

Clinical Resource Guide for School Nurses

This guide provides an overview of the pediatric specialty services offered within UPMC Children’s Hospital of Pittsburgh. Specialty contact information, services offered, and web links for professionals is included for each specialty.

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Disclaimer:

This resource guide was created for informational purposes only. It should not be considered medical advice. It is the sole responsibility of school nurses to stay informed about changes, recommendations, or regulations to health guidelines and best practices.

UPMC Children’s Hospital Pediatric Education Webinars

UPMC Children’s offers a free webinar series for school nurses sponsored by the Division of Community Health and the Professional Development and Education Committee. [Click here](#) for access to a wide variety of learning topics.

Healthwise Knowledgebase

[Healthwise](#) Knowledgebase offer free access link to a variety of health-related topics, videos and tools.

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Visit Navigation Services

[Click here for the Visit Navigation Services link:](#)



Visit Navigation services

At UPMC Children's Hospital of Pittsburgh, we understand the time and effort it takes to schedule multiple appointments, not to mention the expense of traveling to Pittsburgh for an appointment.

UPMC Children's Hospital is here to help manage the complexities of scheduling multiple appointments, so that you can spend more time with your family and less time commuting.

To qualify for our Visit Navigation program you must:

- Need two or more appointments
- Have multiple children that need appointments

To learn more about the program, please contact:

UPMC Children's Hospital of Pittsburgh
4401 Penn Ave.
3rd floor Plaza Building, Suite 310
Pittsburgh, PA 15224
412-692-5687
visitnavigation@chp.edu

UPMC | CHILDREN'S
HOSPITAL OF PITTSBURGH
Last Updated – 3/1/2023

UPMC Children's Outpatient Specialty Care Services		
Specialty	Phone	Fax
Adolescent Medicine	412-692-6677	412-692-8584
Allergy and Immunology	412-692-7885	412-692-8499
Audiology	412-692-5580	412-692-5563
Behavioral Health	412-692-5100	724-933-4508
Cardiology	412-692-5540	412-692-5138
Cardiothoracic Surgery	412-692-5218	412-692-5138
Child Advocacy Center	412-692-8747	412-692-8399
Child Development Unit	412-692-5560	412-692-5679
Chronic Pain Service	412-692-8700	412-692-5572
Clinical Nutrition	412-692-3482	412-692-8093
Complex Care Clinic	412-692-7644	412-692-6504
Concussion Center	412-432-3681	412-432-3644
Dental Services	412-692-5440	412-692-7426
Dermatology	724-933-9190	724-933-9194
Down Syndrome Center	412-692-7963	412-692-7038
Ear, Nose and Throat (ENT) Nurse station/referrals	412-692-5460	412-692-7203 412-692-5701
EEG and Video EEG	412-692-6163	412-692-9661
Endocrinology/Diabetes/Wellness New patient information	412-692-5170	412-692-7665 412-864-5810
Feeding and Swallowing Clinic	412-692-3333	412-692-5563
Gastroenterology and Hepatology	412-692-5180	412-692-7355
Genetics, Medical	412-692-5070	412-692-6472
Hematology/Oncology	412-692-5055	412-692-6033
Infectious Disease	412-692-7438	412-692-7016
Nephrology	412-692-5182	412-692-7443
Neurology	412-692-5520	412-692-6787
Neuropsychology	412-692-5890	412-864-8617
Neurosurgery	412-692-5090	412-692-5921
Occupational Therapy	412-692-5480	412-692-6765
Ophthalmology	412-692-8940	412-692-7220
Orthodontics	412-692-8799	412-692-8614
Orthopaedic Surgery	412-692-5530	412-692-6088
Pediatric/Adolescent Gynecology	412-692-7280	412-692-6069
Pediatric Surgery	412-692-7280	412-692-6069
Physical Therapy	412-692-5480	412-692-6765
Plastic Surgery	412-692-8650	412-692-8614
Pulmonology	412-692-5630	412-692-6645
Radiology	412-692-5500	412-692-6933
Rehabilitation Medicine	412-692-5097	412-692-6462
Rheumatology	412-692-5081	412-692-5054
Sedation Services	412-692-7559	412-692-6929
Sickle Cell Clinic	412-692-3271	412-692-6675
Sleep Program/Pulmonary Medicine	412-692-5630	412-692-6645
Speech-Language Pathology	412-692-5580	412-692-5563
Transplant-Liver and Intestine	412-692-6740	412-692-7693
Transplant-Bone Marrow/Cellular Therapies	412-692-6110	412-692-6116
Urology	412-692-7932	412-692-7939
Vascular Anomalies Center	412-692-8650	412-692-8614



UPMC Children’s Specialty Care Services

Revised 6/2023

How to Schedule an Appointment



Call Us
See the next page for a list of specialist phone numbers.



Schedule Online
Go to **CHP.edu/Online-Scheduling** or scan this QR code:



Use the myCHP App
Download the UPMC Children’s app by scanning this QR code:



Call a Visit Navigator
If you need help scheduling 2 or more appointments for a returning patient, please contact Navigation Services at **412-692-5687** or visitnavigation@chp.edu

UPMC Children’s Hospital of Pittsburgh Outpatient Locations

MAIN CAMPUS AND PRIMARY CARE CENTER	AMBULATORY CARE CENTERS	SPECIALTY CARE CENTERS	
UPMC Children’s Hospital of Pittsburgh-Main Campus 4401 Penn Ave. Pittsburgh, PA 15224	Children’s East Corporate Office Park Building One 4055 Monroeville Blvd., Suite 110 Monroeville, PA 15146 Appointments: 412-692-7337 Other issues: 412-666-3800	Erie Magee-Womens, UPMC Hamot 118 East 2 nd Street., Suite W1150 Erie, PA 16507 Appointments: 412-692-7337 Other issues: 814-877-8701	Children’s Dental-Hampton 4290 William Flynn Hwy Allison Park, PA 15101 Appointments: 412-692-7337 Other issues: 412-692-5440
			Children’s Dermatology-East 4075 Monroeville Blvd., Suite 125 Monroeville, PA 15146 Appointments: 724-933-9190
Oakland Primary Care 3420 Fifth Ave. Pittsburgh, PA 15213	Children’s North 2599 Wexford Bayne Road Sewickley, PA 15143 Appointments: 412-692-7337 Other issues: 724-933-3600	Harrisburg 3 Walnut Street Suite 205 Lemoine, PA 17043 Appointments: 412-692-7337 Other issues: 717-988-0090	Washington Hospital 155 Wilson Ave. Washington, PA 15301 Appointments: 412-692-7337 Other issues: 724-579-1902 (Located next to Emergency Dept.)
Turtle Creek Primary Care 108 Penn Plaza Turtle Creek, PA 15145	Children’s Pine Center 11279 Perry Highway Wexford, PA 15090 Appointments: 412-692-7337 Other issues: 724-940-6161	Hermitage 449 North Hermitage Road Hermitage, PA 16148 Appointments: 412-692-7337 Other issues: 724-347-4596	Cumberland, Maryland UPMC Johnson Heights Medical Bld. 625 Kent Ave., Suite 102 Cumberland, MD 21502 Appointments: 412-692-7337 Other issues: 240-964-4288
UPMC University Center 120 Lytton Ave. Mezzanine Floor Suite M060 Pittsburgh, PA 15213	Children’s South 205 Millers Run Road Bridgeville, PA 15017 Appointments: 412-692-7337 Other issues: 412-854-5005	Johnstown 865 Eisenhower Blvd. Johnstown, PA 15094 Appointments: 412-692-7337 Other issues: 814-266-8840	Wheeling Cardinal Pediatrics Building 110 Sims Circle Triadelphia, WV 26059 Appointments: 412-692-7337

