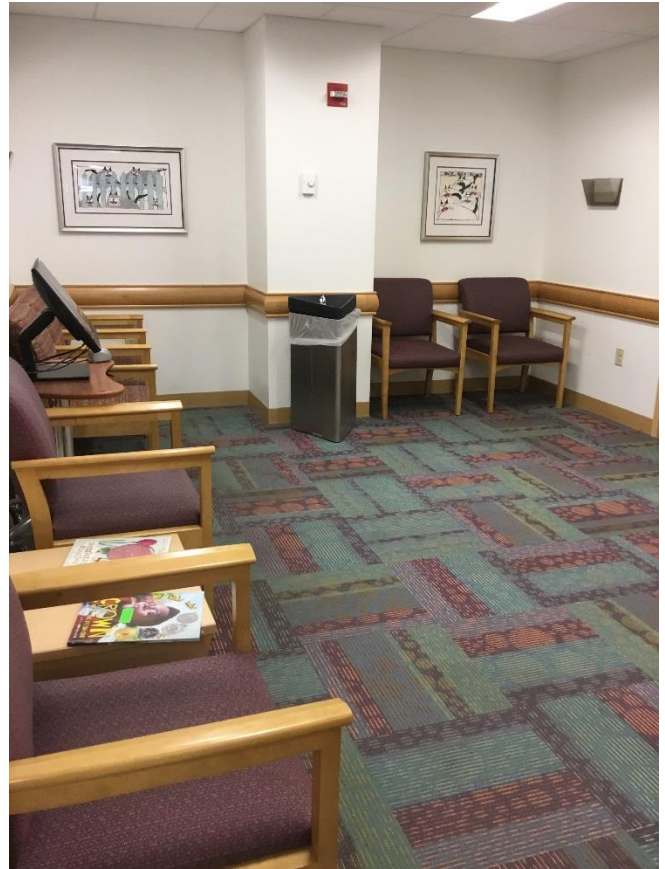
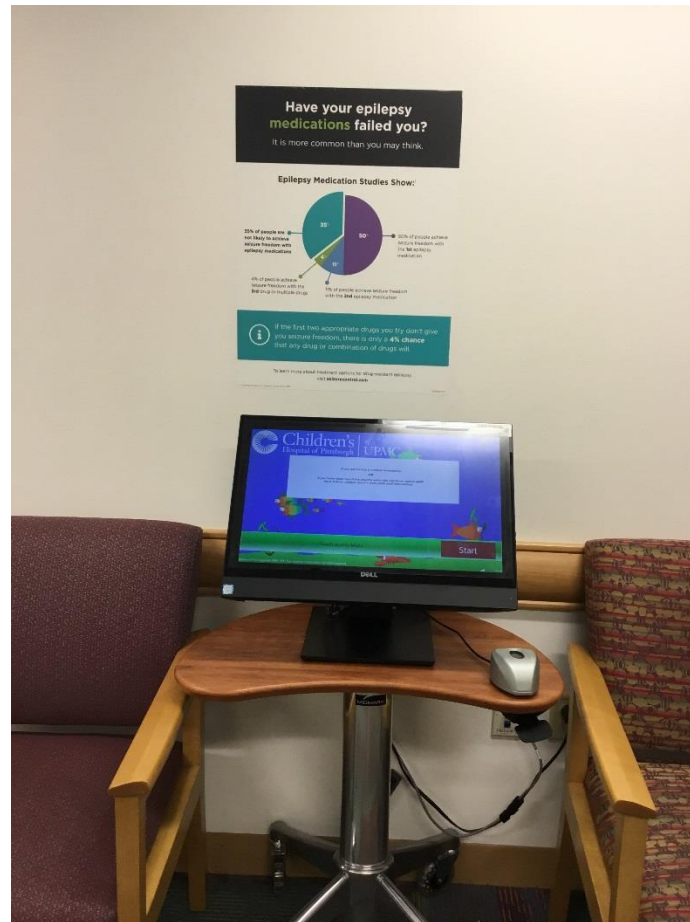


Getting an EEG in the  
Epilepsy Monitoring Unit  
(Electroencephalogram)  
Photo Preparation Book

