

UPMC Children's Hospital of Pittsburgh Division of Community Health

Violence Prevention and Education

Overview

UPMC Children's Hospital of Pittsburgh youth violence prevention and education programs provide a safe space for youth to learn skills related to positive leadership, healthy relationships, emotion regulation and gender/sexual identity, allowing them to build and work in healthier, more positive, and nonviolent communities. Program offerings include:

Coaching Boys into Men (CBIM)

Coaching Boys into Men, a program developed by Futures Without Violence, guides middle and high school coaches to talk with male athletes about stopping violence against women and girls. The program is intended to increase youth knowledge of what constitutes abusive behaviors, positive gender attitudes among youth, and the number of youth who intervene when witnessing disrespectful behaviors.

Manhood/Sisterhood 2.0

Manhood 2.0 and Sisterhood 2.0 is an 18-hour curriculum spread over a 3-week to 2-month period. Integrated into programming for youth at community sites, facilitators lead adolescent boys or girls in learning topics such as healthy and respectful relationships, leadership skills, managing anger and developing empathy, and sexual consent and communication.

Youth Leadership In Action (YLIA)

Youth Leadership In Action is a youth empowerment program that engages young people to confidently take leadership roles their communities and create trauma-informed school environments.

Expect Respect

Expect Respect is a student support group for 7th and 8th graders that utilizes a 24-session curriculum focused on developing communication skills, choosing equality and respect, learning skills for healthy relationships, and more

Impact

Violence Prevention and Education programming increases youth skills to develop a positive and non-violent culture in their schools and communities.

About UPMC Children's Hospital of Pittsburgh Community Health

Children's Hospital of Pittsburgh Community Health works together with hospital, other healthcare, and community partners to improve health outcomes, reduce health disparities, and elevate quality of life for children and families in the communities where they live, learn, work and play.