

Getting a
Modified Barium Swallow
(Cookie Swallow)
Photo Preparation Book



This is the Radiology Waiting Room. There are a lot of fun things to do in this room while you wait!

The people in this room are waiting for pictures called X-rays, Ultrasounds, CT scans, and Cookie Swallows (just like you!)



Next, you will go to one of the registration desks. The patient services representative will let the Speech Pathologist know that you are here.



You will also get a special bracelet that tells everyone who you are. Then you will go back to the waiting room.



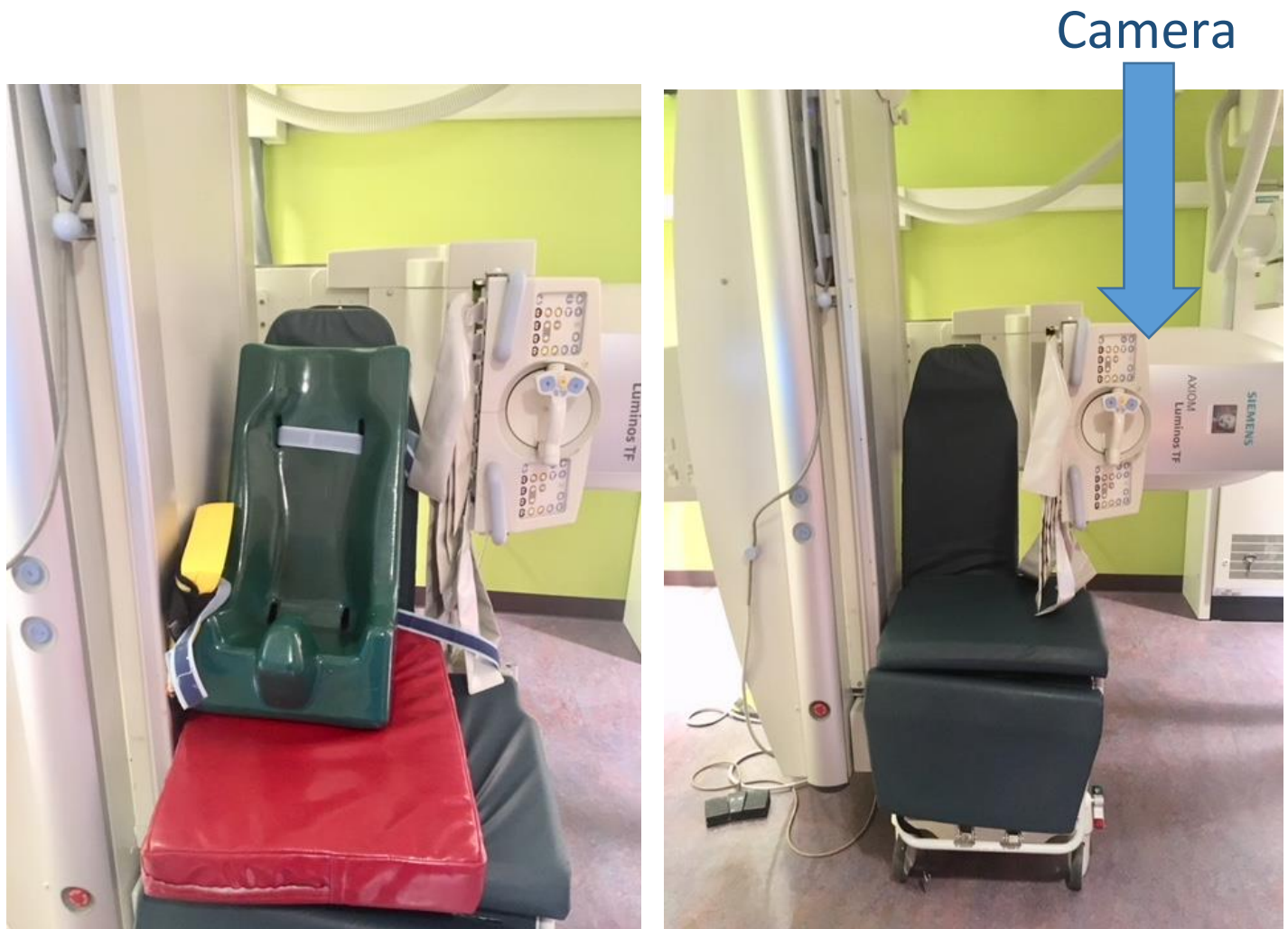
When it is time for your Cookie Swallow,
the Speech Pathologist will call your
name and walk you to the exam room.

A Speech Pathologist is the person who
help with your pictures!



The Speech Pathologist will give the grown-up you brought with you a special apron to wear.

Now it's time to sit and drink/eat the snacks that you brought with you.