UPMC CHILDREN’S SPECIALTY CARE CENTERS

SPECIALTY	PHONE NUMBER	SPECIALTY CARE CENTERS						
		Erie	Harrisburg	Hermitage	Johnstown	Washington	Wheeling, West Virginia	Cumberland, Maryland
ALLERGY AND IMMUNOLOGY	412-692-7885	X	X		X			
CHILD ADVOCACY CENTER	412-692-8747	X			X			
CARDIOLOGY	412-692-5540	X	X	X	X	X		X
DOWN SYNDROME CENTER	412-692-7963	X		X	X	X		
EAR, NOSE AND THROAT (ENT)	412-692-5460				X		X	
ENDOCRINOLOGY/DIABETES WELLNESS	412-692-5170	X	X	X	X	X	X	X
GASTROENTEROLOGY	412-692-5180	X	X	X	X	X	X	X
GENETICS, MEDICAL	412-692-5070	X		X	X			
HEMATOLOGY/ONCOLOGY	412-692-5055		X					
NEPHROLOGY	412-692-5182	X	X	X	X	X		X
NEUROLOGY	412-692-5520	X	X	X	X	X	X	X
NEUROSURGERY	412-692-5090	X	X					
PEDIATRIC SURGERY	412-692-7280		X					
PULMONOLOGY	412-692-5630	X	X		X			
REHABILITATION MEDICINE	412-692-5097				X			
SICKLE CELL CLINIC	412-692-3271	X						
UROLOGY	412-692-7932					X		

UPMC CHILDREN'S HOSPITAL, PRIMARY CARE, AND AMBULATORY CARE CENTERS							
SPECIALTY	PHONE NUMBER	Main Hospital	Primary Care	AMBULATORY CARE CENTERS			
		Lawrenceville	Oakland	East	North	Pine Center	South
ADOLESCENT AND YOUNG ADULT MEDICINE	412-692-6677		X			X	X
ALLERGY AND IMMUNOLOGY	412-692-7885	X		X	X		X
AUDIOLOGY	412-692-5580	X		X	X		X
BRACHIAL PLEXUS	412-692-8650	X					
BEHAVIORAL HEALTH	412-692-5100	X	X	X			X
CARDIOLOGY	412-692-5540	X		X	X		X
CARDIOTHORACIC SURGERY	412-692-5218	X					
CHILD ADVOCACY CENTER	412-692-8747	X					
CHILD DEVELOPMENT UNIT	412-692-5560		X		X		
CHRONIC PAIN SERVICE	412-692-8700	X				X	
CLINICAL NUTRITION	412-692-3482	X		X			X
COMPLEX CARE CLINIC	412-692-7644	X					
CONCUSSION CENTER	412-432-3681					X	X
CYSTIC FIBROSIS	412-692-5630	X					
DENTAL SERVICES	412-692-5440	X			Hampton		
DERMATOLOGY	724-933-9190			X		X	X
DOWN SYNDROME CENTER	412-692-7963	X			X		X
EAR, NOSE AND THROAT (ENT)	412-692-5460	X		X	X		X
EEG AND VIDEO EEG	412-692-6163	X		X		X	X
ENDOCRINOLOGY/DIABETES WELLNESS	412-692-5170	X		X	X		X
FEEDING AND SWALLOWING	412-692-3333	X				X	
GASTROENTEROLOGY	412-692-5180	X		X	X		X
GENETICS, MEDICAL	412-692-5070	X		X	X		
HEMATOLOGY/ONCOLOGY	412-692-5055	X					X
HEPATOLOGY	412-692-5180	X					
INFECTIOUS DISEASE	412-692-7438	X			X		
LAB SERVICES	Main - 412-692-6999 East - 412-666-3807 North - 724-933-3619 South - 412-854-5005	X		X	X		X

UPMC CHILDREN'S HOSPITAL, PRIMARY CARE, AND AMBULATORY CARE CENTERS							
SPECIALTY	PHONE NUMBER	Main Hospital	Primary Care	AMBULATORY CARE CENTERS			
		Lawrenceville	Oakland	East	North	Pine Center	South
NEPHROLOGY	412-692-5182	X		X	X		X
NEUROLOGY	412-692-5520	X	X	X		X	X
NEUROPSYCHOLOGY	412-692-5890	X					X
NEUROSURGERY	412-692-5090	X		X			
OCCUPATIONAL THERAPY	412-692-5480	X		X		X	X
OPHTHALMOLOGY	412-692-8940	X				X	X
ORTHODONTICS	412-692-8799	X					
ORTHOPAEDIC SURGERY	412-692-5530	X		X	X		X
PEDIATRIC AND ADOLESCENT GYNECOLOGY	412-692-7280	X					X
PEDIATRIC SURGERY	412-692-7280	X			X		X
PHYSICAL THERAPY	412-692-5480	X		X		X	X
PLASTIC SURGERY AND CLEFT CRANIOFACIAL CENTER	412-692-8650	X			X		X
PRIMARY CARE CENTER	Oakland 412-692-6000 Turtle Creek 412-823-3121		X	Turtle Creek			
PULMONOLOGY	412-692-5630	X		X	X		X
RADIOLOGY	412-692-5500	X		X	X		X
REHABILITATION MEDICINE	412-692-5097	X				X	X
RHEUMATOLOGY	412-692-5081	X		X	X		X
SEDATION SERVICES	412-692-7559	X					
SICKLE CELL CLINIC	412-692-3271	X					
SLEEP PROGRAM/PULMONARY MEDICINE	412-692-5630	X			X		
SPEECH-LANGUAGE PATHOLOGY	412-692-5580	X		X		X	X
SPINA BIFIDA	412-692-5096	X					
TRANSPLANT-BONE MARROW/CELLULAR THERAPIES	412-692-6740	X					
TRANSPLANT-LIVER AND INTESTINE	412-692-6110	X					
UROLOGY	412-692-7932	X		X	X		X

