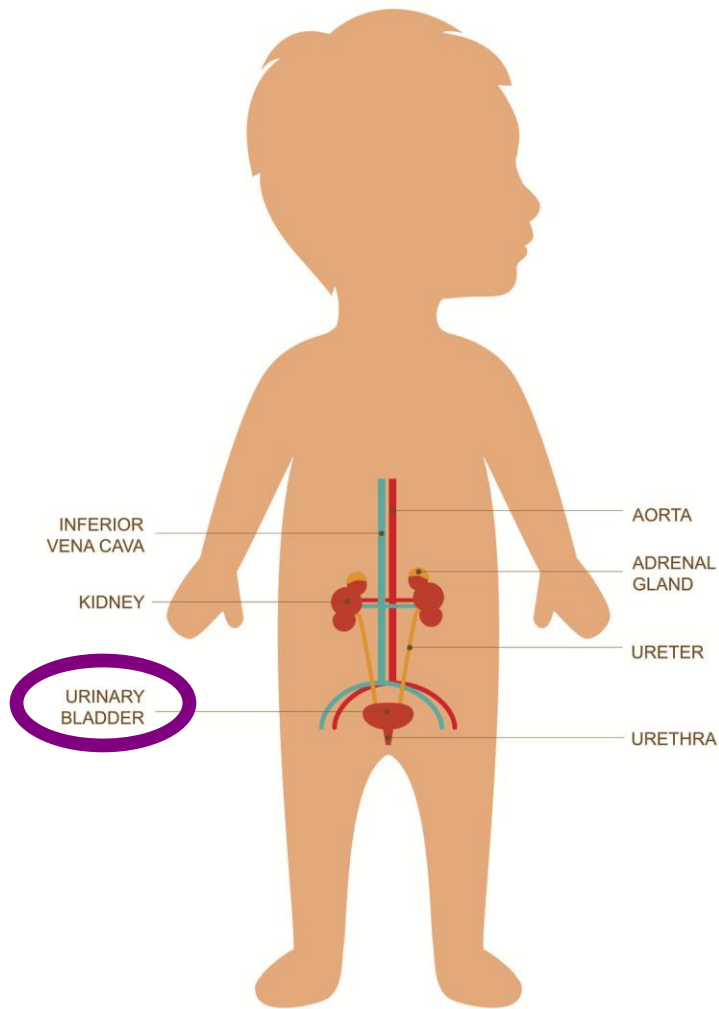


Getting a VCUG

(Voiding Cystourethrogram)

Photo Preparation Book



The Doctors need to see pictures of something called your **BLADDER**.

This is the part of your body that holds your pee.



This is the Radiology Waiting Room. There are a lot of fun things to do in this room while you wait! The people in this room are waiting for pictures called X-rays, MRI's, Ultrasounds, CT scans, or VCUG's (just like you!).



Next, you will go to one of the registration desks. The Patient Services Representative will let the nurses and technologists know that you are here.



You will also get a special bracelet that tells everyone who you are. Then you will go back to the waiting room.



When it is time for your VCUG, the technologist will call your name and walk you to the exam room.

A Technologist is the person who takes the pictures!

The camera makes a clicking sound, but it will never touch you!

Can you find the cameras circled in red?



The technologist will give you special hospital pajamas to wear while you get your pictures taken.



The technologist will give the grown-up you brought with you a special apron to wear too.



You will be able to see the pictures of
your Bladder on the TV Screen!



For the first part of the test, the technologist will take an x-ray picture of your belly. The camera will never touch you!



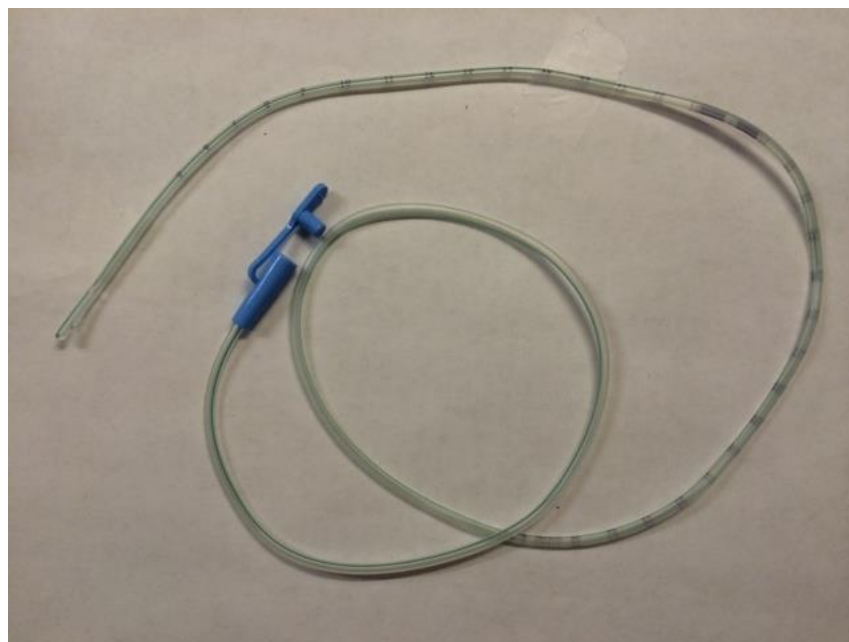
Your X-ray will look like this!

