# University of Pittsburgh Medical Center (UPMC) Medical/Psychiatric Music Therapy Internship

#### **Clients Served:**

Setting(s): Pediatric medical hospital, acute (short-term) inpatient psychiatric hospital

## **Populations Served:**

Medical populations include: neonatal and pediatric inpatients including transplant, oncology, surgical, intensive care, trauma, general medical, palliative care, neurological, cardiac, epilepsy, and rheumatology, as well as some outpatient clinics

Psychiatric populations include: children/adolescents, dual diagnosis, general adult mood disorders, schizophrenia, adults and children with autism/MR, geriatric psych, eating disorders, depression

Age Range: Birth to end-of-life care

## **Internship Experience:**

#### **Training:**

Interns will experience both pediatric medical and psychiatric music therapy with an individualized training program. Approximately half of the internship will be spent leading groups at UPMC Western Psychiatric Hospital, with the other half spent at UPMC Children's Hospital of Pittsburgh offering mostly individual sessions.

#### **Facility Characteristics:**

UPMC, a \$21 billion world-renowned health care provider and insurer based in Pittsburgh, PA, is inventing new models of accountable, cost-effective, patient-centered care. UPMC is the largest non-governmental employer in Pennsylvania, with 90,000 employees. A recognized innovator in information technology, UPMC was an early adopter of electronic health records and the interoperability solutions that tie them together. Its clinical and technological capabilities have attracted such technology partners as Microsoft and GE Healthcare. UPMC operates more than 40 academic, community, and specialty hospitals, more than 700 doctors' offices and outpatient sites, employs more than 4,900 physicians, and offers an array of rehabilitation, retirement, and long-term care facilities.

For more than 50 years, UPMC Western Psychiatric Hospital (WPH) has been a national leader in the diagnosis, management, and treatment of mental health and addictive disorders. As part of UPMC, WPH not only provides the most comprehensive range of behavioral health services available today but is also shaping tomorrow's behavioral health care through clinical innovation, research, and education.

As a U.S. News and World Report top 10 Children's Hospital, UPMC Children's is a 315-bed acute care teaching hospital located on 10 acres in Pittsburgh's Lawrenceville neighborhood, and was the nation's first pediatric transplant center. With a history spanning 130-plus years, UPMC Children's today is renowned for its outstanding clinical, research, and medical education programs and services — and for its frontline role in advancing standards of excellence in pediatric care. Regionally, nationally, and globally, UPMC Children's Hospital of Pittsburgh is a leader in the treatment of childhood conditions and diseases, a pioneer in the development of new and improved therapies, and a top educator of the next generation of pediatricians and pediatric subspecialists. In 2019 Children's opened the state-of-the-art Nora Grace Kaufman Center for Creative Arts Therapy. This inpatient treatment space houses a music therapy room, art therapy room, and the creation station; including a creative writing corner, pottery nook, group space, and fully equipped integrated technology theater.

Pittsburgh, Pennsylvania has been voted "Most Livable City" on a number of occasions from Forbes.com and Places Almanac. Pittsburgh is home to a vibrant cultural community including venues for music, art, theatre, dance, and sports.

#### **Entry-Level Competencies:**

These competencies will be assessed via audition as part of the internship application process:

- 1. Ability to sing in tune while accompanying oneself on an instrument
- 2. Basic guitar skills:
- Three keys that demonstrate a variety of vocal ranges
- Basic accompaniment patterns

#### **Professional Staff:**

The intern will have opportunity to work with therapists in the other creative arts modalities (including art, dance/movement, yoga, and recreational therapy). Other disciplines the intern will collaborate with include nursing, social work, physical therapy, occupational therapy, speech language pathology, medical staff, and psychiatric staff.

## **On-site Student Training Programs:**

UPMC hospitals have an established history of providing clinical training to physicians, nurses, psychiatrists, and adjunctive therapists including the creative arts modalities.

## **On-site Educational Programs:**

As an educational facility, UPMC offers numerous in-service programs and continuing education programs which will be available to the intern.

### **Internship Director Contact Information:**

Nicole Steele MS, MT-BC, NICU-MT UPMC Children's Hospital of Pittsburgh 4401 Penn Ave. 6<sup>th</sup> Floor Child Life Pittsburgh, PA 15224 PHONE: 412-864-8171 nicole.steele@chp.edu

#### **Supervising Music Therapists**

Kory Antonacci, M.S.Ed, LPC, MT-BC, NICU-MT- UPMC Children's Hospital of Pittsburgh Phillip Mauskapf, MS, MT-BC – Western Psychiatric Hospital Robert Miller, MS, MT-BC – Western Psychiatric Hospital Brittany Stone, M.M., MT-BC, NICU-MT, NMT - UPMC Children's Hospital of Pittsburgh

# Starting months: January, March, May, July, September, November

We review applications three times per year, in January (Nov. and Jan start dates), May (Mar. and May start dates), and September (July and Sept. start dates).

**Stipend:** Not provided

**Transportation:** Both hospitals are on public transportation (bus) lines. UPMC offers a free shuttle services that runs between the facilities, and parking is offered.

Liability insurance: Intern must provide current liability insurance