Adolescent and Young Adult Medicine

412-692-6677

<http://www.chp.edu/our-services/aya-medicine>

The Center for Adolescent and Young Adult Health (CAYAH) provides medical care for adolescents (ages 10–26) for a wide range of health issues. As a Primary Care Clinic, they conduct routine physicals for school, sports, driving, and work, including vision and hearing screening and immunization updates. They also see primary care patients for acute and chronic health problems including:

- Acne
- Asthma
- Rashes
- Viral illnesses
- Concerns about pregnancy or sexual health
- Depression
- Weight and eating problems.

Patients are often referred by other health professionals (like their pediatrician) to seek opinion and recommendations for managing special health concerns such as:

- Hormone problems
- Menstrual period irregularities
- Pediatric and adolescent gynecologic problems
- Contraception
- STD testing and treatment
- Sexuality issues
- Gender concerns

They provide confidential services for most issues including:

- Sexuality
- Pregnancy testing
- Sexually transmitted infection (STI) testing and treatment
- Birth control
- Substance use
- Mental health
- Questions about your body

Parental permission is **not** required for the evaluation and treatment of sexual health concerns including family planning, sexually transmitted infections, pregnancy testing, and initial

evaluation of alcohol and other drug problems. Young adults are eligible to receive these reproductive health services with no or minimal charge regardless of insurance status.

Gender and Sexual Development Program

The Center for Adolescent and Young Adult Health (CAYAH) offers LGBTQIA-friendly care. The Gender and Sexual Development Program is an integrated and coordinated collaboration of the Division of Adolescent and Young Adult Medicine, Pediatric Endocrinology, and Behavioral Health. The program serves children and youth (up to age 26) with questions around gender and sexual identity development, gender non-conforming behaviors, and transgender care.

When making an appointment, ask for “gender care”.

Resources (click on topic below):

- [Basic Definitions](#) (PDF): Important definitions regarding Sexual Orientation, Gender Identity, and Expression (SOGIE).
- [Binding](#) (PDF)
- [Gender Affirming Care](#)
- [Gender and Sexual Development Program Resources](#)
- [Gender Unicorn](#) (PDF): A helpful image that shows the differences between gender identity, gender expression, sex assigned at birth, physical, and emotional attraction. Some find it helpful to chart where they are on each of these spectrums to illustrate their gender and sexual identity.
- [Healthcare Provider Training on LGBTQIA+ Health, An Introductory Module](#)
- [LGBTQIA+ Resource Toolbox](#)
- [LGBTQ+](#): View resources for LGBTQ+ patients and caregivers at UPMC.
- [Packing](#) (PDF)
- [Parent Outreach Program](#) (PDF): Talk with parents of transgender children about questions and concerns with raising a transgender child. These parents also offer in-person group meetings. Please inquire via the phone number listed on the document.
- [PFLAG Pittsburgh](#): a non-profit organization that holds meetings for parents of LGBTQIA youth. See website for more information.
- [Tucking](#) (PDF)
- [Transgender 101 for Parents and Guardians](#) (PDF): Information created in collaboration with parents of transgender youth that includes definitions and parent testimonials.
- [Transgender 201](#) (PDF): Answers to frequently asked questions about transgender people, created by a parent of a transgender child.

Asthma Center

412-692-LUNG (5864)

<http://www.chp.edu/our-services/pulmonology/services/asthma>

Experts on asthma, lung function, breathing sensitivities or allergies, and the immune system team up to provide the highest level of care for their patients in the Pediatric Asthma Center.

Services offered by the Pediatric Asthma Center include:

- Educational programs
- Community outreach programs and screenings
- Clinical research studies
- Basic research to investigate the impact of environmental/lifestyle factors on children.
- Continuing medical education and training courses for healthcare providers

Professional Education for School Nurses:

- [Pediatric Education Series \(PES\) Asthma Updates with Dr. Ally Larkin](#)

Asthma Action Plans:

- [American Lung Association Asthma Action Plan](#)
- [SAMPRO Asthma Resources for Schools](#)

Education Resources for School Nurses:

- [Asthma vs Panic Attack](#)
- [Asthma Guidelines](#)
- [School Nurse Asthma Care Checklist](#)

Education Resources for School Personnel:

- [Education for School Personnel and Students](#)

Education Resources for Students and Parents:

- [Dry Powder Inhaler](#)
- [Metered Dose Inhaler \(MDI\) with a Chamber with Face Mask](#)
- [Metered Dose Inhaler \(MDI\) with a Chamber with Mouthpiece](#)
- [Using a Spacer Device Video](#)
- [Nebulizer with Face Mask](#)
- [Nebulizer with Mouthpiece](#)
- [Pulmicort Flexhaler \(PDF\)](#)
- [Video: Proper Spacer Use](#)
- [Resources for Parents](#)

Online Asthma Resources:

- [Allegheny County Health Department](#)
- [American Lung Association](#)
- [Breathe Pennsylvania](#)
- [Centers for Disease Control \(CDC\) Environmental Health](#)
- [Environmental Protection Agency](#)
- [Mothers of Children with Asthma](#)

Behavioral Health

412-692-5100

<http://www.chp.edu/our-services/behavioral-health>

[Pediatric Behavioral Health Programs](#)

[Behavioral Health Walk-in Clinic](#)

[Resolve Crisis Services](#)

[Whole Child Wellness Clinic](#)

Outpatient behavioral health services are provided at many Children’s Community Pediatrics (CCP) practices. Referrals for patients enrolled in managed care insurance plans also may require authorization from the insurance provider and primary care physician.

Resolve Crisis Network

Resolve Crisis Network provides round-the-clock, mental health crisis intervention and stabilization services for residents of Allegheny County in Pennsylvania. Contact Resolve Crisis Network 24 hours a day, 365 days a year: **1-888-YOU CAN (1-888-796-8226)**.

Mobile dispatch unit: Trained crisis counselors travel anywhere in Allegheny County.

