

## Zanubrutinib (Brukinsa)

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### About This Medicine

Zanubrutinib is used to treat cancer. It is given orally (by mouth).

### Possible Side Effects

- Decrease in the number of white blood cells and platelets. This may raise your risk of infection and raise your risk of bleeding.
- Abnormal bleeding – symptoms may be coughing up blood, throwing up blood (may look like coffee grounds), red or black tarry bowel movements, abnormally heavy menstrual flow, nosebleeds, or any other unusual bleeding.
- Bone and muscle pain
- Upper respiratory tract infection

**Note:** Each of the side effects above was reported in 30% or greater of patients treated with zanubrutinib. All possible side effects are not included. Your side effects may be different depending on your cancer diagnosis, condition, or if you are receiving other medicines in combination. Please discuss any concerns or questions with your medical team.

### Warnings and Precautions

- Bone marrow suppression. This is a decrease in the number of white blood cells, red blood cells, and platelets. This may raise your risk of infection, make you tired and weak, and raise your risk of bleeding.
- Severe bleeding which can be life-threatening
- Risk of severe and life-threatening infections
- Abnormal heartbeat
- This medicine may raise your risk of getting a second cancer, such as skin cancer and other types of cancer.
- Changes in your liver function, which can cause liver failure and be life-threatening.

**Note:** Some of the side effects above are very rare. If you have concerns and/or questions, please discuss them with your medical team.

## Important Information

- Zanubrutinib may need to be held for 3 to 7 days prior to, and for 3 to 7 days after some minor/major surgical procedures due to the risk of bleeding. Talk to your doctor and/or nurse for precautions you may need to take. Also, if you must have emergency surgery, tell the doctor that you are on zanubrutinib.

## How to Take Your Medicine

- Swallow the medicine whole with a glass of water. You can take the medicine with or without food. Do not chew, break, or open capsules.
- **Missed dose:** If you miss a dose, take it as soon as possible on the same day and return to the normal schedule the following day. Do not take 2 doses at the same time or extra doses.
- **Handling:** Wash your hands with soap and water, before and after handling your medicine. Your caretakers should not handle your medicine with bare hands and should wear latex gloves.
- Cytotoxic medicines leave the body through urine and stool, but they can also be present in other body fluids such as blood, vomit, semen, and vaginal fluids. Take precautions to prevent others from coming in contact with your medicine or your body fluids. Follow safety precautions during your treatment and for as long as directed by your health care provider after your treatment. If you take a cytotoxic pill each day, follow these precautions every day.
- **Storage:** Store this medicine in the original container at room temperature.
- **Disposal of unused medicine:** Do not flush any expired and/or unused medicine down the toilet or drain unless you are specifically instructed to do so on the medicine label. Some facilities have take-back programs and/or other options. If you do not have a take-back program in your area, then please discuss with your nurse or your doctor how to dispose of unused medicine.

## Treating Side Effects

- Manage tiredness by pacing your activities for the day.
- Be sure to include periods of rest between energy-draining activities.
- Get regular exercise, with your doctor's approval. If you feel too tired to exercise vigorously, try taking a short walk.
- To decrease the risk of infection, wash your hands regularly.
- Avoid close contact with people who have a cold, the flu, or other infections
- Take your temperature as your doctor or nurse tells you, and whenever you feel like you may have a fever.
- To help decrease the risk of bleeding, use a soft toothbrush. Check with your nurse before using dental floss.
- Be very careful when using knives or tools.
- Use an electric shaver instead of a razor.
- Drink enough fluids to keep your urine pale yellow.
- Avoid sun exposure and apply sunscreen routinely when outdoors. Cover up when you are out in the sun. Wear wide-brimmed hats, long-sleeved shirts, and pants.



- Keeping your pain under control is important to your well-being. Please tell your doctor or nurse if you are experiencing pain.

## Food and Medicine Interactions

- This medicine may interact with grapefruit and grapefruit juice. Talk to your doctor as this could make side effects worse.
- Check with your doctor or pharmacist about all other prescription medicines and over-the-counter medicines and dietary supplements (vitamins, minerals, herbs, and others) you are taking before starting this medicine as there are known medicine interactions with zanubrutinib. Also, check with your doctor or pharmacist before starting any new prescription or over-the-counter medicines, or dietary supplements to make sure that there are no interactions.
- This medicine may interact with St. John's Wort and may lower the levels of the medicine in your body, which can make it less effective.

## When to Call the Doctor

Call your doctor or nurse if you have any of these symptoms and/or any new or unusual symptoms:

- Fever of 100.4° F (38° C) or higher
- Chills
- Tiredness and/or extreme weakness that interferes with your daily activities
- Feeling dizzy or lightheaded
- Feeling that your heart is beating fast or in a not normal way (palpitations)
- Wheezing and/or trouble breathing
- Coughing up yellow, green, or bloody mucus
- Pain that does not go away, or is not relieved by prescribed medicines
- Signs of possible liver problems: dark urine, pale bowel movements, pain in your abdomen, feeling very tired and weak, unusual itching, or yellowing of the eyes or skin
- Signs of infection: fever or chills, cough, trouble breathing, severe pain in your abdomen, difficulty urinating, burning or pain when you pass urine, redness and/or swelling of the skin
- Signs of abnormal bleeding such as coughing up blood, throwing up blood (may look like coffee grounds), easy bleeding or bruising, red or black tarry bowel movements, abnormally heavy menstrual flow, nosebleeds, or any other unusual bleeding
- If you think you may be pregnant or may have impregnated your partner

## Reproduction Warnings

- **Pregnancy warning:** This medicine can have harmful effects on the unborn baby. Women of childbearing potential should use effective methods of birth control during your cancer treatment and for 1 week after stopping treatment. Men with female partners of childbearing potential should use effective methods of birth control during your cancer treatment and for 1 week after stopping treatment. Let your doctor know right away if you think you may be pregnant or may have impregnated your partner.



- **Breastfeeding warning:** Women should not breastfeed during treatment and for 2 weeks after stopping treatment because this medicine could enter the breast milk and cause harm to a breastfeeding baby.
- **Fertility warning:** Fertility studies have not been done with this medicine. Talk with your doctor or nurse if you plan to have children. Ask for information on sperm or egg banking.

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