

Vepdegestrant (Veppanu)

About This Medicine

Vepdegestrant (VEP-de-JES-trant) treats breast cancer. It works by blocking the hormone estrogen in breast tissue, which prevents breast cancer cells from spreading or growing. It is given orally (by mouth).

This medicine may be used for other purposes; ask your care team if you have questions.

Possible Side Effects

- Bone marrow suppression. This is a decrease in the number of white blood cells, red blood cells, and platelets. This may raise your risk of infection, make you tired and weak, and raise your risk of bleeding.
- Nausea
- Abnormal electrocardiogram (EKG/ECG)
- Constipation (not able to move bowels)
- Tiredness
- Changes in your liver function
- Decreased level of potassium in your blood
- Decreased appetite (decreased hunger)
- Muscle and bone pain

Note: Each of the side effects above was reported in 10% or greater of people treated with vepdegestrant. All possible side effects are not included. Your side effects may be different depending on your cancer diagnosis, condition, or if you are receiving other medicines in combination. Please discuss any concerns or questions with your care team.

How to Take Your Medicine

- Swallow the medicine whole with food. Do not chew, crush, dissolve, or split the tablets.
- Do not take any tablets that are broken, cracked, or look damaged.
- **Missed dose:** If you vomit or miss a dose, take your next dose at the regular time. Do not take 2 doses at the same time and do not double up on the next dose.
- **Overdosage:** If you think you have taken too much of this medicine contact a poison control center or emergency room at once.
- **Handling:** Wash your hands with soap and water, before and after handling your medicine. Your caretakers should not handle your medicine with bare hands and should wear latex gloves.

- This medicine may be present in the urine, stool and other body fluids such as blood, vomit, semen, and vaginal fluids. Take precautions to prevent others from coming in contact with your medicine or your body fluids. Follow safety precautions during your treatment and for as long as directed by your care team after your treatment. If you take a pill each day, follow these precautions every day.
- **Storage:** Store this medicine in the original container at room temperature. Keep out of the reach of children and pets.
- **Disposal of unused medicine:** Do not flush any expired and/or unused medicine down the toilet or drain unless you are specifically instructed to do so on the medicine label. Some facilities have take-back programs and/or other options. If you do not have a take-back program in your area, then please discuss with your care team how to dispose of unused medicine.

Treating Side Effects

- Manage tiredness by pacing your activities for the day.
- Be sure to include periods of rest between energy-draining activities.
- Get regular exercise, with your care team's approval. If you feel too tired to exercise vigorously, try taking a short walk.
- To decrease the risk of infection, wash your hands regularly.
- Avoid close contact with people who have a cold, the flu, or other infections.
- Take your temperature as your care team tells you, and whenever you feel like you may have a fever.
- To help decrease the risk of bleeding, use a soft toothbrush. Check with your care team before using dental floss.
- Be very careful when using knives or tools.
- Use an electric shaver instead of a razor.
- Drink enough fluids to keep your urine pale yellow.
- To help with nausea and vomiting, eat small, frequent meals instead of three large meals a day. Choose foods and drinks that are at room temperature. Ask your care team about other helpful tips and medicine that is available to help stop or lessen these symptoms.
- If you are not able to move your bowels, check with your care team before you use enemas, laxatives, or suppositories.
- Ask your care team about medicines that are available to help stop or lessen constipation.
- To help with decreased appetite, eat small, frequent meals. Eat foods high in calories and protein, such as meat, poultry, fish, dry beans, tofu, eggs, nuts, milk, yogurt, cheese, ice cream, pudding, and nutritional supplements.
- Consider using sauces and spices to increase taste. Daily exercise, with your care team's approval, may increase your appetite.
- Keeping your pain under control is important to your well-being. Please tell your care team if you are experiencing pain.

Food and Medicine Interactions

- Avoid grapefruit or grapefruit juice while taking this medicine as it may raise the levels of vepdegestrant in your body which could make side effects worse.



- Check with your care team about all other prescription medicines and over-the-counter medicines and dietary supplements (vitamins, minerals, herbs, and others) you are taking before starting this medicine as there are known medicine interactions with vepdegestrant. Also, check with your care team before starting any new prescription or over-the-counter medicines, or dietary supplements to make sure that there are no interactions.
- Avoid the use of St. John's Wort while taking vepdegestrant as this may lower the levels of the medicine in your body, which can make it less effective

When to Call Your Care Team

Call your care team if you have any of these symptoms and/or any new or unusual symptoms:

- Fever of 100.4° F (38° C) or higher
- Chills
- Feeling dizzy or lightheaded
- Easy bleeding or bruising
- Tiredness and/or extreme weakness that interferes with your daily activities
- Feeling that your heart is beating fast or in a not normal way (palpitations)
- Nausea that stops you from eating or drinking and/or is not relieved by prescribed medicines
- No bowel movement in 3 days or when you feel uncomfortable
- Lasting loss of appetite or rapid weight loss of five pounds in a week
- Signs of possible liver problems: dark urine, pale bowel movements, pain in your abdomen, feeling very tired and weak, unusual itching, or yellowing of the eyes or skin
- Pain that does not go away, or is not relieved by prescribed medicines
- Signs of low potassium levels: weakness, tiredness, muscle cramps, constipation

Reproduction Warnings

- **Pregnancy warning:** This medicine can cause serious birth defects. If you can become pregnant, use birth control while taking this medicine and for 2 weeks after the last dose. If you can get your partner pregnant, use birth control while taking this medicine and for 2 weeks after the last dose. Tell your care team right away if you think you might be pregnant or think your partner might be pregnant.
- **Breastfeeding warning:** Do not breastfeed while taking this medicine and for 2 weeks after the last dose.
- **Fertility warning:** This medicine may affect your ability to have children in the future. If you plan to have children, talk with your care team.

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