Walk in: No appointment necessary at the North Braddock Ave. location, 333 N. Braddock Ave. Pittsburgh, PA 15208.

Residential services: Accessible for individuals ages 14 and older whose crisis extends over a period of time. Up to 72 hours of residential services provided at North Braddock Ave. location.

School Nurse Resources:

- [Allegheny County Office of Behavioral Health](#)
- [UPMC Child and Adolescent Mental Health Services](#)

Pediatric Education Series Webinars:

- [ReSolve and CACTIS Crisis Services for the Community](#)
- [ADHD Evaluation and Treatment](#)
- [Social and Emotional Health and Wellbeing in Adolescents](#)

Cancer and Blood Disorders

412-692-5055

<http://www.chp.edu/our-services/cancer>

The **Division of Pediatric Hematology/Oncology** at Children’s Hospital is the largest, most comprehensive childhood cancer and blood disease center in western Pennsylvania, eastern Ohio, and northern West Virginia. Experts diagnose and treat children and adolescents with all forms of cancer and blood disorders.

Programs and Services

- [Adolescent and Young Adult Oncology](#)
- [Ewing Sarcoma](#)
- [Hemophilia](#)
- [Hemostasis and Thrombosis - Von Willebrand disease \(VWD\) & Hemophilia](#)
- [Integrative Wellness Program](#)
- [Leukemia](#)
- [Melanoma Center](#)
- [MIBG Therapy](#)
- [Neuro-oncology](#)

Additional Resources

- [Blood Draws \(PDF\)](#)
- [Bone Marrow Aspiration and Bone Marrow Biopsy \(PDF\)](#)
- [Patient and Family Resources](#)
- [Patient Stories](#)
- [Therapeutic Spinal Taps \(PDF\)](#)

Camps and Family Retreats

Camps and retreats give patients and families some well- deserved time away from the stresses of everyday life.

Back to School Program

UPMC Children’s Hospital of Pittsburgh’s of UPMC’s Back-to-School program, coordinated by the Child Life Department, is designed to make the changes easier and is individually tailored for each patient diagnosed with cancer from grades K–12. When the patient is ready to return to school, a child life specialist visits the child’s or teen’s classroom to educate peers about cancer. The 45-minute program’s objectives are to:

- Relieve anxieties
- Answer questions
- Encourage support upon the student’s return

To schedule a Back-to-School Program session at your school, contact, michael.shulock@chp.edu.

Pediatric Cardiology & Heart Institute

412- 692-5540

<http://www.chp.edu/our-services/heart/cardiology>

Children who are born with a heart defect or acquire heart disease, have access to complete care at Children's Hospital. The experts at the [Heart Institute](#) at Pittsburgh treat all types of heart problems and use the latest technology and provide heart care from before birth to adulthood.

Heart Tests and Exams

The heart care team offers:

- [Standard electrocardiogram \(ECG\) and extended monitoring](#)
- [Echocardiography \(ECHO\)](#)
- Exercise physiology assessments

Pediatric Heart Programs and Services

- [Adult Congenital Heart Disease](#)
- [Arrhythmia and Rhythm Disturbances Program](#)
- [Interventional Cardiology Program](#)
- [Fetal & Perinatal Cardiology Program](#)
- [Heart Failure & Recovery Program](#)
- [Pediatric Cardiac Rehab & Recovery Program](#)
- [Preventive Cardiology to Manage Cholesterol & Blood Pressure](#)

Patient and Family Support

- [Annual Heart Institute Family Picnic Beads of Courage®](#)
- [Child Life Heart Camp](#)
- [Pediatric Hypertension Clinic](#)

Child Advocacy Center

412-692-8664

Child Advocacy Clinician Consultation 412-692-6265

<http://www.chp.edu/our-services/child-advocacy-center>

The Child Advocacy Center (CAC) provides comprehensive evaluations for children and adolescents who may be victims of physical or sexual abuse, or neglect. Services include forensic interviews, psychosocial history-taking, medical examinations, support service referrals and behavior therapy. All staff members have expertise and experience in child maltreatment. Staff includes physicians, nurse practitioners and nurses, advocacy specialists, forensic interviewers, social workers and therapists.

Appointments are necessary and can be made by calling the intake line at **412-692-8747**.

ARCH Outpatient Clinic

The CAC houses an outpatient clinic that provides several services with the main focus of providing primary medical care to any child involved in the Child Protective Services system, especially when the child is in a nonpermanent living arrangement. This service involves comprehensive age-appropriate medical care, as well as medical case management. The case management team assists in coordination of care, securing past medical records, arranging for subspecialty referrals, obtaining durable medical equipment and medications, and referring to community resources.

Appointments can be made by calling **412-692-8747**.

For children followed in the clinic, medical consultation is available by phone 24 hours a day.

School nurses may call 412-692-6265 for Child Advocacy Clinician Consultation.

Pediatric Dentistry

412-692-5440

<https://www.chp.edu/our-services/dental-services>

The Division of Pediatric Dentistry provides comprehensive preventive, restorative and oral maxillofacial surgical procedures for healthy as well as medically compromised and handicapped children. Limited orthodontic and orthognathic (surgical orthodontic) services also are provided.

- [Dental Hygiene Visits](#)
- [AAP Policy on Oral Health](#)

Community Dental Resources

- [ACHD Pediatric Dentistry Program](#)
- [ACHD Pediatric Dental Program \(English\)](#)
- [ACHD Pediatric Dental Program \(Spanish\)](#)
- [ACHD Pediatric Dental Program \(Arabic\)](#)
- [ACHD Fluoride Varnish Program \(English\)](#)
- [ACHD Fluoride Varnish Program \(Spanish\)](#)
- [Allegheny County Mobile Dental Events](#)
- [Low-Cost Regional Dental Clinics](#)
- [University Of Pittsburgh School of Dental Medicine](#)
- [PA Coalition for Oral Health](#)

Other Dental Resources

- [AAP Handout Brush, Book, Bed](#)
- [AAP Handout Brush Book Bed \(Spanish\)](#)
- [AAP Handout Brush Book Bed \(Arabic\)](#)
- [Healthy Mouth! Healthy Child! Poster](#)
- [UPMC Public Health Dental Hygiene Program](#)
- [UPMC Pediatric Dental Resources](#)

Dermatology

724-933-9190

<https://www.chp.edu/our-services/dermatology>

Children's Dermatology Services and Acne Treatment Center is the only dedicated pediatric dermatology office in western Pennsylvania and the surrounding region.