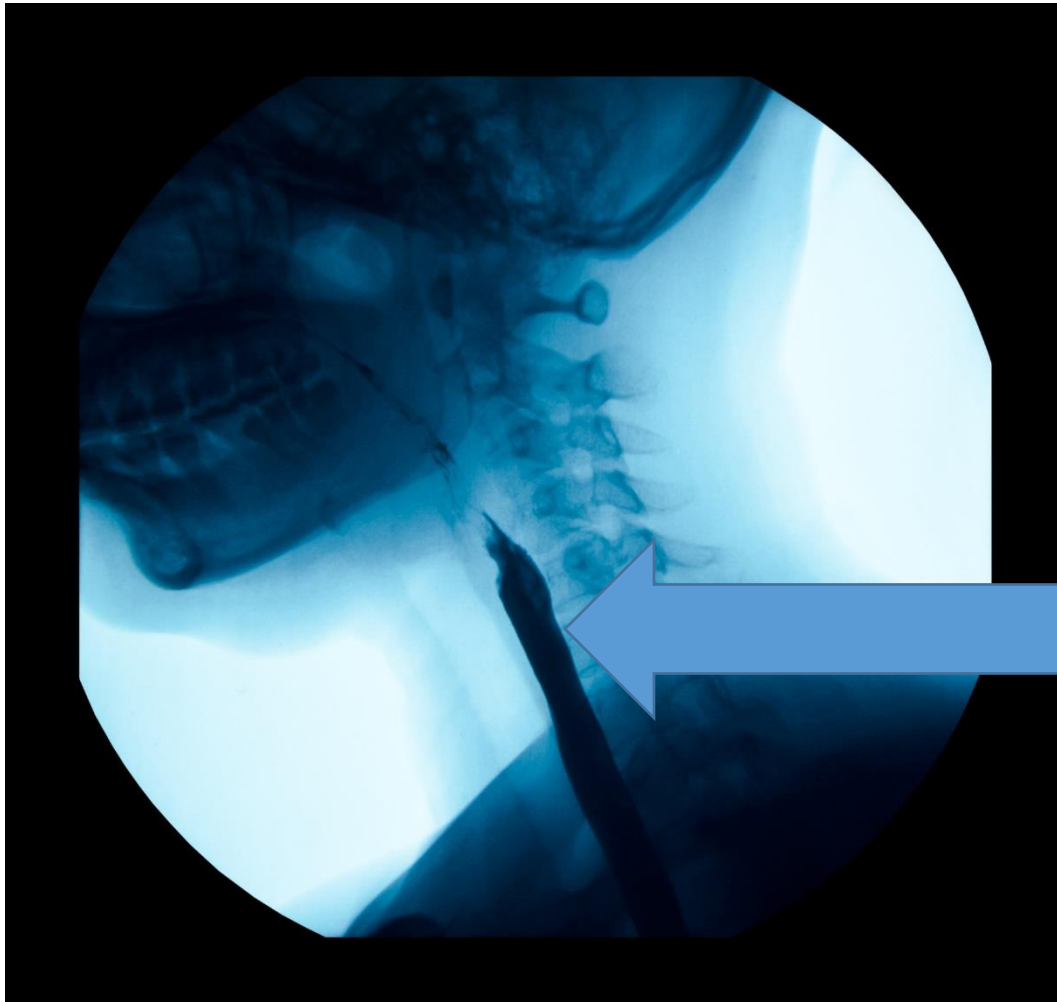
You might sit in a special booster seat.
The camera will be next to you but
won't touch you.



Contrast mixes with your food and drinks to make the picture bright and clear so the doctor can see when you eat and drink.

We have different flavors for you to drink or you can bring your own.

We also have a special contrast that looks like icing to go on your food. You can bring your own snacks or eat some of ours!



Contrast

The doctor will start by taking pictures of you while you eat and drink.

Remember: The camera won't touch you!



As the doctor takes the pictures with the camera, you will be able to see them on the TV screen that is in the room!

Your jobs are to

Eat/drink your drink and snacks!

Sit in the chair and face forward
while you eat/drink!

Hold your body very still while
the doctor takes your pictures!



Additional Support

If your child has any special needs or health issues you feel the doctor needs to know about, please call the Department of Pediatric Radiology at Children's to speak with a technologist or Child Life Specialist before the test. (412) 692-5512.

It is important to notify us in advance about any special needs.

Preparing your child beforehand, as well as comforting your child during the test, will help your child have a more positive experience.

Sometimes it is difficult to know how to explain tests to children. These preparation books have been created to help you and your child feel as prepared as possible.

If you feel that your child will have difficulty during the test or needs a more developmentally appropriate explanation prior to their visit please call the Department of Pediatric Radiology's Child Life Specialist (412) 692- 9532.