## Getting a CT Scan

(Computed Tomography)
Photo Preparation Book





This is the Radiology Waiting Room. There are a lot of fun things to do in this room while you wait!

The people in this room are waiting for pictures called X-rays, Ultrasounds, scans, MRI's or CT's (just like you!)





Next, you will go to one of the registration desks. The patient services representative will let the technologists know that you are here.





You will also get a special bracelet that tells everyone who you are. Then you will go back to the waiting room.





Next, a CT technologist (person who takes pictures) will come get you and your parent or guardian from the waiting room.

The CT camera is a special kind of computer that takes pictures of the inside of your body.

The camera is inside the circle. You might hear noises, but the camera does <u>not</u> touch you!





This is what a CT scan looks like!





The CT Tech will take your picture from the control room. They can see you through the window.

If you get nervous or have a question, all you have to do is talk into the camera

Your most important job while you are getting your pictures taken is to...**STAY REALLY, REALLY STILL!!** 





**Seatbelt** 

To help you stay really still, the CT Tech will give you a seat belt. One seatbelt will go across your legs and one seatbelt will go across your chest.







## Did you know...

...you can watch a movie while your pictures are being taken? We have many movies to choose from!





Sometimes during your picture, the camera will tell you to hold your breath. You only have to hold it for 5 seconds!

Let's practice.
Ready-Set-GO!
1-2-3-4-5





When the camera is all done taking your pictures, the bed moves out of the camera and the CT technologist will help you off the bed.

You can choose a prize from the **Treasure Chest!** 

You were so **BRAVE** today!!



## **Additional Support**

If your child has any special needs or health issues you feel the doctor needs to know about, please call the Department of Pediatric Radiology at Children's to speak with a technologist or Child Life Specialist before the test. (412) 692-5512.

It is important to notify us in advance about any special needs.

Preparing your child beforehand, as well as comforting your child during the test, will help your child have a more positive experience.

Sometimes it is difficult to know how to explain tests to children. These preparation books have been created to help you and your child feel as prepared as possible.

If you feel that your child will have difficulty during the test or needs a more developmentally appropriate explanation prior to their visit, please call the Department of Pediatric Radiology's Child Life Specialist (412) 692-9532.

