

Getting an MRI Scan with Sedation

(Magnetic Resonance Imaging)
Photo Preparation Book



This is the Radiology Waiting Room. There are a lot of fun things to do in this room while you wait!

The people in this room are waiting for pictures called X-rays, Ultrasounds, CT scans, or MRI's (just like you!)



Next, you will go to one of the registration desks. The patient services representative will let the technologists and nurses know that you are here.



You will also get a special bracelet that tells everyone who you are. Then you will go back to the waiting room.



Next, a nurse or PCT (Patient Care Technician) will walk you from the waiting room to your very own “get ready” room. On the way, you will get to see how much you weigh and how tall you are!



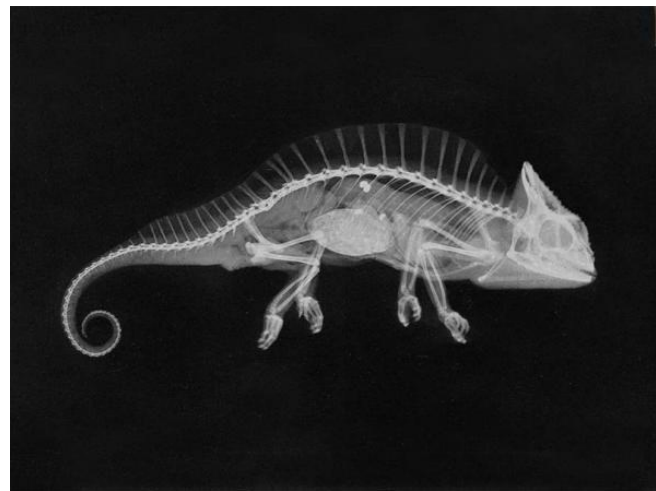
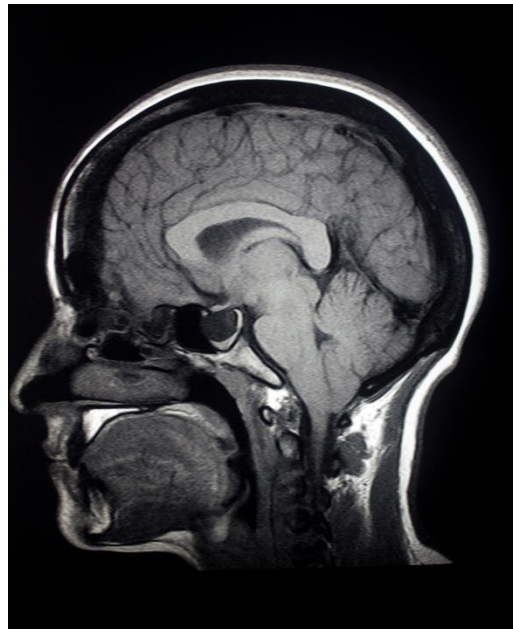
This is your “get ready” room. The nurse or PCT will check your temperature, your blood pressure, and how big of breaths you are taking.





The MRI camera uses a very strong magnet to take pictures of the inside of your body. The camera is inside the circle (or tunnel).

This is what an actual MRI
picture looks like:



Can you guess which parts of
the body they show?