Practices are located in [Butler](#), [Monroeville](#), [South Fayette](#), and [Wexford](#).

Appointments

Appointments can be made by calling **724-933-9190** to schedule a pediatric dermatologic appointment.

Practice Specialties/ Expert Diagnostics and Treatment

- Acne (fully credentialed members of the iPLEDGE Accutane Program)
- Birthmarks
- Eczema
- Hair disorders such as Alopecia (hair loss)
- Hemangiomas and vascular malformations
- Hyperhidrosis (excessive sweating)
- Molluscum and warts
- Mole screening and melanoma
- Nail disorders
- Psoriasis
- Seborrheic dermatitis (dandruff)
- [Skin cancer](#)
- Tinea (ringworm)
- Vitiligo

Global Skin Atlas - <https://globalskinatlas.com>

Professional Education for School Nurses:

Pediatric Education Series Webinar: [Rashes in the School Age Child](#).

Endocrinology, Diabetes, and Metabolism

412-692-5170

<http://www.chp.edu/ourservices/endocrinology>

Diabetes Educators: 412-692-7799, Press 0 (7:00AM-9:00AM)

- Emergency Calls all day.
- Press 1 to leave non-urgent messages.

Pediatric Endocrinology, Diabetes and Metabolism Consultation provides diagnostic and therapeutic services for children with diabetes mellitus, hypoglycemia and disorders of physical growth, sexual maturation, thyroid function, pituitary function, and calcium and phosphorous metabolism. The Pediatric Endocrine Testing Center provides diagnostic endocrine tests for patients (both children and adults) in areas of endocrinology and carbohydrate, amino acid, and mineral and lipid metabolism. The center addresses growth abnormalities and the range of conditions that can cause them.

The Nutrition Consultation Service provides weight management consultative and follow-up services by a physician and dietitian for children up to 18 years of age.

GENERAL ENDOCRINE CONDITIONS

Adrenal Insufficiency

- [Instructions Adrenal Insufficiency](#)
- [Overview Adrenal Insufficiency](#)

Thyroid Conditions

- [Pediatric Thyroid Center](#)
- [Overview Congenital Hyperthyroidism](#)
- [Overview Congenital Hypothyroidism](#)

Weight Management

- [Endocrine Wellness Center](#)

DIABETES RESOURCES FOR SCHOOL NURSES:

- [ADA Diabetes Medical Management Plan](#)
- [504 Plan Type I Diabetes](#)
- [ADA Safe at School Helping Students with Diabetes Succeed](#)
- [Information for Schools](#)
- [Diabetes Poster](#)
- [CGM management in the school setting](#)
- [Webinar Insulin Pump Therapy in the school setting Session 1](#)
- [Webinar Continuous Glucose Monitoring in the school setting](#)

TYPE I DIABETES

- [Overview Type I Diabetes](#)

Insulin Administration Devices:

- [In-Pen](#)
- [Medtronic Pump](#)
- [Omnipod](#)
- [Omnipod 5 Patient Resource Guide](#)
- [Omnipod 5 Caregiver Resource Guide](#)
- [Omnipod quick start guide](#)
- [T-slim Pump](#)
- [Medtronic 780G](#)

Blood Glucose Monitoring:

- [Guidelines for Continuous Glucose Monitors](#)
- [Dexcom 6 School Guide](#)
- [Dexcom 6 and 7 Guidelines and Downloads](#)
- [Medtronic Guardian Sensor 3](#)
- [Freestyle Libre 2 System](#)
- [Freestyle Libre3 System](#)

Blood Glucose Corrections and DKA prevention guides

- [DKA DECISION TREE FOR Auto Pumps](#)
- [DKA DECISION TREE FOR OMNIPOD 5](#)
- [DKA DECISION TREE](#)
- [Guidelines For Successful Pumping Ciq](#)
- [Guidelines For Successful Pumping Op5](#)
- [Sick Day Guidelines](#)

Ilet (No manual mode New pump that has to be used with CGM) Beta bionics

- [Tips and Tools for Insulin Pump Use](#)
- [School Nurse Pump Checklist](#)
- [Exercise with Insulin Pump](#)
- [Discontinuing Insulin Pump for Special Occasions](#)

TYPE 2 DIABETES

- [Overview of Type 2 Diabetes](#)
- [ADA School Staff Power Point Type 2 Diabetes](#)
- [Helping Students with Diabetes Succeed](#)

Family Resources:

- [Diabetes Patient & Family Resources](#)
- [ADA Summer Camps & Retreats](#)

Food Allergy Center

412-692-5630

<http://www.chp.edu/our-services/allergy-immunology/services-centers/food-allergy>

Food Allergy Center

The Food Allergy Center sees children with the entire spectrum of food allergies.

Learn more about food challenges at the Food Allergy Center

- [What Are Food Challenges?](#)
- [Reasons Why Your Child Might Need a Food Challenge Test](#)
- [Before and After Your Child's Food Challenge](#)

Gastroenterology

412-692-5180 / Fax 412-692-7355

<http://www.chp.edu/our-services/gastroenterology>

Pediatric Gastroenterology, Hepatology and Nutrition includes experts in general clinical pediatric gastroenterology and a broad range of specialty areas including:

- Abdominal pain
- Gastroesophageal reflux and esophagitis
- Eosinophilic disorders
- Gastrointestinal bleeding
- Ulcer disease
- Crohn's disease and ulcerative colitis
- [Inflammatory Bowel Disease Center](#)
- Irritable bowel syndrome
- Diarrhea
- Poor growth
- [Feeding disorders](#)
- Intestinal failure (short bowel)
- Motility disorders
- Constipation
- [Liver diseases](#)
- [Liver transplantation](#)
- Small bowel transplantation
- Acute and chronic pancreatitis
- Metabolic disorders affecting the liver or intestines.

[Enterostomal therapy](#) is offered for children with stomas, incontinence, dermal ulcers and other select skin conditions or those needing wound care.

Patient Procedures

- [24-Hour pH Probe Capsule Endoscopy](#)
- [Colonoscopy \(PDF\)](#)
- [Gastric Emptying Study](#)
- [Liver Biopsy](#)

Other Resources:

- [Western PA Crohn's & Colitis Foundation](#)
- [Inflammatory Bowel 504 Plan Template](#)
- [Living with Crohn's Disease a Pamphlet for Families](#)
- [Crohn's Disease & Ulcerative Colitis A Guide for Parents](#)

School Nurse Resources:

- [Celiac Disease](#)
- [Constipation](#)
- [Diarrhea](#)
- [Inflammatory Bowel 504 Plan Template](#)

Pediatric Education Series Webinars:

- [Gastrostomy Tube Care](#)
- [Functional Constipation in Children](#)

Headache Clinic

412-692-5520

Headache Clinic

The Brain Care Institute's Headache Clinic on the diagnosis and treatment of headache disorders in children and adolescents. Both inpatient and outpatient treatment is offered and is tailored to children's individual needs. Various treatment alternatives are also offered including medications, counseling, behavioral medicine, or a combination.

