

# Confidentiality Requirements: Patients

**CCP cares for you from birth through early adulthood. It is important to us that as you grow, you are able to form a trusting, individual relationship with your medical provider.**

While we value our relationship with your parent, you are our patient. We recognize that you are developing the ability to make more decisions on your own about your life and would like to assist you in making healthy choices.

Once you enter your teen years, your provider may ask to talk with you privately during routine and sick visits. We may discuss things like:

- how school is going
- your goals for the future
- friendships and romantic relationships
- sensitive topics such as sex, alcohol, drugs and how you feel about yourself

It is important you know that we are here to learn about your hopes and needs so that we may discuss how choices can affect your health, help encourage positive choices and allow you to start to take ownership of your own health.

**Starting at age 13, you have the right to confidential care in the patient-provider relationship.** Confidentiality means that, except in certain situations, medical providers cannot by law tell this information to anyone without your permission. You can decide together what information is confidential and how that information is helpful in giving you the best possible care.

If your provider is very concerned about your immediate health or safety, it is necessary to share confidential information. He or she will do their best to include you before information is shared and try to help you to discuss what is going on with a responsible adult in your life. Our job is to work with you to make healthy choices, but in those cases, keeping you safe would be the first priority.

Thank you for giving us the opportunity to participate in your care and we look forward to continuing to be a part of your health care team.

If you want to allow your parent or guardian to have online access to some or all of your health information, talk with your provider or visit [childrenspeds.com/MyUPMC](https://childrenspeds.com/MyUPMC).