The doctor needs the picture of your bladder to be clear and bright.

We need to fill your bladder with special water so we can see it better.

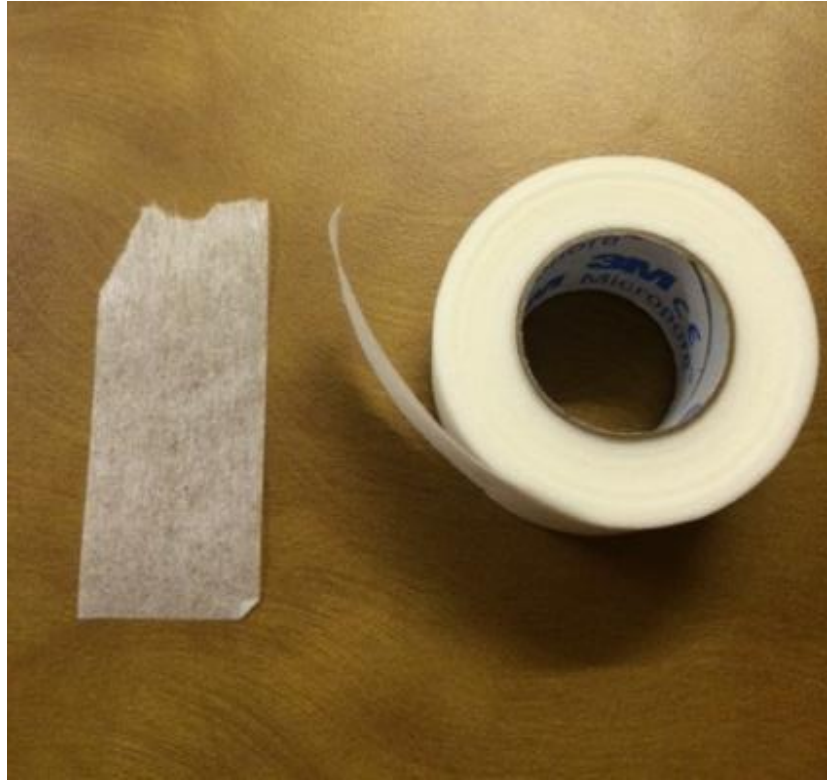


Contrast is the special liquid that fills up your Bladder so the doctor can see it better.



We use a soft bendy tube to fill up your bladder.

The soft tip of the bendy tube goes into the hole that you pee out of straight into your bladder.



We use a small piece of extra soft tape to help hold the tube in until we are ready for it to come out.



Can you tell which picture has
Contrast?

Your job is to stay relaxed!



Play a game, watch a movie
or listen to music!

Take big deep breaths



Squeeze a stress ball or a
grown-up's hand!





Next, the doctor will come in and move the camera over top of you like a tent!

The special liquid will fill up your bladder and your belly will start to feel very full (like you have to pee)

Remember: The camera will never touch you!



Once your Bladder is full, the doctor will need to take some sideways pictures.

Listen for the technologist to tell you to roll on one side and then the other and to lay back on your back.

Girl Potty



Boy Potty



Let the grown-ups you brought with you know when your bladder is so full that you can't hold it anymore.

The technologist will take off the soft piece of tape and give you a special potty to pee in.

Peeing laying down is hard, but as soon as you pee all the liquid out, you are done with your test!

Additional Support

If your child has any special needs or health issues you feel the doctor needs to know about, please call the Department of Pediatric Radiology at Children's to speak with a technologist or Child Life Specialist before the test. (412) 692-5512.

It is important to notify us in advance about any special needs.

Preparing your child beforehand, as well as comforting your child during the test, will help your child have a more positive experience.

Sometimes it is difficult to know how to explain tests to children. These preparation books have been created to help you and your child feel as prepared as possible.

If you feel that your child will have difficulty during the test or needs a more developmentally appropriate explanation prior to their visit, please call the Department of Pediatric Radiology's Child Life Specialist (412) 692-9532.