Headaches are one of the most common disorders seen in children. Some headaches may have no identifiable or obvious cause, as in the case of migraine headaches, or they may be caused by another condition, such as sinusitis, a virus, something in their environment that they may be sensitive to, or even an abnormality in the brain. Some headache-related symptoms include nausea, vomiting, light and noise sensitivity, and sometimes, lightheadedness. Although many headaches and related disorders may not be a serious health concern, they can result in other problems, such as social dysfunction and school absence, which can have a great impact on the quality of life for the child and family.

Some of the types of headaches and associated disorders treated include:

- Abdominal migraines
- Cyclical vomiting
- Hemiplegic migraines
- Migraines
- New daily persistent headaches
- Paroxysmal vertigo
- Pseudotumor cerebri (idiopathic intracranial hypertension)
- Tension headaches

Resources for School Nurses:

- [504 Plans & IEPs for Migraine Headaches](#)

Pediatric Education Series Webinar:

- [Headaches in Adolescents and Children](#)

Infectious Disease

412-692-7438

<http://www.chp.edu/our-services/infectiousdiseases>

Infectious Diseases provides consultation in the diagnosis and management of infectious diseases in children – especially recurrent, rare, or difficult to treat infections, including HIV/AIDS.

Consultative services are provided for children with:

- Common and uncommon infectious diseases or disorders
- Problems that might be infectious
- Infectious disease complications of other underlying problems
- [Management of recurrent MRSA infections](#)
- [Lyme Disease](#)

Pediatric Education Series Webinars:

- [Who's in and who's Snot? Managing Infectious Diseases in School](#)
- [Lyme Disease: Tips and Tricks from the Pittsburgh Epidemic](#)

Other Resources:

- [Allegheny County Health Department Infectious Disease and Surveillance](#)
- [CDC-Measles Information](#)

School nurses may contact 412-692-7438 for questions or consultation related to infectious disease.

Neurology

412-692-5520

<http://www.chp.edu/our-services/brain/neurology>

Children's Hospital's neurology team has deep knowledge in treating a broad range of childhood brain and spine conditions, such as:

- Concussions
- Headache
- Movement disorders
- Stroke
- Muscular dystrophy
- Mitochondrial and metabolic disorders
- Neuromuscular diseases
- Rare brain diseases
- Neuroimmunology Epilepsy

Resources:

- [Neurocritical care and trauma Neuroimaging](#)
- [Childhood Stroke Program](#)
- [Ketogenic Diet Clinic](#)
- [Tuberous Sclerosis Clinic](#)
- [Fragile X](#)
- [Headache Clinic](#)
- [Neurofibromatosis Clinic](#)
- [Concussion Management Services](#)

Epilepsy Center

412-692-6928

<http://www.chp.edu/our-services/brain/neurology/epilepsy>

The **Epilepsy Center** at UPMC Children’s Hospital is accredited by the NAEC as a level 4 epilepsy center. Level 4 epilepsy centers have the professional expertise and facilities to provide the highest level medical and surgical evaluation and treatment for patients with complex epilepsy. It is the only center in the region that provides comprehensive evaluation and surgical treatment options for children with hard-to-manage, or intractable, epilepsy.

Classifications of Seizures:

- [Focal Seizures](#)
- [Generalized Seizures](#)
- [Epilepsy Syndromes](#)
- [Febrile Seizures](#)

Treatment Options:

- [Ketogenic Diet](#)
- [Vagus Nerve Stimulator](#)
- [Pediatric Epilepsy Surgery](#)

Professional Education for School Nurses:

- [Epilepsy Webinar](#)
- [Epilepsy-504 Plan Template](#)
- [Seizure Action Plan](#)
- [Tips for Observing and Recording Seizures](#)

Education for School Staff:

- [Epilepsy for Classroom Teachers](#)
- [Seizure Recognition and First Aid](#)
- [Epilepsy-Training for Schools](#)
- [Epilepsy-Facts and Statistics](#)
- [Schools and Seizure Preparedness](#)
- [Seizure First Aid Poster- English](#)
- [Seizure First Aid Poster-Spanish](#)

For more information:

- [Epilepsy Monitoring Unit](#)
- [Epilepsy Foundation of Western/Central PA.](#)
- [Epilepsy-General Safety and Driving](#)

Otolaryngology (ENT)

412-692-5460

<http://www.chp.edu/our-services/ent>

Pediatric Otolaryngology provides a comprehensive diagnostic and treatment program for all diseases involving the ear, nose or throat. Ear surgery, placement of ear tubes, removal of tonsils and adenoids and sinus surgery are performed. Special testing for nasal and eustachian tube function, as well as audiologic examinations is available.

Otolaryngology requires referrals from primary care doctors or other Children's Hospital specialists.

For questions, call the nurse line at 412-692-5460 option 1.

Clinical Services:

- [Chronic Ear Clinic](#)
- [Cochlear Implant](#)
- [Upper Aerodigestive Tract Endoscopy](#)
- [Direct Flexible Laryngoscopy](#)
- [Hearing Center](#)
- [Bilateral Myringotomy and Tubes BMT](#)
- [Vocal Cord Dysfunction Clinic](#)
- [Voice, Resonance & Swallowing Center](#)

Orthopedics

412-692-5530

<https://www.upmc.com/services/orthopaedics/services/pediatric-orthopedics>

Children's orthopedic experts treat a full range of conditions, such as:

- [Broken bones](#)
- [Hip dysplasia](#): This occurs when a child's joint doesn't form as it should. The "ball" at the top of the thigh bone and "socket" inside the pelvic bone don't fit as they should.
- Hip, knee, and foot problems.
- Limb length discrepancies. This is when one leg or arm is shorter than the other.
- Lower limb defects. This refers to a range of conditions that affect the leg or foot alignment. Common conditions include clubfoot, intoe-ing, and bowed legs.
- Neuromuscular diseases. These are conditions in which nerves create problems with muscles throughout the body, such as sclerosis or muscular dystrophy.
- [Osgood-Schlatter disease](#): This is swelling of the growth plate at the top of the shin. It mainly occurs during growth spurts and causes a painful bump below the knee. Kids who play sports are most at risk for this overuse injury.
- [Sprains \(muscle tears\) and strains](#): Sprains occur when you stretch a *ligament* attached to a joint. Strains happen when you stretch a *muscle* too far or put too much pressure on it.
- [Spine defects](#).