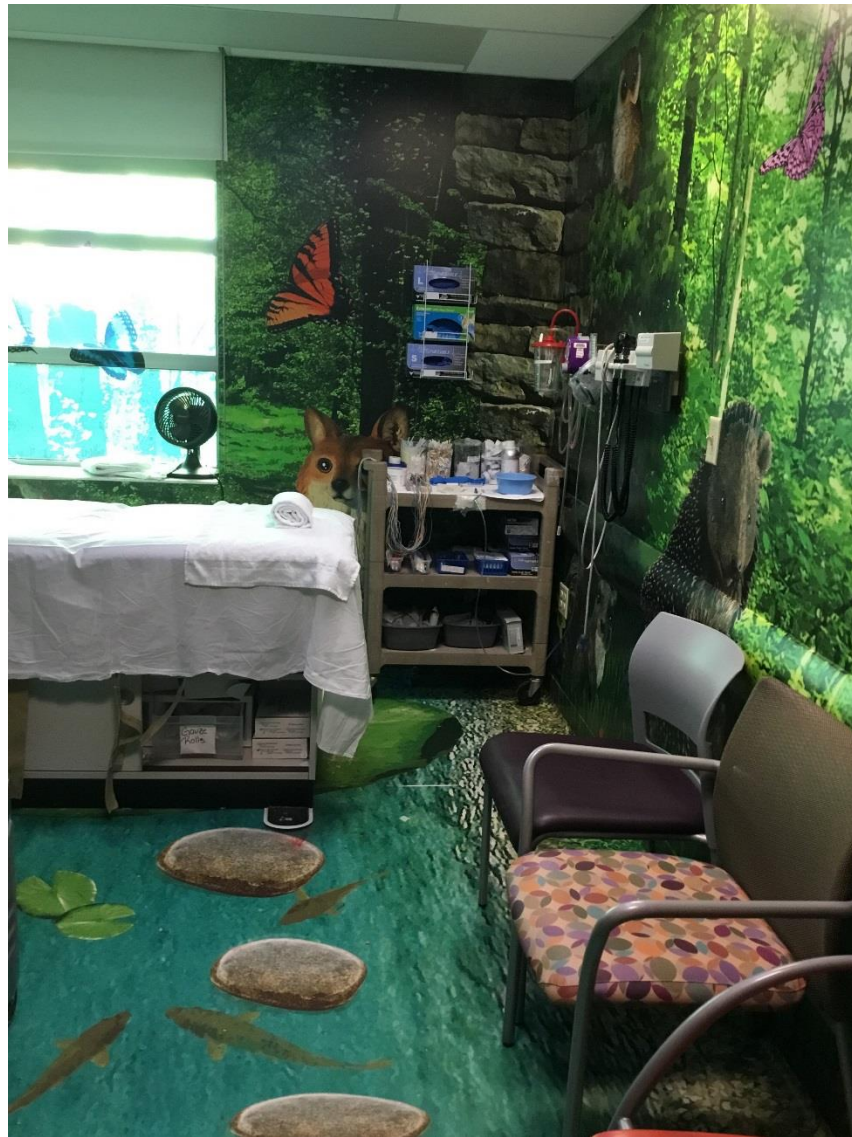


This is the EEG and Epilepsy Monitoring Unit waiting area.

The people in this room are waiting for EEG and video EEG testing (just like me!)



Next, my caregiver will go to the registration tablet. Once I am checked in, an EEG technologist (tech), PCT (Patient Care Technician) or nurse will know that I am here and will be meeting me soon.



The tech will guide me to my bed. My job is to **lay really still.**





The tech will measure my head and make some markings with a crayon. Don't worry the crayon will wash off!



The tech will use some soap and a cotton swab to help clean the area where the EEG leads will be placed. Then the tech will start placing the EEG leads on my head. Don't worry the glue will come off later!



Air hose

While the tech is placing the EEG leads, I will feel some air on my head. The tech will use an air hose.

It's like a cold hair dryer!

I might also smell the glue. It smells like nail polish remover. But if I do not like the smell, our staff can provide scented stickers. Just ask us!



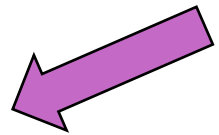
I will keep the EEG leads on until my test is done. I can watch a video, listen to music, or sleep while I wait.



While the EEG leads are on my tech may ask some questions, have me blow on a pinwheel and look at a flashing light.



Flash Light





When my test is done the tech  
will remove my leads.

# Additional Support

If your child has any special needs or health issues you feel the doctor needs to know about, please call the Epilepsy Monitoring Unit at Children's to speak with a technologist or Child Life Specialist before the test.

It is important to notify us in advance about any special needs.

Preparing your child beforehand, as well as comforting your child during the test, will help your child have a more positive experience.

Sometimes it is difficult to know how to explain tests to children. This preparation book has been created to help you and your child feel as prepared as possible.

If you feel that your child will have difficulty during the EEG or needs a more developmentally appropriate explanation prior to their visit, please call the Epilepsy Monitoring Unit's Child Life Specialist (412) 864- 8038.