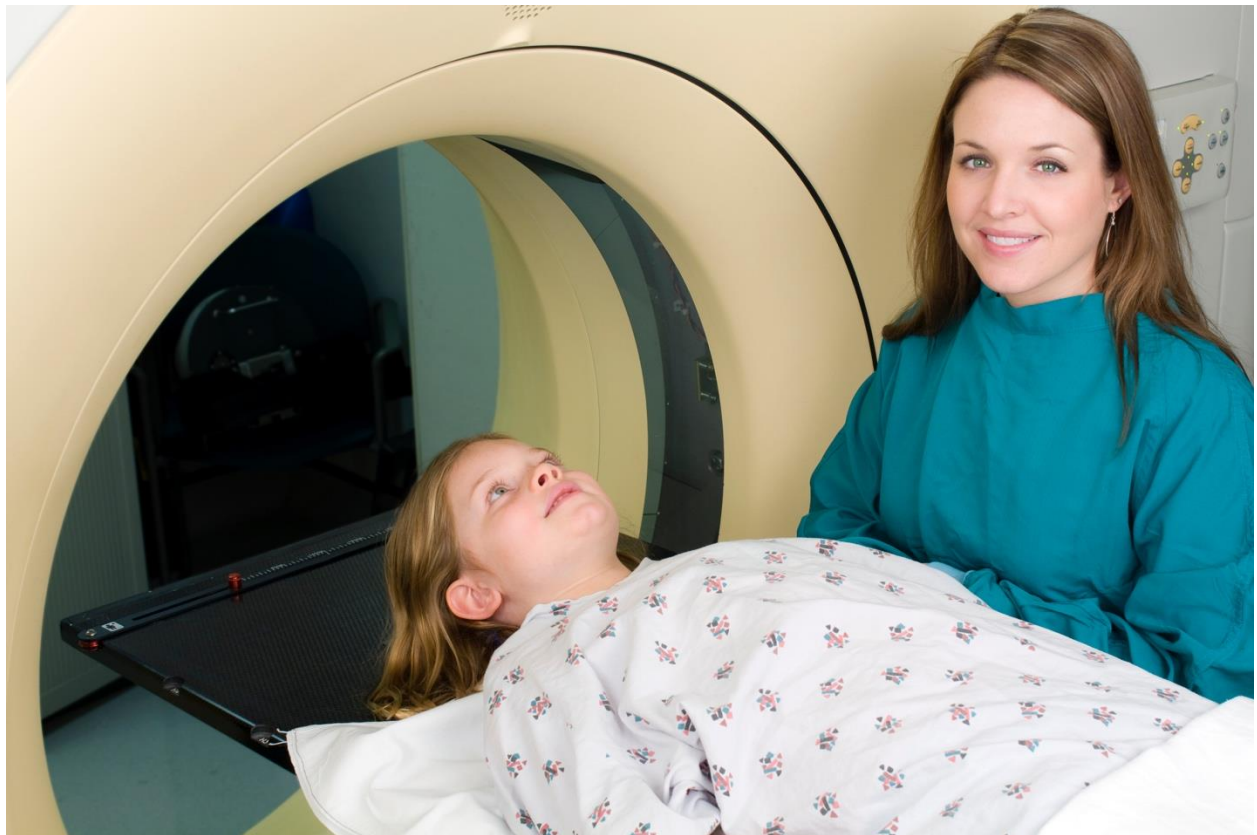


Before get your pictures taken your nurse will ask you (and the grown-up you brought with you) to take off anything that has metal on or in it.

You will need to change out of your clothes and into hospital pajamas and underwear.

