

Triptorelin pamoate (Trelstar)

About This Medicine

TRIPTORELIN (TRIP toe REH lin) reduces the symptoms of prostate cancer. It works by decreasing levels of the hormone testosterone in the body. This prevents prostate cancer cells from spreading or growing. It is given as an injection in your muscle (intramuscularly).

This medicine may be used for other purposes; ask your care team if you have questions.

Possible Side Effects

- Hot flashes or sudden skin flushing may happen. You may also feel warm or red.
- Headache
- Pain in your bones and/or legs
- Impotence (erectile dysfunction)
- Shrinking of your testicles
- Swelling of your legs, ankles and/or feet

Note: Each of the side effects above was reported in 5% or greater of people treated with triptorelin pamoate. All possible side effects are not included. Your side effects may be different depending on your cancer diagnosis, condition, or if you are receiving other medicines in combination. Please discuss any concerns or questions with your care team.

Warnings and Precautions

- Allergic reactions, including anaphylaxis, are rare but may happen in some patients. Signs of allergic reaction to this drug may be swelling of the face, feeling like your tongue or throat are swelling, trouble breathing, rash, itching, fever, chills, feeling dizzy, and/or feeling that your heart is beating in a fast or not normal way. **If this happens, do not take another dose of this drug. You should get urgent medical treatment.**
- Tumor flare phenomenon. During the first few weeks, typical signs and symptoms of your cancer may worsen. You also may have an increase in bone pain. Obstruction of urine flow and compression of spinal cord can happen very rarely. Let your care team know if you have any difficulties in urinating, moving your bowels, or numbness, tingling, or pain in your legs and feet.
- Changes in your heart function, abnormal electrocardiogram (ECG/EKG) and/or risk of heart attack and/or stroke.

- A syndrome called metabolic syndrome may develop. Blood sugar levels may change and cholesterol levels may increase. You may develop non-alcoholic fatty liver disease.
- Risk of seizures
- Severe allergic skin reactions. You may develop blisters on your skin that are filled with fluid or a severe red rash all over your body that may be painful. Sometimes, a serious and life-threatening reaction to this medicine can happen that can cause a skin rash, along with problems with your organs, swollen lymph nodes, fever and higher than normal white blood cells.

Note: Some of the side effects above are very rare. If you have concerns and/or questions, please discuss them with your care team.

Treating Side Effects

- Keeping your pain under control is important to your well-being. Please tell your care team if you are experiencing pain.
- Get regular exercise, with your care team's approval. If you feel too tired to exercise vigorously, try taking a short walk.
- Drink enough fluids to keep your urine pale yellow.
- If you have diabetes, keep good control of your blood sugar level. Tell your care team if your glucose levels are higher or lower than normal.
- If you get a rash do not put anything on it unless your care team says you may. Keep the area around the rash clean and dry. Ask your care team for medicine if your rash bothers you.

Food and Medicine Interactions

- There are no known interactions of triptorelin pamoate with food.
- This medicine may interact with other medicines. Tell your care team about all the prescription and over-the-counter medicines and dietary supplements (vitamins, minerals, herbs, and others) that you are taking at this time. Also, check with your care team before starting any new prescription or over-the-counter medicines, or dietary supplements to make sure that there are no interactions.

When to Call Your Care Team

Call your care team if you have any of these symptoms and/or any new or unusual symptoms:

- Headache that does not go away
- Feeling dizzy or lightheaded
- Symptoms of a seizure such as confusion, blacking out, passing out, loss of hearing or vision, blurred vision, unusual smells or tastes (such as burning rubber), trouble talking, tremors or shaking in parts or all of the body, repeated body movements, tense muscles that do not relax, and loss of control of urine and bowels. **If you or your family member suspects you are having a seizure, call 911 right away.**
- Symptoms of a stroke such as sudden numbness or weakness of your face, arm, or leg, especially on one side of your body; sudden confusion, trouble speaking or understanding; sudden trouble



seeing in one or both eyes; sudden trouble walking, feeling dizzy, loss of balance or coordination; or sudden bad headache with no known cause. **If you have any of these symptoms for 2 minutes, call 911.**

- Feeling that your heart is beating in a fast or not normal way (palpitations)
- Chest pain or symptoms of a heart attack. Most heart attacks involve pain in the center of the chest that lasts more than a few minutes. The pain may go away and come back, or it can be constant. It can feel like pressure, squeezing, fullness, or pain. Sometimes pain is felt in one or both arms, the back, neck, jaw, or stomach. **If any of these symptoms last 2 minutes, call 911.**
- Signs of allergic reaction: swelling of the face, feeling like your tongue or throat are swelling, trouble breathing, rash, itching, fever, chills, feeling dizzy, and/or feeling that your heart is beating in a fast or not normal way. **If this happens, call 911 for emergency care.**
- Abnormal blood sugar
- Unusual thirst, passing urine often, headache, sweating, shakiness, irritability
- Pain in your abdomen and/or flank area that does not go away
- Numbness, tingling, or pain in your legs and feet
- Decreased urine or trouble urinating
- Difficulty moving your bowels
- Blood in urine
- Pain that does not go away, or is not relieved by prescribed medicines
- Weight gain of 5 pounds in one week (fluid retention)
- Swelling of your legs, ankles and/or feet
- Swollen lymph nodes in your neck and/or armpits
- Flu-like symptoms: fever, headache, muscle and joint aches, and tiredness
- A new rash or a rash that is not relieved by prescribed medicines

Reproduction Warnings

- **Pregnancy warning:** This medicine can cause serious birth defects. Tell your care team right away if you think your partner might be pregnant.
- **Fertility warning:** The effect of this medicine on fertility is not known. If you plan to have children, talk with your care team.

Revised November 2025

