

# Behavioral Health Services in the Cleft-Craniofacial Center

The behavioral health providers in the Cleft-Craniofacial Center (CCC) offer developmental and psychosocial screenings as well as full evaluations for patients with craniofacial conditions. Screenings are typically conducted during CCC clinic visits to assess general emotional, social, and behavioral development. However, based on certain risk factors and/or family requests, full evaluations are scheduled separately on the same day as the clinic visit. If you're interested in an evaluation, please mention this when scheduling your CCC appointment.

## What to Expect During a Screening

- Families complete screening forms in the room during the CCC clinic visit.
- Team psychologist reviews the results with the family.
- Time to answer questions and provide initial recommendations.

## What to Expect During an Evaluation

- A full evaluation includes detailed observations and interactions with the child, caregiver interviews, and/or standardized assessments.
- This longer visit provides a comprehensive understanding of the child's developmental and psychosocial functioning.
- Families receive a detailed report with recommendations, and follow-up visits may be scheduled as needed.

## Common Conditions We Support

- Cleft Lip and Palate: Providing behavioral health support for emotional, social, and psychological development.
- Craniosynostosis: Addressing developmental delays and emotional well-being.
- Facial Asymmetry and Other Craniofacial Differences: Supporting self-esteem and coping skills.

## Common Concerns We Address.

- Developmental Delays: Identifying cognitive, motor, or language delays.
- Emotional and Behavioral Concerns: Addressing issues like anxiety, depression, and social difficulties.
- Coping with Medical Procedures: Helping children and families manage the emotional impacts of surgeries or medical treatments.

## Family Resources

- **American Cleft Palate-Craniofacial Association (ACPA; <https://acpa-cpf.org/>):** Supports individuals with cleft and craniofacial conditions by providing resources for treatment, research, and professional guidance.
- **myFace (<https://www.myface.org/>):** Provides support, education, and resources for children with craniofacial conditions and their families. They offer access to psychosocial services and financial assistance for treatment.
- **Children's Craniofacial Association (<https://www.ccakids.org/>):** Offers support and advocacy for children with facial differences, connecting families to medical and psychosocial resources.
- **FACES: The National Craniofacial Association (<https://faces-cranio.org/>):** Provides financial assistance for travel and treatment, and emotional support for families facing craniofacial conditions.
- **Craniofacial Acceptance, Support & Education (CASE; <https://www.case.org/>):** Offers education, advocacy, and emotional support for families navigating craniofacial differences, promoting acceptance and understanding.



Scan here to learn more about behavioral health services available for plastic surgery patients at UPMC Children's Hospital of Pittsburgh.