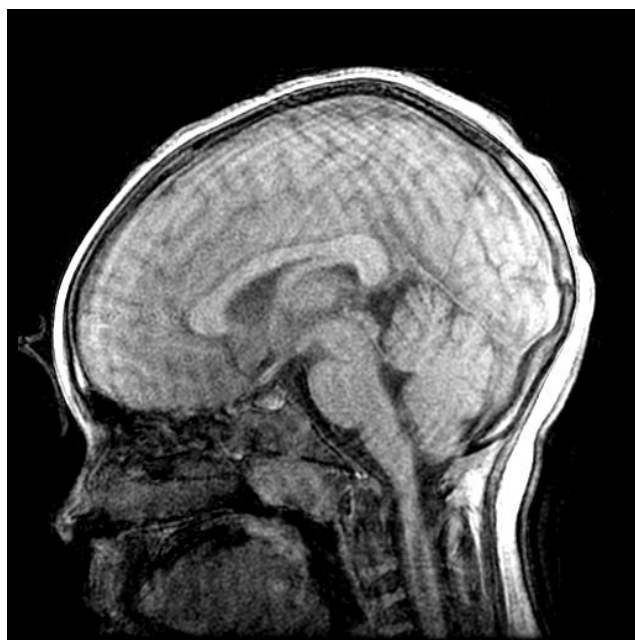
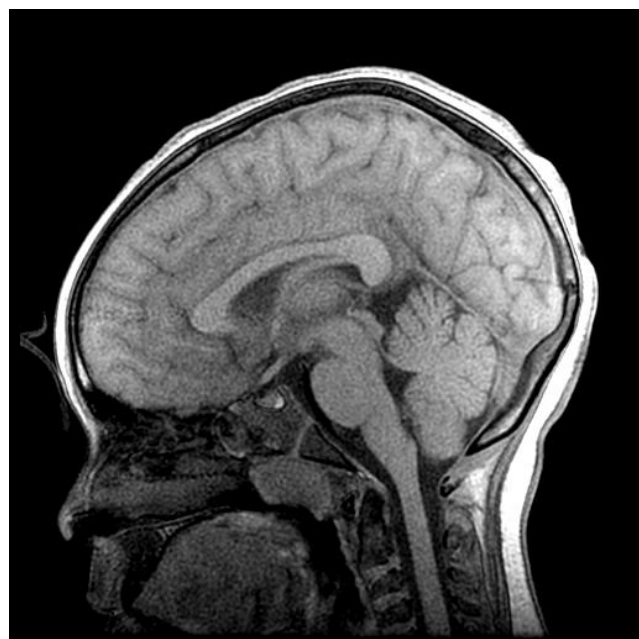
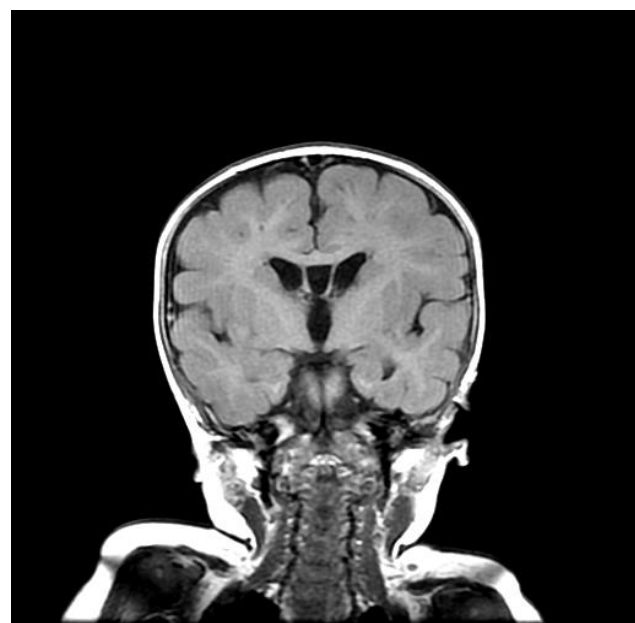
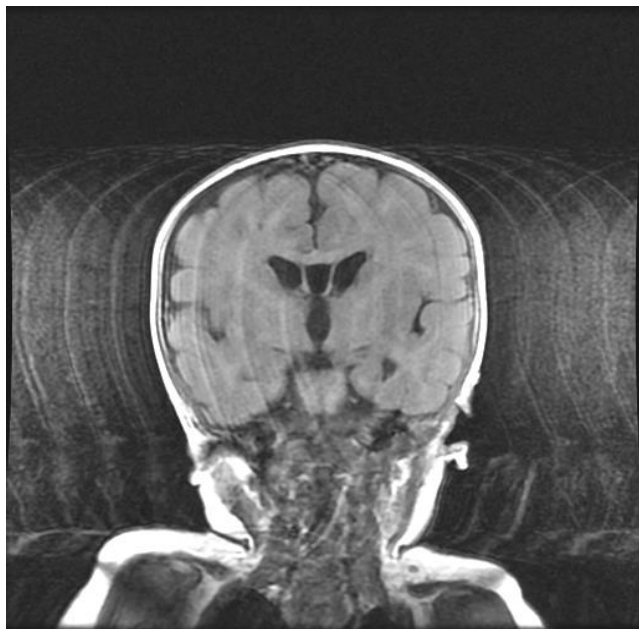


Your things can be kept safe and secure in a locker while you get your pictures taken, and you will get to change back into your clothes when your pictures are all done.



Your most important job while you are
getting your pictures taken, is to
STAY REALLY, REALLY STILL!!

It is important to stay still so the pictures do not turn out blurry. Can you spot which picture is blurry and which one is clear?





To help you stay still you will get a special medicine called sedation. This medicine will help you fall asleep.

This is a special kind of sleep. You will not hear anything, feel anything, or see anything while you are sleeping.

When the pictures are over, you will wake back up.

The medicine goes into your veins to help you fall asleep.

Veins are the blue lines under your skin that carry blood through your body.

An IV or special straw is a tiny flexible tube that a nurse places into your vein.



We understand that IV's can make you feel nervous.

Let's make a Coping Plan to help!

Ask your nurse about:

- Child Life Specialist
- Freezy Spray
- LMX (numbing cream)
- Buzzy Bee
- Comfort Positioning

Decide if you want to:

- Watch or look away
- Count 1-2-3 or not
- Sit on someone's lap or by yourself
- Take a deep breath
- Play a game
- Anything else that might help



Additional Support

If your child has any special needs or health issues you feel the doctor needs to know about, please call the Department of Pediatric Radiology at Children's to speak with a technologist or Child Life Specialist before the test. (412) 692-5512.

It is important to notify us in advance about any special needs.

Preparing your child beforehand, as well as comforting your child during the test, will help your child have a more positive experience.

Sometimes it is difficult to know how to explain tests to children. These preparation books have been created to help you and your child feel as prepared as possible.

If you feel that your child will have difficulty during the test or needs a more developmentally appropriate explanation prior to their visit, please call the Department of Pediatric Radiology's Child Life Specialist (412) 692- 9532.