

## Recommended Readings for Parents and Caregivers

- *Supporting Positive Behavior in Children and Teens with Down Syndrome: The Respond but Don't React Method* by Dr. David Stein
- *Potty Time for Kids with Down Syndrome: Lose the Diapers not your Patience* by Dr Katz and Dr. Patel
- *Teaching Children with Down Syndrome about Their Bodies, Boundaries, and Sexuality* by Terri Couwenhoven
- *The Boys' Guide to Growing Up* by Terri Couwenhoven
- *The Girls' Guide to Growing Up* by Terri Couwenhoven
- *Boyfriends + Girlfriends: A Guide to Dating for People with Down Syndrome* by Terri Couwenhoven
- *When Down Syndrome and Autism Intersect: A Guide to DS-ASD for Parents and Professionals* by Margaret Froehlke and Robin Zaborek