Resources:

- [Sprains, Tendonitis, Bursitis, and More: Do You Know the Difference?](#)
- [Video: How to Wrap an Ankle or Wrist Sprain](#)

Children's Orthopedic Care in Pittsburgh and Southwest Pa.

This service offers [urgent orthopedic care](#) for minor bone, joint, and muscle injuries Monday through Friday, 5 to 8:30 p.m. Patients may be transferred to UPMC Children's Emergency Department if needed. No appointments — walk-ins only.

Important: If the patient has been x-rayed and splinted at a UPMC Children's Express Care location, contact Pediatric Orthopedic Surgery at **412-692-5530** for an appointment.

- [Sports Medicine Services](#)
- [Concussion Management Services](#)

Pulmonology

412-692-5630

<https://www.chp.edu/our-services/pulmonology>

Pulmonary Medicine provides consultative services for the diagnosis, evaluation and management of diseases of the respiratory tract and sleep disorders. A multidisciplinary team of physicians, certified registered nurse practitioners, registered nurses, registered respiratory therapists, registered dietitians, and social workers offers patient management, patient/family education and support services.

Comprehensive programs are provided for patients with:

- Asthma (see Asthma Center)
- Bronchopulmonary dysplasia
- Cystic fibrosis
- Home mechanical ventilation
- Interstitial lung disease
- Lung transplantation
- Neuromuscular diseases with respiratory complications
- [Pediatric Sleep Center](#)

Resources for School Nurses:

- [Cystic Fibrosis](#)
- [When there is more than one student with CF at school](#)
- [A Teacher's Guide to Cystic Fibrosis](#)

Rheumatology

412-692-5081

<http://www.chp.edu/our-services/rheumatology>

Pediatric Rheumatology evaluates children with symptoms suggestive of an autoimmune/inflammatory disease or musculoskeletal pain. Presenting symptoms may include joint pain, muscle pain, weakness, rash, and fever. A team approach to providing clinical care is directed by rheumatologists experienced in diagnosing and managing childhood conditions, including:

- Rheumatic diseases
- Musculoskeletal pain syndromes
- [Juvenile idiopathic arthritis](#)
- [Lupus](#)
- Joint and muscle pain
- Vasculitis
- Uveitis
- Raynaud's phenomenon
- Connective tissue diseases
- [Scleroderma](#)
- Chronic Pain Conditions and Syndromes
- [Reflex Neurovascular Dystrophy](#)
- Vasculitis
- [Kawasaki Disease](#)
- Hennoch-Schoenlein Purpura

Resources:

Parent-to-Parent Connection - is a program for parents and families with a child who has been newly diagnosed with a chronic illness or for those who would like to connect with other families who have a child living with the same chronic illness.

Please call 412-692-5258 and speak with the Rheumatology social worker to join this group.

- [Frequently Asked Questions About Medicines](#)
- [Frequently Asked Questions About Conditions](#)
- [Frequently Asked Questions About Additional Topics](#)

Ronald McDonald Care Mobile

412-352-1059

<http://www.chp.edu/our-services/mobile-medical-clinic>

The [Ronald McDonald Care Mobile](#), in partnership with Ronald McDonald House Charities of Pittsburgh, is a state-of-the-art pediatric primary care center on wheels. Pediatricians, nurses, and nurse practitioners from UPMC Children's Hospital provide medical care to children and adolescents who are unable to visit a doctor regularly.

Services offered:

- Adolescent health care
- Asthma care
- Hearing and vision screenings
- Immunizations
- Specialty care referrals
- Routine physical exams
- Sick child visits
- Well-child and infant care

The Care Mobile visits schools, community locations, afterschool programs, and more. For information, please call **412-352-1059** between the hours of 8 a.m. to 5 p.m.

Sickle Cell Program

412-692-5055

<http://www.chp.edu/our-services/cancer/conditions/sickle-cell>

UPMC Children's Sickle Cell Program identifies children with sickle cell disease as early as possible and effectively manages their condition to adulthood.

Resources:

For information about what to expect and how to care for a child with sickle cell disease from infancy through young adulthood, visit the links below:

- [Infants and Toddlers](#)
- [Preschoolers](#)
- [Elementary School Age](#)
- [Teens](#)

Sickle Cell Teen Group:

Children's Sickle Cell Program offers a group meeting at least once a month for youth ages 12 to 21. This group brings together teens living with sickle cell disease to discuss issues surrounding their medical illness. Some of the topics addressed are the transition from pediatric to adult care, self-esteem, and pain. For more information, please contact Kimberly Washington at 412-692-6073 or kimberly.washington@chp.edu.

Transition from Pediatric to Adult Care:

To make a smooth and successful transition from pediatric to adult care, Children's Sickle Cell staff can help parents and patients to connect with adult care providers.

For guidance on how to select an adult care provider, please contact Children's Sickle Cell staff at 412-692-5055.

Spanish Clinic: Salud Para Niños (Health for the Children)

412-692-6000 Option 8

<https://www.chp.edu/our-services/spanish-clinic>

At SALUD PARA NIÑOS, culturally and linguistically competent primary care for children and families is complemented with activities oriented toward prevention and towards empowering the community about its own health.

SALUD PARA NIÑOS offers include:

- Bilingual Pediatric Primary Care and Immunizations Clinic: Every Tuesday morning, Thursday evening after 5 p.m. and Friday morning at the Primary Care Center of Children's Hospital in Oakland (appointment and health insurance are required), 3420 Fifth Avenue Pittsburgh, PA
- Free Bilingual Pediatric Primary Care and Immunizations Clinic: Every second Saturday of the month at the Birmingham Clinic in the South Side (appointment and health insurance are NOT required), 54 S. 9th Street Pittsburgh, PA
- Free Bilingual Pediatric Primary Care Clinic: Every fourth Tuesday of the month at the Birmingham Clinic in South Side (appointment IS required - health insurance is NOT required,) 54 S. 9th Street Pittsburgh, PA
- Bilingual Literacy Program
- Reading materials and information about health promotion for parents in Spanish
- Injury prevention programs
- Spanish phone line
- Hispanic Car Seat Checks

Community Resources

2-1-1 can help anyone in the United States connect to resources in their area (not just food). Dial **2-1-1** for free, private help, or call 1-888-553-5778. You can visit pa211sw.org or text your zip code to **898-211** to find help nearby.

