittsburgh is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Physicians (CME)

The University of Pittsburgh designates this live activity for a maximum of 2.0 AMA PRA Category 1 Credit[s] $^{\text{IM}}$. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nursing (CNE)

The maximum number of hours awarded for this Continuing Nursing Education activity is 2.0 contact hours.

Physician Assistant (AAPA)

The University of Pittsburgh has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 2.0 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

Other health care professionals will receive a certificate of attendance confirming the number of contact hours commensurate with the extent of participation in this activity.

Conflict of Interest Disclosure:

No members of the planning committee, speakers, presenters, authors, content reviewers and/or anyone else in a position to control the content of this education activity have relevant financial relationships with any companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients.

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Cardiovascular Care in York County

- UPMC Hanover and UPMC Memorial received the American College of Cardiology's National Cardiovascular Data Registry (NCDR) Chest Pain – MI Registry Platinum Performance Achievement Award for 2025
- Cardiac surgery outpatient consultations available in York with capacity to grow
- Cardiac CT available at UPMC Memorial and UPMC Hanover
- Pediatric echocardiograms offered in Hanover and York. Pediatric consultations offered in York.









Cardiovascular Care in York County Continued

- Cardiac MRI now available in Hanover
- Dedicated UPMC vascular surgeon, William Tung, MD, for York County
 - Offers vascular surgery at UPMC Memorial and outpatient surgery consultations available in Hanover and York
- Heart failure services available in York and Hanover with a dedicated nurse practitioner at both sites.
- Heart transplant evaluation clinic in Harrisburg
- Free or low-cost vascular screenings (Carotid, AAA, PAD) now available to patients who qualify





What are our goals?

- Exceptional care for patients
 - Society of Thoracic Surgeons (STS) outcomes
 - PA Health Care Cost Containment Council (PHC4) outcomes independent state agency
- Consistent collaboration between sub-specialties
 - Weekly team conferences to review patients, especially high-risk for complicated cases
- Integrated communication
 - All members of your care team share the same electronic medical record and know where you are in your care journey
- · Patient involvement in decision-making
 - · Review the options for care with our patients and make treatment decisions together

Society of Thoracic Surgeons (STS) Quality Recognition

- UPMC Heart and Vascular Institute in Central Pa achieved the distinguished three-star rating (the highest rating possible) in 3 out of 5 total categories from the STS
 - Aortic Valve replacement (AVR) surgery combined with coronary artery bypass graft (CABG) surgery
 - Isolated CABG surgery
 - Isolated mitral valve replacement and repair surgery



UPMC in Central Pa cardiac surgeons

Back row:

Mubashir Mumtaz, MD, FACS; Nathaniel Melton, MD Front row:

David Loran, MD, chief of cardiothoracic surgery; A. Reza Abrishamchian, MD, FACS



Coronary Artery Bypass Graft (CABG) Surgery

| Hospital | Total Number of Cases | Extended Postoperative Length of Stay | Average Hospital Charge | |
|---|-----------------------------|---------------------------------------|----------------------------|--|
| UPMC Harrisburg | 648 | | \$156,886 | |
| WellSpan York | 374 | * | \$273,687 | |
| Lancaster General | 455 | * | \$173,202 | |
| Milton S Hershey | 344 | | \$204,441 | |
| | | | | |
| * Rate was significantly higher than expected | | | | |

Source: PA Health Care Cost Containment Council, Cardiac Procedures Report, Released July 2025 for the time period Jan. 1, 2022-Dec. 31, 2023



Surgical Aortic Valve Replacement (SAVR)

| Hospital | Total Number of Cases | Extended Postoperative Length of Stay | Average Hospital Charge | |
|---|-----------------------------|---------------------------------------|----------------------------|--|
| UPMC Harrisburg | 171 | | \$166,839 | |
| WellSpan York | 86 | | \$267,547 | |
| Lancaster General | 110 | * | \$176,201 | |
| Milton S Hershey | 151 | | \$225,164 | |
| | | | | |
| * Rate was significantly higher than expected | | | | |

Source: PA Health Care Cost Containment Council, Cardiac Procedures Report, Released July 2025 for the time period Jan. 1, 2022-Dec. 31, 2023



Surgical Aortic Valve Replacement (SAVR) with CABG

| Hospital | Total Number of Cases | Extended Postoperative Length of Stay | Average Hospital Charge |
|------------------------|-----------------------------|---------------------------------------|----------------------------|
| UPMC Harrisburg | 171 | | \$196,853 |
| WellSpan York | 58 | | \$349,691 |
| Lancaster General | 110 | * | \$176,201 |
| Milton S Hershey | 151 | * | \$225,164 |
| | | | |

^{*} Rate was significantly higher than expected

Source: PA Health Care Cost Containment Council, Cardiac Procedures Report, Released July 2025 for the time period Jan. 1, 2022-Dec. 31, 2023



Transcatheter Aortic Valve Replacement (TAVR)

| Hospital | Total Number of Cases | Extended Postoperative Length of Stay | Average Hospital Charge | |
|---|-----------------------------|---------------------------------------|----------------------------|--|
| UPMC Harrisburg | 724 | | \$139,251 | |
| WellSpan York | 530 | | \$140,457 | |
| Lancaster General | 360 | * | \$145,198 | |
| Milton S Hershey | 323 | * | \$245,397 | |
| | | | | |
| * Rate was significantly higher than expected | | | | |

Source: PA Health Care Cost Containment Council, Cardiac Procedures Report, Released July 2025 for the time period Jan. 1, 2022-Dec. 31, 2023