



# 2020 Summary Report



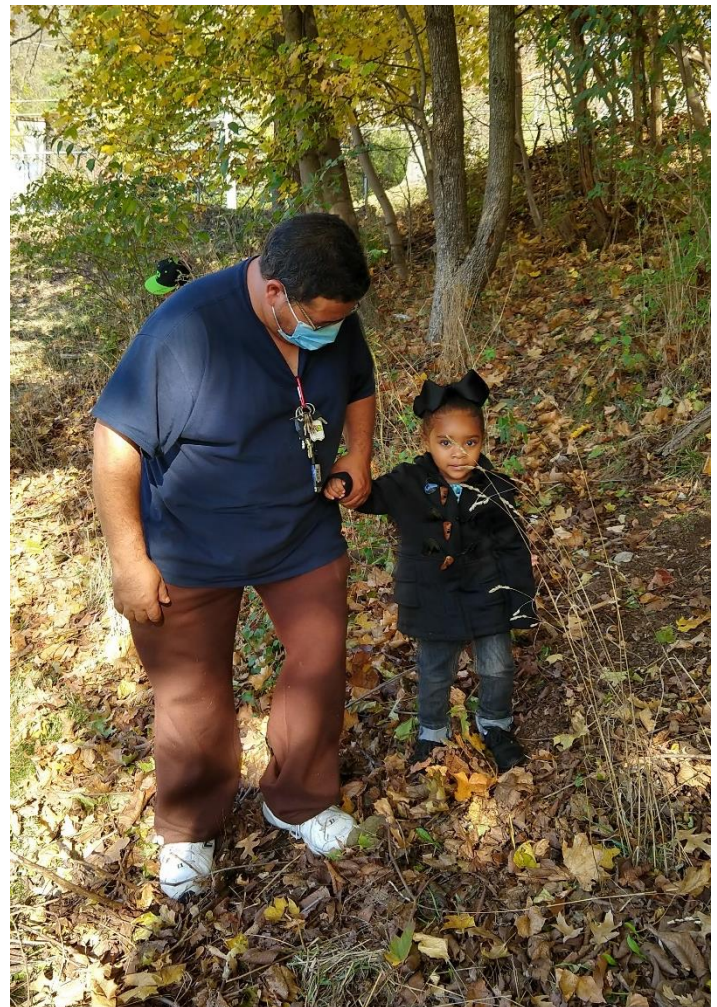
Pittsburgh Parks Prescription (Parks Rx), a collaboration between the Pittsburgh Parks Conservancy and UPMC Children's Hospital of Pittsburgh, aims to support the health and well-being of children and families by encouraging regular park use and contact with nature. Park prescribers through three pathways (school, community, and clinical settings) provide resources, guidance, and programming opportunities to participants. Pittsburgh Parks Rx provides partners with training and technical assistance through workshops, presentations, and toolkits. By engaging school, community, and clinical partners, Parks Rx offers a continuum of advocacy and support for healthy, active lifestyles.

## 2020 Highlights by the Numbers:

- 48 out-of-school time teachers and community partners received Parks Rx training
- 2,250 community members received Parks Rx materials through school and community settings
- 500 park prescriptions given through a community-based summer vaccination clinic
- 3 group programs engaged 110 people in outdoor activity and social bonding
- 5 outdoor activity resources posted to the Pittsburgh Public Schools Virtual Calming Room

## Support during COVID-19 Health Crisis:

- Adapted [Tip Sheets](#) and [Parks Rx Anywhere Activity Sheet](#)
- [Parks on the Go—Stay Healthy Digital Resources](#)
- Shared [park safety infographics](#) and status reports to Parks Rx partner network





## Pittsburgh Parks Rx 2020 Partners and Supporters

Allegheny County Health Department  
Allegheny Partners for Out of School Time  
Arts Excursions Unlimited  
Birmingham Foundation  
Center of Life  
City of Pittsburgh Department of Parks and Recreation  
COTRAIC Greater Hazelwood Family Center  
Heinz Endowments  
Hilltop Family Care Connection  
PA Department of Conservation and Natural Resources  
Park Rx America  
Playful Pittsburgh Collaborative  
Pittsburgh Parks Conservancy  
Pittsburgh Public Schools - Health & PE  
University of Pittsburgh Office of Child Development  
University of Pittsburgh School of Public Health  
UPMC Children's Hospital of Pittsburgh  
WQED Education  
Venture Outdoors

### Clinical settings:

Allegheny County Health Department WIC Program  
Children's Community Pediatrics-GIL  
General Academic Pediatrics-Children's Primary Care Center  
Pediatric Alliance Allegheny (AHN Pediatrics)  
Pediatric Alliance Bloomfield (AHN Pediatrics)  
UPMC Children's Hospital Hilltop Health Hub  
UPMC Children's Hospital Ronald McDonald Care Mobile  
UPMC St. Margaret Bloomfield-Garfield Family Health Center

"Parks Rx helps kids and families break down barriers to getting out into nature."

- Pittsburgh Parks Rx training participant,  
Healthy Out-of-School Time Network



**Pittsburgh  
Parks  
Conservancy**

[www.PittsburghParks.org](http://www.PittsburghParks.org)

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HOSPITAL OF PITTSBURGH**