Allegheny County Family Centers are community hubs where families can access resources, participate in educational programs, and connect with other children and caregivers. Call **412-350-6611** to learn more and find a family center near you in Allegheny County. To find info online, go to <https://familycenters.alleghenycounty.us/>

Community Action Agencies can support resource needs, including food, for PA residents. To find a community action agency near you, go to <https://www.thecaap.org/> or contact 2-1-1 above.

Emergency Food Resources

For other emergency food options for your county, contact your regional food bank listed on page 2.

Emergency Food Assistance (EFA) is for families who need food. Contact the Urban League of Greater Pittsburgh to get food by the next day. A family can get this service once a year. They will help you find a local food pantry: **1-866-395-3663**.

The Greater Pittsburgh Community Food Bank can connect you to emergency food resources. Call **412-460-3663 ext. 655** to get connected to someone who can help.

National Programs

SNAP (was called Food Stamps) is a government program for individuals and families who need help buying food. You may qualify based on your household size and income level. To find out more, **Just Harvest** can help you for free. Call at **412-431-8960 option 3** or visit their website justharvest.org. To apply online, go to: compass.state.pa.us.

Women, Infants, and Children (WIC) is a government program. You may qualify based on income. The program gives funds to pregnant women and households with young children. To find out more in Armstrong, Beaver, Butler, Indiana, and Lawrence counties, call Adagio Health at **1-866-942-2778**. For Allegheny County information, call **412-350-5801**. For other PA residents, visit pawic.com or call 1-800-942-9467

Food Resources – Western Pennsylvania

The Greater Pittsburgh Community Food Bank can help families connect to food pantries, food distributions, and other food programs in their area. To speak with someone who can help find resources in your area, dial **412-460-3663 ext. 655** to speak with a food bank representative.

***BigBurgh** is a website that can show you where to find help. It can help you find healthcare, free events, food, shelter, and more. www.BigBurgh.com

***Farmers Markets** take place in Allegheny County. You can also use SNAP/EBT here. To find out more, visit <http://www.justharvest.org/fresh-access/> or call **412-431-8960**.

*These resources are specific to Allegheny County (select farmers markets outside of Allegheny County also accept SNAP/EBT)

Language Services

Care in Your Language

Free Language Interpretation Services Available

American Sign Language (ASL) and 200+ spoken languages

These services are provided 3 different ways:



In-person (IPI)



By Video (VRI)




By Phone (OPI)

Our professional interpretation services are confidential, available **24 hours a day, 7 days a week**, and follow all UPMC policies.

For more information or to request language services, ask any care team member.

PASHTO

I speak Pashto.

 **Please call an interpreter. Thank you.**

We will provide an interpreter at no personal cost to you.

UPMC

زه په پښتو خبرې کوم.
په مهرباني یو ژباړن ته ښکته ووهئ.
ډیره مننه.

مونږ به تاسې ته یو ژباړن ستاسې د لگښت پرته برابر کړو.

Form Number: UPMC-3658 AU/DL 09/21

UPMC

DARI

I speak Dari.

 **Please call an interpreter. Thank you.**

We will provide an interpreter at no personal cost to you.

UPMC

من به دري صحبت ميکنم.
لطفاً یک مترجم را ښکته وړئ.
تشکر از شما.


ما یک مترجم را برای شما بدون هزینه شخصی ارائه می دهیم.

Form Number: UPMC-3657 AU/DL 09/21

UPMC

UZBEK


I speak Uzbek.

 **Please call an interpreter. Thank you.**

We will provide an interpreter at no personal cost to you.

UPMC

Men o'zbekcha gapiraman.

 **Iltilimos, tarjimon chaqiring. Rahmat.**

Biz bepul tarzda sizga tarjimon beramiz.

Form Number: UPMC-3638 AU/DL 09/21

UPMC

ITALIAN

I speak Italian.

 **Please call an interpreter. Thank you.**

We will provide an interpreter at no personal cost to you.

UPMC

Parlo italiano.

 **Si prega di contattare un interprete. Grazie.**

Le forniremo gratuitamente un interprete.

Form Number: UPMC-3862 AU/DL 11/21

UPMC

ASL & Universal

I Use American Sign Language (ASL).

 **Please call an interpreter. Thank you.**

We will provide an interpreter at no personal cost to you.

UPMC

I speak _____
Preferred Language

 **Please call an interpreter. Thank you.**

We will provide an interpreter at no personal cost to you.

Form Number: UPMC-2000

UPMC

SPANISH

 **I speak Spanish.**
Please call an interpreter.
Thank you.

We will provide an interpreter at no personal cost to you.

UPMC


 **Yo hablo español.**
Por favor llame a un intérprete. Gracias.

Le proporcionaremos un intérprete sin costo alguno para usted.

UPMC


Form Number: UPMC-270 PATEX0629 04/09 06/20

ARABIC

 **I speak Arabic.**
Please call an interpreter.
Thank you.

We will provide an interpreter at no personal cost to you.

UPMC

 **أنا أتحدث اللغة العربية**
يرجى الاتصال بمترجم. شكرًا.

سوف نوفرلك مترجمًا بدون أي تكلفة عليك.

UPMC


Form Number: UPMC-270 PATEX0629 04/09 06/20

NEPALI

 **I speak Nepali.**
Please call an interpreter.
Thank you.

We will provide an interpreter at no personal cost to you.

UPMC

 **म नेपाली बोल्छु।**
कृपया दोभाषे कल गर्नुहोस्। धन्यवाद।

हामी तपाईंको लागि नि:शुल्क रूपमा दोभाषे उपलब्ध गराउने छौं।

UPMC

Form Number: UPMC-270 PATEX0629 04/09 06/20

RUSSIAN

 **I speak Russian.**
Please call an interpreter.
Thank you.

We will provide an interpreter at no personal cost to you.

UPMC

 **Я говорю по-русски.**
Пожалуйста, позвоните переводчику. Спасибо.

Мы бесплатно предоставим вам переводчика.

UPMC


Form Number: UPMC-270 PATEX0629 04/09 06/20

MANDARIN

 **I speak Mandarin.**
Please call an interpreter.
Thank you.

We will provide an interpreter at no personal cost to you.

UPMC

 **我讲国语。**
请找一位电译员。谢谢。

我们将免费为您提供翻译人员。

UPMC

Form Number: UPMC-270 PATEX0629 04/09 06/20

Notes:
